Firearms and firearms competitions are excellent opportunities for youth to develop skills in sportsmanship and discipline. Shooting sports projects aim to encourage personal development, enjoyment of a unique sport, and give participants opportunities to work as an individual and as a team.

- Emphasize safety handling practices above all else.
- Allow participants to explore alternative types of sports.
- Encourage communication skills.

The activities above are ideas to inspire further project development. This is not a complete list.
Healthy Living

- Make a presentation on firearms safety in the home.
- Research hearing loss and the importance of using ear protection when participating in rifle shooting.

Citizenship

- Volunteer during a shooting competition.
- Find a local marksman’s club and visit a meeting or event.

Leadership

- Become a role model for others by taking the position of Junior or Teen leader.
- Encourage others to join the pistol project.

Connections & Events

**Presentation Days** – Share what you’ve learned with others through a shooting sports presentation.

**Field Days** – At these events, 4-H members may participate in a variety of contests related to their project area.

Contact your county 4-H office to determine additional opportunities available, such as a field day.

Curriculum

- Georgia 4-H Pistol Lesson Plans: [http://www.georgia4h.org/safe/disciplines/Pistol/Pistol_2014.pdf](http://www.georgia4h.org/safe/disciplines/Pistol/Pistol_2014.pdf)

4-H Record Books give members an opportunity to record events and reflect on their experiences. For each project, members document their experiences, learning and development.

4-H Record Books also teach members record management skills and encourage them to set goals and develop a plan to meet those goals.

Resources

- California 4-H Shooting Sports: [www.ca4h.org/Projects/SET/ShootingSports](http://www.ca4h.org/Projects/SET/ShootingSports)

The UC 4-H Youth Development Program does not endorse, warrant, or otherwise take responsibility for the contents of unofficial sites.

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