



November 2010

If you have any questions or suggestions about the Clover Notes, please don't hesitate to call Roy Hillstock at (323) 260-3854 or email at rhillstock@ucdavis.edu. We welcome submissions, especially for Club News. Please submit articles by the 15th of the month to be posted in the following months' edition.

Contact the [Los Angeles 4-H Youth Development Office](#) or 323-260-3854. For upcoming dates, please visit the [4-H Calendar](#). We look forward to continuing to serve you and your 4-H needs.

POLICY

Policy Highlight of the Month

Affirmative Action and All Reasonable Effort (ARE)

The University of California 4-H Youth Development Program is open to any and all youth without regard to race, gender, religion or sexual orientation. The Affirmative Action policy outlines and guides our program efforts to be sure the program is open and accessible to all who want to participate. 4-H does not and has never endorsed quotas or programming based on a quota system. However, each club should reflect the community in which it is situated and mirror the families and people who live there. Clubs that do not reflect the community should at least demonstrate *All Reasonable Effort (ARE)* to show earnest and genuine attempts to reach youth and families not reflected in the club. According to the policy, ARE includes:

- Using all appropriate available mass media, including radio, newspaper, and television, to inform potential clientele of the program and of the opportunity to participate.
- Distributing announcements, flyers, and posters, as appropriate.
- Sending circulars and personal letters to individuals who are members of the underserved clientele group, including the dates and places of meetings or other planned activities, and inviting them to participate.
- Making personal visits to a representative number of the underserved potential clientele in a geographically defined area to encourage them to participate.
- While volunteer leaders may be asked to assist in these efforts, ultimate responsibility for compliance rests with 4-H YDP staff.

4-H is committed to diversity and that commitment is evidenced in the ongoing outreach efforts to extend the reach of the program to communities throughout Los Angeles County. For more information on the Affirmative Action policy or All Reasonable Effort please refer to the 4-H Policy handbook at:

<http://www.ca4h.org/policy/chapter3/index.asp#X>

**Reprint from November 2009

CLUB

- **Palos Verdes Peninsula 4-H Club**
By Wesley Rich

On September 18th the PVP 4H club cooked and served burgers, hot dogs, chips and homemade baked goods at the Rolling Hills City Celebration.



The 2nd Annual PVP 4-H Club Fair Expo was held on Sunday, September 19th at 5:00pm at club leader Dee Keese's house. Teen & Junior leaders showcased their individual projects to promote and to inform new & old members of the projects that are offered in the 4-H. Many projects were presented such as Rocketry, Martial Arts, Shooting Sports and Archery, Pets & Small Animals, Heritage Arts to name only some of the many projects on display. The Pigeons project released their pigeons so we could all watch how they flew in a circle and then flew into their lofts. Next, everyone enjoyed a great potluck dinner. The evening concluded with Jessica Kwan, PVP 4-H State Ambassador, presenting the 4-H members with their 2009 year pins. All the 4-Hers and their families had a great time!



- **Pet Symposium 2010**
Dawn Fuller, 4-H Program Coordinator

On **Saturday, October 9, 2010**, *Los Angeles County 4-H* held its third annual **Pet Symposium** at the **UC Cooperative Extension**. There were **29** wonderful educational booths for youth to learn from, and **250** people attended the popular free event. Youth were able to meet with pet care specialists, rescue organizations and animal enthusiasts for every popular pet imaginable. Expert speakers provided an informative and enlightening symposium throughout the day. Youth were able to learn all about rabbits, rats, mice, chickens, dogs, cats, turtles, tortoises, pigeons, guinea pigs, turtles, hamsters, bees, chinchillas and even Pygmy Goats!



Award-winning children's author **Betty G. Birney** (<http://www.bettybirney.com/>) read from her famous "Humphrey" series and signed books. She graciously stayed for an extended period of time, met with youth, and even visited *Encino Oak's 4-H Club's* creative Pet Rock Activity Table. **Ashlyn Spaziano**, of *Greenleaf 4-H Club*, stayed by the author's side, assisting her throughout the program. Ms. Birney was thrilled to have her help.



Marjorie Rodriguez of *Greenleaf 4-H Club* delighted guests with tasty chili dogs and chef salads. Youth member **Richard Marshall** of the *Rosamond Red Racers 4-H Club*, and his mother, **Cheri Marshall**, brought their Pygmy Goats and wowed everyone with insightful and interesting facts about these fun pets. **Ethan, Nathaniel, Aaron Boeker** and their Mom, **Amber**, of the *Canyon Coyotes 4-H Club*, designed and created an informational 4-H booth, which included exciting examples of the projects they are involved in. Each of the boys spoke to the public about what 4-H is and why they like it. They all did a really nice job of representing 4-H. **Matthew** and **Rebecca Mountford** of *San Fernando Valley 4-H Club* spoke about 4-H in an interview and also showed everyone who attended how true and loyal 4-Hers can be great helpers!

