

4-H

COOPERATION EXTENSION

UNIVERSITY OF CALIFORNIA

# CLOVER NOTES

LOS ANGELES COUNTY 4-H YOUTH DEVELOPMENT PROGRAM



MAY 2007



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# Water Safety

Drownings are the second leading cause of death for children under 5 years of age. To have a safe summer season you should consider a Learn-to Swim program to make for a safe environment for your whole family.

Most people that drown had no intention of being in the water in the first place. Children, as well as adults, should use and respect our largest natural resource, the water. So, we encourage your whole family to build the skills and confidence you need to have a safe and fun summer on your family vacations around our water system in California.

The American Red Cross has been the leader in aquatics training for nearly 95 years. You will not find a more capable program addressing the needs of all swimmers-and all ages. They have developed Parent and Child Aquatic Programs for children as young as 6 months old. Learn to discover how to incorporate swimming into a lifelong fitness program.

Here are some tips from the Red Cross about how to keep children safe around water. More information is available at

<http://chapters.redcross.org/va/richmond/website/safety/water/watersafe.html>

- Maintain constant supervision. Watch children around any water environment (pool, stream, lake, tub, toilet, bucket of water), no matter what skills your child has acquired and no matter how shallow the water.
- Don't rely on substitutes. The use of flotation devices and inflatable toys **cannot** replace parental supervision. Such devices could suddenly shift position, lose air, or slip out from underneath, leaving the child in a dangerous situation.
- Enroll children in a water safety course or Learn to Swim program. Your decision to provide your child with an early aquatic experience is a gift that will have infinite rewards. These courses encourage safe practices.
- Parents should take a CPR course. Knowing these skills can be important around the water and you will expand your capabilities in providing care for your child. You can contact your local Red Cross to enroll in a CPR for Infants and Child course.

Remember, when it comes to activities in, and around the water, safety always comes first. So, don't just settle for the basics. Become a great swimmer for any situation.

Dee Keese  
American Red Cross Instructor Trainer



## Club News

### **Surf's up! PVP 4-H's New Project**

Though it seems that spring has just arrived, it's never too early to prepare oneself for the relaxing summer. Imagine: Brilliantly sunny day with an azure sky and pleasantly warm weather. The sun heats up the town, and the only way to cool off is to hit Southern California's totally rad beaches. And in true Beach Boy spirit, one of the most exciting ways to pass the time is surfing, a water sport which has grown to be summer's number one sport. The beaches of Palos Verdes are beautiful in the summer, but with all the people competing for the best waves, who will be the best? The PVP 4-Hers of course.

Inspired by our former president, Mark Militun, and another former President of our club, Rob Keese (former Los Angeles County All-Star), the project **Surfing** has become a huge hit among the older 4-H members, because not only do you learn how to surf from talented waves riders, but you also get to experience the bonding of a group. Surfing takes much practice before one can tackle massive waves, but the encouragement and helping out one another of 4-H members in this project really emphasizes what 4-H is all about. Chris Choi, a dedicated surfing member, said, "The Surfing project is unique not only because you get to learn how to surf for free, but when you do mess up, as it is typical for beginners, the only ones laughing are yourself and your friends from 4-H. (And of course, it's not a mean laugh, but one as a family.)"

All of our members in the surfing project have taken the American Red Cross Lifeguard Training class prior to enrolling in the surfing project which is a prerequisite to participate. The American Red Cross Lifeguard Training Course, (which is given free to us by our 4H Community Leader), allows the surfing members to give back to our 4H club by being Certified Lifeguards at 4H club events such as Pool Parties, Beach Parties or Backpacking trips near lakes or rivers. With this opportunity opened by Dee Keese (PVP 4-H's head leader), many more teenagers from the Palos Verdes area have joined 4-H, and our teenager numbers are increasing (while in other clubs, the numbers are decreasing).

Because **Surfing** is a project not available to any other 4-H clubs, it was difficult to place the project under a category for the 4-H Fair. In the end, the Surfing group agreed that this special project should be displayed under "This is 4-H". The purpose of "This is 4-H" is to present a project which supports the goals of 4-H. The Surfing project not only follows the goals of 4-H through its interactions with members, but it also helps the PVP 4-H club recruit more members to help train for the future. Our future generation begins with the children of today. As a surf analogy, to be able to ride the big waves without fear, you need to build the confidence in your surf board. And in true beach bum lingo, "Surf's up!"



## **Boer Goats**

Hi, my name is Mark Lane and I am a member of the Roadrunners 4-H Club in the Antelope Valley. I am also a member of the Junior American Boer Goat Association. I would like to tell everyone about Boer Goats. Boer Goats are originally from South Africa. They are raised as show and meat goats. Show goats are Purebred Bucks, Purebred Does and Percentage Does. Bucks that are not Purebred, or also known as Full blood are castrated at the age of 3 months and shown as weathers in a Meat/Market Class at shows. Boer goats come in different colors; the standard is a white body with a red to reddish brown head. A Pinto is a goat that has red on its head and back legs with a white stripe around the middle. There are also solid red Boer goats. Something that most people do not know is that goat meat is eaten by 70 % of the world's population. Goat meat is getting more and more popular in the USA, especially in the mid and south western part of the country. Oklahoma and Texas have a huge Meat Goat Industry, with several other states following closely. Boer goats are a lot of fun to raise, they have really great personalities, and they are also fun to watch. Kids are very active, they are on their feet with in a few minutes of birth and can be up and running around in a matter of hours. If anyone is interested in a fairly easy project that will give you hours of enjoyment and will love you back, I would highly suggest raising a Boer Goat. I love my goats!



