Basic Safety Standards for Meeting In-person

These safety standards must be followed for all in-person 4-H activities.

1. DO NOT participate in any in-person 4-H activities if you are sick or have COVID-19 symptoms or if you or someone you have been in contact with has been diagnosed with COVID-19. Symptoms include:
   a. Fever or chills
   b. Cough
   c. Shortness of breath or difficulty breathing
   d. Fatigue
   e. Muscle or body aches
   f. Headache
   g. New loss of taste or smell
   h. Sore throat,
   i. Congestion or runny nose
   j. Nausea or vomiting
   k. Diarrhea

2. Face Mask Use
   A. Outdoor activities with youth and adults — No face masks required
   B. Indoor face mask guidelines
      a. Activities with youth and adults — Everyone must wear a face mask.
      b. Everyone must wear a face mask — In counties with substantial or high transmission of COVID-19 according to the CDC COVID data tracker and in counties with a state or local Public Health Order.
      c. Persons who are not fully vaccinated for COVID-19 must wear a face mask while participating in 4-H activities indoors.
      d. Please post the face mask signage appropriate for your location (PDF-3 pages)
         - Masks required for all persons
         - Masks required for unvaccinated persons

3. Indoor Social Distancing
   A. Maintain a minimum of 3 feet between participants
   B. Maintain 6 feet of distance during times when people are not masked for eating or drinking.

4. Maintain hygiene practices.
   After each use, clean and disinfect workspaces and equipment, wash hands often, and/or use hand sanitizer.