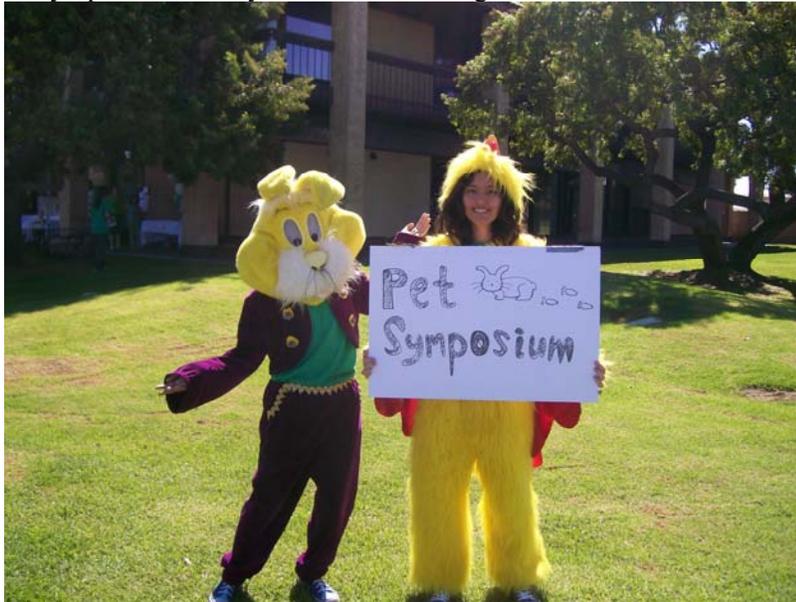
Ramona Gomes of *Alta-Pasa Squad 4-H Club* shared her knowledge of poultry with visiting families and even held her pet chicken out so that everyone could get a closer look.

Carrie DeYoung of *San Fernando Valley 4-H* gave a really interesting (and important) presentation on things that dogs

should not eat. **Diana Kaljumagi** of *Pomona Valley 4-H* also explained to everyone how to prepare your pets for extreme weather. **Joy Harrison** of *Agoura Hills 4-H Club* provided a fun rabbit and chicken display while **Cathy-Lynn** and **Ciel Kozlowski** of *Palos Verdes 4-H Club* even brought ducks to share this year! **Tom Webb** of *Shadow Hills 4-H Club* assisted *Pierce College* with their booth and helped wherever needed. **Daniel** and **Kim Espinosa** of *Harbor Lights 4-H Club* displayed Daniel's pet turtle, and **Judylynn Pelling** and members of *Eagle Rock/Highland Park 4-H Club* brought their adorable dogs and cat for attendees to pet.



Palos Verdes Peninsula 4-H Club members dressed up in chicken and rabbit costumes to spur on passersby to attend the 4-H Pet Symposium. The youth even made signs and danced on the sidewalk! Way to go PVP 4-H!



Shan and **Sophia Ali** of *Encino Oaks 4-H Club* baked and decorated two beautiful animal cakes to be donated during the Pet Symposium program. Visitors were astounded by the hard work and creativity that **Shan** and **Sophia** put into making such lovely treats. Both cakes took a long time to decorate!



New speakers and booths this year included the Long Beach Chapter of the *California Turtle and Tortoise Club*, *K-9 Bar Dog Academy Unit*, a Chinchilla presentation, a Pygmy Goat presentation, *Blankets of Love*, *Agoura Hills 4-H*, *Shadow Hills 4-H*, *Pierce College* and *Rabbit Rescue*.

UC Davis Veterinary student **Justine Ma**, **Lori Pickell** of the *TLC Pet Medical Center* in South Pasadena, **Carol Kozeracki**, Dean of Research, Planning and Enrollment Management of *Pierce College*, along with her students, all excited visiting youth about careers in Veterinary Science. The *Los Angeles County Beekeepers* were a popular feature of the day as usual! Many thanks to all of the generous vendors, club members, All Stars, Junior All Stars, volunteers, staff and all who attended that day. We can't wait until next year!



- **Senior Awards of Excellence—2010**

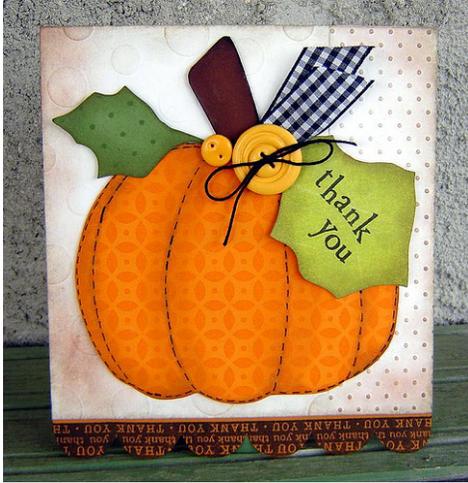
Community Service was awarded to **Kristy Okamoto from Pomona Valley 4-H**. Kristy is an 11 year member, starting at 5 years old making gift bags for the local hospital. Every year she has participated in many community service activities. Kristy has been busy serving the community thru park clean-ups, serving meals to the homeless, making ornaments for a local community group's Christmas tree, and making gift bags for different holidays for children who are hospitalized. As a face painter at the NICU Reunion at Pomona Valley Hospital Medical Center, she had a chance to make many kids smile. Finally, as a teen leader, Kristy specialized in working with younger project members, those with special needs, and/or learning disabilities.

