4-H is a model for the practice of positive youth development for all youth ages 5-19. Members and volunteers engage in youth-adult partnerships for equal learning and decision-making in 4-H.

This annual report for the 2018-19 4-H year shares how 4-H is growing in California. We also highlight local examples of how 4-H is impacting youth and communities in each focus area.

Growing Tomorrow’s Leaders Today

National 4-H Youth In Action Healthy Living pillar winner Elisabeth Watkins mentoring a 4-H’er on cooking skills.
Message from the Director

On behalf of the University of California Division of Agriculture and Natural Resources, it is my pleasure to present the 2019 annual report for the 4-H Youth Development Program. Playing a key role in the development of young people across the state of California, the 4-H Youth Development Program is a leader in creating opportunities for youth and adults to learn, grow, and work together as catalysts for positive change. Taking place through meaningful, hands-on, community-based learning experiences around Civic Engagement, Leadership, Healthy Living and STEM (Science, Technology, Engineering and Math), the University of California 4-H Youth Development Program engages youth in reaching their fullest potential while advancing the field of youth development.

In the subsequent pages we highlight just a few of our success stories in 2019, all possible because of the dedication and enthusiasm of youth members, selfless volunteers and community partners, and the extreme commitment of all the 4-H professionals working across the state. I am humbled daily by the commitment to excellence displayed by everyone in the University of California 4-H Youth Development Program. From responding to natural disasters, leading nationally recognized research and programs, to representing California with educational excellence at the national level, we truly have a lot to celebrate.

While thank you seems woefully inadequate to express my gratitude for the countless hours, dollars, coaching and leadership the 4-H program provides to communities across the state, please know that I am honored to be part of such an amazing program.

Here’s to you - congratulations and celebrate your success!

Lynn Schmitt-McQuitty
Statewide 4-H Director

“What I like most about 4-H, is that everyone has the chance to help out, even the kids. I think there’s a great energy at 4-H that you can’t find everywhere.”

12 year old, Contra Costa County
4-H Membership

Membership enrollment

155,486
Enrolled Youth ages 5 - 19

Where do they enroll?

Note: youth can be enrolled in more than one delivery mode, resulting in duplicates

<table>
<thead>
<tr>
<th>Delivery Mode</th>
<th>% of total 4-H enrollment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Military club</td>
<td>2%</td>
</tr>
<tr>
<td>Community club</td>
<td>6%</td>
</tr>
<tr>
<td>In-school club</td>
<td>5%</td>
</tr>
<tr>
<td>After school club</td>
<td>.1%</td>
</tr>
<tr>
<td>TOTAL CLUB</td>
<td>77%</td>
</tr>
<tr>
<td>Special Interest</td>
<td>22%</td>
</tr>
<tr>
<td>Overnight camps</td>
<td>28%</td>
</tr>
<tr>
<td>Day camps</td>
<td>50%</td>
</tr>
<tr>
<td>TOTAL SHORT TERM Programs</td>
<td>22%</td>
</tr>
</tbody>
</table>

OTHER

<table>
<thead>
<tr>
<th>Delivery Mode</th>
<th>% of total 4-H enrollment</th>
</tr>
</thead>
<tbody>
<tr>
<td>School enrichment</td>
<td>54,223</td>
</tr>
<tr>
<td>Family learning</td>
<td>2,930</td>
</tr>
<tr>
<td>After school program</td>
<td>37,333</td>
</tr>
</tbody>
</table>

TOTAL SHORT TERM Programs: 19,474

TOTAL YOUTH IN 4-H CAMPS: 3,947

Where do they live?

Farms/Rural (<10k population): 22%
Cities/Suburbs (>50k population): 50%
Towns/Cities (10k-50k population): 28%

What is their racial and ethnic makeup?

<table>
<thead>
<tr>
<th>Race/Ethnicity</th>
<th>% of total 4-H enrollment</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Indian/Alaskan Native</td>
<td>2%</td>
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<tr>
<td>Asian</td>
<td>6%</td>
</tr>
<tr>
<td>Black or African American</td>
<td>5%</td>
</tr>
<tr>
<td>Native Hawaiian/Pacific Islander</td>
<td>.1%</td>
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<tr>
<td>White</td>
<td>77%</td>
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<tr>
<td>More than one race</td>
<td>7%</td>
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<tr>
<td>Undetermined</td>
<td>3%</td>
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<tr>
<td>Hispanic/Latino</td>
<td>47%</td>
</tr>
<tr>
<td>Non-Hispanic/Latino</td>
<td>53%</td>
</tr>
</tbody>
</table>

“I am involved in 4-H because it provides so many amazing opportunities that I can take part in from livestock to leadership to volunteer work.”

