

4-H

CLOVER NOTES



October 2008

LOS ANGELES COUNTY 4-H YOUTH DEVELOPMENT

If you have any questions or suggestions about the Clover Notes, please don't hesitate to call Roy Hillstock at (323) 260-3854 or email at rhillstock@ucdavis.edu. We welcome submissions, especially for Club News. Please submit articles by the 15th of the month to be posted in the following months' edition.

We hope you enjoy the new look and format and we look forward to continuing to serve you and your 4-H needs.

Contact the [Los Angeles 4-H Youth Development Office](#) or 323-260-3854. For upcoming dates, please visit the [4-H Calendar](#).

CLUB

- **Pomona Valley 4H Club would like you to join us at a fun event:** 7th Annual Up for Down Buddy Walk at Memorial Park in Upland on Oct. 19. We will have a 4H booth at the event. Setup - 9am. Event 10am-3pm. The walk is a mile along Foothill Blvd. If unable to walk, you can stay at the booth. We need adults and members to help work in the booth. There will be activities and entertainment for the children attending. Adults need to pay \$20 donation and youth \$10 donation (lunch and t-shirt is included). I need to know the adults and members names ASAP. After I know who is working, I will assign times. This is a great opportunity for community service.

Thank you in advance for volunteering to help at this fun event.

Debbie Treadwell, Pomona Valley 4-H, debcam98@ca.rr.com

- **Shiny New School Supplies (A Service Project)** - Daniel Espinoza of the Greenleaf 4-H club noticed that not all children get new school supplies at the start of the school year. He is collecting school supplies for distribution for kids who need them. Pick up dates are September 20th and January 10th. More information on how to donate to Daniel's project go to: http://celosangeles.ucdavis.edu/4H_Youth_Development_Programs/Community_Club_News.htm

COUNTY

- **Be a State Record Book Winner** - Senior 4-H members (at least 14 years of age and no older than 19 years old by December 31 of the program year for which the book is being entered) are eligible to enter state competition. State competition is focused on selecting 4-H members who have demonstrated outstanding achievement in their 4-H project work. Books are judged against standard criteria and those books displaying the most outstanding 4-H work, life skills development, leadership and citizenship development are selected as State Medalist and/or State Winner. Remember, you do not need to be a county winner to compete at the state level. Past records should not be included in your application packet. Past experiences should be summarized on the three summary pages. Your application to the state competition will be due to the LA County Office by Tuesday, October 7, 2008. Be sure to include and sign the State Judging Cover Sheet found at: <http://www.ca4h.org/4hresource/ir/recordbook/>. The I&R Committee will review the application and contact the members if changes are recommended. After the County Office "signs" the application, the County Office will send the applications to the state office by October 31, 2008. For more information contact Noel Keller (909) 621-2373.

Awards

A State Medalist is awarded to members who have demonstrated personal growth in their leadership, citizenship and life skills development. At the state competition, the first round of judging will determine the books that receive a minimum of 90 points. 4-H Record Books receiving at least 90 points shall be declared "State Medalists." The second round of judging will determine "State Winners" based on available award funds for the year.

- ◊ All 4-H members entering a record book at State competitions will receive constructive feedback
- ◊ State Merit Recognition members receive a certificate.
- ◊ State Medalists receive a certificate and lapel pin.

