



November 2009

If you have any questions or suggestions about the Clover Notes, please don't hesitate to call Roy Hillstock at (323) 260-3854 or email at rhillstock@ucdavis.edu. We welcome submissions, especially for Club News. Please submit articles by the 15th of the month to be posted in the following months' edition.

Contact the [Los Angeles 4-H Youth Development Office](#) or 323-260-3854. For upcoming dates, please visit the [4-H Calendar](#). We look forward to continuing to serve you and your 4-H needs.

POLICY

Policy Highlight of the Month

Affirmative Action and All Reasonable Effort (ARE)

The University of California 4-H Youth Development Program is open to any and all youth without regard to race, gender, religion or sexual orientation. The Affirmative Action policy outlines and guides our program efforts to be sure the program is open and accessible to all who want to participate. 4-H does not and has never endorsed quotas or programming based on a quota system. However, each club should reflect the community in which it is situated and mirror the families and people who live there. Clubs that do not reflect the community should at least demonstrate *All Reasonable Effort (ARE)* to show earnest and genuine attempts to reach youth and families not reflected in the club. According to the policy, ARE includes:

- Using all appropriate available mass media, including radio, newspaper, and television, to inform potential clientele of the program and of the opportunity to participate.
- Distributing announcements, flyers, and posters, as appropriate.
- Sending circulars and personal letters to individuals who are members of the underserved clientele group, including the dates and places of meetings or other planned activities, and inviting them to participate.
- Making personal visits to a representative number of the underserved potential clientele in a geographically defined area to encourage them to participate.
- While volunteer leaders may be asked to assist in these efforts, ultimate responsibility for compliance rests with 4-H YDP staff.

4-H is committed to diversity and that commitment is evidenced in the ongoing outreach efforts to extend the reach of the program to communities throughout Los Angeles County. For more information on the Affirmative Action policy or All Reasonable Effort please refer to the 4-H Policy handbook at:

<http://www.ca4h.org/policy/chapter3/index.asp#X>

CLUB

- **Encino Oaks 4-H Club**

Encino Oaks 4-H Club**Gets Their Hands Dirty to Make the World a Little Cleaner!** They kicked off the school year with their first service project! On Saturday, September 19th, 30 kids and adults gathered to help clean up trash along the inland waterways that lead to the ocean, as part of Heal the Bay's annual Coastal Clean-Up Day. "4-H is good for Planet Earth because we clean up stuff," commented first grader Kamran Ali, who enjoyed fishing plastic bottles and trash out of our local creek. By helping clean up trash, we make the world safer for the fish and birds we saw at the park....and a nicer place for us humans to hike and play and appreciate nature. "I think 4-H is fun for boys and girls because we do good projects," commented Charlie Bernardo, kindergarten.

Encino Oaks club members also entered their art, sewing and photography in the Los Angeles County Fair this summer. It was fun to visit the Kids' Expo and see their ribbon-winning works on display.

Congratulations to Kamran & Shan Ali, Brendan & Charlie Bernardo, Jack & Kate Terbush, Ryan Pecor and Eva Carloss.

On October 7th, 10 Encino Oaks 4-H'ers participated in the NYSE Biofuel Blast. It was fun watching the chemical reaction between yeast and sugar that made the balloons blow up!



COUNTY

- **Junior Leadership Conference & Record Book Training**

Dawn Fuller, 4-H Program Coordinator

On **Saturday, November 14**, following the County Council Meeting at Lanai Road Elementary School (4241 Lanai Road Encino, CA 91436), there will be a **Junior Leadership Conference** held from **1-3 p.m.** Junior Leaders will learn about *Organization; How to be an Effective Leader; Facilitating and Planning Meetings; Coordinating Activities* and *Knowing Your 4-H Program*. To sign-up for the Junior Leadership Conference, please contact **Dee Keese** at swimdude64@earthlink.net.

From **12:30-1:30 p.m.**, there will also be a very informative **Record Book Training** for new leaders, members and parents, and some fine-tuning for existing leaders, members and parents. If you haven't turned in a record book, this is a perfect opportunity to learn how they are done, and the importance of record-keeping for youth. For more information, contact **Dawn Fuller (323) 260-3859**.

