



September 2009

If you have any questions or suggestions about the Clover Notes, please don't hesitate to call Roy Hillstock at (323) 260-3854 or email at rhillstock@ucdavis.edu. We welcome submissions, especially for Club News. Please submit articles by the 15th of the month to be posted in the following months' edition.

Contact the [Los Angeles 4-H Youth Development Office](#) or 323-260-3854. For upcoming dates, please visit the [4-H Calendar](#). We look forward to continuing to serve you and your 4-H needs.

POLICY

Policy Highlight of the Month: 4-H Essential Elements

While the program year officially started July 1, many of you will begin hosting your community club and project meetings this month. As we greet new members and families to 4-H as well as welcome back returning families, we are reminded of the significant role that 4-H plays in the lives of youth and their families. In a lot of cases, 4-H is situated as the central out of school/after school extra-curricular activity for youth. This gives us a unique opportunity to enhance their lives in meaningful and engaging ways. One way to do this is to be sure that we understand and are committed to the 4-H Essential Elements. The elements are guideposts to help us gauge the effectiveness of our programs and projects. They remind us that youth do not join 4-H, they Belong to 4-H; they have a chance to Master relevant skills; they become connected to the larger community through Generosity; they learn to make choices by practicing Independence. Every project and project meeting, all 4-H events and experiences should provide every youth access to any or all of the 4-H elements.

I refer you the 4-H Policy Handbook to get more information on the 4-H Essential Elements. I would also encourage you to ask yourself these questions when planning the next 4-H experience (i.e., club meeting, project meeting, All-Star meeting):

1. Do youth have an opportunity to build skills toward mastery?
2. Are youth involved in the planning and execution of the meeting or experience?
3. Will this experience be remembered?
4. Will the youth have a chance to practice and to apply their learning?

They are defined more clearly in Chapter 4 of the 4-H Policy Handbook. Check in the documents section:

http://www.national4-hheadquarters.gov/about/4h_elements.htm

- **4-H Summer Camp**

Ashlyn Spaziano, Greenleaf 4-H Club Member

Hi Everyone,

My name is Ashlyn Spaziano. I am 9 years old and I have been a 4-Her for 3 years. This last June was my second time that I attended 4-H Summer Camp. At camp, my friends and I had lots of fun. We went swimming every day. We did lots of crafts like tie dying shirts, made bird houses, friendship bracelets, lanyards or key chains, and lots of other great things.

We would have camp fires and sing camp songs. But most of all, the food was really delicious. My Dad told me to say that because he works in the kitchen.

All the adults that come to camp, like the chaperones, the adult staff, and kitchen staff are all volunteers. They're all great. They help organize team games and other stuff we do.

I love 4-H Summer Camp and I can't wait until next year!



- **Livestock Judging**

Dawn Fuller, 4-H Program Coordinator



Over the last 100 years, 4-H members have “learned by doing” through numerous projects across the country. Livestock projects are one of the many ways youth gain meaningful experience in the raising, on-going care, and showing of an animal at fairs and various competitions. Youth learn how to present their project animals in the best possible light, and in doing so, learn how to present themselves through proper showmanship etiquette as well.

Part of raising, training and caring for a project animal can mean learning how to raise a good animal for a market meat

product. Prior to their sale at fairs and auctions, there is a strict judging process the animals must go through, including the basic principles and fundamentals of style and balance, muscling, structural correctness, overall frame, abnormalities, weight, breeding and finish. 4-H youth are encouraged to use critical thinking skills and learn the methods of judging, through SET activities, project work, and participating in judging-related activities throughout the year. Most times, if a 4-Her is raising a meat product, youth will need to learn what judging an animal involves, and this will provide the knowledge necessary to raise and train the best animal possible.

