



December 2010

If you have any questions or suggestions about the Clover Notes, please don't hesitate to call Roy Hillstock at (323) 260-3854 or email at rhillstock@ucdavis.edu. We welcome submissions, especially for Club News. Please submit articles by the 15th of the month to be posted in the following months' edition.

Contact the [Los Angeles 4-H Youth Development Office](#) or 323-260-3854. For upcoming dates, please visit the [4-H Calendar](#). We look forward to continuing to serve you and your 4-H needs.

POLICY

Policy Highlight of the Month

Code of Conduct

The 4-H Youth Development Program strives to offer youth participants a meaningful, engaging, safe and healthy environment. Youth are expected to abide by the 4-H Code of Conduct at all times, including during events and activities outside of the club and county. Similarly, there is an expectation that adult volunteers adhere to a volunteer code of conduct (<http://www.ca4h.org/policy/chapter6/index.asp#IV>) to maintain program coherence and consistency. In addition, adult volunteers have roles and responsibilities that help to govern their actions. Some of the roles include:

- implementing the programs
- providing logistical support for meetings and events
- directing the educational service to youth

Adult volunteers also are integral to maintaining community relationships and being a conduit for youth to larger community resources.

Parents and other adults also play a significant role in the success of the program. They provide transportation to club meetings, events and activities. In some cases, they serve as an enrolled resource leader to be a chaperone for camp or other overnight events. Like volunteers, they must agree to a set of behavioral guidelines to attend or participate in these 4-H events. While the consequences for non-compliance will not necessarily result in a youth's dismissal from the program, it could have an adverse affect on the overall learning environment of the club and its activities. We encourage all parents to understand their role with the program. For example, parents are expected to:

- Treat others in a courteous, respectful manner demonstrating ethical behaviors appropriate to a positive role model for youth.
- Abide by policies and guidelines of the California 4-H Youth Development Program state and county 4-H programs.
- Obey all laws of the locality, state, and nation, including those related to use of illegal substances, or use of firearms.
- Recognize that verbal, sexual, physical abuse, and/or neglect of youth is unacceptable either within or outside the 4-H Youth Development Program.
- Treat animals humanely and teach 4-H youth to provide appropriate animal care.

- Operate machinery, vehicles, and other equipment in a safe and responsible manner, and only with a valid operator's license and the legally required insurance coverage.
- Handle fundraising and finances in an ethical manner according to the policies and guidelines of the 4-H Youth Development Program.
- Do not consume alcohol while responsible for youth in 4-H activities nor allow 4-H youth participants under your supervision to consume alcohol or illegal substances.
- Deliver your child on time for events and meetings, and pick-up at the agreed upon time.
- Avoid the use of obscene, impolite, and/or discriminatory language at any 4-H activity or where youth are present.

More information can be found at:

<http://www.ca4h.org/policy/chapter6/index.asp#IV>.

**Reprint from December 2009

CLUB

- **Learning About Water Pollution**
By: Alexa Sutter, PVP 4-H

My 4-H Club volunteered to help at the Rolling Hills City Celebration. I got to help at a booth that taught people about water pollution. There was a big model of a watershed and the crowd got to interact by making it "rain" on the community using spray bottles and this showed how pollution runs into our water supply.

My friend and I who are in the same 5th grade class were both helping at the booth and we just happened to be learning about the same thing in school. Later, we arranged to give the same presentation at our school. Not only did we help our community but we also got to help our fellow students!!



- **Buddy Walk**
by Kristy Okamoto,
Pomona Valley 4-H

On October 17, 2010 members of Pomona Valley 4-H Club attended The Buddy Walk in Upland to support fellow club member, Julius Treadwell, and many other's who have Down Syndrome. The Buddy walk was from 9am-3pm that consisted of several functions such as booths, live entertainment, games, refreshments, Aquarium of the Pacific exhibit truck, and a one-mile walk. Our club ran a booth that informed others about 4-H and helped visitors use stamps, color in pictures, and make paper frogs. It was a great experience and our entire club enjoyed supporting children and adults with Down Syndrome.