By Mark Lane, Roadrunners 4-H

## **District News**

### **San Fernando Valley Fair has New Dates, New Location**

**There is new information regarding the San Fernando Valley Fair, now known as the Valley Fair.** There is a NEW location: The Saugus Speedway in Santa Clarita. The dates are June 7th-10th. The entry guide can be accessed:

[http://www.sfvalleyfair.org/2007/entry\\_guide07.html](http://www.sfvalleyfair.org/2007/entry_guide07.html)

## **County News**

### **Dates for 4-H events in LA County for next year**

The LA County 4-H Leaders' Council is now working on the calendar of events happening in Los Angeles County for the next program year – July 2007 through September 2008. Please submit the dates of district-level and county-level events to Roy Hillstock in the LA 4-H Office as soon as possible. Some dates were discussed at the March county council meeting. The calendar of 2007-2008 LA County 4-H activities is due to be approved at the May 5<sup>th</sup> county council.

### **Change in County Council Meeting date and location**

The County Council meeting has been changed to May 5<sup>th</sup> from 10 am to noon at William Hart Park, 24151 San Fernando Road, Newhall. At this meeting the 2007-2008 elections, calendar and budget nominations will be voted on and approved. Hope to see you there.

### **New 4-H record keeping forms**

Are you using the new state 4-H forms for keeping your 4-H records this year? If not, why not?? To be able to compete in the County Record Book competition this year, you need to submit your records on the new state forms. Contact your project leader, your club leader or the county 4-H office to get more information about the new form for the Personal Development Form, the Annual Project Report form and the Leadership Plan and Report form.

The special supplemental livestock record-keeping project forms have not been changed and can continue to be used at the county level.

### **County Council Officer Nominations**

The County Council elections will take place May 5<sup>th</sup> at the County Council meeting. Nominations are still needed to fill open seats and can be taken from the floor at the County Council meeting. If you know of a 4-H member that would like to actively participate in steering 4-H into the future, let him/her know of the opportunity. We especially need someone to serve as Council Secretary! We hope to see you there. The following members have been nominated for the indicated positions:

President: Judylynn Pelling  
Vice-President: Peter Michel  
2nd Vice-President (Youth):  
Secretary:  
Treasurer: Mary Lash  
Reporter:  
Historian:  
Ag Chair:

General Science Chair:  
Home Ec Chair: Johann Stewart  
I&R Chair: Noel Keller  
Technology Chair:  
Civics Chair: Jim Otto  
Parliamentarian/Policy Secretary: Jim Otto  
Sectional 4-H Leaders' Council: Noel  
Keller, Dee Keese; Judylynn Pelling

### **Summer Camp 2007**

Summer Camp 2007 is approaching. The dates are from July 1 – July 7, 2007 at Camp Seeley. Forms and additional information are available online at: <http://www.socal4hsummercamp.com/>. Let's make this event one to remember! Reservation form is included in this edition of Clover Notes. Scholarships are available this year! Read on for details.

Request a So-Cal 4-H Summer Camp Registration Packet; please fill out the form below and send in your \$20.00 non-refundable camp deposit to: UCCE, Los Angeles County 4-H, Attn.: So-Cal 4-H Summer Camp, 4800 E. Cesar E. Chavez Avenue, Los Angeles, CA 90022 and an application will be mail to you.

Camper Name #1:

\_\_\_\_\_

Camper Name #2:

\_\_\_\_\_

Parent/Guardian Name:

\_\_\_\_\_

Address:

\_\_\_\_\_

\_\_\_\_\_

City:

\_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Age (as of 1/1/07): \_\_\_\_\_

Birth date: \_\_\_\_\_

4-H Club: \_\_\_\_\_

County: \_\_\_\_\_

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**SO-CAL**

**4-H SUMMER CAMP**

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**SPONSORED BY:**

**LOS ANGELES COUNTY AND**

**SAN BERNARDINO COUNTY 4-H**

**July 1<sup>st</sup>-7<sup>th</sup>, 2007**  
**6 NIGHTS/ 7 DAYS**

@ CAMP SEELEY in Crestline, CA

**CAMP COST**

**\$250.00 per person**

*includes: room & board*  
*Ages: 8 years to 19 years*



[WWW.SOCAL4HSUMMERCAMP.COM](http://WWW.SOCAL4HSUMMERCAMP.COM)





Camp Seeley

is located in the San Bernardino Mountains, 65 miles from City Hall, nestled in a forest of tall pines at an elevation of 4,200 feet. Close to Lake Gregory and the Village of Crestline, it is located on Highway 138, four miles from Lake Silver Wood. Camp Seeley is owned and operated by the Los Angeles Dept. of Recreation and Parks, under permit from the National Forest Service.

Los Angeles & San Bernardino Counties So-Cal 4-H Summer Camp has one session that consists of seven fun-filled days. The day begins at 6 a.m. for some and ends as late as 10 p.m.

