



January 2011

If you have any questions or suggestions about the Clover Notes, please don't hesitate to call Roy Hillstock at (323) 260-3854 or email at rhillstock@ucdavis.edu. We welcome submissions, especially for Club News. Please submit articles by the 15th of the month to be posted in the following months' edition.

Contact the [Los Angeles 4-H Youth Development Office](#) or 323-260-3854. For upcoming dates, please visit the [4-H Calendar](#). We look forward to continuing to serve you and your 4-H needs.

POLICY

Policy Highlight of the Month

4-H Policy Update (Thrive)

Happy New Year 4-H Family. 2011 will mark 109 years of 4-H! Think about that for a moment . . . Makes your head swirl, huh? 4-H is the oldest and possibly the most successful public youth development program in the history of the country. That means that your contribution to the program has meant thousands of young people have benefitted from quality experiences through projects and events that have given them meaning and purpose. In order to maintain the tradition of meaningful experiences, 4-H continues to evolve and grow to meet the needs of youth through innovation in youth development. One exciting and very promising approach the California 4-H program is embarking upon is the 4-H Step it Up to Thrive. Peter Benson (2008) defines thrives as:

At its core, thriving is about communities where young people feel and know that they are persons of value and worth; that they have something unique to offer the world; and that they have the courage to act on their gifts.

Many of you may agree, that this is precisely what 4-H is all about. We want to develop thriving youth whose futures and life visions are harnessed and developed through the 4-H program. That makes your role invaluable. The Los Angeles County 4-H program is in the process of developing a Thriving Team to help our program begin the transition of intentionally incorporating the Thrive message throughout the program. Incorporation includes:

- developing youth self-reflection skills
- teaching a common language for thriving
- providing holistic view of personal development
- inspiring youth to create visions for their futures
- motivating youth to work toward meaningful goals

In the coming days and weeks we will begin to share more information on 4-H Thrive. I urge you to visit the California 4-H website (<http://www.ca4h.org/About/Thrive/>) for more information on the rationale and research supporting Thrive.

Please feel free to contact me at kcnathaniel@ucdavis.edu or (323) 260-3845.

CLUB

- Wesley Rich,
PVP Clover Notes Reporter

The PVP 4-H Club had a great time at the Peninsula Holiday Parade which took place on Saturday, December 4th. Many 4-H'ers attended this parade. Some 4-H members brought their pets like ponies, horses, dogs, and a rabbit. There were even a few bees and a beekeeper as well! A large crowd of people came to watch this lovely parade.



- Palos Verde Peninsula 4-H Club in action:



The PVP 4-H Club helped to decorate a tree at the second annual Torrance Memorial Christmas Tree Decorating event. Starting from the left is Brandon Halvorsen, Ryan Halvorsen, Cardace Corrales, Alex Kaspervich, and Meghan Tarbaz.



PVP Club members in the Bee Project..

DISTRICT

- **A Fair to Remember**

Dawn Fuller, 4-H Program Coordinator

The history of the *Monte Farmer's Fair* leads back to El Monte, California, in 1935, when **Otto H. Kruse** launched a small feed mill, *O.H. Kruse Grain & Milling*. Otto's son, **Richard**, was born at the mill location, as were his brothers and sisters. From a young age, Richard worked closely with his father Otto to make their aspiring feed mill an American success story.

In addition to working in the mill for most of his life, Richard graduated from Cal Poly San Luis Obispo and served in the U.S. Navy. In 1978, Richard opened **Kruse Feed & Supply** in the original feed mill where he was born and raised.

As the years passed, and the family business grew, in 1987 the La Habra store was opened with much excitement. What started as a small mill, has now grown into the largest livestock feed producer in California, and one of the largest in the Nation, *Western Milling*. The hard-working Kruse family is still diligently serving the public from various locations throughout the state today. Richard recently informed me of the sad news that the original El Monte location will be closing its doors in January for good, due to the lack of livestock needs in the area.

In 1957, through generosity, and an interest in 4-H and the welfare of youth, Otto and his Uncle Adolph launched the first-ever **Monte Farmer's Fair** at the mill location, where it remained until 1975. On this **51st Anniversary** of the **Monte Farmer's Fair**, we would like to thank the Kruse family for a historical event all North San Gabriel 4-Hers and the public can enjoy year after year.

