Music is a versatile and diverse subject that allows individuals to express their emotions, celebrate, or participate as a recreational activity. Music can be listened to in person or on the radio. For those with an interest in personally performing, music can be sung or a musical instrument learned. In this project, youth may

- listen to and appreciate many styles and genres of music
- perform music by voice, or using one or more instruments
- read and compose music
- make an instrument

### Starting Out
**Beginner**

- Explore the different ways music can be made and appreciated.
- Identify and listen to different genres of music.
- Learn the names and sounds of musical instruments.
- Attend a concert or musical performance.
- Perform music for a small group.

### Learning More
**Intermediate**

- Challenge yourself by listening to music genres you do not often listen to.
- Learn the fundamentals of reading music.
- Practice identifying musical instruments by sound.
- Compare different arrangements of the same song, and identify what makes each unique.
- Arrange to perform music at a community event.

### Exploring Depth
**Advanced**

- Compose a short song of your own.
- Practice performing music by sight and ear.
- Expand your knowledge by exploring principles of music theory.
- Explore the history and cultures affiliated with musical instruments.
- Create a band or musical group and perform in a competition.

The activities above are ideas to inspire further project development. This is not a complete list.
# Expand Your Experiences!

## Civic Engagement
- Perform music at a senior center, school, or community gathering.
- Teach others about the benefits of music, music education, and musical performance.
- Volunteer to perform the national anthem at a community event.

## Healthy Living
- Research music that assists with yoga and mindfulness activities.
- Learn the health benefits of music and musical performance.
- Identify the ways that music performance affects self-confidence.

## Science, Technology, Engineering, and Mathematics
- Learn about the terms herz, mega herz, and decibel, and their relevance to measuring sound.
- Research how sounds waves influence your mood and brain.
- Create and share a video of your project performances.

## Leadership
- Become a Junior or Teen Leader for a music project.
- Coordinate with your club’s recreation officer to incorporate music into meetings.
- Organize a group outing to a concert or musical performance.

## College and Career Readiness
- Explore college majors within the field of music, such as music performance or teaching.
- Job shadow a music teacher, musical performer, or other professional related to music.
- Research internships that are available in the music industry.

## Resources
- Music theory.net
  [https://www.musictheory.net/](https://www.musictheory.net/)
- Free printable blank staff paper
  [www.blanksheetmusic.net/](http://www.blanksheetmusic.net/)
- Music Websites for Kids from the Music Teachers National Association
  [https://www.mtna.org/MTNA/Learn/Parent_and_Student_Resources/Websites_for_Kids.aspx](https://www.mtna.org/MTNA/Learn/Parent_and_Student_Resources/Websites_for_Kids.aspx)
- Music Teacher Resources from Teacher Vision
  [https://www.teachervision.com/subjects/art-music-drama/music](https://www.teachervision.com/subjects/art-music-drama/music)

The UC 4-H Youth Development Program does not endorse, warrant, or otherwise take responsibility for the contents of unofficial sites.

### Connections & Events
- **Presentation Days** – Share what you’ve learned with others through a presentation.
- **Interview Contest** – Practice interviewing for a job.
- **Field Days** – At these events, 4-H members may participate in a variety of contests related to their project area.

Contact your UC Cooperative Extension office to determine additional opportunities available, such as a field day.

### Curriculum
- **Music Theory Made Easy for Kids (Levels 1–2)**
- **Bruce Pearson Music Method Books**
  [https://www.brucepearsonmusic.com/method/enhanced/](https://www.brucepearsonmusic.com/method/enhanced/)

### 4-H Record Book
- 4-H Record Books give members an opportunity to record events and reflect on their experiences. For each project, members document their experiences, learning, and development.
- 4-H Record Books also teach members record management skills and encourage them to set goals and develop a plan to meet those goals.

To access the 4-H Record Book online, visit [http://ucanr.edu/orb/](http://ucanr.edu/orb/)

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