- **The Junior All-Star Program** is a non-competitive leadership program targeting youth in 8th through 11th grades or 13 and older. The program has several goals, including:
 - serving as a bridge to the 4-H All-Star Program, and other leadership programs;
 - providing meaningful leadership training and growth opportunities for teens;
 - providing opportunities for volunteerism and community service;
 - maintaining teen's interest in organized youth development programs; and
 - providing opportunities for teens to have fun

The Junior All-Star Program will be open to any 4-H member who is or will be starting eighth grade in the fall of the program year in which he/she is selected to serve. While this is a non-competitive program, youth must complete an application form, and meet the following criteria:

- have completed 1 year as a junior/teen leader in 4-H, or be enrolled as a junior/teen leader for the current year;
- involvement in a 4-H county-wide committee or significant involvement on the club level; and/or involvement in activities outside of 4H, in church and/or community activities, volunteer and/or work experience;
- strong interest in leadership development;
- an ability to attend various meetings, events and activities during the program year; and
- willingness to plan and/or participate in at least one leadership or community service project through the Junior All-Stars Program.

Junior All-Star Applications are due to the LA County Office by December 1, 2009 for this program year. for more information go to: <http://celosangeles.ucdavis.edu/files/72983.pdf>.

- **2009 4-H Pet Symposium**
Dawn Fuller, 4-H Program Coordinator

On **Saturday, October 10, 2009**, the Los Angeles County 4-H Program hosted its second annual **4-H Pet Symposium**. This free event provided Los Angeles County youth a chance to learn about responsible pet

care, community service opportunities and careers related to pets.



Twenty-nine pet care vendors, specialists, rescue organizations and animal enthusiasts provided an informative and enlightening symposium throughout the day for more than **230** attendees. Youth were able to learn all about rabbits, rats, mice, chickens, dogs, cats, frogs, snakes, guinea pigs, turtles, pigeons, hamsters, bees and even miniature potbellied pigs!

More importantly, youth learned from **Officer Jacquie Green** (Los Angeles Department Care of Animal Control) and from **Dr. Lori Pickell** (TLC Pet Medical Center) how to be the best possible pet owners. Veterinary students from the UC Davis School of Veterinary Medicine excited youth by explaining how to become a veterinarian. **Carrie DeYoung** of both the San Fernando Valley 4-H Club and the American Kennel Club provoked interest about *Safety with Dogs* during her presentation.



The Los Angeles Bee Keepers, the Southern California Association for Miniature Potbellied Pigs and Encino Oaks 4-H Club Leader, Susan Bernardo, provided exceptionally interesting presentations and youth seemed thrilled at the prospect of working with bees, Cocoa, the miniature potbellied pig, and baby chicks. Palos



Verdes Peninsula 4-H Club hosted a special booth for their Pigeon Project and guests were delighted to be part of a pigeon release. Greenleaf 4-H Club and Marjorie Rodriguez tantalized guests with tasty nachos, chilidogs, and a very popular Cobb Salad. Guests were also treated to some of Mary Lash's famous cookies (4-H icon and Greenleaf 4-H Club Leader). All Stars Ryan Halverson, Hannah DeYoung, Wesley and Amanda Ho worked to help show the attending community what being an All Star means by helping wherever needed during the day. Several UC Cooperative Extension staff volunteered their time to work at the Pet Symposium: Ellen

Sandor hosted a fun coloring area and Cynthia Orozco put her Spanish skills into use translating during the event.

The *Wave Community Newspaper* covered the event, and posted a very creative video covering the days' events. Click here to watch the video: <http://www.wavenewspapers.com/news/local/64651602.html>

The *Second Annual Los Angeles County 4-H Pet Symposium* reminded us of the wealth of resources available from the University of California Cooperative Extension and the local community surrounding many fascinating aspects of animal care. Thank you to all of our community partners, participating 4-H Clubs, dedicated 4-H volunteers and local residents for making the 4-H Pet Symposium a day to remember!

To view the 2009 Pet Symposium video click [here](#)

- **4-H Library Display**
Dawn Fuller, 4-H Program Coordinator

During the month of October, 4-H was featured in the **Pasadena Central Library Display Case**. Club, volunteer and youth information was prominently featured. We hope to get many more interested youth and volunteers involved in our constantly growing program!