- **State Leaders Forum 2010**

Dawn Fuller, 4-H Program Coordinator

The *4-H State Leaders Forum* was held on **November 5-7**, at the Asilomar Conference Center in breathtaking Pacific Grove. The **South Section Leaders' Council** (which includes Los Angeles) was charged with putting on the popular annual event. **Dee Keese** of the *Palos Verdes Peninsula 4-H Club*, **Noel Keller** of *Pomona Valley 4-H Club*, and **Judylynn Pelling** of the *Eagle Rock/Highland Park 4-H Club* were committee members and Los Angeles County representatives for the event. They did a phenomenal job!



The theme for the conference was

Upgrade! S.E.T. Your System! Go! Leaders had many informative sessions to choose from. Attendees were presented with many handy hints for leading projects, new and exciting activities for youth, community service ideas, strategies for growing clubs and the basic running of clubs. Other topics included were: the International Exchange Program, fundraising basics for clubs, planning and preparing educational displays, overall positive youth development, digital photography, water conservation, “train the trainer” babysitting courses, jewelry making, knitting, natural history of Asilomar’s landscape, hikes, cardboard automation, science, engineering and technology activities, engineering challenges, on-line tools for 4-H Clubs, livestock judging, and much more.

Guest speakers, staff and volunteers led lively discussions and workshops about a variety of interesting and useful topics that leaders can really use throughout the 4-H year. Many volunteers find the State Leaders’ Forum to be a great opportunity for “re-charging” and networking with other volunteers while having a fun and relaxing weekend, in a beautiful setting.

Dee Keese provided several interesting sessions on CPR. **Judylynn Pelling** led a workshop on “Handmade Little Books.” **Dawn Fuller**, 4-H Program Coordinator, provided a lighthearted seminar on “Working with Special Volunteers.” **Noel Keller** designed the pins for the entire event that volunteers were gifted upon arrival. **Susan Bernardo** and **Brooke Ali** of *Encino Oaks 4-H Club* attended the State Leaders’ Forum for the first time and will be sponsored for \$100 each by the County Council for their trip.



Dee Keese was awarded the prestigious “Golden Clover Award” during the festivities wherein she received an honorary medallion and a \$500 cash prize, which she kindly donated to her club.



Over the course of the weekend, many of the attendees seemed to feel a sense of camaraderie, polished-up on skills for running clubs more efficiently, made new friends, were inspired to lead ground-breaking projects, re-vamp projects that have been around for a long time, rested, took beach-front jaunts and were reminded of why they started volunteering for 4-H in the first place!

We hope that many of you may consider attending this lovely event next year! To find out more, go here: <http://www.ca4h.org/conference/slf/>. The South Section Leaders’ Council is also charged with coordinating Sectional Field Day this year, and could really use some extra help! To volunteer, or find out more information, please contact **Noel Keller** at: Noel_Keller@hmc.edu or **Dee Keese** at: swimdude64@earthlink.net.

- **48th District Schools' Agriculture & Nutrition Fair & Ag Day LA**
Dawn Fuller, 4-H Program Coordinator



With its deep agricultural roots and continued agriculture education, **4-H**, the **Los Angeles County Farm Bureau** and the **48th District Agricultural Association** have a natural relationship with the common goal of promoting agriculture learning in the community. The **48th District Agricultural Association** is hosting its annual *Schools' Agriculture and Nutrition Fair* and have invited 4-H youth to participate.

The fair theme is "Eat Your Colors" and will take place **April 12-16, 2011**. It will be held at the Pomona Fairplex (1101 W. McKinley Avenue, Pomona 91768). Youth from Kindergarten through 12th Grade are eligible to participate. There are a wide range of creative categories youth can enter projects in, including: flowerbeds, vegetable gardens, murals, displays, sawhorses, birdhouses, photography, insects, bread-making, sewing, leather craft, nutrition, science, wall hanging, knitting, recycling and much more.

The deadline for entry forms is February 1, 2011. To learn more about the fair, various entries or register on-line go to: www.agfair.org. There are many cash prizes and honors available. What a grand opportunity for 4-Hers to participate in a local fair that really promotes agriculture learning. There are many projects that youth can showcase at this event. Let's show the community that 4-H is where it's at!