17 year old, County Ambassador, Imperial County
“I’ve learned how to work together with adults and younger children to achieve a common goal.”

17 year old County Ambassador
San Joaquin County

6,468
TOTAL YOUTH VOLUNTEERS

3,055
Club Officer Roles

3,861
Project Leader Roles

1,011
Group Enrolled Project Volunteer

14,502
TOTAL ADULT VOLUNTEERS

2,895
Club Roles

10,234
Project Leader Roles

6,714
Group Enrolled

822
Other

8,027
YOUTH VOLUNTEERS

16,054
HOURS

$480,816
ESTIMATED DONATION VALUE

1,714,404
HOURS

$51,346,400
ESTIMATED DONATION VALUE

1 These numbers include duplicated individuals, as some volunteers held multiple roles.

2 The value of time in 2019 in California is estimated at $29.95/hour (https://independentsector.org/resource/vovt_details/).
California 4-H’ers receive national awards and recognition

National 4-H Council’s 4-H Youth in Action Awards Program highlight outstanding youth who have made a difference in the core areas of Agriculture, Citizenship, Healthy Living and STEM.

Elisabeth Watkins, 2019 Healthy Living Winner
Elisabeth found her purpose and her passion in 4-H cooking projects. She is an advocate for agriculture, cooking and good food. As she learned more about nutrition, living a healthy lifestyle, and the impact of a balanced diet on physical and mental well-being, her interest in cooking and food production developed into life-changing opportunities and a path for her future career.

Elisabeth routinely appears on local television stations as “Farm Girl Chef”, sharing healthy recipes and cooking tips.

Rose Fiorenza, 2019 Agriculture Honorable Mention
Rose and a team of youth launched Sustainable You! Summer Camp, a five-day summer camp for 4th to 6th graders to learn about natural resources and how they relate to the agriculture industry in Imperial County. She modified a curriculum from the University of Utah to better reflect the diverse population and agricultural community of her hometown.

Ashley Jordan, 2019 Agriculture Honorable Mention
Through the Urban Dilemma Project, Ashley developed her own curriculum and taught almost 1,000 urban elementary and middle schoolers about where their food comes from. She is expanding her curriculum to include crop rotation, bees and water management.

Richard Mahacek
2018 National 4-H Hall of Fame Laureate
Richard Mahacek was inducted into the National 4-H Hall of Fame in October 2018 for his lifetime achievements and contributions to 4-H. As a 4-H Youth Development Advisor for Merced County from 1976 to 2012, Richard received many honors at the county, state, and national levels for his contributions to 4-H and UC Cooperative Extension.

One of his crowning achievements is the Junk Drawer Robotics curriculum, one of the most popular projects in 4-H today. Youth improve skills in communications, teamwork and critical thinking as well as science and engineering as they build robots using everyday items.

The National 4-H Hall of Fame recognizes 4-H volunteers, Extension professionals, donors and others who made a significant impact on the 4-H program. The National Association of Extension 4-H Agents, National 4-H Council and 4-H National Headquarters partner in selecting up to 15 laureates each year.

Margaret “Sissy” Sugarman awarded Congressional Award Gold Medal with STEM Distinction
The Congressional Award is the highest honor Congress can bestow upon a civilian. It recognizes achievement, initiative and service in America’s youth, ages 14-23. Olivenhain 4-H’er Sissy connected youth in her community with animals, agriculture and nature by leading tours on her farm. She also connects veterans groups, disabled adults and youth groups to animals and nature through free Goat Yoga classes. She earned national recognition from the American Agri-Women Foundation for her pollinator education program, “The Honeybee Road Show”.

5
National Competitions

National 4-H Western Heritage Conference & Match

For the first time, California 4-H hosted the National 4-H Western Heritage Conference. About 100 youth, volunteers and parents from seven states participated in this unique competition in Merced County.

The 4-H Western Heritage Project combines a comprehensive study of the Old West with the shooting sports discipline of western action shooting. Members develop and present a “persona.” They dress in period clothing and demonstrate their knowledge of U.S. history from 1860-1900. Participants learn about the frontier lifestyle: they shoot replica period firearms from a Western set and learn about leather working and lead casting.