- **4-H Pet Symposium—Come Join the Fun!** - Los Angeles County 4-H will host its first annual Pet Symposium on Saturday, October 11th, from 10 am to 4 pm. This FREE event is for both 4-H members and the general public. We hope to recruit new members at the event. So bring a friend and help us get the word out about why it's fun to participate in 4-H! The day will include speakers and displays on a variety of pet-related topics. Confirmed workshops include Rabbit Care, Cavy (guinea pig) Care, Hamster Care, How to Care for Pet Rats and Mice, Dog Obedience, Dog Showmanship, Community Service Opportunities with Pets, Raising Homing Pigeons, How to Become a Veterinarian, Basic and Advanced Cat Care, and How to Keep your Pets Healthy. The event will be held at our main office, 4800 E. Cesar E. Chavez, Los Angeles, CA 90022. The cross street is Mednik. There will be door prizes for attendees. Lunch and refreshments will be sold as a fundraiser by one of our 4-H clubs. For more information, contact Rachel Surls at ramabie@ucdavis.edu or 323-260-3886. Additional information including a flier that you can distribute in your community is available at our website at http://celosangeles.ucdavis.edu/4H_Youth_Development_Programs/Events_and_Activities.htm
- **Junior All-Star Program** -The Junior All-Star Program just started this year, and I want to personally extend an invitation to all of you members 13 to 15 years of age to consider this program. The 4H Program has done studies nation wide on what age bracket we are losing 4H members and that seems to be between 13 and 15 years of age. After attending the National 4H Conference in Washington DC this past spring as the State Advisor for our youth delegates, I became focused in developing a program for these 13 to 15 year olds. These Junior All-Stars would be working in conjunction with our All-Stars and hopefully motivate them to continue in this wonderful 4H Program.

It is not too late to join. We already have five members from around the County. I worked on a Junior All-Star Program Booklet this past year which includes lesson plans of what I feel our teens are lacking today and definitely need to be addressed to further their college and business careers. I took notes while back at the 4H National Conference of other states that had taught simple lessons in manners, dining etiquette, ethics, teen finances, and world citizenship to name a few. Unfortunately, parents and

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teachers are at odds on whose responsibilities these important lessons in life fall to.

I have explained the needs for this great program and the direction we plan on heading. I was even able to acquire a sponsor, Mr. Robert Keese, Attorney at Law, who was a former Los Angeles County All-Star himself back in the early 90's to donate enough money to buy Junior All-Star shirts, print the bound booklet I have previously mentioned and enough money left over to go out to dinner and learn the fine art of dining.

I hope you are as interested as I am passionate about the future of this program. Come see what it is all about. We meet every other month at the same time the County Council meets. We will be working alongside our All-Star team which will also contribute to our program.

Any further questions, feel free to call me,
Dee Keese, Junior All-Star Advisor (310) 377-9773, Swimdude64@earthlink.net

For more information go to:

http://celosangeles.ucdavis.edu/4H_Youth_Development_Programs/Applications.htm

- **2008 Junior All Stars include:**

Wesley Ho

Aleandra Ryan-Plasil

Caroline Seymour

Kristy Okamoto

Alexandra Von Bergman

- **Goals for new 4-H year** - The new 2008-2009 4-H year has started. Encourage your members to start making their 4-H plans. What projects will they take? What community service projects will they support? What activities could they plan and organize for their club? Are they ready to be a Junior or Teen Leader next year? Do they have a good idea for an Emerald Star project? Do they want to go to 4H summer camp this year? Could they be on the Camp Staff?

Now is the time to plan your 4-H year. Do you want to focus in one project area? Plan a presentation, a speech, a leadership and community service for that project area. Do you want to try for the next 4-H star rank? What do you need to earn that next rank? Experienced seniors should be considering doing a state application for project recognition and a chance to be state winner. Now is the time to start working on the application for next year. If you start now, you'll see where your experiences are lacking and still have time to add items into your records. Make this a great project year and go for STATE WINNER. If you would be interested in attending a workshop on completing a sectional project application, please contact Noel Keller at (909) 621-2373 or noel_keller@hmc.edu.

If you have questions about the opportunities available to you, contact your Community Club Leader for details about deadlines, eligibility and requirements.

- **Don't sit back - STEP UP!!** - 4-H has so much to offer youth. There are great sources of information, chances for career exploration, opportunities to work with the latest technology, chances to learn and practice leadership, opportunities to help others and make a difference. All this will not happen if you just sit back and do not become really involved. You have to take ACTION. You have to STEP UP and DO IT! If something is not happening as you had hoped for, perhaps someone needs your help to make it happen or you are not doing your part. With everyone working together, 4-H can really be GREAT! Remember TO MAKE THE BEST BETTER!
- **Hi 4-H** - Each district can have a Hi 4-H program. 4-H members who will be at least 14 years old by

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January 1, 2009 or who will be in 9th grade and above are eligible for Hi 4-H activities (ROPES, Snow Camp, T.I.C. conference, state leadership conference, etc.). You don't have to attend Hi 4-H meetings to attend the special Hi 4-H events. This year 13 year olds are again invited to attend Hi 4-H activities as guests.