Leadership was awarded **Ryan Halvorsen, a PVP4-H member**. Ryan was only 9 years old when he decided that he needed to take on a leadership role in his club. But he was too young to be an actual officer in the club. No problem there...he volunteered to be the Club Song Leader, problem solved! This was to become a very common event. As a growing leader, he sought out opportunities to make a difference, or to resolve an issue. As a Jr. and Teen leader, Ryan has added greatly to his project member's experiences. He has been the chairperson for one of his club's biggest events, and has served in 5 different club offices, including president. As president he completely revised the expectations of the board and successfully worked to improve the communication within the club leadership. Ryan has served as a San Gabriel Valley Fair Director and is a current LA County All-Star.

Achievement was awarded to **Tearah Kerr from Leona Valley Racketeers**. Tearah has been in 4-H for 7 years, and is now in her 1st year of college. She started in 4-H like many members do—with a love of animals. In her 1st year she got her first pig and learned the joys of cleaning pens. Over the next 7 years, Tearah was a part of 7 different projects and a Jr/Teen leader for a total of 12 years of project leadership. She also chaired or served on over 32 committees. Tearah chaired a large club sponsored event for over 200 people. She has been a State 4-H Record Book Medalist. Tearah has also had the Supreme Champion Beef and a Champion market lamb.

- **“Thanks” Giving**

Dawn Fuller, 4-H Program Coordinator



The Thanksgiving Holiday is nearly upon us, and we are reminded to give thanks for all that we have. We are thankful for our friends and family, our health, our pets, the home that we live in, the food on our table, the things that we have and our 4-H club family too. It is a wonderful time to remember the importance of saying “thank you” in variety of ways to those that have done things to make us feel important and loved. Everyone who does something nice for us will appreciate being thanked, and that may make him or her more apt to do something nice for us again!

Our parents, relatives, teachers, family friends, club leaders and project leaders all hold a special place in hearts, and probably do things for us that are extra nice. There are several things we can do to say “thank you” in tasteful and thoughtful ways.

The Thank You Card

When we are the recipient of any kind of present (big or small), or special support-- a Thank You Card is in order. A Thank You Card should be sent within a few days after the gift or the supportive action takes place. Handwritten notes are a really nice way to show someone you took the time out to think about what they have done for you, and besides, everyone likes to get a surprise in the mail! Here are some guidelines to use when writing a Thank You Card:

- 🍁 Greet the giver (Dear...)
- 🍁 Express your gratitude (I really want to thank you for...)
- 🍁 Discuss the use or benefit (I plan to wear my new jacket this winter...)
- 🍁 Mention the past and allude to the future (It was great to see you and I can't wait until the next time we meet again...)
- 🍁 Grace (Thank you again for thinking of me...)
- 🍁 Wrap it up simply (Sincerely...)

Whatever you write, you should have the giver in focus, and try to avoid too many “I” statements. It is nice to buy a few packets of cards throughout the year to have on-hand for occasions such as these. Here are a few more things to remember:

Always send a Thank You Card when:

- 🍁 Someone writes a letter of recommendation for you
- 🍁 Someone gives you any sort of gift
- 🍁 Someone provided you with extra help in any area
- 🍁 Someone made you feel good or appreciated
- 🍁 Someone calls, sends a card or visits when you are sick
- 🍁 Anyone who treated you to a meal at their home or otherwise

* (A good rule of thumb is any time anyone does anything kind that makes your heart smile, you should send a card!)

A Small, Thoughtful Token



In addition to Thank You Cards, you can also say “thank you” with a small season-related token. November is the perfect time to do something nice for someone who has been good to you. The token does not have to be grandiose or expensive. The token is something small that tells someone you put some thought into your “thanks.” Here are a few Fall ideas:

