Historically, humans and poultry have interacted in many ways beyond owning chickens as farm animals. From domesticated fowl being used for meat and egg production to fancy breeds being shown in competition, ducks, chickens, turkeys, and other poultry are a huge part of many cultures around the world. In 4-H, youth in the Poultry Project can learn:

- Caring for and raising chickens responsibly and humanely.
- Best management practices used on farms and industry.
- Value of poultry meat and eggs in human nutrition and how to grade eggs.
- Showmanship and showing techniques; breeds and anatomy of various types

The activities above are ideas to inspire further project development. This is not a complete list.
Expand Your Experiences!

Science, Technology, Engineering, and Mathematics

- Design an experiment on the affect of light and photoperiods on egg laying hens.
- Explore anatomical differences in various species of poultry and how they relate to different nutritional needs of each specie.

Healthy Living

- Research nutritional value of poultry meat and eggs in relation to human health needs.
- Create a list of safety and biosecurity recommendations for competitive poultry events.

Citizenship

- Develop and share a presentation in your community on poultry diseases and prevention.
- Study the history of poultry production in other cultures.
- Share your expertise and assist urban families who are starting to raise chickens.

Leadership

- Teach others the importance of caring for an animal.
- Become a role model for others by taking the position of junior/teen leader.
- Mentor younger members to learn how to raise and show poultry.

Connections & Events

- National 4-H Poultry and Egg Conference
  national4hpoultryandegg.psu.edu

- California 4-H Animal Science Advisory Committee
  www.ca4h.org/Administration/Advisory_Committees/

Curriculum

- National 4-H Poultry Curriculum
  www.4-hmall.org/Category/4-hcurriculum-poultry.aspx

- Poultry Knowledge Bowl Sample Questions
  https://ucanr.edu/sites/UC4-H/files/63606.pdf

4-H Record Book

4-H Record Books give members an opportunity to record events and reflect on their experiences. For each project, members document their experiences, learning and development.

4-H Record Books also teach members record management skills and encourage them to set goals and develop a plan to meet those goals.

To access the 4-H Record Book online, visit http://ucanr.edu/orb/