The sectional level Hi 4-H is called the Sectional Teen Council. It meets before sectional 4-H Leaders' Council meetings at Mt. SAC. The Teen Council plans social and educational events, plus runs the T.I.C. conference in January and a food booth at sectional field day in May. Our senior members can be part of the Teen Council. Our senior members can attend their events. Consider being more active on the sectional level. The county level Hi 4-H program will only exist if there is sufficient interest this year. Contact Roy Hillstock at (323) 260-3854 if you are interested in participating in a county level Hi 4-H program.

• **Dates To Remember:**

- ◊ AV 4-H Horse Show 10/4, call (661) 723-4477 for more information.
- ◊ State Record Book Application due to County Office 10/7.
- ◊ I&R meeting 10/9.
- ◊ [LA County Pet Symposium](#) 10/11
- ◊ SSG Achievement Night 10/18
- ◊ NSG Achievement Day 11/2, 5pm
- ◊ State Leaders' Council Meeting (Davis, CA) 10/25
- ◊ AV 4-H South Sectional Horse Show 11/1
- ◊ [State Leaders' Forum](#) 11/7-9
- ◊ Veterans Day – Office Closed 11/11
- ◊ [Camp Staff Applications](#) Due 11/19
- ◊ 11/27-28 Thanksgiving Holiday (Office Closed)

SECTIONAL

- **The Spotlight Awards-** The Spotlight Awards is a **free** arts scholarship and education program. The winners in both the 2 Dimensional and Photography categories will receive \$5,000 and the runner up will receive \$4,000. All the semi-finalists in both the photo categories will also be given the opportunity to exhibit their work in a gallery and will be eligible for a \$500 summer art school scholarship. All high school students in southern California from Santa Barbara County to the Mexican boarder are eligible to apply. Please visit: http://www.musiccenter.org/education/spot_index.html for more information.
- **TIC 1/16-19** - The Teen Involvement Conference, also known as TIC, is a three day event where youth from southern California meet to learn about the 4-H program, leadership, citizenship, life skills, and so much more. 4-H members attending this conference will be able to interact with other youth and adults from all 9 counties from the south section. This conference is a great stepping stone to a member's success in their 4-H career, and is highly recommended. This conference is planned by the South Section Teen Council. Go to: <http://clubs.ca4h.org/southcouncil/teen/> for more information.

STATE

- A **4-H Shooting Sports Workshop for the archery discipline** will be held in Clayton, CA on Saturday, October 4, from 9 am -5 pm and on Sunday, October, 5, from 9 am - 2 pm at the Diablo Bowmen in

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Clayton, CA. Pre-registration due Sept. 26th. Visit www.diablobowmen.org for directions. For information, call Stacey Frost 510-468-1785 or frost_Stacey@hotmail.com. Cost is \$35 for the two-day course. Send Training Request Form (found at <http://ca4h.org/projresource/shootingsports/index.asp>) with fees payable to "Contra Costa County 4-H Council" and mail to Stacey Frost at 772 Palm Ave. Martinez Ca. 94553