Recently, some exemplary 4-Hers from Quartz Hill 4-H Club & Leona Valley Racketeers 4-H Club have really worked hard to put their critical thinking skills to use in judging livestock. Tia Picard, Aubrie Horwedel, Felicia Byrne and Tearah Kerr participated in the Fresno Livestock Judging Competition, and in November, will be headed to Kansas for the National Livestock Judging Competition. Each of the girls have participated in 4-H for over nine years and will be representing the State of California in the much anticipated competition.

During these judging events, more than just luck is needed! The girls are enrolled in a **Livestock Judging Project**, where they also fine-tune their livestock judging skills. These events involve a separation of the team, wherein each team member individually judges various species including steers, heifers, sheep, swine and goats. They then sort the groups they are judging, and using both the Danish and American Judging Systems, rank the animals from best to worse. When all the judging has concluded, and all the



individual scores sheets are turned in and tallied, an overall score is computed for each team. Tia, Aubrie, Felicia and Tearah did an outstanding job here in California using their critical thinking skills, and made team-work look easy! We are sending our best wishes to the girls at the **American Royal** held in Kansas City, and hope that their hard work will inspire other Los Angeles County 4-H youth to learn more about livestock judging, and even take a closer look at the LA County 4-H Judging Day activities.

For more information about livestock judging or other judging-related events, contact Dawn at (323) 260-3859 or email me at dafuller@ucdavis.edu.

*Thanks to **Janet Picard** of Quartz Hill 4-H Club, and San Luis Obispo County Livestock Judge and Market Lamb Breeder, **Clemente Ayon** (<http://www.petersenclublambs.com/>), **Clint Cummings**, San Luis Obispo County Livestock Judge, Market Lamb Breeder and Western Division owner of **High Noon Feeds** (<http://www.highnoonfeeds.com/>) for your assistance with this article.



- **Los Angeles County Fair**
Dawn Fuller, 4-H Program Coordinator

It's that time of the year again! The *Los Angeles County Fair* will be held from **September 5 - October 4**, at the Pomona Fairplex (1101 W. McKinley Avenue, Pomona). Los Angeles County 4-H will share a table with the Farm Bureau for the duration of the event, with fliers and other 4-H information available. On **Friday, September 18, from 10 a.m. - 1 p.m.**, I will be at the fair greeting local schoolchildren and answering 4-H questions. The Farm Bureau/4-H Booth will be located near the Red Barn, behind the pony rides, and next to the Cal Poly maze. Hope to see you there!

- **County Record Book Judging** - All LA County 4-H Junior, Intermediate and Senior members are invited to enter their 4-H records (on the state forms) in the county competition. **Record Books due to the LA and AV offices by 4pm September 15, 2009.** Record Books are due to the I&R committee members by 10pm on September 16, 2009. **Record Book judging will be September 19 & 26, 2009** with winners announced at County Awards Day, October 10, 2009 after the 4-H Pet Symposium. Remember to enter your 4-H activity information on the "new" state record book forms.
- **2008-2009 Officer Book competition - Officer books for the 2008-2009 competition will be due to the 4-H Office (LA or AV) by 4 p.m, on September 15, 2009.** The book must be submitted with a completed ID form. The 2009 ID form and guidelines are available online at: http://celosangeles.ucdavis.edu/4H_Youth_Development_Programs/Applications.htm. Start planning to enter an officer book now. Earn a medal for your officer book. Medals are given for Best in District and Best in County in each of the seven categories of the competition: President, Vice-President, Treasurer, Secretary, Reporter, Historian, and Other Officers.

The books will be judged on September 19, 2009. Experienced leaders are requested to volunteer as judges. Contact Noel Keller (909) 621-2373 to volunteer to judge. The results will be announced in the district Achievement programs, usually in October.

- **Outreach Round-Up**
Dawn Fuller, 4-H Program Coordinator

Los Angeles County 4-H is now on **Facebook**, and we have 42 fans! Please join us, and become a fan and tell all your friends about 4-H. Stay tuned for fun 4-Her updates!