### **A Day in the Life of a Camper**

A day at So-Cal 4-H Summer Camp begins early with fishing persons at 6 a.m. For those who like to sleep in, you rise at 7 a.m. The whole camp then congregates in the campfire circle for flag raising and then off to a hearty breakfast prepared by our wonderful 4-H cooking volunteers. Then we begin the heart of our camping program, the morning activities period. Morning activities include: Nature, Handicrafts, Camp Craft and Food Preparation. After team activities; the teams are then divided to compete against each other in Team Games which can include Soccer, Basketball or Volleyball. A satisfying lunch is followed by a short, but much needed siesta (rest) period in the respective cabins. This is a time for a rest, taking a nap, or bonding with your cabin mates. The bell rings, beginning two to four approx. hours of free time for all campers to enjoy.

During free time campers may participate in activities such as crafts, hiking, going to the

swimming pool to play and lay in the sun, playing soccer, basketball, volleyball, ping pong, horseshoes, Frisbee, tetherball and purchase a snack at the Trading Post Camp Store where drinks, snacks, postcards, and stamps may be purchased.

After free time, teams come back together for a quick team meeting and then enjoy a nutritious dinner. After dinner, the camp congregates in the fire circle for flag lowering.

After flag lowering the designated teams organize evening programs that in the past have included events such as: Team Pride Night, Talent Night, A Haunted Walk; Movie Night and a Graduation Ceremony and Dance. During a camp fire one might sing songs, watch and participate in skits.

## **Program Areas of 4-H Summer Camp**

Our camping program includes engaging activities such as: recreation, crafts, hiking, handicrafts, team spirit and free time. Each area is staffed by a highly qualified and energetic person.

**Hiking:** The hiking program leads campers on fun and educational tours of the Camp Seeley area. Hikes include half-day, all-day and morning and night hikes.

**Crafts:** Each year our crafts resource person designs a theme related craft to promote the camp spirit. Crafts also offer lanyards, leather craft, friendship bracelets and the infamous tie-dyed shirts.

**Recreation:** The recreation program is organized fun. Individual activities/sports might include: swimming, table tennis, capture the flag, basketball/volleyball and more.

For further information about the  
4-H Summer Camp Program:

Visit the website:

<http://www.socal4hsummercamp.com>

University of California  
Cooperative Extension  
Los Angeles County 4-H  
Attn.: So-Cal 4-H Summer Camp  
4800 East Cesar E. Chavez Avenue  
Los Angeles, CA 90022  
Phone (323) 260-3854  
Fax (323) 260-5271  
<http://celosangeles.ucdavis.edu>

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# SO-CAL 4-H SUMMER CAMP 2007 Registration Form

“Sponsored by Los Angeles County 4-H”

49<sup>th</sup> Annual Los Angeles County 4-H Summer Camp

July 1<sup>st</sup> to July 7<sup>th</sup>, 2007

**\$20.00 Non-Refundable Camp Deposit: MUST be received by June 1, 2007**  
**and the remaining \$230.00 Camp Fee MUST be received by June 22, 2007.**

**Registration Fee: Application received by June 22, 2007: \$250.00**

## 4-H Summer Camp Information:

- The 4-H Summer Camp is open to all 4-H members aged 8-19 years old. Members must be 8 and not older than 19 by July 8, 2007.
- Ages must be verified by the local club leader with a signature located on this application form.
- All members must agree to the 4-H Code of Conduct and any rules set forth anytime during the summer camp by planning staff or chaperones.
- Please make a copy of your completed 2007 So-Cal 4-H Summer Camp Application before you send it in with your registration and payment. Bring the copy with you to camp on July 1<sup>st</sup>, 2007.
- Camp Seeley Mailing Address: Camp Seeley, 250 N HWY 138, P.O. Box 3372, Crestline, CA 92325.

## Chaperone Information:

- For every 8 youth attending, one Chaperone is required or the youth will not be able to attend. **If there are male youth attending the conference it is required that there is a male chaperone from the youth's county.**
- To be a chaperone at 4-H Summer Camp you must be an enrolled 4-H leader and over the age of 25.
- Chaperones who are driving: You will not be allowed to leave before the early check out which is Sunday at 12:00 PM. If this is a problem, please contact Keith Nathaniel, (323) 260-3845, prior to 4-H Summer Camp.
- **NO ONE CAN LEAVE EARLY FROM 4-H SUMMERCAMP!!! (If the camper/staffer has to leave for any reason; they must be picked up by a parent or approved adult with a signed permission slip giving approval) Note: If the camper/staffer leaves; they will not be allowed to return to camp and no refunds will be given!!!**

**\*4-H SUMMER CAMP REGISTRATION IS ON A FIRST COME, FIRST SERVE BASIS,  
SO GET YOUR APPLICATIONS IN AS SOON AS POSSIBLE.\***

**Applicants are required to have the following:** signed application, signed code of conduct, signed medical release form, signed dress code sheet, and registration fee in the form of a check or money order made out to the LA County 4-H Summer Camp. Please mail completed application package to:

University of California Cooperative Extension  
Los Angeles County 4-H Office  
Attn.: Keith Nathaniel  
4800 E. Cesar E. Chavez Avenue  
Los Angeles, California 90022  
Tel: (323) 260-3845 / E-mail: [kcnathaniel@ucdavis.edu](mailto:kcnathaniel@ucdavis.edu)

# Los Angeles & San Bernardino 4-H SUMMER CAMP Registration Form

**PLEASE MAKE A COPY OF THIS APPLICATION BEFORE YOU MAIL  
AND BRING THE COPY WITH YOU TO SUMMER CAMP ON JULY 1, 2007**  
*(One Application Registration Form per Youth or Adult Camp Participant)*