On **April 13-14, 2011**, the **Los Angeles County Farm Bureau** and its partners are hosting their *10th Annual Ag Day LA Celebration*-- also at the Pomona Fairplex (events are simultaneous). Youth are invited to attend rotating sessions covering many fun and intriguing aspects of nutrition, water conservation, bees, livestock, agriculture and much more. There will be a live sheep-shearing demonstration, livestock showcases, a live bee display, and all youth are invited to come and learn about how agriculture affects us all! If you attend this event, just go by the Big Red Barn, and visit the *Schools' Agriculture and Nutrition Fair* at the same time! To sign-up to attend or find out more information, go here: <http://www.agdayla.com/index.html>

Los Angeles County 4-H is a proud supporter of both events, and last year, Computer Specialist, **Roy Hillstock**, created a lovely video of Ag Day LA which can be viewed here:

http://celosangeles.ucdavis.edu/4H_Youth_Development_Programs/Ag_Day_LA_video.htm

You may also contact **Dawn Fuller** for more information on attending, or even volunteering at **(323) 260-3859** or at dafuller@ucdavis.edu.

- **New Leaders' Training**
Dawn Fuller, 4-H Program Coordinator

Let's start the new year with new volunteers! There will be a **New Leaders' Training** offered on **Saturday, January 15, 2011**, following the County Council Meeting. The training will be from **Noon to 2 p.m.**, and will be held at the *UC Cooperative Extension LA County 4-H Office (4800 East Cesar E. Chavez Avenue, LA 90022)*. If you have potential leaders interested in volunteering for Los Angeles County 4-H, now is the time to get them fingerprinted! Only those who have successfully cleared fingerprinting are eligible to attend the training. Please send all fingerprinting requests to:

Dawn A. Fuller
4-H Program Coordinator
UC Cooperative Extension
Los Angeles County 4-H
4800 East Cesar E. Chavez Avenue
Los Angeles, CA 90022

To find out more about the training or to sign-up by the *deadline of Monday, January 10, 2011*, just email **Dawn** at dafuller@ucdavis.edu or call at **(323) 260-3859**.

- **Tis' the Season -- for Bugs!**
Dawn Fuller, 4-H Program Coordinator

With the holidays quickly approaching, surely you must be thinking fondly of all the great bugs of the world-- King Arthur the Stick Insect, Bubba Jones the Caddis Fly, Madison Brown the May Fly or Earl the Esteemed Ear Wig...NOT! The holidays may *not* remind us of insects, but there are new and exciting resources available for those who are involved in an Entomology Project, or would like to be. Instead of being frightened of spiders, slugs and wasps—study them!

<http://ucanr.org/news/?uid=1326&ds=191>

UC Davis students along with professor **James R. Carey**, and UC Davis Forensic Entomologist, **Robert Kimsey**, have created a handy on-line guide with 11 video presentation clips (under ten minutes long), to start your own Entomology Project. Topics covered are: Hand Collecting, Using an Aspirator, Ground Collecting, Aquatic, Using Nets, Killing, Pinning, Point Mounting, Labeling Specimens, Spreading and Storage/Display.

This UC Davis Entomology Series is just one of the many thrilling resources provided by UC Davis, and Los Angeles County 4-H is thankful for the “Buggy Tips!”

- **Outreach Round-Up**
Dawn Fuller, 4-H Program Coordinator

Los Angeles County 4-H contributed an article to the “From Farm to Fork” newsletter of the **48th District Agricultural Association** (previously featured in Clover Notes on the history and lore of scarecrows). The recent version and the 48th District Agricultural Association newsletter “From Farm to Fork” can be viewed or you can sign up to receive the newsletter here:

http://agfair.org/newsletter/48thNewsNov-Dec_10web.pdf

<http://agfair.org/>



On **Monday, November 29, 2010**, thanks to *Program Manager* and *Master Gardener Coordinator*, **Yvonne Savio**, **3,000** outreach letters requesting volunteers for specific clubs were sent out. The response has been phenomenal! Leaders will be contacted by scores of prospective volunteers, and we ask that you respond to their inquiries in a timely manner, and CC the 4-H office when possible. Let's grow our volunteer base!