Pasadena Central Library
285 East Walnut Street
Pasadena, CA 91101

Mon-Thu 9 a.m. to 9 p.m.
Fri-Sat 9 a.m. to 6 p.m.
Sun 1 p.m. to 5 p.m.

- **Ag Day LA**
Dawn Fuller, 4-H Program Coordinator

The 9th Annual **AG DAY LA** celebration will be held on **Wednesday and Thursday, April 21-22, 2010** from 9:30 a.m. to 1:00 p.m. at the Fairplex facility (Big Red Barn) in Pomona. Third and fourth grade students are invited to learn how agriculture (water, plants, bees, fiber, food, and dairy) completes the many pieces that form the puzzle of our everyday lives. From the food we eat to the clothes we wear, agriculture affects us all. The event will take place in conjunction with the 48th District Agricultural Association's Agriculture and Nutrition Fair.

This exciting event celebrates agriculture in a local setting. To reserve your attendance, please fill out and submit our online application form at <http://agdayla.com> (attendees to our AG DAY LA event are on a first come, first serve basis). If you have any questions or comments, please send an email to agdayla@yahoo.com.

- **Outreach Round-Up**
Dawn Fuller, 4-H Program Coordinator

Los Angeles County 4-H is now on **Facebook**, and we have **59 fans!** Please join us, become a fan and tell all your friends about 4-H. Stay tuned for fun 4-H updates!

On **Thursday, October 29**, Los Angeles County 4-H will be participating in the **Pasadena City College Volunteer Fair**. This fair is intended to provide PCC students, faculty and staff with information on all types of volunteer opportunities.

This month Los Angeles County 4-H was featured in the **Los Angeles County Farm Bureau Ag Updates Newsletter** and went to **4,000 recipients**. Please be sure to check out the Farm Bureau's website to learn more about agriculture not just in Los Angeles County, but throughout the state of California at: <http://www.lacfb.org/>

The second annual Los Angeles County 4-H Pet Symposium was featured in the Wave Community Paper. Check out some of our volunteer superstars: <http://www.wavenewspapers.com/news/local/64651602.html>

- **Hi 4-H** - Each district can have a Hi 4-H program. 4-H members who will be at least 14 years old by January 1, 2010 or who will be in 9th grade and above are eligible for Hi 4-H activities (ROPES, Snow Camp, T.I.C. conference, state leadership conference, etc.). You don't have to attend Hi 4-H meetings to attend the special Hi 4-H events. This year 13 year olds are again invited to attend Hi 4-H activities as guests.

The sectional level Hi 4-H is called the South Section Teen Council. It meets before sectional 4-H Leaders' Council meetings at Mt. SAC. The Teen Council plans social and educational events, plus runs the T.I.C. conference in January and a food booth at sectional field day in May. Our senior members can be part of the Teen Council. Our senior members can attend their events. Consider being more active on the sectional level. The county level Hi 4-H program will only exist if there is sufficient interest this year. Contact Roy Hillstock at (323) 260-3854 if you are interested in participating in a county level Hi 4-H program.

- **Emerald Star Project** - If a member has earned Gold Star Rank or will be 16 years old by January 1, 2009, they can consider doing an advanced leadership project and earn an Emerald Star for their hat. An Emerald Star Project can be started at any time during the year. Do you have an idea for an activity you could plan and run to benefit the county 4-H program or your community?
- Any 4-H member 14 years old by January 1, 2010, can apply to be a youth staff member for the 2010 **LA County 4-H Summer Camp**. Summer Camp Applications must be received by Wednesday, **November 18th, 2009** with Summer Camp Staff interviews being held on **Saturday, December 5, 2009, at 8:00 AM**. You can find the Summer Camp Staff Application in this edition of Clover Notes or download it at: <http://www.4hsummercamp.com/>
- **Los Angeles County 4-H Science Fair** - It's not too early to start thinking about 4-H Science Fair on May 8, 2010! Science projects are a wonderful "learn by doing" opportunity. Today, with schools so focused on "teaching to the test", and with mandated language arts and math curriculum dominating the school day, science education is often neglected in school. Help make sure that kids develop their analytical thinking skills by getting them involved in hands-on science through 4-H. Many 4-H'ers are already involved in projects that can be presented as science projects. Now is a great time to plan for a project to present in April! Read up on the scientific method and look for science project ideas on the following web sites. All three of these web sites are fantastic resources for finding and developing science project ideas, from the easy to the elaborate.

