



December 2008

If you have any questions or suggestions about the Clover Notes, please don't hesitate to call Roy Hillstock at (323) 260-3854 or email at rhillstock@ucdavis.edu. We welcome submissions, especially for Club News. Please submit articles by the 15th of the month to be posted in the following months' edition.

We hope you enjoy the new look and format and we look forward to continuing to serve you and your 4-H needs.

Contact the [Los Angeles 4-H Youth Development Office](#) or 323-260-3854. For upcoming dates, please visit the [4-H Calendar](#).

CLUB

- **The Holiday Spirit**, Dawn Fuller, 4-H Program Coordinator

The true spirit of the holidays is nowhere more apparent than in our fine 4-H Clubs. Many 4-H clubs in Los Angeles are brimming with plans for Community Service Projects to make the holidays bright for others.

The **Green Leaf 4-H Club's** Woodworking Project (led by Mike Spaziano) is working on making fantastic toys to donate this holiday season to Los Angeles Children's Hospital. Mary Lash and her Green Leaf members are currently finishing their annual Cookie Dough Fundraiser, which everyone looks forward to each year.

The **Eagle Rock/Highland Park 4-H Club** are looking into purchasing both a park bench and a birdbath to be placed at Good Shepherd Lutheran School with a plaque that reads "Donated by 4-H" for all to enjoy. The entire club participated in making delightful Christmas cards which they will deliver to Amberwood Convalescent Home on Monday, December 15th, following their club holiday party. While visiting, the group plans on bringing good cheer to the residents by singing Christmas carols.

In the **Palos Verdes Peninsula (PVP) 4-H Club**, members are participating in a "Scarf Project" wherein blue and white scarves are hand-made and will be proudly distributed to participants in the 2009 Summer Special Olympics. Many canned goods have been collected to send to local firemen who will forward the holiday meals to soldiers in Iraq. On December 17th members will bring tidings of great joy to the neighbors in Palos Verdes by singing Christmas Carols in surrounding neighborhoods. On December 24th, club members will donate their time serving at the Banning Recreation Center "Soup Kitchen" in Wilmington. Bright and early on Christmas morning, PVP members will serve over 2,000 homeless in Long Beach at the Reef Restaurant.

As we glance back at 2008, and look toward the horizon of the New Year, take pride in knowing you have a made a difference in the lives of others through your Community Service Projects. Happy Holidays!

- **Shiny New School Supplies (A Service Project)** - Daniel Espinoza of the Greenleaf 4-H club noticed that not all children get new school supplies at the start of the school year. He is collecting school supplies for distribution for kids who need them. Pick up dates are September 20th and January 10th. More information on how to donate to Daniel's project go to:

COUNTY

- **Special 4-H Holiday Display**, Dawn Fuller, 4-H Program Coordinator - During the month of December, 4-H will be featured in the **Glendale Public Library Display Case**. Club, volunteer and youth information will be prominently featured. We hope to get some interested youth and volunteers involved in the New Year, and this is a great start! If you are in the area, please stop by and visit:

The Glendale Public Library - Central

222 East Harvard Street
Glendale, CA 91205

Mon-Thurs from 10 a.m.-8 p.m.

Fri-Sat from 10 a.m.-6 p.m.

Sun 1-5 p.m.

- **Sarah's Braided Bread**, Dawn Fuller, 4-H Program Coordinator - The holidays are a great time to get together with family, go on long walks, sit by the fireplace, curl up with a blanket and a good book, share fun times and enjoy a delightful holiday meal. At **Cooperative Extension**, we have many wonderful books in our **Volunteer Resource Library** with activities to share with the entire family during the season.

Book Cooks: Literature Based Classroom Cooking by **Creative Teaching** is just one of the many treasures in our **Volunteer Resource Library**. This collection of recipes and activities are garnered from popular award-winning literature such as the book **Sarah Plain and Tall** by **Patricia MacLachlan (winner of the 1986 Newberry Award)**.

Set in Kansas at the turn of the century, this is a charming novel for all to appreciate. Newly widowed Kansas resident, Jacob Witting, and his two children Anna and Caleb, write a newspaper ad for a mail-order-bride and new mother. Sarah, from Maine, responds to the advertisement and makes her way out to the remote Kansas farm.

When Sarah arrives at the family home, Anna and Caleb are hesitant, but in time, Sarah's warm heart and zest for life wins them over. Sarah and Anna spend many fond hours in the kitchen together making homemade braided bread.

