

# CLOVER NOTES

## November 2008

If you have any questions or suggestions about the Clover Notes, please don't hesitate to call Roy Hillstock at (323) 260-3854 or email at [rhillstock@ucdavis.edu](mailto:rhillstock@ucdavis.edu). We welcome submissions, especially for Club News. Please submit articles by the 15th of the month to be posted in the following months' edition.

We hope you enjoy the new look and format and we look forward to continuing to serve you and your 4-H needs.

Contact the [Los Angeles 4-H Youth Development Office](#) or 323-260-3854. For upcoming dates, please visit the [4-H Calendar](#).

CLUB

UNIVERSITY OF CALIFORNIA COOPERATIVE

4-H

**Bring New School Supplies (A Service Project)** - Daniel Espinoza of the Greenleaf 4-H that not all children get new school supplies at the start of the school year. He is collecting supplies for distribution for kids who need them. Pick up dates are September 20th and 21st. More information on how to participate is available at the following link:

[http://celosangeles.ucdavis.edu/4H\\_Youth\\_Development\\_Programs/Community\\_Club\\_News.htm](http://celosangeles.ucdavis.edu/4H_Youth_Development_Programs/Community_Club_News.htm)



COUNTY

- LA County 4-H has a new 4-H Program Representative!!** - Hi there! My name is Dawn Fuller, and I am the new 4-H Program Representative for Los Angeles County. I was raised in El Centro California, where my Father was an Agriculture Appraiser and eventually moved to San Luis Obispo where I became involved in my local 4-H Club (Bishop's Peak 4-H). I spent many fond years raising sheep for market, learning to sew, cook and taking many leadership and speech classes which set me on my Public Relations career path. I know the benefits 4-H can have, and am thankful for every lesson learned.

For the last 12 years, I have worked at the Braille Institute Library in Los Angeles doing Public Relations, Volunteer and Event Coordination. My interests include fishing, reading, Jazz music and growing Cymbidium Orchids.

I look forward to meeting all of you, being a part of your special clubs and providing assistance in any way that I can. I am a true fan of 4-H, and am so glad to be involved once again with a phenomenal program that makes a difference. Please stop by and say hello sometime, or just give me a call at (323) 260-3854.

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program that makes a difference. Please stop by and say hello sometime, or just give me a call at (525) 260-3859 or email at: [dafuller@ucdavis.edu](mailto:dafuller@ucdavis.edu).

Dawn Fuller, 4-H Coordinator

- **Summer Camp Staff Applications** - Any 4-H member 14 years old by January 1, 2009, can apply to be a youth staff member for the 2009 LA County 4-H Summer Camp. Summer Camp Applications must be received by Wednesday, November 19<sup>th</sup>, 2008 with Summer Camp Staff interviews being held on Saturday, December 13<sup>th</sup>. You can find the Summer Camp Staff Application at: <http://www.4hsummercamp.com/>.

- **Officer Book Competition** - The annual Officer Book Judging was held September 20. The officer book awards will be announced at the district Achievement events. Look for the list of awards in the next edition of the Clover Notes.

2008-09 officers can now be working on their officer books for next year. Don't wait until the last minute. Work on your book as the year moves along.

- **4-H Pet Symposium** - On Saturday, October 11th, 150 youth and family members attended the first annual 4-H Pet Symposium. A wide variety of workshops on pet care, including sessions on hamster, rabbit, cavy, dog and cat care were well attended. In addition, participants enjoyed a session on "How to Become a Veterinarian" from a student at the UC Davis School of Veterinary Medicine. Fifteen groups also sponsored educational booths as part of the event, where kids could stop and interact with animals, or learn more about topics including animal assisted therapy, homing pigeons, leopard geckos, rabbit showmanship, and much more. Several 4-H clubs hosted booths and workshops, including the South Bay 4-H Guide Dog Puppy Raisers, the Palos Verdes Peninsula 4-H Homing Pigeons Project, the Canyon Coyotes Rabbit Project, and the 4-H Ranch in Long Beach. 4-H All Stars and Junior All Stars did a fantastic job assisting that day! In fact, two All-Stars were workshop presenters. Erin Power-Fardy presented on raising homing pigeons, and Kirsten Lansgaard presented on dog showmanship. Junior All-Star Aleandra Ryan-Plaisil hosted an educational booth on raising leopard geckos. It was a fun and educational day!
- **Goals for new 4-H year** - The new 2008-2009 4-H year has started. Encourage your members to start making their 4-H plans. What projects will they take? What community service projects will they support? What activities could they plan and organize for their club? Are they ready to be a Junior or Teen Leader next year? Do they have a good idea for an Emerald Star project? Do they want to go to 4H summer camp this year? Could they be on the Camp Staff?