Bryan Aquino from Santa Clara County won 1st place as the Senior Division Historian, 3rd in Men’s interview, and 2nd in Senior Top Hand Rim Rifle.

National Avian Bowl

Katelyn Hurl and Finian Arentz receive their third place award at the 2018 National Avian Bowl in Louisville, Kentucky. Not pictured: Coach Johna Hurl

American Royal

Michael Rezendes, Dilan Basila, Regan Fringer and Garrett Bowe placed 2nd Overall Team at the American Royal in Kansas City, Missouri. Not pictured: Coach Laurie Fringer

National Western Wool Judging

Hannah Cartee, Sarah Grizzle and Audrey Rose Abatti from Imperial County were named the Grand Champion Overall Team at the National Western Wool Judging competition. They were the first-ever California 4-H team to compete in this competition. Not pictured: Coach Shanna Abatti

North American International Livestock Exposition (NAILE)

Ashley Mabery, Bonnie Crawford and Ashley Porter placed 7th in Reasons and 8th in Sheep and Goats at the North American International Livestock Exposition. Not pictured: Coach Lori Porter
Leadership
- The California 4-H Management Board focused on developing youth leaders through its Area Youth Summits. The four summits cover the North, Bay/Coast, Central and Southern areas of the state. Over 300 youth ages 11-13 practiced leadership and team building skills, with older teen mentors guiding the projects.
- Our Teens as Teachers delivery model prepares and engages teen volunteers to deliver Healthy Living and STEM curriculum weekly to younger peers. This cross-age delivery model has reached almost 3900 youth in 22 counties.
- 75% of the teen teachers who led the Youth Experiences in Science Project reported more confidence in public speaking. All felt they had made an important contribution to their community through the project.

Healthy Living
- The Mindfulness Retreat participation and awareness is growing, increasing to 75 teens and adult volunteers in 2018. The Mindful Me curriculum for 5-8 year old youth was published as a nationwide curriculum.
- Six counties piloted the Healthy Living Ambassadors Teens as Teachers program, reaching over 2000 youth.
- 4-H Yoga for Kids reached 70 youth in nine counties statewide.

STEM & Agriculture
- Through the 4-H Sustainable You camps, elementary aged youth engage in hands-on experiences to explore the relationships between water, food, land, energy and air. In Imperial County, youth explored the UC Desert REC research fields and irrigated land using a siphon hose. They also visited the cattle feedlot and sunflower patch to learn about both food sources. At the Hansen REC, Ventura County youth participated in hands-on experiences to demonstrate evapotranspiration, the water cycle, and water conservation.
- Margaret “Sissy” Sugarman from San Diego County earned national recognition from the American Agri-Women Foundation for her Honeybee Roadshow pollinator education program.

Civic Engagement
- Projects supporting wildfire victims, animal shelters and the elderly were among the 119 4-H service learning projects and 5,396 community service projects held throughout California.
- National 4-H Conference delegates met in round tables to discuss real world issues such as cyber bullying, teen mental health, social media, the future of agriculture and the sale of natural gas to foreign countries. They presented the youth perspective and made recommendations to federal government committees and agencies.

College & Career Readiness
- 80 Latino high school youth from the 4-H Juntos programs in 6 counties attended the second annual Juntos Summer Academy on the UC Merced campus.
- At the State Leadership Conference, 300 youth lived in dorms on the UC Davis campus and participated in workshops on money management, college admissions and financing, resume building, interviewing, communications, and teamwork.
Youth Summits Grow Young Leaders

The California 4-H Youth Summits are three-day leadership development conferences hosted in four locations across the state. The California 4-H State Management Board plans the events with planning teams made up of senior 4-H member ages 14-19, adult volunteers, and 4-H staff.

Youth Summit programs are designed to grow the leadership abilities of intermediate 4-H’ers (ages 11-13) and give hands-on leadership opportunities to senior 4-H’ers (ages 14+). Participants are mentored by senior 4-H’ers and caring adult volunteers. Younger members develop stronger relationships with their older peers as they both develop their leadership skills.

Leadership Lab

Each Youth Summit includes a Leadership Lab session. These are designed to exercise teamwork, help youth pick a specific leadership skill to practice, and learn how they can practice their leadership skills after they return from the Youth Summit. The Leadership Lab creates a safe environment for failure, learning, and growth, and helps 4-H’ers learn how to keep practicing these skills on their own.