This year, the **Monte Farmer's Fair** will be held on **January 24th from 9 a.m. to 4 p.m.** at the Good Shepherd Lutheran School in Eagle Rock (6338 N. Figueroa Ave. Los Angeles, CA 90042). Entries will be accepted starting at **8:30 a.m.**

Participants are from the North San Gabriel District. In order to participate, members need to contact their club leader for entry forms. Entries for the **Monte Farmer's Fair** can include: Home Economics, Arts & Crafts, Small Livestock, Dogs and Cats. There will be a food booth, auction, awards, and several Skill Workshops.

Even if you are not submitting an entry, please stop by and say hello to all those who have worked hard on their projects, take part in a piece of history, and enjoy a lovely day with us, thanks to the life's work of the Kruse Family!

* repost from January 2009

COUNTY

- **Goals for new 4-H year**

The new 2007-2008 4-H year has started. Encourage your members to start making their 4-H plans. What projects will they take? What community service projects will they support? What activities could they plan and organize for their club? Are they ready to be a Junior or Teen Leader next year? Do they have a good idea for an Emerald Star project? Do they want to go to 4H summer camp this year? Could they be on the Camp Staff?

Now is the time to plan your 4-H year. Do you want to focus in one project area? Plan a presentation, a speech, a leadership and community service for that project area. Do you want to try for the next 4-H star rank? What do you need to earn that next rank?

Experienced seniors should be considering doing a state application for project recognition and a chance to be state winner. Now is the time to start working on the application for next year. If you start now, you'll see where your experiences are lacking and still have time to add items into your records. Make this a great project year and go for STATE WINNER. If you would be interested in attending a workshop on completing a sectional project application, please contact Noel Keller at 909-621-2373 or noel_keller@hmc.edu.

If you have questions about the opportunities available to you, contact your Community Club Leader for details about deadlines, eligibility and requirements.

- **Hints for New 4-H Members**

The following are some suggestions for new members to help you get the most out of your 4-H experience:

- Attend all your club and project meetings, if possible. If you must miss meetings for health and/or family emergency reasons, be sure to let your leader know before the meeting and make arrangements for make-up, if necessary. That's part of learning to be a responsible person.
- Read newsletters from your club and the county newsletter, "Clover Notes". They let you know about the important dates and activities you can be part of.
- Ask questions when you don't understand, or need help. Key club and project leaders, teen leaders, county All-Stars, and the 4-H Office are all here to help you. Good luck with your involvement and above all, have fun.

- **Junior/Teen Leader**

Junior Leaders are 4-H members in the 7th and 8th grade who help lead a 4-H project. Teen Leaders are 4-H members in 9th, 10th, 11th, 12th and above grades who lead a 4-H project. To be a Junior/Teen Leader, the member needs to be enrolled in their club's Leadership Project. They fill out the goals and plans of the first two sections of the Leadership Plan and Report Form, and have the form signed by their Leadership Project Leader and the leader of the project for which they will be a youth leader. While they are a Junior or Teen Leader, they can wear the Junior or Teen Leader patch on their 4-H hat. At the end of the year, they will need to complete the Leadership Plan and Report and have it signed by their Leadership Project Leader and their project leader. They should also complete an Annual Project Report for the Leadership Project.

- **Hi 4-H**

Each district can have a Hi 4-H program. 4-H members who will be at least 14 years old by January 1, 2008 or who will be in 9th grade and above are eligible for Hi 4-H activities (ROPES, Snow Camp, T.I.C. conference, state leadership conference, etc.). You don't have to attend Hi 4-H meetings to attend the special Hi 4-H events. This year 13 year olds are again invited to attend Hi 4-H activities as guests.

The sectional level Hi 4-H is called the Sectional Teen Council. It meets before sectional 4-H Leaders' Council meetings at Mt. SAC. The Teen Council plans social and educational events, plus runs the T.I.C. conference in January and a food booth at sectional field day in May. Our senior members can be part of the Teen Council. Our senior members can attend their events. Consider being more active on the sectional level. The county level Hi 4-H program will only exist if there is sufficient interest this year. Contact Roy Hillstock at (323) 260-3854 if you are interested in participating in a county level Hi 4-H program.

- **Be a 4-H All-Star**

All-Star is the highest rank that a 4-H member can achieve at the County level. The All-Star award affords 4-H members the opportunity to further develop their leadership skills on a countywide basis. Each year Los Angeles County selects several 4-H members who have applied and are deserving of this rank to become All-Stars. The Los Angeles County 4-H Program expects its All-Stars to contribute to the 4-H Program during the next program year. For more information go to:

http://celosangeles.ucdavis.edu/4H_Youth_Development_Programs/Applications.htm.