Name: \_\_\_\_\_ Age: \_\_\_\_\_ (As of January 1, 2007)  
Child T-Shirt Size: \_\_\_\_\_ (Small) \_\_\_\_\_ (Medium) \_\_\_\_\_ (Large) \_\_\_\_\_ (X-Large) Birthdate: \_\_\_\_\_  
Adult T-Shirt Size: \_\_\_\_\_ (Small) \_\_\_\_\_ (Medium) \_\_\_\_\_ (Large) \_\_\_\_\_ (X-Large) Month \_\_\_\_\_  
*(To be guaranteed your preferred camp shirt size;  
camp applications need to be received by May 31<sup>st</sup>)* Day \_\_\_\_\_ Year \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip Code #: \_\_\_\_\_

E-mail: \_\_\_\_\_ County: \_\_\_\_\_

Member Signature: \_\_\_\_\_ (PRINT NAME) \_\_\_\_\_

Parent Signature: \_\_\_\_\_ (PRINT NAME) \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Pager: \_\_\_\_\_

E-mail: \_\_\_\_\_

## Emergency Contact Information:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

## *(Required for Youth Verification)*

Local Club Leader's Signature: \_\_\_\_\_ (PRINT NAME) \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

## *(Required for Adult Verification)*

County Staff Signature: \_\_\_\_\_ (PRINT NAME) \_\_\_\_\_

Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Note: Driving directions to Camp Seeley and other information will be mailed to you once we receive your application! All registration information and the map are also available on the 4-H Summer Camp website.

This is a week long Resident 4-H Sponsored Camp. All Camper's/Staffer's will be expected to participate in all activities and to attend all activities. During these activities no one will be allowed to stay in their cabins. If the camper/staffer becomes ill they will be staying with the nurse in the medical cabin.

## **Summer Camp Scholarships available**

Camp Scholarship applications are available online at 4-H summercamp.com or <http://celosangeles.ucdavis.edu>. Please complete the application and mail, email or fax application to:

Keith C. Nathaniel at 4800 Cesar Chavez Ave.  
Los Angeles, CA 90022  
323.260.5271 (fax)  
[kcnathaniel@ucdavis.edu](mailto:kcnathaniel@ucdavis.edu)

## **Star Rank Requirements**

The LA County Incentives and Recognition (I&R) Committee has discussed and supports the Club Community Leader option to allow members who have been working on a star rank under the prior requirements to complete the star rank under those requirements this year. The committee supports this "grandfather" option for this transitional program 4-H year only. For the next year (2007-08) the new rank requirements should be followed. This does NOT mean that you should use the old record forms for the county record book judging. If you want to use the "grandfather" clause to complete a star rank this year, talk with your Club Community Leader. If your Club Community Leader agrees, you would record your activities on the prior forms, earn your rank and then convert your totals onto the new forms. Contact Noel Keller if there are questions about this.

## **Share your 4-H experiences**

4-H'ers, share your 4-H experiences by submitting articles to be published in Clover Notes. Articles may include club news, photos, community service projects, and/or anything you or your club would like to share. Submit your articles by the 7<sup>th</sup> of the month to be published in the following month's edition of Clover Notes to Roy Hillstock, 4800 E. Cesar Chavez Ave., Los Angeles, Ca 90022 or email at [rlhillstock@ucdavis.edu](mailto:rlhillstock@ucdavis.edu).

## **County Record Book Judging**

All LA County 4-H Junior, Intermediate and Senior members are invited to enter their 4-H records (on the new state forms) in the county competition in July. The following pages give detail information about the competition. The pages include a Judges Comment Sheet so you know some of the items that the judges' are looking for in your records. The following ID form must be completed and put as the first page of your 4-H records for you to compete in the county competition. Remember to enter your 4-H activity information on the new state record forms.

As an incentive for using the new Record Book Format, entrants will receive a \$5 Best Buy or Starbuck gift certificate!

## **Be a 4-H All-Star**

All-Star is the highest rank that a 4-H member can achieve at the County level. The All-Star award affords 4-H members the opportunity to further develop their leadership skills on a countywide basis. Each year Los Angeles County selects several 4-H members who have applied and are deserving of this rank to become All-Stars. The Los Angeles County 4-H Program expects its All-Stars to contribute to the 4-H Program during the next program year. 4-H All Star applications will be available soon and will be mailed to club leaders and posted on our web site at [http://celosangeles.ucdavis.edu/4H%5FYouth%5FDevelopment%5FPrograms/4-H\\_Forms.htm](http://celosangeles.ucdavis.edu/4H%5FYouth%5FDevelopment%5FPrograms/4-H_Forms.htm)

# *Alert!*

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**New Forms  
for  
Record Books  
are included in this edition of  
Clover Notes**

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Call 4-H Office for more information

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**2007 LOS ANGELES COUNTY  
4-H PROJECT AWARDS (RECORD BOOKS)  
IDENTIFICATION FORM AND CHECKLIST**

\_\_\_\_ Junior (9-10 yrs old, and 4<sup>th</sup> grdrs)

\_\_\_\_ Intermediate (11 - 13 years old)

\_\_\_\_ Senior ( 14 years old & older)

NAME \_\_\_\_\_

PHONE (\_\_\_\_) \_\_\_\_\_

BIRTH DATE \_\_\_\_/\_\_\_\_/\_\_\_\_ AGE \_\_\_\_  
(age as of January 1, 2007)