On **Friday, September 25**, 4-H will have a special table highlighting the upcoming *Pet Symposium* at the UC Cooperative Extension's *Sustaining Health for Our Generation Event* from **3-6 p.m.** (4800 East Cesar E. Chavez Ave., LA). Feel free to attend this popular event which includes recipe contest, a cooking demonstration, both gardening and physical fitness activities, and tasty food samples.

This month, outreach was targeted in Santa Monica, Arcadia, Monrovia, Azusa and Pasadena. New clubs appear to be on the horizon!

- **2009 4-H Pet Symposium - Save the Date!**
Dawn Fuller, 4-H Program Coordinator

This year, our *4-H Pet Symposium* will be held the same day as our *County Awards Day*, on **Saturday, October 10, 2009** from **10 a.m. to 4 p.m.** I know all of you are very busy, but we really hope that you will be able join us for this informative, fun-filled day. What a wonderful way for the community to see all the great things 4-H youth can learn and do!

- **Project Leader Orientations**
Dawn Fuller, 4-H Program Coordinator

The new school year is approaching, and it is a splendid time for new members and leaders to join 4-H. Some of you are taking this great opportunity to do outreach at the schools in your area, and even inviting neighbors and friends to join 4-H. Should you have a group of Project Leaders who need an orientation after the fingerprinting process, let's set up a day for a group training. That makes it easier for everyone!

If you would like a flier to send out, or hand out in your community, I have a template that can be tailored to suit your needs. If a school in your community would like to have a 4-H presentation, I will be more than happy to make an appointment to come out and speak. I am looking forward to helping increase memberships for youth and adults, in all the Los Angeles Clubs this year! For outreach fliers, or to arrange a Project Leader Orientation, just contact me at (323) 260-3859 or email [Dawn Fuller](mailto:Dawn.Fuller@ucdavis.edu).

- **Online Enrollment** – Los Angeles County 4-H has transitioned to the Online Enrollment System. Each family will need to create a family profile and enroll each 4-H member separately under that profile. We have a cheat sheet that will provide you step by step instructions to enroll and add projects. You can access this sheet by clicking [here](#). The 4-H Online Enrollment website is: <https://california.4honline.com/>. Create your profile and re-enroll now (create your own user name and password). You can do this anytime from now until December 31st (to compete at fair). Remember, you must be currently enrolled to participate in 4-H and 4-H activities. The fees are \$12 for youth and \$6 for adults. If you have any questions please call Roy Hillstock at (323) 260-3854.

- **A Picture is Worth a Thousand Words**
Dawn Fuller, 4-H Program Coordinator

We would love to see all the fun activities your club has been involved in throughout the year. Please send in any photos of your club activities/events that you would like to be included in the slideshow for the Leaders' Luncheon and special newsletter features. You can email them to: dafuller@ucdavis.edu. Here's looking at you!

- **Share your 4-H experiences** - 4-H'ers, share your 4-H experiences by submitting articles to be published in Clover Notes. Articles may include club news, photos, community service projects, and/or anything you or your club would like to share. Submit your articles by the 15th of the month to be published in the following month's edition of Clover Notes to Roy Hillstock, rhillstock@ucdavis.edu.
- **Preventing the Spread Of Communicable Diseases** - Clover Safe notes are intended primarily for 4-H volunteers and members nine years and older. Each year, an average of more than 200,000 people are hospitalized and 36,000 people die from seasonal influenza (flu) complications in the United States. You can help keep yourself, your family, and your fellow 4-H volunteers and members healthy and prevent the spread of seasonal colds, flu, and other communicable diseases by practicing some simple measures at home, work, school, and other social settings. In fall of 2009, there is particular concern over the novel H1N1 influenza virus (also known as swine flu). The precautions to protect yourself from H1N1 are the same as those recommended for seasonal flu or other common communicable illnesses. For more information go to: <http://celosangeles.ucdavis.edu/files/71018.pdf>.
- **Dates To Remember:**
 - 9/2 NSG Council & 4-H mtg.
 - 9/5-10/4 LA County Fair
 - 9/7 Labor Day (Office Closed)
 - 9/10 I&R mtg.
 - 9/12 Sectional Council & Teen Council mtg.
 - **9/15 Record Books & Officer Books due to 4-H Office by 4PM**
 - **9/16 Record Books due to I&R Committee by 9PM**
 - 9/17 SSG Leaders Council & Hi 4-H mtg. / SGV 4-H Fair mtg.
 - **9/19 Record Book Judging / Officer Book Judging**
 - 9/20 SSG District Achievement Night
 - 9/23 Head / Youth Summer Camp Directors apps due
 - 9/26 Record Book Judging / Showmanship Clinic
 - 9/27 Camp Committee mtg. Head/Youth Summer Camp Director Interviews (Mary Lash's House 3PM)
 - 9/28 AV Council mtg. / Hi 4-H & Horse mtg.
 - **10/3 County Council mtg. (AV Office) / Leaders Training Event / AV Horse Show**
 - 10/7 NSG Council & 4-H mtg.
 - 10/8 I&R mtg.
 - **10/10 4-H Pet Symposium / County Awards Day**