- **Emerald Star Project**

If a member has earned Gold Star Rank or will be 16 years old by January 1, 2011, they can consider doing an advanced leadership project and earn an Emerald Star for their hat. An Emerald Star Project can be started at any time during the year. Do you have an idea for an activity you could plan and run to benefit the county 4-H program or your community? Call the 4-H office at (323) 260-3854 for a packet of information on the Emerald Star Program.

- **Leadership Merit Award**

Start planning now to earn a Junior or Teen Leadership award. Think of something to make your leadership special this year. Try something new to bring more interest and enjoyment to your project. Try to expand your leadership beyond the club. For this award, you need to be in the Leadership Project in your club. If your club does not have a Leadership Project, talk with your club leader about starting one. If she has questions about this, have your club leader contact Noel Keller (909-621-2373) or someone on the I&R Committee. You will need to fill out an annual project report for your Leadership Project. You will also need to complete a leadership plan report.

- **Don't sit back - STEP UP!!**

4-H has so much to offer youth. There are great sources of information, chances for career exploration, opportunities to work with the latest technology, chances to learn and practice leadership, opportunities to help others and make a difference. All this will not happen if you just sit back and do not become really involved. You have to take ACTION. You have to STEP UP and DO IT! If something is not happening as you had hoped for, perhaps someone needs your help to make it happen or you are not doing your part. With everyone working together, 4-H can really be GREAT! Remember TO MAKE THE BEST BETTER!

- **Fun 4-H Events in the New Year!**

Dawn Fuller, 4-H Program Coordinator

Part of the fun of participating in the 4-H Program is being a part of all the exciting and interesting events provided throughout the 4-H year. The next few months are filled with events and activities that you are sure to enjoy!

Following the **County Council Meeting** on **January 15, 2011**, a **Leaders' Training Event** will be held from **12:30 p.m. to 2:30 p.m.** at the UC Cooperative Extension (4800 East Cesar E. Chavez Avenue, Los Angeles 90022). The focus will be using a hands-on, interactive, skill-building approach. The training will provide tools drawn from best practices to help volunteer staff enhance communication, management and educational delivery of afterschool programs. **ALL** Leaders are invited to this event. To attend this event, please register here: <http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=5831>. *You may R.S.V.P. to Dr. Keith Nathaniel at (323) 260-3845 or to kenathaniel@ucdavis.edu.*

Also following the **County Council Meeting** on **January 15, 2011**, there will be a **New Leaders' Training**. The training will be from **Noon to 2 p.m.** Only those who have successfully cleared fingerprinting are eligible to attend the training. To find out more about the training or to sign-up by the *deadline of Monday, January 10, 2011*, just email **Dawn** at dafuller@ucdavis.edu or call at **(323) 260-3859**.

More importantly, on **Saturday, January 15, 2011**, also following the **County Council Meeting**, youth in 6th through 9th grades are invited to attend the much anticipated **Junior Leadership Conference** from **Noon to 2 p.m.** Los Angeles All Stars and the Junior All Stars will be coordinating this fun and exciting event. Youth are invited to come learn how to be an Officer and a Leader in their clubs. There will be a special presentation provided by LA County All Star, Amanda Ho, on Racing Pigeons. Amanda will be releasing pigeons at the start of the conference, so be sure to be on time! *If interested, sign-up with Dee Keese swimdude64@earthlink.net by Thursday, January 13, 2011.*

The **Livestock Symposium** will be held on **Saturday, January 22, 2011**, and will be held at the AV Fairgrounds (2551 West Avenue H, Lancaster). Registration for this event begins at **8:15 a.m.** and **First Session** at **9 a.m.** There will be many outstanding livestock speakers on-hand providing demonstrations and answering questions until 1 p.m. At **1 p.m.**, there will be an **Ethics Training** available for those who will be showing livestock at local fairs and planning to participate in an auction. *For more information, contact Charlene Moore at (661) 974-8824.*

We also have Judging Day, Field Day/Fashion Revue, Science Fair, Summer Camp and much more to look forward to throughout the new year! We hope to see you there!