- A **4-H Shooting Sports Workshop for the rifle discipline** will be held in Corona, CA on Saturday, October 11, from 8 am -5:30 pm and on Sunday, October, 12, from 8 am - 4:30 pm at Raahauge Shooting Enterprises, 14995 River Road, Corona. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. There is no cost for the course. Continental breakfast and lunches will be provided both days courtesy of the *Monte Vista Diamonds 4-H Club*. To register for the course contact John Borba at: jaborba@ucdavis.edu. For directions, visit: <http://www.raahauges.com>.
- A **4-H Shooting Sports Workshop for the shotgun discipline** will be held in Ukiah, CA on Saturday and Sunday, October 18-19, 2008 from 9:00 am - 5:00 pm at the Ukiah Gun Club, in Mendocino County. To register, Linda Edgington (707) 463-4495 or lgedgington@ucdavis.edu. For facility questions, contact John Holder at (707) 485-8445 or bearhunt56@hotmail.com. Cost is \$30 for the two-day course. Send Training Request Form (found at <http://ca4h.org/projresource/shootingsports/index.asp>) with fees payable to "Mendocino County 4-H Council" to UCCE 4-H Shotgun, 890 North Bush Street, Ukiah CA 95482.
- The **State Leader's Council Meeting** will be held October 25 from 10am - 3 pm in the Northern California region. Please contact Vicky Bosworth at: vgboz@comcast.net for further details on location and time of the meeting.
- **4-H Fur N' Feathers show** - Ventura County 4-H will be hosting its 2nd annual 4-H All Breed Shows & Jr. Showmanship Events on November 15, 2008. Entries are due by October 30th. For more information, please click <http://ca4h.org/4hresource/updates/attach/FurFeathers2008.pdf>. *** Please note - The Premium Book listed on the flyer will soon be posted on the website.
- **The Dean Memorial Legacy fund** allows 4-H Clubs to request funding up to \$2,500 to conduct local 4-H activities and projects. Funding is intended for activities that support new and innovative 4-H projects, increase public awareness of 4-H, and expand the reach of 4-H. Requests for funding are due October 31, 2008. More information is available at <http://www.ca4h.org/citizenship/funding/index.asp>
- The **UC Davis Agricultural Sustainability Institute** will be hosting the following meeting: Farm Education Programs in California: Opportunities & Challenges on November 7-8, 2008. Please click http://128.120.153.66/4hresource/updates/attach/2008/Sept08/Training_TLTI_RegForm.pdf for the registration form. Early registration fee: \$35. Walk-in Registration is \$40.
- The **2008 State 4-H Leaders Forum** is fast approaching! "4-H ROCKS" will be November 7-9 at the Asilomar Conference Center in Pacific Grove. Volunteer leaders and staff will be "Building Solid Foundations" together. Hosted by the South Central Section, there will be dynamic speakers, a rousing campfire program, educational workshops, surprise activities, and a chance to relax and unwind. Saturday's featured speaker is Joyce Ester, former Illinois 4-Her, now with the Dean of Student Affairs Department at California State University, Fresno. Each county is encouraged to nominate a Volunteer of Excellence and contribute to the silent auction. Registration forms and housing reservations are still being accepted, with those received by September 5th entered into a drawing. Forms are at every county office and at <http://www.ca4h.org/conference/slf/index.asp>. For information, contact Julia Cascia about registration: jcascia@hcclabel.net; Donna Wiese for donations or displays: dawiese@ucdavis.edu; Patti

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registration, j.cascia@sbcglobal.net, Donna Wice for donations of displays, uswice@ucdavis.edu, Paul Traini about the Volunteer of Excellence, atraini@att.net; Russ Hill about workshops, rdhill@ucdavis.edu; or Sue Moore at samoore@ucdavis.edu.