GRADE IN SCHOOL \_\_\_\_\_ (2006-07)

ADDRESS \_\_\_\_\_ YRS in 4-H (include current year) \_\_\_\_\_

CITY \_\_\_\_\_ ZIP \_\_\_\_\_

CLUB \_\_\_\_\_

CLUB LEADER'S NAME \_\_\_\_\_ PHONE (\_\_\_\_) \_\_\_\_\_

**LIST PROJECTS** in which you are enrolled and applying for awards:

1st \_\_\_\_\_ Years in Project \_\_\_\_\_

2nd \_\_\_\_\_ Years in Project \_\_\_\_\_

(See the back of Guidelines for submitting 4-H Member Records for a list of the project areas in which awards are available)

**SPECIAL AWARDS**

Current Junior/Teen Leaders only: Have you earned a gold Leadership Merit Award patch? \_\_\_\_ Junior \_\_\_\_ Teen \_\_\_\_

This year applying for \_\_\_\_ Junior (ages 11,12,13) \_\_\_\_ Teen (ages 14 & above) \_\_\_\_ Neither

Senior member only: (14 yrs. old by Jan. 1, 2007 or older) Senior Award of Excellence

This year applying for \_\_\_\_ Leadership \_\_\_\_ Community Service \_\_\_\_ Achievement \_\_\_\_ none  
(if applying for more than one, indicate order of preference with 1 as first choice)

**Books are due** (you may choose)

July 17- A.V. Office by 4:00 pm

July 17- L.A. Office by 4:00 pm

July 18- to I&R Committee by 10:00 pm

(Lisa Heckel, Noel Keller, Judylynn Pelling, Marilyn Nefas, Nancy Otto or Judi Murdock

**County Awards Day**

Sun., July 29, 2007

Location: Agua Dulce Women's Club

\*\* For your record book to be judged, an adult representative from your club must be present (7/20 or 7/21) for judging. \*\*

**ALL SIGNATURES ARE MANDATORY.** All signatures subscribed on application certify that 4-H records are accurate, have been completed by 4-H member and that the community leader supports the member's application.

**RECORDS MISSING SIGNATURES AND NOT USING THE NEW STATE FORMS WILL NOT BE CONSIDERED FOR COUNTY MEDAL AWARDS OR SPECIAL AWARDS.**

\_\_\_\_\_  
Applicant's Signature

\_\_\_\_\_  
Date

As Club Community Leader, I am verifying that this member is enrolled in the project(s) and that the records are accurate.

\_\_\_\_\_  
Your Community Leader's Signature

\_\_\_\_\_  
Date

Please explain any special considerations that you want the judges to be aware of when reviewing these records. \_\_\_\_\_

Guardian/parent's signature \_\_\_\_\_ Date \_\_\_\_\_

**Attach this form as the first page of the records.**

(4/12/2007)

**Checklist  
for contents of 4-H member records for  
2007 Los Angeles County 4-H Project Awards**

**Be sure to use the new state record book forms for your 2006-07 4-H records.**

4-H Records submitted in order as listed

**Los Angeles County 4-H Project Awards Identification Form & Checklist** – attach as the first page  
Dividers are highly recommended. Do not decorate dividers.

**Title page** (optional) Contains the member's name, club, county and program year (2006-07).

**Table of Contents** (optional)

**Division I**

4-H Personal Development Report (PDR) for 2006-07. No photos are included in this division. Use the new form.

**Division II**

4-H Story: "MY 4-H STORY". This 4-H story should cover **all your years in 4-H** with a focus on your current year's activities and experiences in project work, leadership, citizenship and life skills. Tell what you learned, what you would do differently, and how you feel about 4-H. Four to six double-spaced typed or handwritten pages on one side. Use type no smaller than 12 characters per inch. Using a word processing program, use one standard typeface such as TIMES in a 12-point or larger. If handwritten, use black ink on college ruled paper every other line. Expand on your 4-H and outside of 4-H experiences, leadership, citizenship, and community service in your projects/ activity. Emphasize goals set and accomplished and personal growth in 4-H and other experiences. Do not merely repeat information listed elsewhere in your records.

**Division III**

4-H Projects (One subdivision for each project 4-H member is enrolled in this year) Current year's 4-H project and/or activity records, including supplemental forms, as indicated below. When documenting your years in project, do not include your primary work.

Annual Project Report forms must be included for each project, including leadership. Use the new forms only.

For each project, there can be one Expression page which could include a current project story and/or photos. There should be no extra pages of project photos here.

**LEADERSHIP Project:** All project members, including Jr. and Teen Leaders, must include a completed Leadership Project Plan and Report form along with an Annual Project Report form for the Leadership Project.

**ANIMAL Projects:** Allowed supplemental animal/livestock records, i.e. Advanced Dairy and Livestock form, etc. for county judging only.

**Division IV** Collection of 4-H Work

Newspaper Clippings (Limited to 2 pages written by the 4-H member or about the 4-H member.)

4-H Flyers or Brochures (Limited to 2 pages which the member created or is featured. May be doubled-sided.)

4-H Letters (Limited to 2 pages written by the 4-H member or about the 4-H member.)

4-H Photographs (Limited to 5 pages, one sided. Photo paper may be used. Captions are encouraged. No photo shingling.)

**Division V**

2007 State project recognition application extra pages. (For Seniors only – optional)

Three pages to summarize previous years in 4-H: 1) project, 2) leadership and 3) citizenship.