Now is the time to plan your 4-H year. Do you want to focus in one project area? Plan a presentation, a speech, a leadership and community service for that project area. Do you want to try for the next 4-H star rank? What do you need to earn that next rank? Experienced seniors should be considering doing a state application for project recognition and a chance to be state winner. Now is the time to start working on the application for next year. If you start now, you'll see where your experiences are lacking and still have time to add items into your records. Make this a great project year and go for STATE WINNER. If you would be interested in attending a workshop on completing a sectional project application, please contact Noel Keller at (909) 621-2373 or [noel\\_keller@hmc.edu](mailto:noel_keller@hmc.edu).

If you have questions about the opportunities available to you, contact your Community Club Leader for details about deadlines, eligibility and requirements.

- **Don't sit back - STEP UP!!** - 4-H has so much to offer youth. There are great sources of information, chances for career exploration, opportunities to work with the latest technology, chances to learn and

practice leadership, opportunities to help others and make a difference. All this will not happen if you just sit back and do not become really involved. You have to take ACTION. You have to STEP UP and DO IT! If something is not happening as you had hoped for, perhaps someone needs your help to make it happen or you are not doing your part. With everyone working together, 4-H can really be GREAT! Remember TO MAKE THE BEST BETTER!

- **Hi 4-H** - Each district can have a Hi 4-H program. 4-H members who will be at least 14 years old by January 1, 2009 or who will be in 9th grade and above are eligible for Hi 4-H activities (ROPES, Snow Camp, T.I.C. conference, state leadership conference, etc.). You don't have to attend Hi 4-H meetings to attend the special Hi 4-H events. This year 13 year olds are again invited to attend Hi 4-H activities as guests.

The sectional level Hi 4-H is called the Sectional Teen Council. It meets before sectional 4-H Leaders' Council meetings at Mt. SAC. The Teen Council plans social and educational events, plus runs the T.I.C. conference in January and a food booth at sectional field day in May. Our senior members can be part of the Teen Council. Our senior members can attend their events. Consider being more active on the sectional level. The county level Hi 4-H program will only exist if there is sufficient interest this year. Contact Roy Hillstock at (323) 260-3854 if you are interested in participating in a county level Hi 4-H program.

- **Emerald Star Project** - If a member has earned Gold Star Rank or will be 16 years old by January 1, 2009, they can consider doing an advanced leadership project and earn an Emerald Star for their hat. An Emerald Star Project can be started at any time during the year. Do you have an idea for an activity you could plan and run to benefit the county 4-H program or your community?

Call the 4-H office at (323) 260-3854 for a packet of information on the Emerald Star Program. Each 4-H district has an Emerald Star advisor. You can work with the Advisor from any of the districts.

- **Be a 4-H All-Star** - All-Star is the highest rank that a 4-H member can achieve at the County level. The All-Star award affords 4-H members the opportunity to further develop their leadership skills on a countywide basis. Each year Los Angeles County selects several 4-H members who have applied and are deserving of this rank to become All-Stars. The Los Angeles County 4-H Program expects its All-Stars to contribute to the 4-H Program during the next program year. Start planning now. For more information go to Cooperative Extension's website at:  
[http://celosangeles.ucdavis.edu/4H\\_Youth\\_Development\\_Programs/Applications.htm](http://celosangeles.ucdavis.edu/4H_Youth_Development_Programs/Applications.htm)

- **Los Angeles County 4-H Science Fair** - It's not too early to start thinking about 4-H Science Fair on April 18, 2009! Science projects are a wonderful "learn by doing" opportunity. Today, with schools so focused on "teaching to the test", and with mandated language arts and math curriculum dominating the school day, science education is often neglected in school. Help make sure that kids develop their analytical thinking skills by getting them involved in hands-on science through 4-H. Many 4-H'ers are already involved in projects that can be presented as science projects. Now is a great time to plan for a project to present in April! Read up on the scientific method and look for science project ideas on the following web sites. All three of these web sites are fantastic resources for finding and developing science project ideas, from the easy to the elaborate.

<http://school.discovery.com/sciencefaircentral/>  
<http://www.ipl.org/div/kidspace/projectguide/>  
<http://www.scifair.org/>

- **Share your 4-H experiences** - 4-H'ers, share your 4-H experiences by submitting articles to be published in Clover Notes. Articles may include club news, photos, community service projects, and/or

published in Clover Notes. Articles may include club news, photos, community service projects, and/or anything you or your club would like to share. Submit your articles by the 15<sup>th</sup> of the month to be published in the following month's edition of Clover Notes to Roy Hillstock, [rlhillstock@ucdavis.edu](mailto:rlhillstock@ucdavis.edu).