- **Judging Day**

Los Angeles County Judging Day is a countywide event where 4-H'ers learn teamwork and cooperation as members of a judging team while developing their decision-making skills. Judging Day will be Saturday, February 26, 2011 in the Antelope Valley (location TBD). Additional information will be sent to your Club Leader and available online at:

http://celosangeles.ucdavis.edu/4H_Youth_Development_Programs/Judging_Day.htm.

- **Field Day & Fashion Revue**

Field Day is one of the most valuable assets of our 4-H program. This is a day where 4-H'ers share the skills and knowledge they have acquired in their 4-H projects. By learning public speaking and demonstration skills 4-H'ers prepare themselves for college and the workplace. 4-H members may observe and gain knowledge relating to many different 4-H projects. Parents and friends are encouraged to attend. If you have never been to Field Day before you will be surprised at the poise and abilities of these 4-H members.

All members of the LA County 4-H are invited to participate in LA County Field Day tentatively scheduled for March 26, 2011. 4-H Presentations are very informative and will certainly enrich individual knowledge. Public Speaking, Impromptu Speaking and Extemporaneous Speaking are also interesting. Fashion Revue showcases our best LA County 4-H clothing projects. Share the Fun Skits, Cultural Arts Presentations, and Song Leading contests are creative and entertaining.

4-H members attend to participate\observe and learn\receive awards, recognizing their individual skills and knowledge. Remember it's a 4-H "Family Affair", and encourages parents and friends of 4-H to attend and support the youth. Medal winners will be eligible to go on to Sectional Field Day, which is tentatively scheduled for Saturday, May 21, 2011. Keep a look out for more Field Day information to come.

- **Los Angeles County 4-H Science Fair**

It's not too early to start thinking about 4-H Science Fair tentatively scheduled for April 2, 2011! Science projects are a wonderful "learn by doing" opportunity. Today, with schools so focused on "teaching to the test", and with mandated language arts and math curriculum dominating the school day, science education is often neglected in school. Help make sure that kids develop their analytical thinking skills by getting them involved in hands-on science through 4-H. Many 4-H'ers are already involved in projects that can be presented as science projects. Now is a great time to plan for a project to present in April! Read up on the scientific method and look for science project ideas on the following web sites. All three of these web sites are fantastic resources for finding and developing science project ideas, from the easy to the elaborate.

<http://school.discovery.com/sciencefaircentral>

<http://www.ipl.org/div/kidspace/projectguide>

<http://www.scifair.org>

- **4-H Summer Camp**

Dawn Fuller, 4-H Program Coordinator

4-H Summer Camp is scheduled for **June 26-July 2, 2011** at Camp Seeley in San Bernardino. 4-H Summer Camp is a week filled with fun “learning by doing” activities and the best food at any camp around! The cost to attend the camp is \$275 per person if deposit is paid by May 1, 2011. Full or partial camperships may be available for those who need financial assistance to attend. 4-H Camp is limited to the first 200 youth who reserve a spot. Summer camp sold out last year, so send in the \$75 deposit today! If you are interested in being on staff or a Cabin Counselor, the deadline to apply is February 1st.

To sign-up to be a Cabin Counselor go to:

<http://4hsummercamp.com/staffapplications.aspx>

To apply for camperships go to: [2011 Robert P.](#)

[Amman Memorial Campership Application Download](#)

For more details or to register online go to: <http://4hsummercamp.com/> or call Dr. Keith Nathaniel, UCCE/Los Angeles County 4-H at (323) 260-3845 or Carrie DeYoung, Camp Director at (818) 886-8028.

Late Camp Registration: \$400.00 postmarked after 6/2/11 to 6/10/11.

All camp registration fees need to be received no later than June 15, 2011

- **State Record Book Winners**

Dawn Fuller, 4-H Program Coordinator



Each year youth in Los Angeles who submit Record Books are encouraged to send them on to the State Record Book Competition. A total of 97 books were submitted for the State Competition this year. There were 20 State Winners, 42 Medalists and 31 Merit Winners. Several Los Angeles County 4-H members were prestigious winners! The winners are as follows:

Candace Corrales, Palos Verdes Peninsula 4-H Club, Medalist

Alex Kasperovich, Palos Verdes Peninsula 4-H Club, Medalist

Ryan Halvorsen, Palos Verdes Peninsula 4-H Club, State Winner

Brielle Jimmink, Canyon Coyotes 4-H Club, Merrit

Kristy Okamoto, Pomona Valley 4-H Club, Merrit

All youth in the 4-H Program are encouraged to participate in important skill-building activities and keeping track of thriving experiences by keeping a 4-H Record Book. If you haven't started working on yours yet, it isn't too late! Read the article on **Record Books-What Are They?** to get started, or, to refresh your memory.



