



# 4<sup>th</sup> H FOR HEALTH CHALLENGE

This certificate of achievement is awarded on \_\_\_\_\_

to \_\_\_\_\_

Congratulations! By completing the 4<sup>th</sup> H for Health Challenge, you have shown extraordinary commitment to keeping yourself and your peers physically strong through regular physical activity and healthy eating.

A handwritten signature in blue ink, reading "Anne Iaccopucci".

Anne Iaccopucci, Healthy Living Coordinator, California State 4-H