• **Dates To Remember:**

- ◊ AV 4-H South Sectional Horse Show 11/1
- ◊ [State Leaders' Forum](#) 11/7-9
- ◊ Veterans Day – Office Closed 11/11
- ◊ 11/15 - 4-H County Council meeting, AV Office
- ◊ [Camp Staff Applications](#) Due 11/19
- ◊ 11/27-28 Thanksgiving Holiday (Office Closed)
- ◊ 12/13 Summer Camp Staff Interviews
- ◊ 12/24-25 Christmas Holiday (Office Closed)

## SECTIONAL

- **TIC 1/16-19** - The Teen Involvement Conference, also known as TIC, is a three day event where youth from southern California meet to learn about the 4-H program, leadership, citizenship, life skills, and so much more. 4-H members attending this conference will be able to interact with other youth and adults from all 9 counties from the south section. This conference is a great stepping stone to a member's success in their 4-H career, and is highly recommended. This conference is planned by the South Section Teen Council. Go to: <http://clubs.ca4h.org/southcouncil/teen/> for more information.

## STATE

- **State Leaders Forum** - The SLF is on November 7-9, 2008. Space is still available, but limited. Join 4-H volunteer leaders and staff from throughout California to play, learn, socialize and celebrate as "4-H Rocks" at scenic Asilomar Conference Center. Guest speakers, campfire, 30 workshops, a ranger led tour, silent auction, recognition and pet rocks await. Has your county nominated a Volunteer of Excellence yet? See the latest postings and find registration information at <http://www.ca4h.org/conference/slf/index.asp>. For questions, contact Candy Brown at [Candy.Brown@lportal.net](mailto:Candy.Brown@lportal.net) or Sue Moore at [samoore@ucdavis.edu](mailto:samoore@ucdavis.edu).
- **4-H Shooting Sports Workshop (Archery Discipline)** Bakersfield, CA  
A 4-H shooting sports workshop for the archery discipline will be held at the UC Cooperative Extension Office, 1031 S. Mt. Vernon Avenue in Bakersfield. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as an archery volunteer and can lead an archery project at the club level or at summer camp. The cost for the course is \$20 and includes Saturday lunch, snacks, and course materials. For more information contact Robert Claffy at 661-829-1658 or email: [rclaffy656@aol.com](mailto:rclaffy656@aol.com)  
Saturday, November 8, 2008 – 8:00 a.m. – 5:00 p.m.  
Sunday, November 9, 2008 – 8:00 a.m. – 12:00 p.m.
- **4-H Equine Field Day** - The 3rd annual State 4-H Equine Field Day will be held Saturday, November 22nd at Cal Poly Pomona. It is a day of educational workshops, tack swap & more for 4-H horse leaders, members and parents! Pre-registration is due November 14th. More information and pre-registration forms are available at the CA 4-H horse web site <http://ca4h.org/projresource/horse/>. Contact Jeanne

George at [jlgeorge@ucdavis.edu](mailto:jlgeorge@ucdavis.edu) or Cheryl Eggleston at [caeggleston@ucdavis.edu](mailto:caeggleston@ucdavis.edu) if you have workshop ideas and questions.