- **All Stars and Junior All Stars**
Dawn Fuller, 4-H Program Coordinator

The All Stars and Junior All Stars for Los Angeles County 4-H for 2010/2011, both returning and new, are:

All Stars

Candace Corrales, Palos Verdes Peninsula 4-H Club
Alex Kasperovich, Palos Verdes Peninsula 4-H Club
Ryan Halvorsen, Palos Verdes Peninsula 4-H Club
Hannah DeYoung, San Fernando Valley 4-H Club

Junior All Stars

Veronica Cubillos, Palos Verdes Peninsula 4H Club
Madison Cumby, Palos Verdes Peninsula 4-H Club
Rachel Klose, Palos Verdes Peninsula 4-H Club
Sallie De Young, San Fernando Valley 4-H Club
Kristy Okamoto, Pomona Valley 4-H Club
Taylor Presley, Greenleaf 4-H Club
Caroline Seymour, Greenleaf 4-H Club

Congratulations to all of you! We are proud and honored to have you represent Los Angeles County 4-H.

- **Record Books - What Are They?**
Dawn Fuller, 4-H Program Coordinator

In the 4-H Youth Development Program, there are many long-standing traditions and we may not know why we do them, or where they came from. 4-H youth members are encouraged to keep written records and documentation of their events and activities and submit them annually with a special green cover that says, "Member Record." For those new leaders and members, you might be wondering some of the following:



What is a Record Book?

4-H Record Books are an important form of keeping a written record/summary throughout the year of project work, events and activities, community service and overall learning and participation in the 4-H Youth Development Program. They are submitted for judging and competition at the Club, County level, and sometimes at the State level.

Why do a Record Book?

Record Books are a great way for members to reflect on what they have learned in many areas of their 4-H experience. It makes us look back on the year and say, "Hey! Look at all I have accomplished!" Over the years, our record books give us an extensive full picture of commitment, achievement and success in a job well done. Completing a Record Book also helps teach us:

- Personal skills in financial management
- Personal accountability
- Record useful information
- Preserve our fun memories of our 4-H experience
- Provides a tool to share with others
- Helps us plan what we would like to do/accomplish in the next year
- Learn about planning and goal setting
- Learn how to document in a complete manner
- Will be a great tool when applying for college, jobs or scholarships

When do I start my Record Book?

- You should start keeping your records at the beginning of each 4-H year (July 1-June 30) and continue to do so all year long.

Where can I get a Record Book cover?

- You can order an official Record Book Cover at the 4-H Mall at: <http://www.4-hmall.org/SearchResult.aspx?CategoryID=6335>.
- You can also use your own plain, 2-pronged cover (ACCO) which you can find at a nearby stationery store.

What are the key elements in a Record Book?

- Personal Development Report
- 4-H Story
- Project Record Report (for each project you are enrolled in)
- Supplemental Materials (photos, newspaper articles, SET Activities, etc.)

Where can I find the Record Book Forms?

<http://www.ca4h.org/Resources/Members/RecordBook/RBResources/>
http://celosangeles.ucdavis.edu/4H_Youth_Development_Programs/4-H_Forms.htm

What are some Helpful Hints for a Good Record Book?

- Make sure to visit the State 4-H Website to view requirements and download forms at: <http://www.recordbookresources.com/>
- Include photos of you doing what you have mentioned in your Record Book.
- Write captions under the photos explaining what you are doing.
- Write as neatly as you can-- typing would be even better!
- Document club and project events right after they occur so that they will be fresh in your mind.
- Include a title page, table of contents and tabs if you really want to impress the judges!

Where can I look for problem shooting solutions?

<http://www.recordbookresources.com/>

Can Primary Members (members age 5-8) turn in a Record Book?

Yes, to their Community Club Leader. Included in a Primary Record Book should be:

- A Primary Personal Development Report
- A Project Report Form for a Primary Project (listing the things they were involved in)

*Primary Record Books do not compete at the County level as Primary competition is prohibited. They are only reviewed by the Community Club Leader. Primary Record Books are a great tool in which to start the practice of keeping records.

