In the fashion revue project, young people understand the principles of clothing selection and how to spend their clothing dollar wisely. To promote a sense of confidence and poise that will help youth grow into confident adults. Demonstrate understanding of current fashion trends from writing and editing commentaries.

- Learn how to showcase your fashion sense
- Discover the benefits of being a knowledgeable consumer
- Explore the current fashion trends

**Starting Out**
- Beginner
  - Learn about the different categories involved in 4-H fashion revue.
  - Plan one category to work in that fits you.
  - Discover styles and colors that are becoming to your body type.
  - Learn to analyze and edit garments in a way that would be appropriate.

**Learning More**
- Intermediate
  - Discover new ways to plan a wardrobe.
  - Learn how to use and care for different types of styles and fabrics.
  - Creating an appealing mental picture of your garment with descriptive words for commentary.
  - Improve on one’s modeling and oral presentation skills.

**Exploring Depth**
- Advanced
  - Apply results of a written wardrobe plan for the current year in order to select an appropriate an useful category on which to focus.
  - Explore careers in the fashion industry.
  - Develop one’s own style of expression to show fashion knowledge.

The activities above are ideas to inspire further project development. This is not a complete list.
Expand Your Experiences!

**Healthy Living**
- Learn how to read fabric labels and how to care for various types of garments
- Use repurposed clothing, fabrics, or found objects in current fashion trends.
- Determine your body type and choose clothing that makes you feel good about yourself.

**Science, Technology, Engineering, and Mathematics**
- Use an online or mobile tracking system (ex. Mint.com) to track your spending on clothes and accessories for a few months to see how much you spend on fashion.
- Research how fabric is made. Test to determine flammability or wrinkle resistance.

**Citizenship**
- Donate gently used or outgrown clothing to a community based organization.
- Organize a gown sharing program in your school to check out prom dresses for free.

**Leadership**
- Teach younger members how to read clothing care labels and do their own laundry.
- Organize a countrywide modeling workshop so other youths can work on their skills.

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### Resources

- Track your spending: [www.mint.com](http://www.mint.com)
- Clothing conversion table: [http://www.i18nguy.com/clothing.html](http://www.i18nguy.com/clothing.html)
- Color calculator: [http://www.easyrgb.com](http://www.easyrgb.com)

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### University of California Agriculture and Natural Resources

**Presentation Days** – Share what you’ve learned with others through a demonstration on current fashion accessorizing dos and don’ts.

**Field Days** – During State Fashion Revue, 4-H members may participate in a variety of workshops and judge classes related to their project area, and watch a state wide fashion show of winners.

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<table>
<thead>
<tr>
<th>Connections &amp; Events</th>
<th>Curriculum</th>
<th>4-H Record Book</th>
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<tbody>
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<td><strong>4-H Resource Library</strong>: <a href="http://www.4-h.org/resource-library/curriculum/4-h-sewing/">http://www.4-h.org/resource-library/curriculum/4-h-sewing/</a></td>
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<td><strong>Louisiana 4-H</strong>: <a href="http://www.lsuagcenter.com/en/4H/about_4H/programs/science_engineering_technology/textiles_apparel/">http://www.lsuagcenter.com/en/4H/about_4H/programs/science_engineering_technology/textiles_apparel/</a></td>
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4-H Record Books give members an opportunity to record events and reflect on their experiences. For each project, members document their experiences, learning and development. 4-H Record Books also teach members record management skills and encourage them to set goals and develop a plan to meet those goals.

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The UC 4-H Youth Development Program does Expand Your Experiences!