“It’s an opportunity to learn more about yourself and passions. Thinking about that now can give you a leg up once you get to high school.”

Raedyn McFarland, Bay/Coast Youth Summit Planning Team

Strong youth-adult partnerships give youth a leading voice in Youth Summit planning meetings.

“I have learned how meetings work and how I can make my voice heard.”

9 year old, San Joaquin County
Leadership

“Because of my involvement in 4-H, I want to do more things in 4-H and push myself to do better. I want to experience leadership opportunities and other things that 4-H has to offer to benefit myself and others. Through my involvement in 4-H, I know I can.”

YOUTH REPORT

Goal management skills
68%

Critical teamwork skills related to diversity
78%

Leadership skills essential for academic and workplace success
88%

Emotional skills necessary for academic or workplace success
93%

LEADERSHIP AND PERSONAL DEVELOPMENT

17,6668
TOTAL PROJECTS

1,368,277
HOURS ANNUALLY COMPLETED BY 4-H YOUTH

8.80
HOURS PER YOUTH PER YEAR

Reflections of a State Ambassador

by Maura Sparrevoehn

Throughout my term, I grew both as an individual and as a leader. I learned the value of collaborating with a team towards a common goal, as well as completing tasks on my own that I would share with the team. I presented the educational workshop that my team developed at the Youth Summits. The State Leadership Conference was the culmination of our team’s months of work and planning.

As a State Ambassador, I learned that sometimes being a leader means taking a step back to see the bigger picture and allowing others to take the lead. I learned the value of clear communication and being able to prioritize commitments and responsibilities.

My State Ambassador experiences shaped me into the leader I am today, and I look forward to continuing my journey as a lifelong 4-H’er.

2018-2019 California 4-H State Ambassadors
Youth healthy living has been a matter of importance across the nation and throughout the state of California. This is especially important in underserved areas like Lake County, where resources are limited and unhealthy behaviors are prevalent. In fact, Lake County was ranked the unhealthiest and poorest county in California by the Robert Wood Johnson Foundation 2019 County Health Rankings Report.

The Lake County 4-H program worked with two sites to implement a 4-H Teens-as-Teachers Healthy Living program. Teen teachers delivered lessons on nutrition and food safety through hands-on and engaging cooking lessons from the Cooking Academy curriculum.

- **Konocti Education Center**
  Konocti Education Center is in an area with a higher amount of families with lower socioeconomic status. The program had five teen teachers and 21 middle school youth attending the lessons for seven weeks.

- **Lake County Tribal Health Youth Program**
  With four teen teachers and 14 youth participants, this group extended their Cooking Academy program into the summer by adding lessons from the 4-H Cooking 101 curriculum.

**Students and Teachers have positive experiences**

Youth participants were introduced to new foods as well as healthier versions of their favorite foods. They enjoyed cooking with the different utensils and tasting the food that they cooked. They also reported that they felt happy performing the activities and that they improved at certain tasks.

The teen teachers reported that it was an enjoyable and meaningful experience to them. They learned how to cook, read recipes, and prep for lessons, gained more confidence and leadership skills by working with youth. Because they had to work with their peers to prep and deliver lessons, they improved their teamwork and communication skills as they learned about cooking and reading recipes.

The Cooking Academy program has expanded the reach of the 4-H program to underserved and marginalized youth that would not be able to be a part of the program otherwise. It also showcased 4-H’s vast options of youth activities and allowed the community to be more aware of 4-H’s commitment to youth healthy living.
### 4-H YOUTH:

- **Learn about healthy food choices**: 62%
- **Get 8 hours or more of sleep per night**: 65%
- **Have a growth mindset related to health and being healthy**: 72%
- **Pay attention to how active they are each day**: 75%
- **Encourage friends to make responsible choices**: 95%

### Quotes:

**“The most important thing I have learned in 4-H is that I am treated equally like everyone.”**

9 year old, Tulare County

**“4-H has taught me to be confident and outgoing and not be afraid to go after something.”**

17 year old County Ambassador, Monterey County

**“I love the opportunity to make friends and support one another while still getting to be competitive.”**

17 year old, Stanislaus County

**“I like the fact that I am able to learn and grow within a safe group of individuals that I am comfortable with.”**

14 year old, Los Angeles County
Contra Costa 4-H teens encourage the public to “Drink Smarter, Choose Water”

Charles Go, 4-H Youth Development Advisor, Alameda and Contra Costa Counties
Marisa Neelon, NFCS Advisor, Alameda and Contra Costa Counties

Using the “teens as teachers” model, Contra Costa County 4-H and Nutrition Family and Consumer Science programs created Project 4-H2O - a 4-H afterschool program involving six teen leaders from John Swett High School. The project is funded by the CalFresh Healthy Living, UC and 4-H programs.