- **4-H Shooting Sports Workshop (Archery Discipline)** Bakersfield, CA
A 4-H shooting sports workshop for the archery discipline will be held at the UC Cooperative Extension Office, 1031 S. Mt. Vernon Avenue in Bakersfield. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as an archery volunteer and can lead an archery project at the club level or at summer camp. The cost for the course is \$20 and includes Saturday lunch, snacks, and course materials. For more information contact Robert Claffy at 661-829-1658 or email: rclaffy656@aol.com
Saturday, November 8, 2008 – 8:00 a.m. – 5:00 p.m.
Sunday, November 9, 2008 – 8:00 a.m. – 12:00 p.m.
- **The Volunteer Leader website** is a new interactive and growing site that can be seen at <http://ucanr.org/4-hvolunteers/>. There are sections that will change monthly, a 4-H Blog, 4-H Volunteer Voices, and updates in the program. We hope you'll enjoy seeing all the resources you need in one centralized location. In order to build this new section of the website, please send any recent stories of 4-H in the news in your community that you would like to share. You can email these stories to: fourhstateofc@ucdavis.edu
- **The Ben & Jerry's Foundation** is offering grant funds of varying amounts to organizations that seek to create social change and exemplify problem solving. For additional information, visit: www.benjerry.com/foundation/guidelines.
- **The National Gardening Association** is offering a Youth Garden Grant in the amount of \$1,000. If you currently have a child-centered garden program that involves at least 15 children between the ages of 3 and 18 years of age, please contact www.kidsgardening.com/YGG.asp for more information and application materials.
- **Siemens We Can Change the World Challenge** - 4-H members who have great program ideas for helping the environment can enter this national middle school competition. Students will be challenged to identify and come up with solutions to an environmental problem in their community. For more information on how to enter the competition, visit: <http://www.wecanchangetheworldchallenge.com>
- PBS Kids is providing youth with exciting, interactive ways to keep healthy this summer by launching the **PBS Kids Summer Road Trip to Health**. The virtual road trip contains fun episodes teaching about health and on-line activities to do after each episode. For more information, please visit: www.pbskidsgo.org.
- **Do Something** is a website community where young people learn, listen, speak, vote, volunteer, ask, and take action to make the world a better place. Check out their home page here: www.dosomething.org. Do Something's Plum Youth Grants are available to individuals, age 25 or under, who want to further the growth and success of their existing community action projects. Grants of \$500 are given out each week to young community activists in the U.S. and Canada. Applications are accepted on a rolling basis and stay active for consideration for three months after submission. To apply for these grants, go to http://www.dosomething.org/plum_youth_grant_application. You will need to create a project profile and submit an online application.
- **The Western Regional 4-H Leaders Forum (WRLF) 2009** will be held in Denver, CO from Feb. 25-March 1, 2009. This conference has a series of workshops appropriate for volunteers and staff. Additional information is found at: <http://www.colorado4h.org/wrlf09/>

- **The 32nd Annual National Youth Horse Leaders Symposium**, presented by the American Youth Horse Council (AYHC), will be held on March 27 through 29, 2009 in Lincoln, Nebraska. The Symposium will again include a variety of presentations including live horse demonstrations, roundtable sessions, and classroom presentations on a variety of topics. Additionally, kickoff reception, vendor booths, a silent auction and the Youth Leaders Celebration Awards Banquet allow attendees to have fun and interact throughout the weekend. For more information go to: www.ayhc.com or call 800-TRY-AYHC or email info@ayhc.com.
- Dates have been set for the **2009 Citizenship Focus Program**. Come participate in hands-on programs that bring government and policy issues to life and help you understand how you can be more involved in your own community.
California Focus June 26-30, 2009
<http://www.ca4h.org/citizenship/focus/>
Washington Focus I
Road to Democracy June 21-29, 2009
Heritage Trail I June 21-27, 2009
Washington Focus II
Global Journey July 12-22, 2009
Heritage Trail II July 12-18, 2009
<http://www.ca4h.org/citizenship/dcfocus/>
- **The California 4-H International Exchange Program** is looking for host families who are able to host teens from Costa Rica, Finland, and Japan for one month during the summer of 2009. Yes, Costa Rica is now included in our offering - are you ready to brush up on your Spanish? 4-H will also offer an outbound program to Australia in 2009. Information about the international exchange opportunities is available at: <http://www.ca4h.org/exchange/index.asp>.
- Is your county or club looking for an opportunity to participate in a **domestic exchange with a 4-H club in another part of the U.S?** Lancaster County, PA 4-H is hoping to establish a domestic exchange for 2009-10 or 2010-11 with an interested California 4-H group. Scenic Lancaster County includes Amish country and is centrally located close to Gettysburg, Philadelphia, Harrisburg, Washington DC and Hershey. For those interested, please contact Sharon Sherick at ssherick@dejazzd.com.

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