**Division VI**

Past 4-H records. For Los Angeles County judging only

**VERIFICATIONS/SIGNATURES**

All 4-H members are to check each division to verify all materials are included and information is complete and accurate. All signatures subscribed on the member records and Identification Form certify that 4-H records are accurate, have been completed by 4-H member, and that the community leader supports the member's application. **This ID form and PDR must be signed by the Club Community Leader.** The Annual Project Report must be signed by the Project Leader.

A Listing of 4-H Project areas available for awards is on back of Guidelines for Submitting 4-H Member Records.

(4/12/2007)



## **4-H Project areas in which awards are available**

### **ANIMAL SCIENCE**

Angora Goats  
Bees  
Beef Cattle  
Cavies (Guinea Pigs)  
Dairy Cattle  
Dairy Goats  
Dog Care & Training  
Embryology  
Entomology  
Exotic Birds (incl. Cage Birds)  
Horses & Ponies  
Livestock Judging  
Llamas  
Nigerian Dwarf Goats  
Pets & Small Animals  
Poultry and Game Birds  
Pygmy Goats  
Rabbits  
Service Animals (including Guide Dogs)  
Sheep  
Swine  
Therapeutic Animals  
Veterinary Sciences

### **ENGINEERING**

Aerospace & Rocketry  
Automotive  
Bicycles  
Electricity & Electronics  
Farm Machinery  
General Engineering  
Metal Work/Welding  
Safety  
Small Engines  
Woodworking

### **SOCIAL SCIENCE**

Beginning 4-H (1st yr only)  
Career Exploration  
Citizenship  
Community Pride  
Communications  
Computers  
Economics & Marketing  
Graphic Arts  
Domestic Exchanges  
International Education  
International Exchanges  
Leadership Development  
Self Determined - (plan on file In 4-H County office and with I&R Committee Chair)  
Group Determined - (plan on file in 4-H County office and with I & R Committee Chair)

### **HEALTH AND LEISURE**

Camping & Outdoor Adventure  
Creative Arts, Crafts & Hobbies (Including Cake Decorating)  
Cultural Arts & Leisure  
Education  
Health & Physical Fitness  
Individual & Group Sports  
Leathercraft  
Photography  
Shooting Sports

### **PLANT SCIENCE**

Field Crops & Management  
Forestry / Christmas Trees  
Fruits, Nuts & Berries  
Indoor/Mini-Gardens  
Ornamental Horticulture  
Other Plant Science  
Sugar Beets  
Vegetable Gardens & Crops (Including school gardens)

### **RESOURCE SCIENCE**

Climatology  
Energy Management  
Marine Biology  
Oceanography  
Other Resource Science  
Science Literacy (SERIES, Y.E.S., Animal Ambassadors)  
Soil and Water Conservation  
Wildlife

### **FAMILY & CONSUMER SCIENCE**

Child Development & Care  
Clothing & Textiles  
Consumer Education  
Fashion Revue  
Foods & Nutrition  
Food Preservation  
Home Arts & Furnishing  
Management, Home & Personal  
Parenting & Childhood  
Education (PACE Program)

### **Senior 4-H Member Awards of Excellence**

Senior 4-H members (14 yrs. or older as of 1/1/2007) may request that their 4-H records be reviewed for consideration for the 2007 L.A. County Senior 4-H Member Awards of Excellence in the areas of Achievement, Community Service and Leadership. Signatures are mandatory for award consideration. Only one of each award will be presented in a year. A Member cannot be awarded more than one Award of Excellence in a year. A Member may receive a specific Award of Excellence only once.

### **Junior/Teen Leadership Merit Award**

Current Teen and Junior Leaders may request that their 4-H records be reviewed for consideration for a Junior/Teen Leadership Merit Award. The records must include a completed Junior and Teen Leadership Report and an Annual Project Report for Leadership for 2006-2007. Use the new state forms. Signatures are mandatory for award consideration. A Member may earn this award once as a Junior Leader (ages 11, 12, 13) and once as a Teen Leader (ages 14 and above).

(4/12/2007)

## **Sectional News**

### **Southern Sectional 4-H Field Day – May 19 at Mt. SAC**

Save Saturday, May 19<sup>th</sup> for South Section Field Day, held at Mount San Antonio College in LA County. Our county is lucky to be the location for this southern California 4-H competition each year. Other counties have to drive great distances to compete, but for us it is right in our own county. Plan to attend this year. For some of the events you need a gold medal in the county competition, but for Impromptu Speaking, Extemporaneous Speaking, State-Format Impromptu Speaking, Educational Exhibit and Primary Presentations, you don't need to have competed at the county level. Even if you are not competing, you can come and see great presentations, speeches, prepared readings, share the fun skits and cultural arts acts. There will also be a small judging contest. Gold medal winners at the Sectional Field Day are eligible to go on the State Presentation Day on Saturday, May 26<sup>th</sup>.

### **Judges, Room Supervisors, MCs and help needed for Sectional Field Day**

For our LA County 4-H members to be able to compete in the South Sectional Field Day on May 19, LA County needs to send judges, Room Supervisors and Room MC for the event. Judges (adults or senior experienced 4-H members) should have judged at the county level in the past. Room supervisors can be experienced members or adults. Room MC's can be experienced 4-H members. Please consider judging or helping so that our county 4-H members can have the experience of competing at the sectional level.