Will there be a workshop to learn more about Record Books?

Throughout the course of the year, Record Book Workshops will be provided by the Los Angeles County 4-H Office.

When are Record Books due?

Record Books are due to the County Office on **Tuesday, September 14, 2011**, by **4:00 p.m.** or by **9:00 p.m.** to an **Incentives & Recognition Committee Member** on **Wednesday, September 15, 2011**.

Where do I turn in my Record Book?

Record Books may be turned in several places:

The Los Angeles County 4-H Office
UC Cooperative Extension
4800 East Cesar E. Chavez Avenue
Los Angeles, CA 90022
(323) 260-3859

The Antelope Valley 4-H Office
UC Cooperative Extension
335 East Ave K-10 Suite 101
Lancaster CA, 93535
(661) 974-8824

Or, arrange to drop your book off with an **Incentives and Recognition Committee Member**:

Judylynn Pelling: jlpeiling@yahoo.com

Noel Keller: Noel_Keller@hmc.edu

Dee Keese: swimdude64@earthlink.net

Carrie De Young: csdeyoung@socal.rr.com

If members of my club are turning in Record Books, do I have to help judge other clubs' Record Books?

Yes. If you have any members in your club turning in a Record Book, a club volunteer must sign up for one of the following two Record Book Judging Dates with **Noel Keller**, *Incentives & Recognition Committee Chair* at Noel_Keller@hmc.edu. No more than three volunteers from the same club on any given day please. See judging dates below:

Saturday, September 18, 2011

8:45 a.m. to 5 p.m.
Good Shepherd Lutheran School
6338 N. Figueroa Ave.
Los Angeles, CA 90042

Saturday, September 25, 2011

8:45 a.m. to 5 p.m.
Good Shepherd Lutheran School
6338 N. Figueroa Ave.
Los Angeles, CA 90042

How do I compete on the State level with my Record Book?

It is not necessary to turn your book in to the County first, but it is good practice. The Los Angeles County Incentives and Recognition Committee will review your book for you and provide suggestions if you turn it in to them by September 29th. You must be a Senior 4-H Member (14-19 as of January 1, 2011). State Record Books must include:

- Personal Development Report
- 4-H Story
- Project Report (for each project you are enrolled in)
- Supplemental Materials (including photos, newspaper articles, SET Activities, etc.)
- Junior Teen Leadership Report

Senior (State) Record Books should demonstrate outstanding achievement in:

- Project Work
- Life Skills Development

Leadership & Citizen Development

We hope to see many wonderful Record Books turned in this year, and see all that you have accomplished, as well as the fun you have had this program year. If your Mom and Dad were in 4-H, maybe they still have their Record Books for you to peruse. Keeping records and putting together your Record Books are a very important part of the 4-H Program, and how proud you will feel when it is all done!

- **Plough Monday**

Dawn Fuller, 4-H Program Coordinator



January symbolizes the start of the New Year, and with it, renewed hope of accomplishments, success in school and with our clubs, and for many, wishes for continued good health, prosperity and the idea that we are just that much closer to summer vacation!

There are many beloved traditions that we participate in throughout the year, and I came across an interesting one-- Plough Monday. Plough Monday is traditionally celebrated in the United Kingdom on or around the 5th of January, since the 15th Century. Most of us had a break from school and work at least for a few days during the holidays, and while rare, many years ago, farmers actually had a few days off during the holidays as well! After a short break, the farmers would get back to work, and get back to their ploughs, but not without one more important celebration of their own!

On Plough Monday, farmers in England and East Anglia would haul a decorated plough from the farm, door to door (which could sometimes be very far apart), and collect money at each farm or home they visited. There were always musicians alongside the plough, "Molly Dancers" (farmhands who would dance around for money), an old hunched-over woman who would be called "Bessy," and an old man who would play the role of the "fool" along the way (dressed in animal skins). This tradition is said to get the farmer's moving again for the new year of farming, and of course, was followed by "Plough Pudding" which originated in Norfolk, England, and contains meat, onions, and suet (animal fat).

Since "Plough Monday" means pick up your plough and get back to work, it looks like we should do the same! Let's get our "ploughs" ready, have a New Year celebration of our own, and then get movin'!