<http://school.discovery.com/sciencefaircentral/>
<http://www.ipl.org/div/kidspace/projectguide/>
<http://www.scifair.org/>

- **Thanks-Giving!**
Dawn Fuller, 4-H Program Coordinator

November is a time for giving thanks, and everyone at the UC Cooperative Extension would like to take this opportunity to thank all of the 4-H leaders, volunteers and youth for being a very special part of Los Angeles County 4-H. Each and every one of you makes the program successful, and your collaborative efforts make for wonderful learning opportunities for youth.

Many thanks, and much appreciation from Dr. Rachel Surls, Dr. Keith Nathaniel, Roy Hillstock, Antonette Pavia, Charlene Moore and Dawn Fuller!



- **Joke Corner**

Dawn Fuller, 4-H Program Coordinator



Here are some jokes to amuse your friends with during the Thanksgiving Holiday...

What happened when the turkey got into a fight?

He got the stuffing knocked out of him!

What's the best dance to do on Thanksgiving?

The turkey trot!

How do you keep a turkey in suspense?

I'll let you know next week!

What did the turkey say to the turkey hunter?

"Quack, quack, quack!"

What's the best way to stuff a turkey?

Serve him lots of pizza and ice cream!

How did the Mayflower show that it liked America?

It hugged the shore!

What vegetables would you like with your Thanksgiving dinner?

Beets me!

- **Online Enrollment** – Los Angeles County 4-H has transitioned to the Online Enrollment System. Each family will need to create a family profile and enroll each 4-H member separately under that profile. We have a cheat sheet that will provide you step by step instructions to enroll and add projects. You can access this sheet by clicking [here](#). The 4-H Online Enrollment website is: <https://california.4honline.com/>. Create your profile and re-enroll now (create your own user name and password). You can do this anytime from now until December 31st (to compete at fair). Remember, you must be currently enrolled to participate in 4-H and 4-H activities. The fees are \$12 for youth and \$6 for adults. If you have any questions please call Roy Hillstock at (323) 260-3854.

- **A Picture is Worth a Thousand Words**

Dawn Fuller, 4-H Program Coordinator

We would love to see all the fun activities your club has been involved in throughout the year. Please send in any photos of your club activities/events that you would like to be included in the slideshow for the Leaders' Luncheon and special newsletter features. You can email them to: dafuller@ucdavis.edu. Here's looking at you!

- **Share your 4-H experiences** - 4-H'ers, share your 4-H experiences by submitting articles to be published in Clover Notes. Articles may include club news, photos, community service projects, and/or anything you or your club would like to share. Submit your articles by the 15th of the month to be published in the following month's edition of Clover Notes to Roy Hillstock, rhillstock@ucdavis.edu.
- **Dates To Remember:**
 - 11/4 NSG Council & 4-H mtg.
 - 11/6-8 State Leaders' Forum
 - 11/7 LA County Horse Show
 - 11/11 Veterans Day (office closed)
 - 11/12 I&R mtg.
 - 11/14 County Council mtg. (SFV) / Jr. Leadership workshop
 - 11/18 Summer Camp Staff Applications Due
 - SSG Leaders Council & Hi 4-H mtg. / SGV 4-H Fair mtg.
 - AV Leaders' Council mtg.
 - 11/26-27 Thanksgiving (office closed)
 - 12/2 NSG Council & 4-H mtg.
 - 12/5 Summer Camp Staff Interviews / Camp Committee mtg. (LA 4-H Office)
 - 12/24 Office Closed
 - 12/25 Merry Christmas
 - 12/31 Office Closed

SECTIONAL

- **Teen Involvement Conference (TIC) January 15-17, 2010** - The Teen Involvement Conference, also known as TIC, is a three day event where youth from southern California meet to learn about the 4-H program, leadership, citizenship, life skills, and so much more. 4-H members attending this conference will be able to interact with other youth and adults from all 9 counties from the south section. This conference is a great stepping stone to a member's success in their 4-H career, and is highly recommended. This conference is planned by the South Section Teen Council. For more information go to: <http://clubs.ca4h.org/southcouncil/teen/>