- SSG Leaders Council & Hi 4-H mtg. / SGV 4-H Fair mtg.
- 10/16 AV District's Achievement Night
- 10/18 NSG Achievement Night
- 10/24 State Council mtg.
- 10/26 AV Council mtg. / Hi 4-H & Horse mtg.
- 10/31 Halloween

STATE

- Are you planning a service-learning project for next year? Each year the California State 4-H Office provides funds to members and volunteer leaders for service-learning projects through the **California 4-H Service Learning RFP**. Groups can request up to \$5,000 to fund activities that address significant environmental, economic and/or social issues affecting California's youth, families, and communities. The Service Learning RFP application and information is available on the web at: <http://www.ca4h.org/citizenship/funding/index.asp>. Examples of past projects are also listed. The application is due **September 15, 2009**.
- 4-H club support funding is available through the **Bob and Pat Dean Memorial Legacy Fund** for California 4-H members or volunteers. Funding is intended for activities that meet the following criteria: 1) enable youth to develop citizenship, leadership, or life skills; 2) support the development of new and innovative 4-H projects benefiting 4-H members; 3) increase public awareness of the 4-H Youth Development Program; 4) expand the reach of the 4-H Youth Development Program (new youth, new audiences); 5) provide continuing benefit to the applicant's local 4-H Club or project. Application information is available at: <http://www.ca4h.org/citizenship/funding/>. Applications are due **September 15, 2009**.
- Youth ages 10-15 are invited to attend the **3rd Annual Kids Culinary Convention and Conference, September 19, 2009** in Sacramento, CA. Youth and parents may register starting Aug. 15. The conference is an opportunity for youth to experience and learn about food, from preparation, hands-on cooking to the benefits of healthy eating habits. Visit: <http://www.jrchefcentral.com> for more information.
- **National Dairy Conference, September 27-30, 2009** - California is looking for interested delegates. California has the opportunity to send a group of 5 4-H members and 2 adults to Madison, Wisconsin in September to attend the National Dairy Conference. This group will serve as an exploratory team to determine whether California should make this an annual event. Click [here](#) for more event information and eligibility details. Interested candidates need to complete an application. Applications can be obtained by contacting Dr. Cyndi Barnett or Steve Dasher. Please contact Dr. Cyndi Barnett at ccbarnett@ucdavis.edu or Steve Dasher at hsdasher@ucdavis.edu by August 15 if you would be willing to serve on the team or if you have any questions about the conference.
- Do you have experience and interest in computers, the Internet, digital photography, GPS/GIS, or other tech area? Join the **2009 California 4-H Computer Corps!** The 4-H Computer Corps increases the use and awareness of computer technology in the California 4-H Youth Development Program. 4-H members, age 15-19, 4-H volunteers and staff may apply by **September 30, 2009**. More information is available at <http://ca4h.org/wrp/compcorps/>
- Mark your calendars for the **State 4-H Equine Field Day at UC Davis for October 3 or 10**. It will be a partnership with the UCD Animal Science department and UCD Horse Day. More details to follow at <http://ca4h.org/projresource/horse/>.
- The **2009 California State 4-H Leader's Forum** will be held November 6-8, 2009. This year's theme is "4-H Past, Present, and Future". If you are interested in hosting a workshop, proposals are due by June 25, 2009. The registration packet is now available at <http://clubs.ca4h.org/nsection/SLF09/index.htm>. For any questions, you may contact Richard Meade at rmeade@csuchico.edu or Tammy McFarland at 530-268-4665.