- 🍁 Decorate a small pumpkin and attach a wee thank you note.
- 🍁 Make a pumpkin, zucchini, banana or blueberry bread with a cute ribbon tied around it.
- 🍁 Make a pumpkin or sweet potato pie.
- 🍁 Fill a small Mason Jar with candy corn and tie a ribbon around the lid.
- 🍁 Ask your mom for her favorite bean soup recipe. Fill a small Mason Jar with the dry beans the recipe calls for, type up the recipe and attach to the jar with a bow tied around the lid.
- 🍁 Buy a small bouquet of sunflowers or other brightly colored flowers and tie with your own Fall ribbon.
- 🍁 Tie up a few flavored tea bags with a honey stick and attach a sweet note.
- 🍁 Tie up a few packets of cocoa and attach cinnamon sticks and a small bag of marshmallows.
- 🍁 Pot a small, colorful plant.
- 🍁 Go to a farmer’s market or apple orchard and pick out whatever is in season. Place apples in small paper sack and glue an apple cut-out to the front of the bag with a kind note.
- 🍁 Attach a handwritten note to a bag of Fall potpourri.
- 🍁 Take a picture of your favorite tree with colorful leaves and write a message on the back of the photo.
- 🍁 Make your own caramel apples and decorate with Reese’s Pieces.
- 🍁 Make your own glycerin soap and place a lavender stem in the soap mold.

No matter how you choose to say “thank you,” whatever you do will be very much appreciated. ***Now it is my turn to thank YOU for being a part of Los Angeles County 4-H—youth and adult volunteers are what make this program awesome! Thank You and Happy Thanksgiving!***

*Thank you card guidelines came from: <http://themarketingguy.wordpress.com/2007/12/20/how-to-write-a-thank-you-card/>

- **Our Friend, the Pumpkin**

Dawn Fuller, 4-H Program Coordinator

Many of us include pumpkins in our Fall decorating schemes. Pumpkins are great fun at Halloween and on our Thanksgiving tables. Maybe you are growing pumpkins in your Gardening Project or with your family in your own backyard. Here are a few little-known facts about our friend, the Pumpkin (better known as a Squash!):

- 🍂 Pumpkins originated in Southern Mexico around 8,000 B.C.E.
- 🍂 The name “Pumpkin” comes from the Greek word “Pepon,” which means “Large Melon.”
- 🍂 The tradition of pumpkin carving was brought to the United States by the Irish, who originally carved turnips. Upon their arrival, they found pumpkins much easier to carve!
- 🍂 Pumpkins grow on every continent-- except Antarctica.
- 🍂 Pumpkin flowers are edible.
- 🍂 Pumpkins are 90 percent water.
- 🍂 Pumpkins were used for removing freckles and curing snakebites in years past.
- 🍂 Early American settlers used pumpkin pulp only to make their piecrust, not for pie filling.
- 🍂 The “Pumpkin Capital of the World” is Morton, Illinois.
- 🍂 In Morton, Illinois, they have a pumpkin throwing competition each year wherein a pumpkin is launched in a massive machine called, what else, a “Pun’kin Chucker!” The winner is then awarded the title of “Pun’kin Chucker Supreme.”
- 🍂 Native Americans ate the pumpkin pulp, used the seeds for medicine and made mats out of the rind.
- 🍂 50 Million Pumpkin Pies are consumed each year.
- 🍂 During peak growth, giant pumpkins can grow up to 50 pounds per day with 800 seeds in each.



There are many types of pumpkins. Some are better for cooking or carving than others. We all choose to grow or buy pumpkins dependent on what we like. Some may prefer a traditional orange pumpkin; some may like green or white with stripes! Some may enjoy a funny shape, and some may like a pumpkin that is perfectly round. Here is a list of just some of the pumpkins you may come across:

The Standard Orange Variety:

Grows between 2 to 5 pounds

Baby Bear (small, flattened shape, fine stem)

Baby Pam; Oz (hybrid, very smooth skin, immature yellow color)

Small Sugar or New England Pie (the standard pie type)

Spooktacular (hybrid, bright orange, ribbed)

Sugar Treat (hybrid, bright color)

Winter Luxury (old variety, good for cooking, unique netted skin)

Standard Orange:

Grows between 8 to 15 pounds

Autumn Gold (hybrid, yellow when immature)

Bushkin (hybrid)

Frosty (hybrid, smooth-textured skin)

Funny Face (hybrid)

Harvest Moon (hybrid)

Jack-o-Lantern

Spirit (hybrid, semi-bush)

Young's Beauty

Standard Orange:

Grows between 15 to 25 pounds

Aspen (hybrid, deep orange, uniformly large)

Big Autumn (hybrid, yellow when mature)

Big Tom

Connecticut Field (the old standard)

Ghost Rider (dark orange, very dark green stem)

Happy Jack (uniform, dark orange)

Howden Field (the industry standard for the last 20 years)

Jackpot (hybrid, round)

Jumpin' Jack (large, dark orange, heavy, tall)

Pankow's Field (large, variable pumpkins with exceptionally large, long stems).

Rouge Vif d'Estampes (deep red-orange, flattened, and heavily sutured. It was the prototype for Cinderella's carriage pumpkin and is sometimes sold as "Cinderella" pumpkin.)