In the upcoming months, *Los Angeles County 4-H* is going to be creating and implementing a new special targeted outreach plan. Youth and adults will be encouraged to invite acquaintances to club meetings to find out more about 4-H. Start thinking ahead of some friends who you think would benefit from learning more about citizenship, leadership and life skills, as well as adults who would bring great experiences to the youth in our program.

- **We wish you a happy holiday and all the best!**
Dr. Rachel Surls, Dr. Keith Nathaniel, Charlene Moore, Roy Hillstock, Dawn Fuller and Antonette Pavia



- **Online Re-Enrollment** – The time is coming for current 4-H members and leaders to re-enroll. After July 1, 2010, each 4-H member and leader will need to log in to their family profile and re-enroll. To assist in this process, download the "How to Re-Enroll" form from the LA County website. You can access this sheet by clicking [here](#). The 4-H Online Enrollment website is: <https://california.4honline.com/>. Remember, you must be currently enrolled to participate in 4-H and 4-H activities. The fees are \$15 for youth and \$6 for adults. If you have any questions please call Roy Hillstock at (323) 260-3854.
- **A Picture is Worth a Thousand Words**
Dawn Fuller, 4-H Program Coordinator

We would love to see all the fun activities your club has been involved in throughout the year. Please send in any photos of your club activities/events that you would like to be included in the slideshow for the Leaders' Luncheon and special newsletter features. You can email them to: dafuller@ucdavis.edu. Here's looking at you!

- **Share your 4-H experiences** - 4-H'ers, share your 4-H experiences by submitting articles to be published in Clover Notes. Articles may include club news, photos, community service projects, and/or anything you or your club would like to share. Submit your articles by the 15th of the month to be published in the following month's edition of Clover Notes to Roy Hillstock, rlhillstock@ucdavis.edu.
- **Dates To Remember:**
 - 12/3 State Record Book Judging (Davis, Ca)
 - 12/16 SSG Council & Hi 4-H mtg.
 - 12/24 Christmas Eve (Office Closed)
 - 12/25 Merry Christmas
 - 12/27 (Office Closed)
 - 12/30 (Office Closed)
 - 12/31 New Year's Eve (Office Closed)
 - 1/5 NSG Council & Hi 4-H mtg.
 - 1/8 AV Shooting Competition
Sectional Council & Teen Council mtg.
 - 1/13 I&R mtg.
 - 1/14 TIC – Teen Involvement Conference (1/14-16)
 - 1/15 County Council mtg.
New Leaders' Orientation
 - 1/17 Martin Luther King Holiday (Office Closed)
AV Horse Bowl Quiz
 - 1/20 SSG Council & Hi 4-H mtg.
 - 1/22 Livestock Symposium
 - 1/24 AV Council & Hi 4-H mtg.
 - 1/29 Monte Farmers Fair

SECTIONAL

- The California 4-H South Section **Teen Involvement Conference (TIC)** is a three day youth leadership conference for high school aged 4-H members of the south section. Youth who attend this conference will have a chance to: gain new leadership techniques, learn teamwork skills, obtain information on opportunities 4-H has to offer at a sectional and state wide level, meet 4-H members from across the state, participate in community service activities, and much more! The conference is completely planned and ran by the youth officers, teen council members, and volunteers. For more information click [here](#).

STATE

- **Lowe's Charitable and Educational Foundation (LCEF)**
Nonprofit organizations with 501(c)3 status and public agencies operating in communities where Lowe's stores and distribution centers are located are eligible to apply. Grant funds are available for community improvement projects. Grant amounts range from \$5,000 to \$25,000. Application awards are ongoing. To apply, organizations will need to take an eligibility test. For more information and to apply, click here.
- **Pay it Forward Minigrants**
Pay it Forward Foundation's - Pay It Forward Mini-Grants are designed to fund youth-identified projects with educational value that benefit their school, neighborhood, or greater community. Programs must illustrate how their projects will embody a "pay it forward" concept, where benefits multiply exponentially in the community. Grant applications are considered throughout the year. For more information go to: <http://www.payitforwardfoundation.org/educators/grant.html>.
- **Do Something Youth Grants**
U.S. and Canadian citizens 25 or under are eligible to apply for \$500 Plum Youth Grants. These grants are designed to further the growth and success of a recently created community action project or organization. Applications are accepted on a rolling basis and grants are awarded weekly. For more information and to apply go to: <http://www.dosomething.org/grants/general/apply>