Registration dates and fees are as follows:

Early Bird: Application postmarked by December 11, 2009 - \$100.00

Deadline: Application postmarked between December 12, 2009 - January 5, 2010 - \$110.00

Late Registration: Application postmarked after January 5, 2010 or handed to the check-in table at the conference - \$135.00

STATE

- For those who are planning on attending **2010 Citizenship Washington Focus**, be sure you get your application into your county 4-H office so that staff can enroll you on-line by **November 5, 2009**. The State 4-H Office must commit actual numbers to the National 4-H Center soon after. Sometimes we are able to secure additional space after the contract is signed, but there is no guarantee. Financial assistance is available for this program for members who could not afford to attend without help. More information and registration forms are available at: <http://ca4h.org/citizenship/dcfocus/>.
- The **State 4-H Leaders' Forum 2009** is **November 6-8, 2009**. If you are a 4-H Leader and think you may be interested in attending this information event at **Asilomar**, please visit: <http://clubs.ca4h.org/nsection/SLF09/index.htm> and submit your registration forms today. You may also contact Richard Meade at rmeade@csuchico.edu for any questions.

- The American Association of University Women (AAUW) invites high school 4-H members to compete in **California Speech Trek**. Beginning each September and continuing through March 1, high school students throughout California are welcome to contact the local AAUW branch near them (or email speechtrek@aauw-ca.org) for details about the local AAUW speech contest. The theme this year is "Breaking Through Barriers". The first place winner receives \$750, while second and third place winners each receive \$500. More information is available at: <http://www.ca4h.org/4hresource/updates/attach/2009/Nov09/SpeechTrek4HBrochure-2PrizeMoney.pdf>
- **4-H Shooting Sports Workshop**- A shooting sports training workshop for the **rifle discipline** will be held in Atascadero (San Luis Obispo County), CA on Saturday, **November 14, 2009 from 8AM-6PM** and Sunday, **November 15, 2009 from 8AM - 4PM**. The course will be held at the Santa Lucia Sportsmen's Association Facility in Atascadero. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. There is no cost for the course. To register for the course and receive more information contact John Borba at: jaborba@ucdavis.edu. For information about the facility and a map, please visit the range website at: <http://santaluciasportsmen.org/>
- 4-H members are invited to participate in the **Fur and Feathers show**, a small animal breed show and showmanship event, planned for **January 16, 2010**. Entry deadline is **December 15, 2009**. The event is for 4-H members statewide in Cavy, Poultry and Rabbit projects. You may contact Jenean at bass@roadrunner.com for questions.
- **Education Summits on Bio-Security in 4-H**- In order to improve the understanding of 4-H adult volunteers, veterinarians, and administrators from fairs and exhibitions about existing bio-security risks associated with 4-H Animal Science projects in California and issues related to traceability, three **Regional Education Outreach Summits** will be offered by 4-H and Veterinary Medicine Extension. Each Education Outreach Summit will include four major components: a) an overview of current data on bio-security risks associated with 4-H Animal Science projects; b) updated information from USDA on the current status of NAIS and animal traceability; c) a listening session to provide stakeholders the opportunity to share their experiences and provide feedback on traceability issues to USDA; and d) a mini-training for 4-H teens and volunteers on the new 4-H Bio-Security curriculum. Dates and locations of the Education Outreach Summits are: **December 12, 2009 - UC-Davis; January 16, 2010 - UCCE Tehama County; and February 27, 2010 - UCCE Kern County**. Times for all summits will be **9 a.m. - 3 p.m.** Lunch will be provided. For more information, contact Martin Smith (mhsmith@ucdavis.edu) or Steven Worker (smworker@ucdavis.edu).
- **4-H Shooting Sports Leader Certification for Rifle**- A shooting sports training workshop for the rifle discipline will be held in **Tulare**, CA on Saturday, **January 9, 2010 8 AM - 6 PM** and Sunday, **January 10, 8 AM - 4 PM**. The course will be held at the Rankin Field Range, 20000 Road 140 in Tulare, CA. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as a rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. There is no cost for the course. To register for the course and receive more information contact John Borba at: jaborba@ucdavis.edu. For information about the facility and a map, please visit the range website at: http://www.tcdsa.org/documents/rankin_field.htm
- On-line registration for the **2010 California Focus Program** is available now and is due on **January 15, 2010**. 4-H members and leaders come together to run their own state government in the fictitious state of Sierra Cascade. Delegates draft legislation, participate in a mock trial, and run for office. Then participants interact with their legislators, court officials, and those close to current issues. Financial assistance is available for this program for members who could not afford to attend without help and the Young Civic Leader Scholarship is available for teens with an outstanding leadership and community service record. More information and registration forms are available at: <http://ca4h.org/citizenship/focus/>.
- California will be sending 4-H members and leaders outbound on the **California International Exchange Program** during the summer of 2010. Are you ready for a one month experience in Australia, Costa Rica, or Japan? Delegates must submit an application with reference letters and complete an interview by **January 27, 2010**. More information is available at: <http://ca4h.org/exchange/>.