Types for canning and cooking:

Buckskin (hybrid)

Chelsey (hybrid)

Dickinson Field

Kentucky Field

Jumbo Pumpkins:

Grows between 50, 100 pounds to much larger

Atlantic Giant (most true giants come from this variety)

Big Max

Big Moon

Mammoth Gold

Prizewinner

White Painting

Casper

Lumina

Snowball

Little Boo

Cushaw Group

Green-Striped Cushaw

Sweet Potato

Tennessee

White Cushaw

Golden Cushaw

Naked-Seeded:

Trick or Treat (hybrid, 10 to 12 pounds, good for carving)

Tricky Jack (hybrid, small)

Triple Treat (thick flesh, 6 to 8 pounds, cooks, carves well)

Miniature Pumpkins:

Baby Boo (white)

Jack-Be-Little (standard orange miniature)

Jack-Be-Quick (taller, darker orange)

Munchkin (uniform, attractive orange)

Sweetie Pie (small, scalloped, medium orange)

Wow! There are so many types of pumpkins. Next time you are picking pumpkin seeds to plant or are at the pumpkin patch picking a pumpkin; just remember this-- whichever pumpkin you pick is just like you –unique and wonderful! Happy picking!

The variety listing above and other fun pumpkin information can be found here:

<http://www.pumpkin-patch.com/facts.html>

<http://www.pumpkin-patch.com/varieties.html>

- **Spicy Pumpkin Soup with Cinnamon Croutons**

Dawn Fuller, 4-H Program Coordinator



Now that we know a little bit more about our friend, the pumpkin, let's see if we can't cook up a little Pumpkin Soup with Croutons!

Creamy and Sweet Pumpkin Soup with Croutons**Ingredients:**

- 🍂 2 tablespoons brown sugar
- 🍂 15 oz can pumpkin puree
- 🍂 2 cans salt free chicken broth, 14 ½ oz each
- 🍂 1 cup chopped onion
- 🍂 5 tablespoons softened butter
- 🍂 ¼ teaspoon ground cinnamon
- 🍂 4 slices whole wheat bread
- 🍂 ¼ teaspoon cinnamon
- 🍂 ½ teaspoon salt
- 🍂 ½ teaspoon pumpkin pie spice
- 🍂 1 cup heavy whipping cream
- 🍂 ⅛ teaspoon ground black pepper
- 🍂 Handful cilantro leaves
- 🍂 ½ teaspoon ground ginger

Preparation:

Preheat oven to 400 degrees F.

Mix together cinnamon, half the sugar and butter. Spread butter evenly over one side of each slice of bread. Put the bread, buttered side up, on a baking tray. Bake for about 8 minutes, or until bread is toasted.

Cut bread slices into small squares or triangles.

Sauté onion in the rest of the butter until tender, then add half the chicken broth. Stir the mixture well, bring it to a boil, then cover the pan, turn the heat down, and let it simmer for about 15 minutes.

Process broth in a food processor or a blender until it is smooth, then put it back in the pan and add the other can of broth, salt, cinnamon, pumpkin pie spice, pumpkin puree, pepper, the rest of the sugar and ginger.

Stir mixture well and bring it to a boil.

Cover pan, turn the heat down, and let the pumpkin soup simmer for about 10 minutes, stirring it all the time.

Stir in cream and warm it through without boiling.

Ladle soup into 6 serving bowls. Top each one with croutons and cilantro leaves.

Enjoy!

This pumpkin soup recipe and other variations of it can be found here:

<http://www.pumpkinsoup.org/>

- **Outreach Round-Up**

Dawn Fuller, 4-H Program Coordinator

On **Wednesday, October 6, 2010**, *Los Angeles County 4-H* made an outreach presentation to 32 Maravilla Community Residents in East Los Angeles.

On **Friday, October 8, 2010**, from **3:15 p.m.-6 p.m.**, Lanai Road Elementary School (4241 Lanai Road, Encino, 91436), Encino Oaks 4-H Club, Los Angeles County 4-H and San Bernardino County 4-H hosted the **3rd Annual National Youth Science Day Experiment**. Youth conducted fascinating water experiments and participated in “learning by doing activities” that acquainted them with many spellbinding aspects of water and science.

On **Saturday, October 9, 2010**, at the *Los Angeles County 4-H Pet Symposium*, **Ethan, Nathaniel** and **Aaron Boeker** of the *Canyon Coyotes 4-H Club* hosted an informational 4-H outreach booth. **Ethan, Nathaniel** and **Aaron** greeted attendees, explained what 4-H is, and what projects they participate in. Thanks Boeker Family!

On **Friday, October 29, 2010**, *Los Angeles County 4-H* provided an outreach presentation in South Los Angeles. It is one of our goals to start clubs in this area, and we are well on our way!

