Have you ever visited a nursing home at meal time? You can brighten the life of a nursing home resident with a fun, colorful bib to catch spills and protect their clothing. This service project consists of sewing adult-size bibs for people in care facilities. They should be made of easy-care fabrics that will withstand many spills and washings. Attached is a pattern that takes 2 pieces of fabric, 45” wide. Since the bib is reversible, it’s fun to use 2 different colors or prints. From two 1-yard pieces, you can make 2 bibs. You can add an optional “crumb catcher” piece at the bottom. The neck fastens with hook and loop closures. There are also many other free patterns on the internet. Simplicity 2687 has suggestions for decorated bibs.

The bibs can be donated locally in your county. Finding the local care facilities, contacting them about their needs, and personally delivering your donations extends this activity to become service learning.

Contact us with questions! Please send pictures and numbers of bibs donated to Ashley & Brittney, SFR Adult Bib Service Project Chairs at: teacherc2@gmail.com
SFR Adult Bib Directions

Supplies Needed: for two (2) bibs
One (1) yard each of 2 coordinating non-directional fabrics for front and back
Two (2) strips of 3/4” hook and loop (Velcro-like) tape, 1-1/2” long
Thread, pins, scissors, tape, sewing machine

Pattern:
Print pattern. Tape page 1 to page 2 where indicated. Leave page 3 loose.
Cut out pattern using paper scissors.
Note: The Crumb Catcher uses the bottom of page 3 for the pattern.

Directions:
1. Remove selvedges from each side of fabric.
2. Fold each piece of fabric lengthwise so folded fabric measures approximately 22 x 36. Cut these halves apart on the fold line to make 2 pieces of each color fabric.
3. Cut off 6 inches from bottom of each piece to use for crumb catcher. Using one piece of each color fabric, sew right sides together at straight edge using a 3/8’ seam. Turn so right sides of fabric are out. Iron and top stitch along the straight edge only. Pin to the front fabric where indicated, matching bottom and edges.
4. Fold the fabric pieces in half lengthwise (hot dog orientation).
5. Pin pattern with center on the fold line and cut out one from each piece of fabric to make front and back.
6. Pin bib facing to bib with right sides together, having raw edges even. Stitch around bib in 3/8” seam, leaving 3” open at bottom to turn. Leave opening big enough to insert your hand.
7. Trim seam and clip curved edges. Use care and take your time. This takes longer than sewing the whole bib.
8. Turn inside out.
9. Press the whole bib.
10. Top stitch close to the edge all around, stitching the opening closed where you turned it.
11. On the INSIDE stitch the fuzzy half of the tape to the RIGHT back opening edge.
12. On the OUTSIDE stitch loopy half of the tape to LEFT back opening edge.

The finished bib will be approximately 29 inches from the neck to the bottom of the bib, and 20 inches wide.

Instead of the crumb catcher you can customize your bib by sewing a ruffle in the shape of a collar to the right side of the front fabric, a tie shape for a man’s bib, or a pocket before sewing the front to the back.
3" Wide

Velcro 3/4" x 1-1/2"
Use for crumb catcher pattern

Placement line for crumb catcher

Lengthen Here

Extend so total length is 30 inches