They focused on ways to reduce consumption of sugar sweetened beverages and increase water consumption to improve their community’s health and wellness. According to the 2016 California Healthy Kids Survey, in Contra Costa County, only one out of four teens, ages 12-17, drank eight or more glasses of water in a day. Two out of three (62%) teens drank two or more sodas a day — two times more than the national rate of 30%.

Student leaders successfully shared the benefits of water at Sugartown Festival

For the past two years, Project 4-H2O teens raised awareness and educated their Crockett community on the importance of drinking water at the annual Sugartown Festival in Crockett. The largest community festival in the city, it draws an estimated crowd of 7,500. Many of the attendees are students and families from their school, since it is held next to the school campus.

UC ANR staff collaborated with the East Bay Municipal Utility District (EBMUD) to have their 500 gallon “Water On Wheels” (WOW) tank with built-in water fountains placed next to the Project 4-H2O and EBMUD booths. This created an area where attendees were educated and challenged by Project 4-H2O teens to “Drink Smarter, Choose Water.” Attendees then had the opportunity to put knowledge into practice by drinking water from the WOW tank.

The spin wheel activity on educated the public about the amount of sugar in beverages.

Project 4-H2O team, l-r: Eli Figueroa, CFHL-UC Project Coordinator; Rosa Heraldez; Farangiz Malikova; Olivia Lee; Daphney Saviotti; Brenda Garcia

2018
1 out of 4 attendees drank water
120 gallons of water = 1,920 8oz. cups

2019
1 out of 3 attendees drank water
275 gallons of water = 4,400 8oz. cups

120 gallons of water = 1,920 8oz. cups
275 gallons of water = 4,400 8oz. cups
I am involved in 4-H because I love science and I want to be a part of the community and agriculture.”

9 year old, San Joaquin County

Animal Science projects increased 46.5%

4-H YOUTH REPORT:

- Learning new things about science at 4-H: 50%
- Gender equality in science: 83%
- Developing science skills and abilities: 88%

Youth grades 8 to 12 report:

- Studying science after high school: 73%
- Wanting a job that involves using science: 76%
- Liking science: 91%

TOTAL STEM PROJECTS

205,166

PROJECT 4-H2O team, l-r: Eli Figueroa, CFHL-UC Project Coordinator; Rosa Heraldez; Farangiz Malikova; Olivia Lee; Daphney Saviotti; Brenda Garcia

Animal Science projects increased 46.5%

4-H YOUTH REPORT:

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- Gender equality in science: 83%
- Developing science skills and abilities: 88%

Youth grades 8 to 12 report:

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- Wanting a job that involves using science: 76%
- Liking science: 91%

TOTAL STEM PROJECTS

205,166

Animal Science projects increased 46.5%

4-H YOUTH REPORT:

- Learning new things about science at 4-H: 50%
- Gender equality in science: 83%
- Developing science skills and abilities: 88%

Youth grades 8 to 12 report:

- Studying science after high school: 73%
- Wanting a job that involves using science: 76%
- Liking science: 91%
During the National 4-H Conference in Washington D.C. in April 2019, I collaborated with 4-H youth from across the country on a roundtable group focusing on the mental health of adolescents in the United States. Our team of diverse youth voiced our concerns regarding the state of youth mental health in a presentation to the Office of Adolescent Health under the National Organization for Health and Human Services. We also shared our suggestions to combat the issue of stigma surrounding mental illness among American youth.

Six of us were invited back by the Interagency Working Group on Youth Programs to share our perspectives on how social media affects the mental health of our peers. Through this once in a lifetime opportunity, I collaborated alongside Candice Odgers and Jean Twenge, both top researchers in their respective fields of psychology.

We were asked to collaborate even further to propose a way to share what we had learned with others in our communities. We partnered with ICanHelp and youth.gov to host a live Twitter Chat on August 14. Questions and tips were posted; Twitter users engaged with their perspectives and interacted in a discussion about how to be more mindful and intentional on social media.