- **Online Re-Enrollment** – The time is coming for current 4-H members and leaders to re-enroll. After July 1, 2010, each 4-H member and leader will need to log in to their family profile and re-enroll. To assist in this process, download the "How to Re-Enroll" form from the LA County website. You can access this sheet by clicking [here](#). The 4-H Online Enrollment website is: <https://california.4honline.com/>. Remember, you must be currently enrolled to participate in 4-H and 4-H activities. The fees are \$15 for youth and \$6 for adults. If you have any questions please call Roy Hillstock at (323) 260-3854.

- **A Picture is Worth a Thousand Words**

Dawn Fuller, 4-H Program Coordinator

We would love to see all the fun activities your club has been involved in throughout the year. Please send in any photos of your club activities/events that you would like to be included in the slideshow for the Leaders' Luncheon and special newsletter features. You can email them to: dafuller@ucdavis.edu. Here's looking at you!

- **Share your 4-H experiences** - 4-H'ers, share your 4-H experiences by submitting articles to be published in Clover Notes. Articles may include club news, photos, community service projects, and/or anything you or your club would like to share. Submit your articles by the 15th of the month to be published in the following month's edition of Clover Notes to Roy Hillstock, rlhillstock@ucdavis.edu.
- **Dates To Remember:**
 - 11/3 NSG Council & Hi 4-H mtg.
 - 11/5-7 State Leaders' Forum
 - 11/6 Regional 4-H Horse Show
 - 11/9 I&R mtg.
 - 11/11 Veterans Day (Office Closed)
 - 11/13 Fun Shoot (Turkey Shoot)
 - 11/20 County Council mtg. (10-12pm) & New Leader Orientation 12-2pm (Lanai Rd Elem. School)
 - 11/22 AV Council & Hi 4-H mtg.
 - 11/25-26 Thanksgiving Holiday (Office Closed)
 - 12/3 State Record Book Judging (Davis, Ca)

SECTIONAL

- The California 4-H South Section **Teen Involvement Conference (TIC)** is a three day youth leadership conference for high school aged 4-H members of the south section. Youth who attend this conference will have a chance to: gain new leadership techniques, learn teamwork skills, obtain information on opportunities 4-H has to offer at a sectional and state wide level, meet 4-H members from across the state, participate in community service activities, and much more! The conference is completely planned and ran by the youth officers, teen council members, and volunteers. For more information click [here](#).

STATE

- A **shooting sports training workshop to train volunteers** in the **rifle discipline** will be held in **Ukiah, CA on November 6 & 7, from 8am-5pm both days**. Upon successful completion of this course, 4-H leaders will be certified in the rifle shooting sports discipline. They will be certified as Volunteer Leaders and be eligible to serve a club or camp rifle project leader. There is a \$20 fee for the course. To get more information contact Linda Edgington at lgedgington@ucdavis.edu or call 707-463-4495. To register for the class you must complete the Training Request and Registration Form found at: <http://www.ca4h.org/files/4785.doc> and have it signed by your county 4-H staff person. Mail this form along with a check for \$20 made payable to Mendocino County 4-H to: Rifle Class 890 N. Bush Street, Ukiah, CA 95482. This class is not open to leaders from Santa Cruz County or Ventura County.
- Think about taking a 4-H project field trip to a local science center! Science centers are located around the state. Find the closest one to you.
 - Los Angeles County** - California Science Center, Exposition Park on 39th Street & Figueroa Street, Los Angeles, CA 90037 <http://www.californiasciencecenter.org/>
 - Riverside County** – Western Science Center, 2345 Searl Parkway, Hemet CA 92543 <http://www.westerncentermuseum.org/>
 - Orange County** - Discover Science Center, 2500 N. Main Street, Santa Ana, CA 92705 <http://www.discoverycube.org/>
 - San Diego County** - Reuben H. Fleet Science Center, 1875 El Prado, San Diego, CA 92101 <http://www.rhfleet.org/>
- **Geography Awareness Week, November 14-20, 2010** <http://www.mywonderfulworld.org/gaw.html>
 Geography Awareness Week is an annual opportunity for families and schools to engage in fun, educational experiences that draw attention to the importance of geographic understanding. The 2010 theme is Freshwater – which complements the 2010 4-H NYSD experiment. GIS Day is celebrated on Wednesday of Geography Awareness Week (Nov. 17, 2010). GIS Day resources and a listing of GIS Day local events are found at <http://www.gisday.com/>.

