A leader is a person who inspires groups and identifies and achieves goals in a positive manner. In a 4-H leadership development project, members learn about leadership skills including teamwork, communication, organization, goal management, decision-making, and problem solving. In addition, 4-H members can serve in authentic leadership roles in 4-H, such as: a club officer, a junior or teen leader, 4-H State Ambassador, or county All Star, and leading activities in the local community.

- Learn about different types of situation-dependent leadership styles
- Experience serving in leadership roles as well as member roles

**Starting Out**  
**Beginner**

- Assist in hosting and serving refreshments at a 4-H activity
- Help a new member learn the 4-H Pledge
- Help plan and implement a project or 4-H Club program
- Describe a decision you have made and how you arrived at the answer
- Make a ‘things to do’ list and prioritize it. Select one item from the list and write a personal goal for it including what, how, when

**Learning More**  
**Intermediate**

- Teach other members in your club or project how to properly give a demonstration.
- Participate on a county 4-H council committee/VMO
- Help officers in your project, club or county to understand and perform correct parliamentary procedure
- Plan a project lesson
- Choose a problem and use the decision making process to come up with a realistic solution

**Exploring Depth**  
**Advanced**

- Serve as Junior or Teen leader in a project or as an active All Star
- Volunteer for a county youth leadership role, or participate in a regional or state leadership event
- Prepare teaching materials for use at a project meeting.
- Attend a youth-adult partnership training
- Serve as a State Ambassador
- Become a Teen Teacher

The activities above are ideas to inspire further project development. This is not a complete list.

**4-H THRIVE**

**Help youth:**

**Light Their Spark**

A spark is something youth are passionate about; it really fires them up and gives them joy and energy. Help youth find how this project excites them.

**Flex Their Brain**

The brain grows stronger when we try new things and master new skills. Encourage youth effort and persistence to

**Reach Their Goals**

Help youth use the GPS system to achieve their goals.

- **Goal Selection:** Choose one meaningful, realistic and demanding goal.
- **Pursue Strategies:** Create a step-by-step plan to make daily choices that support your goal.
- **Shift Gears:** Change strategies if you’re having difficulties reaching your goal. Seek

**Reflect**

Ask project members how they can use their passion for this project to be more confident, competent and caring. Discuss ways they can use their skills to make a contribution in the community, improve their
Expand Your Experiences!

Citizenship

- Plan and implement a service learning project in your community (See: http://4h.ucanr.edu/Projects/Citizenship/service_learning/)
- Create and give a presentation about a community member that exhibits leader-

Healthy Living

- Become a Healthy Living Officer (See: http://4h.ucanr.edu/Projects/HealthyLiving/Become_a_Healthy_Living_Officer/)
- Plan and implement a Color Me Green Run in your county (See:

Science, Technology, Engineering, and Mathematics

- Lead a 4-H National Youth Science Day event in your community: www.4-H.org/NYSD
- Serve as a Teen Teacher in a 4-H Youth Experiences in Science curriculum project

Leadership

- Become a junior or teen leader
- Become a club officer
- Attend State Leadership Conference

Connections & Events | Curriculum | 4-H Record Book
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4-H State Leadership Conference - Youth delegates gain exposure to college life by living in the residence halls, eating in the dining commons, and participating in educational sessions
Leadership Washington Focus - Develop an understanding of person leadership style, create and accomplish goals, practice effective commun-
iSprout, iGrow, and iThrive http://4h.ucanr.edu/About/Framework/PYD/Thrive/4-H_Thrive_Educational_Series_Resources/
Step Up to Leadership http://www.4-hmall.org/Category/bus-cit-leadership.aspx
4-H Record Books give members an opportunity to record events and reflect on their experiences. For each project, members document their experiences, learning and development.
4-H Record Books also teach members record management skills and encourage them to set goals and develop a plan to meet those goals.

Resources

- California 4-H Leadership http://4h.ucanr.edu/Projects/Leadership/
- California 4-H Officer Manual http://4h.ucanr.edu/files/167443.pdf
- State Leadership Conference http://4h.ucanr.edu/4-H_Events/SLC/
- Teens As Teachers http://www.ca4h.org/files/145251.pdf
- Youth Leadership Initiative http://www.youthleadership.net/?go_main=true
- Leadership Books for Young Adults http://growingleaders.com/blog/must-read-leadership-books-young-

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