We are also looking for a volunteer leader to be the LA County Representative for the day of the Sectional Field Day. Noel Keller is taking care of the entry submission and judges, but we need someone to help on the day of the event. Basically the person would need to hold our participant medical forms and code of conduct forms during the event in case there is an emergency and give out the awards at the end of the awards ceremony to those members who didn't earn a gold medal for their event.

Please contact Noel Keller (909-621-2373) to volunteer.

### **Sectional Dog Show on May 19th at Mt. SAC**

Check with your Club Leader for information about the Sectional Dog Show to be held at the Sectional 4H Field Day on Saturday, May 19th at Mount San Antonio College in Walnut. A club has volunteered to set up a dog show for that event and will be sending information to our county office as details are developed. Updates will be sent out via email to Club Leaders.

### **Sports/Skills event at Sectional Field Day**

The Sectional Field Day committee is looking for a group to organize and run a sports or activities option for the morning (9:30am to about 11:45am) of Saturday, May 19th at Mount San Antonia College in Walnut. Space is limited so you would need to be creative with the activities. Contact Noel Keller (909-621-2373) if you are interested in organizing this. It could be a section-level planned activity for a member.

### **Here is a chance to present at the Sectional level**

At the beginning of each Southern Sectional 4-H Leaders' Council meeting there is a brief program given by youth members on something happening in their county. Our LA County PVP Club came and talked about some of their unique projects, like Surfing. This last meeting Ventura County youth came and talked about their Small Animal Field Day. At the June meeting a San Bernardino County horse group will be doing a program. This is a great way to share ideas about successful activities. Do you have something that you would like to present about a unique activity in your club, district or county? If so, please contact Noel Keller (909-621-2373) if you would like to sign-up to do a brief program at one of the sectional leaders' council meetings in the next program year. The council meets on the second Saturday of September, January, April and June.

### **Find out about the Sectional Teen Council**

There is a Hi-4H group at the sectional level. It is the Sectional Teen Council and it meets before the sectional Leaders' Council meeting at 9am at Mount San Antonio College in Walnut. This is a great place to meet senior members from all over Southern California and to get involved with sectional level events and experiences. The Teen Council next meets on June 9th at 9am.

### **Sectional 4-H Leaders' Council**

The Southern Sectional 4-H Leaders' Council met on Saturday, April 14 at Mt. SAC in Walnut. LA County was represented at the meeting by Vanessa Cramer, Dee Keese, Judylynn Pelling and Noel Keller. Vanessa gave our LA County activities report.

### **No Sectional Project Competition this year**

This year there will be no Sectional level project competition for "recordbooks". Senior member 4-H records do not need to be Sectional project winners to go on to the State level records competition, which will be held at the end of November. Senior member 4-H records will be due for county review and signature probably in early October, instead of July as it has been in the past. Senior members should watch for more information about competing with their records at the state level.

## **State News**

### **2007 State 4-H Field Day**

The **2007 State 4-H Field Day** will be held on Saturday, May 26, 2007 at U.C. Davis. Bring the family for this fun day filled with presentations, horticulture, judging, fashion, food, and fun! More information is available at <http://ca4h.org/projresource/fieldday/>. Registration for the State 4-H Presentation Day is being conducted online at <http://ca4h.org/wrp/spd/> (deadline **May 21**). Registration for the **State 4-H Fashion Revue** is due **May 12** with more information at <http://ca4h.org/projresource/fashion/>.

## **2008 State 4-H Field Day Logo Contest!**

Submit a design in the 2008 State 4-H Field Day Logo Contest! At this year's State 4-H Field Day on May 26, 2007 at U.C. Davis, 4-H members will be asked to vote on designs submitted by 4-H members. Logos must be submitted by 10:00am on **May 26**, 2007 at the contest. For more information, please contact Seth Washman, Placer County 4-H member at [newdew@sbcglobal.net](mailto:newdew@sbcglobal.net) or the website at: <http://ca4h.org/projresource/fieldday/>

## **4-H Families Count: Family Strengthening Awards**

The National 4-H Council is offering the 4-H Families Count: Family Strengthening Awards, funded by the Annie E. Casey Foundation. Five awards of \$15,000 will be presented at the NAE4-HA conference in Atlanta, GA, the week of October 21, 2007. These awards are for outstanding programs that significantly involve families, especially disadvantaged families. The program should focus at least in part on a rural audience (with rural defined as communities of 50,000 or less). The final applications are due at National 4-H Council on June 1, 2007. Selections are made by July 1. Each winning program will be notified and given an additional \$1,200 to participate in the NAE4-HA conference. Prior to sending the final application to Council, each program must have received the programs of distinction certification from National 4-H Headquarters. For more information visit: [www.fourhcouncil.edu/4HFamiliesProgram.aspx](http://www.fourhcouncil.edu/4HFamiliesProgram.aspx).

## **4-H State Leadership Conference**

The 2006-2007 California 4-H State Ambassador Team would like to invite you to attend the 2007 State 4-H Leadership Conference being held August 2-5, 2007 at UC Davis. This four-day leadership conference is open to high school-aged 4-Hers and is an excellent opportunity to meet fellow 4-H members from across the state.