- Dates have been set for **2010 State 4-H Horse Events**. The State 4-H Horse Classic - Educational Contests will be held **April 24 & 25 at Reedley College, Reedley, CA** (southeast of Fresno). The **Championship Horse Show** will be held at the Santa Cruz County Fairgrounds in Watsonville on **Thursday, June 24 thru Sunday, June 27**. Tentatively, the English classes and Over Fences will be held on Friday, Western classes on Saturday and Gymkhana on Sunday. More information will be available by December 1st on the web site at <http://ca4h.org/projresource/horse/>.
- Dates have been set for the **2010 Citizenship Focus Program**. Come participate in hands-on programs that bring government and policy issues to life and help you get involved in your own community.
California Focus June 25-29, 2010
<http://www.ca4h.org/citizenship/focus/>
Washington Focus I
 Road to Democracy, June 27-July 5, 2010
 Heritage Trail, I June 27-July 3, 2009
Washington Focus II
 Global Journey, July 11-21, 2010
 Heritage Trail II, July 11-17, 2010
<http://www.ca4h.org/citizenship/dcfocus/>
 For more information, contact Pat English at pnenglish@ucdavis.edu or 530-754-8520.
- **Domestic exchange with a 4-H Club** - Is your club looking for an opportunity to participate in a domestic exchange with a 4-H club in another part of the U.S? Lancaster County, PA 4-H is hoping to establish a domestic exchange for 2009-10 or 2010-11 with an interested California 4-H group. Scenic Lancaster County includes Amish country and is centrally located close to Gettysburg, Philadelphia, Harrisburg, Washington DC and Hershey. For those interested, please contact Sharon Sherick at ssherick@dejazzd.com.
- **California 4-H International Exchange** - Looking for an amazing 4-H opportunity? Then consider the California 4-H International Exchange. Curious about other cultures but can't find the time or money to travel? Interested in anime or manga? Want to improve your language and communication skills? Bring the world home by hosting a summer month-long international exchange student from Costa Rica, Finland, or Japan this coming summer. Welcome a student from another country and share an incredible experience with your whole family. Information is available at: <http://www.ca4h.org/exchange/> or by contacting Pat English at 530-754-8520 or pnenglish@ucdavis.edu.

2009 4-H All Stars:

Christopher Choi
 Hannah DeYoung*
 Ryan Halvorsen*
 Amanda Ho
 Wesley Ho*
 Jessica Kwan
 Stephanie Kwan
 Kirsten Landsgaard
 Erin Power-Fardy
 Kelsey Schott

2009 Jr. All-Stars:

Candace Corrales*
 Veronica Cubillos*
 Madison Cumby*
 Alex Kasperovich*
 Kristy Okamoto
 Taylor Presley
 Aleandra Ryan-Plasil
 Caroline Seymour

* - new selectee

Los Angeles County, 4-H Youth Development Staff:

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Antonette Pavia, 4-H Administrative Assistant, (323) 260-3850, ampavia@ucdavis.edu

Charlene Moore, Antelope Valley 4-H Coordinator, (661) 723-4477, moore@ucdavis.edu

Jennifer Dana, Antelope Valley Administrative Assistant, (661) 723-4477, jrdana@ucdavis.edu

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