- **4-H Shooting Sports Leader Certification for Archery** - A shooting sports training workshop for the archery discipline will be held in **Modesto, CA** on Saturday, **November 7, 8 AM - 4 PM** and Sunday, **November 8, 8 AM - 2 PM**. Upon successful completion of the course, participants will be certified as archery volunteers and can instruct archery club projects and camp programs. Attendance at both days is required. The course will be held at the Stanislaus County Ag Center, Harvest Hall Room E, 3800 Cornucopia Way, Modesto. The cost will be \$25 and includes lunch, snacks, and class materials. For more information, contact Dan Burner 209-874-2732 (evenings) or dan_burner@yahoo.com. Fees are due by **October 23, 2009** and can be submitted to Dan Burner, P.O. Box 829, Waterford, CA 9538
- The **2010 National 4-H Conference** will be held **March 20-27, 2010** at the National 4-H Center in Chevy Chase, MD. The National 4-H Conference is the Secretary of Agriculture's premier youth development opportunity to engage youth in developing recommendations for the 4-H Youth Development Program. 4-H members, volunteers and staff may apply to join the California delegation by **September 30, 2009**. More information is available at <http://www.ca4h.org/conference/n4hc/index.asp>.
- **Domestic exchange with a 4-H Club** - Is your club looking for an opportunity to participate in a domestic exchange with a 4-H club in another part of the U.S? Lancaster County, PA 4-H is hoping to establish a domestic exchange for 2009-10 or 2010-11 with an interested California 4-H group. Scenic Lancaster County includes Amish country and is centrally located close to Gettysburg, Philadelphia, Harrisburg, Washington DC and Hershey. For those interested, please contact Sharon Sherick at ssherick@dejazzd.com.
- **California 4-H International Exchange** - Looking for an amazing 4-H opportunity? Then consider the California 4-H International Exchange. Curious about other cultures but can't find the time or money to travel? Interested in anime or manga? Want to improve your language and communication skills? Bring the world home by hosting a summer month-long international exchange student from Costa Rica, Finland, or Japan this coming summer. Welcome a student from another country and share an incredible experience with your whole family. Information is available at: <http://www.ca4h.org/exchange/> or by contacting Pat English at 530-754-8520 or pnenglish@ucdavis.edu.

2008 4-H All Stars:

Felicia Byrne
 Heather Ealy
 Terra Chapman
 Christopher Choi
 Amanda Ho
 Jessica Kwan
 Stephanie Kwan
 Kirsten Landsgaard
 Brian Otto
 Erin Power-Fardy
 Kelsey Schott
 Camille Sheardown

2008 Jr. All-Stars:

Wesley Ho
 Kristy Okamoto
 Taylor Presley
 Aleandra Ryan-Plasil
 Caroline Seymour
 Alexandra Von Bergman

Los Angeles County, 4-H Youth Development Staff:

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Dawn Fuller, Los Angeles 4-H Coordinator, (323) 260-3859, dafuller@ucdavis.edu

Antonette Pavia, 4-H Administrative Assistant, (323) 260-3850, ampavia@ucdavis.edu

Charlene Moore, Antelope Valley 4-H Coordinator, (661) 723-4477, moore@ucdavis.edu

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