



Personal Care Kits

California State Fashion Revue - 2020 Service Project

This service project consists of preparing personal hygiene kits to contribute to fire departments, homeless shelters and other organizations for distribution to displaced people. These kits are not just for fire and disaster victims but also for the homeless and others who don't have these basic care items.

Hygiene products and toiletries to include in the kit: antiseptic towelettes, dental floss, hair comb, lip balm, ibuprofen, toothbrush/toothpaste, deodorant, tissues, shaving cream, shaving razor, nail clipper, bandages, shampoo, soap. Be sure items are free of scent. Please no hand sanitizer.

A personal note from the person who made the kit is appreciated so the recipient knows someone cares.

The donor group might want to raise funds to buy the care products. This is an appropriate reason for a fund raiser.

The kits can be donated locally in your county. Finding the local facilities, contacting them about their needs, and personally delivering your donations extends this activity to become service learning.



Personal Care Kit Directions

- Start with a new 14" x 17" bar towel
- Fold up bottom of towel about 6 inches.
- Sew both sides closed. Use ¼ inch seam.
- Turn right side out or leave seam on outside.
- Mark every 2 to 3 inches across pocket.
- Stitch at the marks to make smaller channels. Backstitch at the top edges.
- Attach a 25" ribbon on the side for a tie.
- Fill channels with care products.
- Write a cheerful note to the recipient and place inside.
- Fold the top of the towel over the products.
- Roll up the towel and tie closed.