- **Jenesis Group Grants**

The Jenesis Group is offering grants to support youth development, education and social entrepreneurship. Nonprofit organizations with 501(c)3 status are encouraged to apply. The Foundation invests in grass roots organizations working to empower at-risk and/or disadvantaged youth to become productive citizens. Priority is given to programs with preventative approaches and comprehensive long-term solutions to challenges facing youth today. Go to: <http://www.afterschoolnetwork.org/node/6924> for more information.

- **Verizon Foundation Education and Health Grants**

Non-profit organizations, schools (elementary or secondary) and government-funded programs are eligible to apply for funding from the Verizon Foundation. Grants are awarded to advance literacy and educational achievement, promote health and safety, and prevent domestic violence. The foundation reviews unsolicited proposals annually from January 1st to October 31st. Funding decisions are made within 90 days of the grant application. For more information go to: <http://foundation.verizon.com/grant/guidelines.shtml>

- **3M Community Giving Grants**

Organizations located in the 3M communities (the following are CA specific) of Corona, Irvine, Monrovia, Northridge, Ontario, and Petaluma and are involved in initiatives to increase student interest and achievement in math, science, or economics; afterschool programs with other learning and/or prevention components; as well as organizations with initiatives to enhance the quality of cultural life, or the sustainability of the planet are eligible to apply for 3M Community Giving grants. The deadline is rolling, and to apply a letter of inquiry must be sent to the local 3M facility. Go to:

http://solutions.3m.com/wps/portal/3M/en_US/CommunityAffairs/CommunityGiving/US/Apply/ for more information

- **eCYBERMISSION, Due December 17, 2010**

eCYBERMISSION is a web-based science, technology, engineering and math competition for 6-9th grade teams. Your team will propose a solution to a real problem in your community and compete for regional and national awards. eCYBERMISSION challenges you to explore how science, technology, engineering and math work in your world. <http://www.ecybermission.com/>

- **California Fertilizer Foundation, Due January 15, 2011**

The California Fertilizer Foundation is seeking proposals for school garden programs. During the 2010-2011 school year, 24 grants of \$1,200 each will be awarded. The purpose of this funding is to increase California children's understanding and awareness of agriculture through school gardens.

<http://calfertilizer.org/grant.htm>

- **Fashion cents, the 2011 Challenge category will be the \$15 Challenge.** Members are challenged to coordinate and purchase an entire outfit for \$15 or less, not counting shoes. Additional categories for 2011 will be Traditional, Consumer Science-Purchased, Recycled, and Wearable Art-Embellished. In CS-Purchased, the limit has been reduced to \$100 for everything showing. The Recycled rules have been rewritten to differentiate between recycling an old garment into a new one and alterations. In WA-Embellished, the rules clarify that the original garment must be purchased. The SFR committee welcomes your participation in planning and presenting this state event. To join the committee, contact Karli Draxler, Youth Chair, at chat2kd@unwiredbb.com. For event information, the Challenge flyer, and 2010 photos, see the SFR website at <http://www.ca4h.org/Programs/Events/SFR/>. The committee is looking for historic photos and stories about 4-H Dress Revue and SFR when it was part of State Leadership Conference. If you have any to share, please contact Sue Moore at samoore@ucdavis.edu.

- 4-H members involved in sheep projects may be interested to plan ahead and attend the **2011 National ASI Convention**, planned for **January 19-22, 2011** in Reno, NV. You may visit the American Sheep Industry site, http://www.sheepusa.org/Future_Convention_Dates for more information. Please note: There is currently no CA funding available to assistance with attendance.