The skills I have gained and the connections I have made after going to the National 4-H Conference have impacted my life in such a positive way. As someone who had never before been outside of California's borders, having the opportunity to experience a whole new place brimming with people I never would have met otherwise was an amazing experience.

“I am involved in 4-H because I want to give back to the community. I just feel like I’m helping this world become a better place little by little.”

15 year old, Orange County
Civic Engagement & Community Service in Butte County

The Camp Fire in Butte County was the deadliest and most destructive wildfire in California history. The fire started on November 8, 2018 and was not contained until November 25th. Almost a fourth of the county had to evacuate their homes. A large animal livestock shelter was set up at the Butte County Fairground in Gridley to house a wide array of animals: turkeys, llamas, pigs, horses, donkeys, geese, ducks, chickens, goats and sheep.

Sixteen year old Bailey Butler of Oroville Foothill 4-H managed the large animal livestock shelter at the fairgrounds, along with one other adult volunteer. She was on-site from November 11th until just before Christmas, when the National Guard took over. She spent her 17th birthday and Thanksgiving Dinner at the shelter with her new family of volunteers.

Bailey directed every adult and youth who volunteered to help. Starting at 6am feeding, she spent days treating burns, inserting IV’s in goats and sheep, and on good days, reuniting animals with their owners. She kept the rotating pool of veterinarians up to date on their patients. Her days ended at 1am, when she would drive back to her home ½ hour away, and then do it all again the next day.

All 4-H’ers stepped up to help

In addition to caring for displaced animals, 4-H families spent many hours helping evacuees in different ways:

- Distributing hundreds of face masks because of the poor air quality;
- Modifying face masks to fit children;
- Housing evacuees in their homes;
- Purchasing and moving supplies;
- Donating money, clothes, and meals.

Ryan Cleland, 4-H Community Education Specialist, estimates that 4-H’ers in Butte County volunteered at least 2,000 hours. “It’s hard to track, because everyone was helping out and didn’t see it as volunteering. It was just the right thing to do.”

“It felt good to do something. It’s my job as a member of the community to go out and help… in times of need.”

Bailey Butler, pictured with Decklan the goat, a Concow evacuee

4-H Youth

- 96% Feel a responsibility to help their community
- 89% Look for ways to help when they learn about a problem in the community
- 89% Have done a community service project
- 100% Like to help people in their community

2.62 AVERAGE COMMUNITY SERVICE HOURS/PER 4-H YOUTH/PER YEAR

407,373 HOURS COMPLETED BY 4-H YOUTH IN 2018-19
During the 2018-2019 year, Merced County 4-H hosted 4-H Pathways to Your Future: Destination UC at Livingston High School. The entire freshman class, more than 180 youth, participated. Through interactive workshops, students learned about:

- The requirements to attend a University of California or California State University school
- Application processes;
- Applying for financial aid and scholarships.

Career counselors from California State University, Stanislaus shared about the many financial aspects of going to college. Guest speaker, Gena Lanz, high school counselor, also shared the resources available to students at Livingston High School to help stay on track for a post high school education.

Participating students were given the opportunity to participate in one of two college tours, UC Merced and California State University, Sacramento. During these tours college students shared their experiences, including college, coursework and dorm life, the importance of joining clubs, and various other personal experiences.

Merced County 4-H and the Merced Union High School District are offering “Pathways to Your Future: Destination UC” to ALL Merced County high school freshman classes in the 2019-2020 school year.

**PARTICIPANTS REPORT**

<table>
<thead>
<tr>
<th>Statement</th>
<th>Before Program</th>
<th>After Program</th>
</tr>
</thead>
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<tr>
<td>I have thought about the amount of education I might need in the future</td>
<td></td>
<td></td>
</tr>
<tr>
<td>This program has helped me explore future career options</td>
<td></td>
<td></td>
</tr>
<tr>
<td>I have identified things I am good at</td>
<td></td>
<td></td>
</tr>
<tr>
<td>This program helped me in my decisions about post-high school education</td>
<td></td>
<td></td>
</tr>
<tr>
<td>I have thought about how to pay for post-high school education</td>
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</tbody>
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Youth responding “A lot” After Program | Youth responding “A lot” Before Program
Juntos California 4-H Juntos Summer Academy

The California 4-H Juntos program helps Latinx youth (grades 8 – 12) and their families gain the knowledge and skills they need to bridge the gap between high school and higher education. The 4-H Juntos Clubs in six counties engage Latinx youth to develop leadership, life skills, and a sense of belonging.