- **2011 ESRI GIS Grants, Due November 19, 2010, www.esri.com/4-H**
 2011 ESRI GIS Grants are being accepted to fund 4-H GIS programs: 1) Getting Started with GIS and GPS Grant: For 4-H clubs not already familiar with GPS or GIS technologies that want to begin introducing spatial literacy to youth at a basic level. 2) ArcGIS Grant: For 4-H clubs with adults and youth members comfortable with the technology who are now ready to learn and do more with ArcGIS software and GPS technology. 3) State or Regional ArcGIS 4-H Educator Train the Trainer Grant: For funding to conduct a state or regional GIS training for 4-H staff and volunteers. While the national application deadline is December 1, in order to complete the required grant processes and obtain a letter of support from the State 4-H SET Coordinator, applications are due to the California State 4-H Office by November 19.
- **Team America Rocketry Challenge (TARC), Due November 30, 2010**
 It's time to form your own rocket team and learn to launch! Registration is now open for the world's largest rocket contest, which challenges participants in grades 7-12 to compete for \$60,000 in prizes and scholarships. Participation is limited to the first 750 teams who register by November 30. 4-H has always done well in this event; five 4-H TARC teams made it to the finals last year, three from Kentucky, one from Minnesota, and one from Texas. This year's challenge is to design, build, and fly a model rocket containing a raw egg that reaches an altitude of 750 feet, stays aloft for 40 to 45 seconds, and returns the egg unbroken on a parachute. <http://www.rocketcontest.org/>
- **NSTA Faraday Science Communicator Award, Due November 30, 2010**
 The Faraday Science Communicator Award will recognize and reward an individual or organization that has inspired and elevated the public's interest in and appreciation of science. The individual should work in or develop a compatible setting for science communication, and the organization should provide exemplary opportunities for science communication to the public. The awarded will be honored at the awards banquet during the NSTA National Conference on Science Education.
<http://www.nsta.org/about/awards.aspx#faraday>
- **Lowe's Charitable and Educational Foundation (LCEF)**
 Nonprofit organizations with 501(c)3 status and public agencies operating in communities where Lowe's stores and distribution centers are located are eligible to apply. Grant funds are available for community improvement projects. Grant amounts range from \$5,000 to \$25,000. Application awards are ongoing. To apply, organizations will need to take an eligibility test. For more information and to apply, click here.
- **Pay it Forward Minigrants**
 Pay it Forward Foundation's - Pay It Forward Mini-Grants are designed to fund youth-identified projects with educational value that benefit their school, neighborhood, or greater community. Programs must illustrate how their projects will embody a "pay it forward" concept, where benefits multiply exponentially in the community. Grant applications are considered throughout the year. For more information go to:
<http://www.payitforwardfoundation.org/educators/grant.html>
- **Do Something Youth Grants**
 U.S. and Canadian citizens 25 or under are eligible to apply for \$500 Plum Youth Grants. These grants are designed to further the growth and success of a recently created community action project or organization. Applications are accepted on a rolling basis and grants are awarded weekly. For more information and to apply go to: <http://www.dosomething.org/grants/general/apply>
- **Jenesis Group Grants**
 The Jenesis Group is offering grants to support youth development, education and social entrepreneurship. Nonprofit organizations with 501(c)3 status are encouraged to apply. The Foundation invests in grass roots organizations working to empower at-risk and/or disadvantaged youth to become productive citizens. Priority is given to programs with preventative approaches and comprehensive long-term solutions to challenges facing youth today. Go to: <http://www.afterschoolnetwork.org/node/6924> for more information.

- Verizon Foundation Education and Health Grants**
 Non-profit organizations, schools (elementary or secondary) and government-funded programs are eligible to apply for funding from the Verizon Foundation. Grants are awarded to advance literacy and educational achievement, promote health and safety, and prevent domestic violence. The foundation reviews unsolicited proposals annually from January 1st to October 31st. Funding decisions are made within 90 days of the grant application. For more information go to: <http://foundation.verizon.com/grant/guidelines.shtml>
- 3M Community Giving Grants**
 Organizations located in the 3M communities (the following are CA specific) of Corona, Irvine, Monrovia, Northridge, Ontario, and Petaluma and are involved in initiatives to increase student interest and achievement in math, science, or economics; afterschool programs with other learning and/or prevention components; as well as organizations with initiatives to enhance the quality of cultural life, or the sustainability of the planet are eligible to apply for 3M Community Giving grants. The deadline is rolling, and to apply a letter of inquiry must be sent to the local 3M facility. Go to: http://solutions.3m.com/wps/portal/3M/en_US/CommunityAffairs/CommunityGiving/US/Apply/ for more information
- eCYBERMISSION, Due December 17, 2010**
 eCYBERMISSION is a web-based science, technology, engineering and math competition for 6-9th grade teams. Your team will propose a solution to a real problem in your community and compete for regional and national awards. eCYBERMISSION challenges you to explore how science, technology, engineering and math work in your world. <http://www.ecybermission.com/>
- California Fertilizer Foundation, Due January 15, 2011**
 The California Fertilizer Foundation is seeking proposals for school garden programs. During the 2010-2011 school year, 24 grants of \$1,200 each will be awarded. The purpose of this funding is to increase California children's understanding and awareness of agriculture through school gardens. <http://calfertilizer.org/grant.htm>
- Fashion cents, the 2011 Challenge category will be the \$15 Challenge.** Members are challenged to coordinate and purchase an entire outfit for \$15 or less, not counting shoes. Additional categories for 2011 will be Traditional, Consumer Science-Purchased, Recycled, and Wearable Art-Embellished. In CS-Purchased, the limit has been reduced to \$100 for everything showing. The Recycled rules have been rewritten to differentiate between recycling an old garment into a new one and alterations. In WA-Embellished, the rules clarify that the original garment must be purchased. The SFR committee welcomes your participation in planning and presenting this state event. To join the committee, contact Karli Draxler, Youth Chair, at chat2kd@unwiredbb.com. For event information, the Challenge flyer, and 2010 photos, see the SFR website at <http://www.ca4h.org/Programs/Events/SFR/>. The committee is looking for historic photos and stories about 4-H Dress Revue and SFR when it was part of State Leadership Conference. If you have any to share, please contact Sue Moore at samoore@ucdavis.edu.
- 4-H members involved in sheep projects may be interested to plan ahead and attend the **2011 National ASI Convention**, planned for **January 19-22, 2011** in Reno, NV. You may visit the American Sheep Industry site, http://www.sheepusa.org/Future_Convention_Dates for more information. Please note: There is currently no CA funding available to assistance with attendance.
- Thacher Environmental Research Contest, Due April 11, 2011**
 Sponsored by the Institute for Global Environmental Strategies, the Thacher Environmental Research Contest challenges high school students (grades 9-12) to conduct innovative research on our changing planet using the latest geospatial tools and data. Cash awards are presented for top project entries. www.strategies.org/ThacherContest