- **The Volunteer Leader website** is a new interactive and growing site that can be seen at <http://ucanr.org/4-hvolunteers/>. There are sections that will change monthly, a 4-H Blog, 4-H Volunteer Voices, and updates in the program. We hope you'll enjoy seeing all the resources you need in one centralized location. In order to build this new section of the website, please send any recent stories of 4-H in the news in your community that you would like to share. You can email these stories to: [fourhstateofc@ucdavis.edu](mailto:fourhstateofc@ucdavis.edu)
- **The Ben & Jerry's Foundation** is offering grant funds of varying amounts to organizations that seek to create social change and exemplify problem solving. For additional information, visit: [www.benjerry.com/foundation/guidelines](http://www.benjerry.com/foundation/guidelines).
- **The National Gardening Association** is offering a Youth Garden Grant in the amount of \$1,000. If you currently have a child-centered garden program that involves at least 15 children between the ages of 3 and 18 years of age, please contact [www.kidsgardening.com/YGG.asp](http://www.kidsgardening.com/YGG.asp) for more information and application materials.
- **Siemens We Can Change the World Challenge** - 4-H members who have great program ideas for helping the environment can enter this national middle school competition. Students will be challenged to identify and come up with solutions to an environmental problem in their community. For more information on how to enter the competition, visit: <http://www.wecanchangetheworldchallenge.com>
- PBS Kids is providing youth with exciting, interactive ways to keep healthy this summer by launching the PBS Kids Summer Road Trip to Health. The virtual road trip contains fun episodes teaching about health and on-line activities to do after each episode. For more information, please visit: [www.pbskidsgo.org](http://www.pbskidsgo.org).
- **Do Something** is a website community where young people learn, listen, speak, vote, volunteer, ask, and take action to make the world a better place. Check out their home page here: [www.dosomething.org](http://www.dosomething.org). Do Something's Plum Youth Grants are available to individuals, age 25 or under, who want to further the growth and success of their existing community action projects. Grants of \$500 are given out each week to young community activists in the U.S. and Canada. Applications are accepted on a rolling basis and stay active for consideration for three months after submission. To apply for these grants, go to [http://www.dosomething.org/plum\\_youth\\_grant\\_application](http://www.dosomething.org/plum_youth_grant_application). You will need to create a project profile and submit an online application.
- **The Western Regional 4-H Leaders Forum (WRLF) 2009** will be held in Denver, CO from Feb. 25-March 1, 2009. This conference has a series of workshops appropriate for volunteers and staff. Additional information is found at: <http://www.colorado4h.org/wrlf09/>
- **The 32nd Annual National Youth Horse Leaders Symposium**, presented by the American Youth Horse Council (AYHC), will be held on March 27 through 29, 2009 in Lincoln, Nebraska. The Symposium will again include a variety of presentations including live horse demonstrations, roundtable sessions, and classroom presentations on a variety of topics. Additionally, kickoff reception, vendor booths, a silent auction and the Youth Leaders Celebration Awards Banquet allow attendees to have fun and interact throughout the weekend. For more information go to: [www.ayhc.com](http://www.ayhc.com) or call 800-TRY-AYHC or email [info@ayhc.com](mailto:info@ayhc.com).
- **Citizenship Focus Program** - Dates have been set for the 2009 Citizenship Focus Program. Come

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participate in hands-on programs that bring government and policy issues to life and help you understand how you can be more involved in your own community. Registration is now open and county offices can submit delegate information. Washington Focus registration and deposits are due by November 5, 2008. California Focus registration and deposit is due January 16, 2009.

**California Focus**, June 26-30, 2009, <http://www.ca4h.org/citizenship/focus/>

**Washington Focus I**

Road to Democracy June 21-29, 2009

Heritage Trail I June 21-27, 2009

**Washington Focus II**

Global Journey July 12-22, 2009 Heritage Trail II July 12-18, 2009

<http://www.ca4h.org/citizenship/dcfocus/>

- **The California 4-H International Exchange Program** is looking for host families who are able to host teens from Costa Rica, Finland, and Japan for one month during the summer of 2009. Yes, Costa Rica is now included in our offering - are you ready to brush up on your Spanish? 4-H will also offer an outbound program to Australia in 2009. Information about the international exchange opportunities is available at: <http://www.ca4h.org/exchange/index.asp>.
- **Domestic exchange with a 4-H club** - Is your club looking for an opportunity to participate in a domestic exchange with a 4-H club in another part of the U.S? Lancaster County, PA 4-H is hoping to establish a domestic exchange for 2009-10 or 2010-11 with an interested California 4-H group. Scenic Lancaster County includes Amish country and is centrally located close to Gettysburg, Philadelphia, Harrisburg, Washington DC and Hershey. For those interested, please contact Sharon Sherick at [ssherick@dejazzd.com](mailto:ssherick@dejazzd.com).

<b>2008 4-H All Stars:</b>	<b>2008 Jr. All-Stars:</b>
Felicia Byrne	Wesley Ho
Heather Ealy	Kristy Okamoto
Terra Chapman	Aleandra Ryan-Plasil
Christopher Choi	Caroline Seymour
Amanda Ho	Alexandra Von Bergman
Jessica Kwan	
Stephanie Kwan	
Kirsten Landsgaard	
Brian Otto	
Erin Power-Fardy	
Kelsey Schott	
Camille Sheardown	

**Los Angeles County, 4-H Youth Development Staff:**

Dr. Keith C. Nathaniel, 4-H Youth Development Advisor, (323) 260-3845, [kcnathaniel@ucdavis.edu](mailto:kcnathaniel@ucdavis.edu)

Dawn Fuller, Los Angeles 4-H Coordinator, (323) 260-3859, [dafuller@ucdavis.edu](mailto:dafuller@ucdavis.edu)

Antonette Pavia, 4-H Administrative Assistant, (323) 260-3850, [ampavia@ucdavis.edu](mailto:ampavia@ucdavis.edu)

Charlene Moore, Antelope Valley 4-H Coordinator, (661) 723-4477, [moore@ucdavis.edu](mailto:moore@ucdavis.edu)

Jennifer Dene, Antelope Valley Administrative Assistant, (661) 723-4477, [jdene@ucdavis.edu](mailto:jdene@ucdavis.edu)

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