Go to: <http://celosangeles.ucdavis.edu/files/59202.doc> to find just one of the wonderful recipes you will find in **Book Cooks** that you and your family can work on together, and add a special flare to your holiday meal.

- **Judging Day** - Los Angeles County Judging Day is a countywide event where 4-H'ers learn teamwork and cooperation as members of a judging team while developing their decision-making skills. Judging Day will be Saturday, February 28, 2009 (location TBD). Additional information will be sent to your Club Leader and available online in January 2009.
- **Field Day & Fashion Revue** - Field Day is one of the most valuable assets of our 4-H program. This is a day where 4-H'ers share the skills and knowledge they have acquired in their 4-H projects. By learning public speaking and demonstration skills 4-H'ers prepare themselves for college and the workplace. 4-H members may observe and gain knowledge relating to many different 4-H projects. Parents and friends are encouraged to attend. If you have never been to Field Day before you will be surprised at the poise and abilities of these 4-H members.

All members of the LA County 4-H are invited to participate in LA County Field Day tentatively scheduled for March 28, 2009. 4-H Presentations are very informative and will certainly enrich individual knowledge. Public Speaking, Impromptu Speaking and Extemporaneous Speaking are also interesting. Fashion Revue showcases our best LA County 4-H clothing projects. Share the Fun Skits, Cultural Arts Presentations, and Song Leading contests are creative and entertaining.

4-H members attend to participate\observe and learn\receive awards, recognizing their individual skills and knowledge. Remember it's a 4-H "Family Affair", and encourage parents and friends of 4-H to attend and support the youth. Medal winners will be eligible to go on to Sectional Field Day, which is tentatively scheduled for Saturday, May 16, 2009. Keep a look out for more Field Day information to come.

- **Hi 4-H** - Each district can have a Hi 4-H program. 4-H members who will be at least 14 years old by January 1, 2009 or who will be in 9th grade and above are eligible for Hi 4-H activities (ROPES, Snow Camp, T.I.C. conference, state leadership conference, etc.). You don't have to attend Hi 4-H meetings to attend the special Hi 4-H events. This year 13 year olds are again invited to attend Hi 4-H activities as guests.

The sectional level Hi 4-H is called the Sectional Teen Council. It meets before sectional 4-H Leaders' Council meetings at Mt. SAC. The Teen Council plans social and educational events, plus runs the T.I.C. conference in January and a food booth at sectional field day in May. Our senior members can be part of the Teen Council. Our senior members can attend their events. Consider being more active on the sectional level. The county level Hi 4-H program will only exist if there is sufficient interest this year. Contact Roy Hillstock at (323) 260-3854 if you are interested in participating in a county level Hi 4-H program.

- **Emerald Star Project** - If a member has earned Gold Star Rank or will be 16 years old by January 1, 2009, they can consider doing an advanced leadership project and earn an Emerald Star for their hat. An Emerald Star Project can be started at any time during the year. Do you have an idea for an activity you could plan and run to benefit the county 4-H program or your community?

Call the 4-H office at (323) 260-3854 for a packet of information on the Emerald Star Program. Each 4-H district has an Emerald Star advisor. You can work with the Advisor from any of the districts.

- **Be a 4-H All-Star** - All-Star is the highest rank that a 4-H member can achieve at the County level. The All-Star award affords 4-H members the opportunity to further develop their leadership skills on a countywide basis. Each year Los Angeles County selects several 4-H members who have applied and are deserving of this rank to become All-Stars. The Los Angeles County 4-H Program expects its All-Stars to contribute to the 4-H Program during the next program year. Start planning now. For more information go to Cooperative Extension's website at: http://celosangeles.ucdavis.edu/4H_Youth_Development_Programs/Applications.htm
- **Leadership Merit Award** - Start planning now to earn a Junior or Teen Leadership award. Think of something to make your leadership special this year. Try something new to bring more interest and enjoyment to your project. Try to expand your leadership beyond the club. For this award, you need to be in the Leadership Project in your club. If your club does not have a Leadership Project, talk with your club leader about starting one. If she has questions about this, have your club leader contact Noel Keller (909-621-2373) or someone on the I&R Committee. You will need to fill out an annual project report for your Leadership Project. You will also need to complete a leadership plan report.
- **Los Angeles County 4-H Science Fair** - It's not too early to start thinking about 4-H Science Fair on April 18, 2009! Science projects are a wonderful "learn by doing" opportunity. Today, with schools so focused on "teaching to the test", and with mandated language arts and math curriculum dominating the school day, science education is often neglected in school. Help make sure that kids develop their analytical thinking skills by getting them involved in hands-on science through 4-H. Many 4-H'ers are already involved in projects that can be presented as science projects. Now is a great time to plan for a project to present in April! Read up on the scientific method and look for science project ideas on the following web sites. All three of these web sites are fantastic resources for finding and developing science project ideas, from the easy to the elaborate.