The conference will feature keynote speakers, educational tracks and workshops, and lots of fun! This year's keynote speakers include teacher, counselor, author, and speaker Toody Byrd, self-help guru Josh Shipp, and, continuing a tradition started at last year's conference, the 4-H State Ambassador Team. Tracks and workshops will range in topics from digital video editing and team building activities, to veterinary science and leadership skills. Evening events will include a relaxing night of games and team building activities on the first night and a luau Friday night in the biggest free form pool west of the Mississippi. During the luau there will be the annual sectional volleyball tournament as well as a movie and board games in the pool side lounge. On the final night of the conference there will be a formal dance under the stars to wrap things up nicely.

Registration is due to your county 4-H office by **June 22, 2007**, so there is still plenty of time for fundraisers. The registration fee covers food in the all-you-can-eat, top-of-the-line UCD Segundo Dining Commons and a four night stay in the high-rise Segundo Residence Halls.

We hope to see you there!

2006-2007 California 4-H State Ambassador Team

State Leadership Conference Important Dates:

- April 16, 2007 - Registration Materials Available
- May 25, 2007 - Financial Aid Deadline
- June 4, 2007 - Financial Aid Notification
- June 22, 2007 - **Registration Deadline**
- July 1, 2007 - Last Day for a Refund
- July 6, 2007 - Paperwork from Counties Due
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For more information go to: <http://ca4h.org/conference/slc/index.asp>

### **2007-2008 Statewide Advisory Committees**

The California 4-H Youth Development Program is seeking 4-H members, volunteer leaders, and staff who are interested in applying for 2007-2008 Statewide Advisory Committees. The committees include: Program Advisory Committee, Policy Advisory Committee, Incentives and Recognition Advisory Committee, Equine Education Advisory Committee, Citizenship Service-Learning Advisory Council, International Exchange Advisory Committee, and the Cultural Awareness, Statewide Education Task Force. The information and application packet is available at [http://ca4h.org/council/4-HYDPStatewideCommittees\(2007\).pdf](http://ca4h.org/council/4-HYDPStatewideCommittees(2007).pdf). Applications are due June 30, 2007.

### **California State Fair**

The California State Fair is fast approaching (August 17th-September 3rd) and once again The California 4-H Foundation is recruiting 4-H members and leaders to help staff the **4-H booth**. This is a great opportunity for 4-H members and volunteers to share with the public their 4-H experiences and the wide range of projects and leadership opportunities that are available through the California 4-H Youth Development Program. Small 4-H projects are welcome (robots, rabbits, arts/crafts, service dogs, etc.) to give the public a "feel" for what types of projects are available. Examples of community service projects also make good stories to share with the public. Please feel free to bring photo albums or record books. Parking passes and fair admission tickets will be provided to 4-H members and adults who sign up for a 2-hour shift. A maximum of 4 youth and 2 adults per shift will be allowed and each shift must have an adult or older teen in the booth at all times. To sign-up, please visit <http://www.ca4h.org/wrp/statefair/>.

### **2007 State 4-H Record Book Judging**

2007 State 4-H Record Book Judging will take place November 30 - December 2, 2007. Books must be postmarked by October 31, 2007 and be limited to the twelve-month period for the 2006-2007 program year. The Record Book form is now available in PDF format with form fields at: <http://ca4h.org/4hresource/ir/recordbook/index.asp>, and members can download the file onto their own computer. Information and additional forms are available at: <http://www.ca4h.org/4hresource/ir/recordbook/competition.asp>, including the "County Check Sheet" that must be filled out by either the County 4-H Staff or a volunteer committee before the book is submitted to State Judging. In addition, the State 4-H Office is **seeking judges** for the state competition. Applications are due **September 30**, 2007.

## Calendar of Events

### May

2 NSG Council & Hi 4-H Meeting  
 5 **County Council Mtg. location: Hart Park, Newhall  
 (Elections & Budget Approval) / AV Trial Trials**  
 5-6 Summer Camp Training Weekend /  
 6 AV Horse Play Day  
 8 SSG Council & Hi 4-H Mtg.  
 10 I&R Meeting  
 17 SGV 4-H Fair Evaluation Meeting  
 19 Sectional Field Day & Fashion Revue  
 20 AV Shooting Sports Make-up  
 21 AV Council & Hi 4-H Meeting  
 26 State Field Day & Fashion Revue  
 28 **Memorial Day**

### June

3 AV Gymkhana  
 6 NSG Council & Hi 4-H Meeting  
 9 Sectional Council & Hi 4-H mtg.  
 12 SSG Council & Hi 4-H Mtg.  
 23 Horse Show  
 25 AV Council & Hi 4-H Mtg.

### 4-H Staff

#### Los Angeles Office

General Information/Resources (323) 260-3854  
 4-H Fax (323) 260-5271

#### Lancaster Office

General Information/Resources (661) 723-4477

#### County Director:

Rachel Surls [ramabie@ucdavis.edu](mailto:ramabie@ucdavis.edu) (323) 260-3886

#### Academic Coordinator:

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 Roy Hillstock [rlhillstock@ucdavis.edu](mailto:rlhillstock@ucdavis.edu) (323) 260-3854

### 4-H All Stars

The 2006-2007 All-Star Candidate(s):

- **Shannon Espinosa**
- **Tiffany Okamoto**
- **Camille Sheardown**
- **Terra Chapman**
- **Brian Otto**

The All-Star Advisors are:

- **Elizabeth Cramer**
- **Marjorie Rodriguez**

The County Leadership Team consists of all the prior years' County 4-H All-Stars that are still active 4-H members. This year the team includes:

- **Desiree Cramer**
- **Vanessa Cramer**
- **Felicia Byrne**
- **Heather Ealy**

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