- **Special Vote, County Council, January 15, 2011**

Dawn Fuller, 4-H Program Coordinator

At the **County Council Meeting on January 15, 2011**, at the UC Cooperative Extension (4800 East Cesar E. Chavez Avenue, Los Angeles 90022), there will be a vote on the following proposal:

All clubs participating in Field Day and Judging Day must have an adult assisting at the event.

This proposal will affect all clubs. Please be at the meeting if you wish to vote on this item.

- **Outreach Round-Up**

Dawn Fuller, 4-H Program Coordinator

On **Monday, November 29, 2010**, thanks to *Program Manager* and *Master Gardener Coordinator*, **Yvonne Savio**, **3,000** outreach letters requesting volunteers for specific clubs were sent out. We have had **30** prospective leaders matched with clubs throughout the county. Several have already attended meetings with Eagle Rock/Highland Park 4-H Club and Palos Verdes Peninsula 4-H Club. Plans are also in the works to start a new club in Encino. We are excited to have new volunteers in our program and look forward to an exciting year of growth in the Los Angeles County 4-H Program!

- **Los Angeles County, 4-H Leaders' Council**

The Los Angeles County, 4-H Leaders' Council is a group of 4-H Leaders that meets bi-monthly and organizes many 4-H activities for Los Angeles County. Find out who hold what seat, read past minutes and agendas for future meetings at: http://celosangeles.ucdavis.edu/Los_Angeles_4-H_Leaders_Council/. The next Leader's Council meeting will be January 15, 2011 from 10-noon, at the LA Office.

- **Online Re-Enrollment** – The time is coming for current 4-H members and leaders to re-enroll. After July 1, 2010, each 4-H member and leader will need to log in to their family profile and re-enroll. To assist in this process, download the "How to Re-Enroll" form from the LA County website. You can access this sheet by clicking [here](#). The 4-H Online Enrollment website is: <https://california.4honline.com/>. Remember, you must be currently enrolled to participate in 4-H and 4-H activities. The fees are \$15 for youth and \$6 for adults. If you have any questions please call Roy Hillstock at (323) 260-3854.

- **A Picture is Worth a Thousand Words**

Dawn Fuller, 4-H Program Coordinator

We would love to see all the fun activities your club has been involved in throughout the year. Please send in any photos of your club activities/events that you would like to be included in the slideshow for the Leaders' Luncheon and special newsletter features. You can email them to: dafuller@ucdavis.edu. Here's looking at you!

- **Share your 4-H experiences** - 4-H'ers, share your 4-H experiences by submitting articles to be published in Clover Notes. Articles may include club news, photos, community service projects, and/or anything you or your club would like to share. Submit your articles by the 15th of the month to be published in the following month's edition of Clover Notes to Roy Hillstock, rhillstock@ucdavis.edu.

- **Dates To Remember:**

- 1/5 NSG Council & Hi 4-H mtg.
- 1/8 AV Shooting Competition
Sectional Council & Teen Council mtg.
- 1/13 I&R mtg.
- 1/14 TIC – Teen Involvement Conference (1/14-16)
- 1/15 County Council mtg.
Junior Leadership Conference
New Leaders' Orientation
- 1/17 Martin Luther King Holiday (Office Closed)
AV Horse Bowl Quiz
- 1/20 SSG Council & Hi 4-H mtg.
- 1/22 Livestock Symposium
- 1/24 AV Council & Hi 4-H mtg.
- 1/29 Monte Farmers Fair
- 2/2 NSG Council & Hi 4-H mtg.
- 2/10 I&R mtg.
- 2/11 AV Horse Bowl Quiz
- 2/12 AV Shooting Competition
- 2/14 Valentines Day
- 2/15 President George Washington's Birthday (Office Closed)
- 2/17 SSG Council & Hi 4-H mtg.
- 2/26 [Judging Day](#)
- 2/28 AV Council & Hi 4-H mtg.

SECTIONAL

- The California 4-H South Section **Teen Involvement Conference (TIC)** is a three day youth leadership conference for high school aged 4-H members of the south section. Youth who attend this conference will have a chance to: gain new leadership techniques, learn teamwork skills, obtain information on opportunities 4-H has to offer at a sectional and state wide level, meet 4-H members from across the state, participate in community service activities, and much more! The conference is completely planned and ran by the youth officers, teen council members, and volunteers. For more information click [here](#).