- **Thacher Environmental Research Contest, Due April 11, 2011**
 Sponsored by the Institute for Global Environmental Strategies, the Thacher Environmental Research Contest challenges high school students (grades 9-12) to conduct innovative research on our changing planet using the latest geospatial tools and data. Cash awards are presented for top project entries.
www.strategies.org/ThacherContest
- **California 4-H Photography Contest and Film Festival at the 2011 State 4-H Field Day**
 Event on May 28, 2011. Registration due by May 6, 2011.
<http://www.ca4h.org/Programs/Events/SFD/>
 Start thinking now about the photography contest and film festival being planned for the 2011 State 4-H Field Day on May 28, 2011 at UC Davis. The California 4-H Technology Leadership Team will release the themes for both events in January 2011. Both are open to all 4-H members (age 9 through 19). For more information, please contact: Photography Contest, John Trammell at techdude4h@gmail.com and Film Festival, Ashlyn Aiu at singthislouder@gmail.com.
- **Special Recognition at the 2011 State 4-H Presentation Day, May 28, 2011**
http://www.ca4h.org/Programs/Events/SFD/PD/Recognition_Opportunities/
 A special recognition pin will be awarded for youth who participate in State Presentation Day and focus their presentations on science, engineering and technology! This year's focus is on the natural properties and the human interactions with water. Potential topics include water quality, conservation, water cycle, effects on plants and organisms, water in cultural contexts, human impacts on water, phases and/or properties of water, storage and transportation.
- **Tech Trek Camp, Summer 2011**
 Tech Trek is a summer math/science camp designed to develop interest, excitement, and self-confidence in young women who will enter eighth grade in the fall. It features hands-on activities in math, science and related fields. All sleeping, eating, instructional, and recreational facilities are located on a university campus where camps are held. <http://www.aauw-techtrek.org/>
- Looking for a way to **enhance your leadership and citizenship skills**? Delegates who participate in California and Washington Focus say they enhance these very skills as they engage in one of the citizenship study/travel programs and carry out a plan of action to address an issue in their school or community. The 2011 programs are planned for:

 - June 17 – 21, 2011, **California Focus** in Sacramento Late June 2011, Washington Focus #1 - Washington, D.C.; Williamsburg Jamestown/ Yorktown (dates to be finalized soon)
 - July 10 – 19, 2011, **Washington Focus #2** – Washington, D.C.; Philadelphia & New York. More information is available at: <http://www.ca4h.org/Projects/Citizenship/Focus/> or with Pat English, pnenglish@ucdavis.edu.
- **California's 4-H International Exchange Program** will host students from Costa Rica, Finland, and Japan as well as send delegates outbound to Australia. The hosting programs are all about sharing your regular summer life with a teen from another culture. There is no expectation that students tour California. Find out more by contacting Pat English at pnenglish@ucdavis.edu or check on the web at: <http://www.ca4h.org/Projects/Citizenship/International/>.
- **The 2011 Western Regional Leaders' Forum, "Cruise to 4-H Excellence!"**, is planned for **May 7-14, 2011**, and will be held aboard a cruise ship and will be visiting Alaskan and Canadian ports as attendees participate and learn at the many workshops being offered. You can visit: <http://4h.wsu.edu/conferences/2011wrlf/index.html> for more information and registration details.

- The State 4-H Fashion Revue committee has a new event manual for counties, participants, families and judges. You can access it at <http://www.ca4h.org/Programs/Events/SFR/>. The manual explains what SFR is, who may enter, the age divisions and outfit categories, and introduces the rubric scorecards which will be used at the state event in 2011. It is not required for this manual to be adopted by county or sectional competitions, but it is recommended that it be used as the state-wide standard for 4-H Fashion Revues.

State Fashion Revue will be May 28, 2011 as part of State Field Day at UC Davis. We hope counties will be including the \$15 Challenge category in their county events; see the flyer at the same website. For information about SFR or to join the committee, contact Karli Draxler, Youth Chair, at chat2kd@unwiredbb.com.

4-H All Stars:

Christopher Choi
Hannah DeYoung*
Ryan Halvorsen*
Amanda Ho
Wesley Ho*
Jessica Kwan
Stephanie Kwan
Kirsten Landsgaard
Kelsey Schott

Jr. All-Stars:

Candace Corrales*
Veronica Cubillos*
Madison Cumby*
Alex Kasperovich*
Rachel Klose*
Kristy Okamoto
Taylor Presley
Aleandra Ryan-Plasil
Caroline Seymour

* - new selectee

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