<http://school.discovery.com/sciencefaircentral/>
<http://www.ipl.org/div/kidspace/projectguide/>
<http://www.scifair.org/>

- **Los Angeles County, 4-H Leaders' Council** – The Los Angeles County, 4-H Leaders' Council is a group of 4-H Leaders that meets bi-monthly and organizes many 4-H activities for Los Angeles County. Find out who hold what seat, read past minutes and agendas for future meetings at: http://celosangeles.ucdavis.edu/Los_Angeles_4-H_Leaders_Council/. The next Leader's Council meeting will be January 31, 2009 from 10-noon, at the LA Office.

- **Share your 4-H experiences** - 4-H'ers, share your 4-H experiences by submitting articles to be published in Clover Notes. Articles may include club news, photos, community service projects, and/or anything you or your club would like to share. Submit your articles by the 15th of the month to be published in the following month's edition of Clover Notes to Roy Hillstock, rlhillstock@ucdavis.edu.
- **Dates To Remember:**
 - 12/13 Summer Camp Staff Interviews
 - 12/24-25 Christmas Holiday (Office Closed)
 - 12/31 New Years Eve (Office Closed)
 - 1/1 New Years Day (Office Closed)
 - 1/3 Summer Camp Staff Training / Camp Committee Mtg. (tentative)
 - 1/9 AV Horse Bowl Quiz
 - 1/10 Sectional Council & Teen Council Mtg. / Summer Camp Staff Training / Camp Committee Mtg.
 - 1/16-18 Teen Involvement Conference
 - 1/19 Martin Luther King, Jr. Holiday (Office Closed)
 - 1/24 Monte Farmers Fair / AV Livestock Symposium
 - 1/31 County Council Mtg. (Los Angeles)

SECTIONAL

- **TIC 1/16-19** - The Teen Involvement Conference, also known as TIC, is a three day event where youth from southern California meet to learn about the 4-H program, leadership, citizenship, life skills, and so much more. 4-H members attending this conference will be able to interact with other youth and adults from all 9 counties from the south section. This conference is a great stepping stone to a member's success in their 4-H career, and is highly recommended. This conference is planned by the South Section Teen Council. Go to: <http://clubs.ca4h.org/southcouncil/teen/> <http://www.ca4h.org/conference/secconf/tic/Teen%20Involvement%20Conference%20registration%202009.pdf> for more information.

STATE

- **The Volunteer Leader website** is a new interactive and growing site that can be seen at <http://ucanr.org/4-hvolunteers/>. There are sections that will change monthly, a 4-H Blog, 4-H Volunteer Voices, and updates in the program. We hope you'll enjoy seeing all the resources you need in one centralized location. In order to build this new section of the website, please send any recent stories of 4-H in the news in your community that you would like to share. You can email these stories to: fourhstateofc@ucdavis.edu
- **The National Gardening Association** is offering a Youth Garden Grant in the amount of \$1,000. If you currently have a child-centered garden program that involves at least 15 children between the ages of 3 and 18 years of age, please contact www.kidsgardening.com/YGG.asp for more information and application materials.
- **The State 4-H Equine Advisory Committee** - The State 4-H Horse Classic, educational events for Spring 2009, and championship horse show in Summer 2009 are all currently being planned. The State 4-H Equine Advisory Committee is narrowing dates and confirming locations. Visit the web site regularly for updates <http://ca4h.org/projresource/horse/>. The 2008 results are posted and winners from all years are also listed. The 2009 information will be posted in December.
- **Citizenship Focus Program** - Dates have been set for the 2009 Citizenship Focus Program. Come participate in hands-on programs that bring government and policy issues to life and help you understand how you can be more involved in your own community. Registration is now open and county offices can submit delegate information. Washington Focus registration and deposits are due by November 5, 2008. California Focus registration and deposit is due January 16, 2009.
California Focus, June 26-30, 2009, <http://www.ca4h.org/citizenship/focus/>