The four-day Juntos Summer Academy held at UC Merced focused on college and career readiness. Eighty high school students from Riverside, Kern, Santa Clara, Merced, Monterey and Sonoma experienced college life, including living in the residence halls, eating in the college cafeteria, and attending workshops.

Workshops covered financial aid, the admissions process, resume building, cultural identity, self-care, and much more. Participants heard from two very motivational Latino keynote speakers, who told them their experiences as Latino youth attending college and how they overcame obstacles to graduate from college.

80 Participants almost doubled from 2018 (43)

96% Learned new ways to achieve their educational and professional goals

95% Felt confident that they will be able to go to college

YOUTH IN 4-H REPORT

COLLEGE AND CAREER READINESS

70%

Put effort into their academic performance

77%

Earn mostly A's and B's

90%

Intend to earn at least an Associate’s degree (AA=6%, BA=50%, Post BA=37%)
Thank you from the California 4-H Foundation Director
The power of 4-H relies on you.

Dear Friends,

On behalf of the California 4-H Foundation, I want to thank you, California 4-H volunteers, leaders, parents, mentors, and donors. Because of you, 4-H is the number one youth leadership program in the nation, and last year California 4-H served over 140,000 youth. Each time I have the opportunity to speak with a 4-H volunteer, parent, alumni, or member, I am reminded of the value of the 4-H program and the dedication of our 4-H leaders. Your support is providing the skills and enrichment opportunities for California youth, and it shows. As you will see in this year's annual report, California 4-H youth continue to shine from the local to the national 4-H stages. For the last 4 years in a row, California 4-H youth have placed as National 4-H Youth in Action Award recipients as well as placing as the nation’s overall winner. Locally, youth have rescued and found shelter for displaced animals, started educational projects sharing the importance of agriculture, hosted National Youth Science day at Google’s headquarters, and led community service projects rebuilding California’s landscapes after devastating disasters. California 4-H youth never cease to amaze us – they are truly impressive individuals.

Over the last five years, California 4-H has nearly doubled the number of young people engaging in and benefitting from 4-H programming. The California 4-H Foundation exists solely to raise funds in support of these amazing California youth. We work on behalf of local 4-H programming as well as statewide 4-H programming. A private, non-profit organization founded in 1971 by 4-H volunteers, and affiliated with the University of California, the Foundation staff and statewide board of directors are passionate about ensuring that 4-H alumni and supporters are able to direct their gifts to what matters most to them. In turn, 100% of donations raised through the Foundation go where the donor designates the gift.

Ensuring that the California 4-H program lasts forever is a priority of the Foundation. In an effort to secure the future of 4-H, the Foundation introduced the Forever 4-H Endowment. With the support of the Foundation Board and generous 4-H supporters, we are off to a great start! Keep an eye out for opportunities to start or contribute to sustainable 4-H funding in your community.

Thank you.

Mary Ciricillo
Executive Director, California 4-H Foundation
Your gifts enable youth to reach their goals.

- **Enrollment fee waivers**: providing access to youth who may not have otherwise had the opportunity
- **Scholarships**: helping youth fulfill their college dreams or attend a 4-H national competition
- **Sponsorships**: helping reducing the cost of state events such as the 4-H State Leadership Conference
- **Local programming**: launching a teen leadership program, purchasing project kits, offering livestock loans

**TOTAL RAISED IN 2018-19**

$1,044,756

**FY2019 Funding Sources**

- 4-H Alumni: 19%
- Other Individuals: 43%
- Businesses: 33%
- Foundations: 3%
- Other: 2%

**FY2019 Allocation**

- County Program Support: 71%
- State Program Support: 26%
- 4-H Foundation: 3%

**Forever 4-H Endowment**

Ensuring that the California 4-H program lasts forever is our priority. Over the last five years, California 4-H has nearly doubled the number of young people engaging in and benefitting from 4-H programming, which means more funding is needed to sustain growth, outreach, and program quality.

With the support of the California 4-H Foundation Board of Directors, last year we launched the Forever 4-H endowment campaign (investment funds that are maintained in perpetuity) to support the long-term sustainability of the program.

Thanks to our 4-H alumni and supporters, we have successfully started three Forever 4-H endowment funds. The Forever 4-H Statewide Endowment will provide revenue to meet the highest needs of the program, and the county Forever 4-H Endowments will support local 4-H programming forever.
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