- **California 4-H Photography Contest and Film Festival at the 2011 State 4-H Field Day**
 Event on May 28, 2011. Registration due by May 6, 2011.
<http://www.ca4h.org/Programs/Events/SFD/>
 Start thinking now about the photography contest and film festival being planned for the 2011 State 4-H Field Day on May 28, 2011 at UC Davis. The California 4-H Technology Leadership Team will release the themes for both events in January 2011. Both are open to all 4-H members (age 9 through 19). For more information, please contact: Photography Contest, John Trammell at techdude4h@gmail.com and Film Festival, Ashlyn Aiu at singthislouder@gmail.com.
- **Special Recognition at the 2011 State 4-H Presentation Day, May 28, 2011**
http://www.ca4h.org/Programs/Events/SFD/PD/Recognition_Opportunities/
 A special recognition pin will be awarded for youth who participate in State Presentation Day and focus their presentations on science, engineering and technology! This year's focus is on the natural properties and the human interactions with water. Potential topics include water quality, conservation, water cycle, effects on plants and organisms, water in cultural contexts, human impacts on water, phases and/or properties of water, storage and transportation.
- **Tech Trek Camp, Summer 2011**
 Tech Trek is a summer math/science camp designed to develop interest, excitement, and self-confidence in young women who will enter eighth grade in the fall. It features hands-on activities in math, science and related fields. All sleeping, eating, instructional, and recreational facilities are located on a university campus where camps are held. <http://www.aauw-techtrek.org/>
- Looking for a way to **enhance your leadership and citizenship skills**? Delegates who participate in California and Washington Focus say they enhance these very skills as they engage in one of the citizenship study/travel programs and carry out a plan of action to address an issue in their school or community. The 2011 programs are planned for:

 - June 17 – 21, 2011, **California Focus** in Sacramento Late June 2011, Washington Focus #1 - Washington, D.C.; Williamsburg Jamestown/ Yorktown (dates to be finalized soon)
 - July 10 – 19, 2011, **Washington Focus #2** – Washington, D.C.; Philadelphia & New York. More information is available at: <http://www.ca4h.org/Projects/Citizenship/Focus/> or with Pat English, pnenglish@ucdavis.edu.
- **California's 4-H International Exchange Program** will host students from Costa Rica, Finland, and Japan as well as send delegates outbound to Australia. The hosting programs are all about sharing your regular summer life with a teen from another culture. There is no expectation that students tour California. Find out more by contacting Pat English at pnenglish@ucdavis.edu or check on the web at: <http://www.ca4h.org/Projects/Citizenship/International/>.
- **The 2011 Western Regional Leaders' Forum**, "Cruise to 4-H Excellence!", is planned for **May 7-14, 2011**, and will be held aboard a cruise ship and will be visiting Alaskan and Canadian ports as attendees participate and learn at the many workshops being offered. You can visit: <http://4h.wsu.edu/conferences/2011wrlf/index.html> for more information and registration details.

2009 4-H All Stars:

Christopher Choi
Hannah DeYoung*
Ryan Halvorsen*
Amanda Ho
Wesley Ho*
Jessica Kwan
Stephanie Kwan
Kirsten Landsgaard
Kelsey Schott

2009 Jr. All-Stars:

Candace Corrales*
Veronica Cubillos*
Madison Cumby*
Alex Kasperovich*
Rachel Klose*
Kristy Okamoto
Taylor Presley
Aleandra Ryan-Plasil
Caroline Seymour

* - new selectee

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