Washington Focus I

Road to Democracy June 21-29, 2009

Heritage Trail I June 21-27, 2009

Washington Focus II

Global Journey July 12-22, 2009 Heritage Trail II July 12-18, 2009

<http://www.ca4h.org/citizenship/dcfocus/>

- **Junior Master Gardener** – Now is the time to register Junior Master Gardener groups for the 2008-09 year and maximize the benefit to youth in the program! It is FREE and without obligation. Benefits of being a registered JMG group:
 - Youth eligible for [certification and other recognition](#)
 - Free monthly [newsletter](#)
 - Apply for state and national JMG [awards and contests](#)
 - Eligible for winning monthly garden treat [giveaways](#)To register, group leaders should complete the JMG registration packet and mail to: Susan Gloeckler, CA Coordinator, JMG Program, 669 County Square Drive, Suite 100, Ventura, CA 93003. JMG Registration Packets can be found on the JMG website: www.jmgkids.us. For additional information, contact Susan Gloeckler at (805) 662-6943.
- **Western Regional 4-H Leaders' Forum (WRLF)** - Roundup your leaders and head to Colorado for the Western Regional 4-H Leaders' Forum February 25 - March 1, 2009. Discover the trail which leads to fun and learning to take back to the herd at home. Teens, ages 14 and up, are invited to attend this leadership conference (February 25 - 28, 2009). Several workshops will be dedicated to teens as well as other teen activities. Two off-site events are also being planned. Go to: <http://www.colorado4h.org/wrlf09/index.shtml> for more information.
- **The 32nd Annual National Youth Horse Leaders Symposium**, presented by the American Youth Horse Council (AYHC), will be held on March 27 through 29, 2009 in Lincoln, Nebraska. The Symposium will again include a variety of presentations including live horse demonstrations, roundtable sessions, and classroom presentations on a variety of topics. Additionally, kickoff reception, vendor booths, a silent auction and the Youth Leaders Celebration Awards Banquet allow attendees to have fun and interact throughout the weekend. For more information go to: www.ayhc.com or call 800-TRY-AYHC or email info@ayhc.com.
- **4-H State Ambassador** - The 2009-2010 4-H State Ambassador applications are now available! Candidates need to be at least 16 years old by July 1, 2009, have leadership and event planning experience, and ability to represent the 4-H YDP. 4-H State Ambassadors plan the 4-H State Leadership Conference, represent the California 4-H YDP, and conduct team projects. Applications are due March 31, 2009 and available at <http://www.ca4h.org/leadership/ambassador/>.
- **Bring Home the World!** – Does your family enjoy the exposure to different cultures but you're not able to find the time to travel to other countries? Looking for a low-cost international experience in which the whole family can participate and grow? The California 4-H International Exchange Month-Long Hosting Program allows families to gain the benefits of international travel right here at home by hosting an exchange student from Costa Rica, Finland or Japan. Host family applications are being accepted now for the summer 2009 program in hopes that all placements are made by early May. In addition, 4-H members and leaders can participate in the Australia Outbound Program in 2009. More information is available at: <http://www.ca4h.org/exchange/>. Or contact Pat English at 530-754-8520 or pnenglish@ucdavis.edu.
- **Domestic exchange with a 4-H club** - Is your club looking for an opportunity to participate in a domestic exchange with a 4-H club in another part of the U.S? Lancaster County, PA 4-H is hoping to establish a domestic exchange for 2009-10 or 2010-11 with an interested California 4-H group. Scenic Lancaster County includes Amish country and is centrally located close to Gettysburg, Philadelphia, Harrisburg, Washington DC and Hershey. For those interested, please contact Sharon Sherick at ssherick@dejazzd.com.

2008 4-H All Stars:

Felicia Byrne

2008 Jr. All-Stars:

Wesley Ho

Heather Ealy
Terra Chapman
Christopher Choi
Amanda Ho
Jessica Kwan
Stephanie Kwan
Kirsten Landsgaard
Brian Otto
Erin Power-Fardy
Kelsey Schott
Camille Sheardown

Kristy Okamoto
Aleandra Ryan-Plasil
Caroline Seymour
Alexandra Von Bergman

Los Angeles County, 4-H Youth Development Staff:

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Antonette Pavia, 4-H Administrative Assistant, (323) 260-3850, ampavia@ucdavis.edu

Charlene Moore, Antelope Valley 4-H Coordinator, (661) 723-4477, moore@ucdavis.edu

Jennifer Dana, Antelope Valley Administrative Assistant, (661) 723-4477, jrdana@ucdavis.edu

Roy Hillstock, Computer Resource Specialist II, (323) 260-3854, rlhillstock@ucdavis.edu

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