STATE

- **California Fertilizer Foundation, Due January 15, 2011**
The California Fertilizer Foundation is seeking proposals for school garden programs. During the 2010-2011 school year, 24 grants of \$1,200 each will be awarded. The purpose of this funding is to increase California children's understanding and awareness of agriculture through school gardens.
<http://calfertilizer.org/grant.htm>
- The 3rd Annual 4-H Science, Engineering, and Technology 2011 Winter Workshops will be held February 5, 2011 from 9:00am - 4:00pm. Workshops are free and lunch will be provided. 4-H volunteers, teen leaders, and afterschool educators are all encouraged to attend. To view sites and available curriculum, please visit <http://www.ca4h.org/Projects/SET/Initiative/Workshops/>. Registration is due January 24, 2011 at <http://ucanr.org/set>.
- 4-H Professionals, staff and volunteers are invited to take part in the 4-H Science Video Challenge, "Lights, Camera, Challenge!" in which digital video submissions that educators and volunteers can use in their teaching of science programs. Submissions will be accepted October 25, 2010 - January 31, 2011. Visit www.4-h.org/videochallenge for more information and resources.

- The **Northcoast Youth Summit** will be held at College of the Redwoods on Saturday, February 12, 2011. Make plans for all 4-H youth 7th grade and above to participate! The first 25 people registered will receive a prize! Registration begins on January 3rd! The All Stars are helping to host this empowering event for youth and those who work with youth. Key note speakers will be Lou Moerner and Kai Neander. Collect & bring seed packets to "Plant a Row" for the hungry. Over 40 amazing workshops are currently being organized. To find the latest on the Youth Summit check the website: www.ysummit.org
- The **2011 Western Regional Leaders' Forum, "Cruise to 4-H Excellence!"** is planned for **May 7-14, 2011**. The forum will be held aboard a cruise ship and will be visiting Alaskan and Canadian ports as attendees participate and learn at the many workshops being offered. You can visit: <http://4h.wsu.edu/conferences/2011wrlf/index.html> for more information and registration details.
- The **Western Regional Leader's Forum** will be held **January 12-15, 2012 in Cheyenne, Wyoming**. **Proposals for the 2012 conference are currently being accepted**. Adult volunteers, Extension staff, and youth members are all welcome to submit workshop ideas for consideration. **Proposals are due March 1, 2011**. For more information contact Rachel Vardiman at rnovakov@uwyo.edu or (307) 684-7522.
- **Attention Quilters and Sewers:** CA 4-H **State Fashion Revue 2011** would appreciate your help. Make a quilt square, a quilt top, or a complete quilt for a wounded soldier. Special size for stretchers and gurneys, approximately 45 x 81 inches, are needed. Red, white and blue fabrics are preferred. If you make 12 ½" x 12 ½" squares then they can be combined with squares made by other people for a whole quilt. Bring or send your squares, quilt tops and quilts to State Fashion Revue at Olson Hall, UC Davis during State Field Day, May 28, 2011. Youth are invited to sew squares together and quilt during the morning SFR workshop. Please contact Lisa Kuntz, SFR youth co-chair, creulgirl101@yahoo.com or Mary Engebret, committee volunteer, at maryengebret@comcast.net with questions or suggestions.
- **National Ag Day Essay Contest**
The Agriculture Council of America has announced the National Ag Day Essay Contest for 2011. This year's theme is "American Agriculture: Your Food. Your Farmer." Students (grades 9-12) are invited to submit an original, 450-word essay or a two-minute video essay about the importance of agriculture. The national written essay winner and video essay winner receive a \$1,000 prize and round-trip ticket to Washington, D.C., for recognition during the Celebration of Ag Dinner held March 15 at the USDA. The deadline to apply is February 4, 2011. Visit www.agday.org or www.hpj.com/agdayessay to read official contest rules and for more details regarding entry applications.
- **4-H State Ambassador Team**
Applications are now available for the 2011-2012 4-H State Ambassador Team. The 4-H State Ambassador position is one of the highest service opportunities and recognition attainable in the University of California 4-H Youth Development Program. 4-H State Ambassadors are youth who have excelled in the areas of leadership and community service, and have been selected to serve the 4-H Youth Development Program in roles that promote leadership through education and service. The deadline to apply is March 25, 2011. Interviews will be held in Fresno, Davis, and San Diego. Following the interviews there will be an information session for members and parents who would like to apply to be a State Ambassador starting at 5 PM. This is open to any future applicants. Please RSVP with Quang "Hogan" Tong at qtong@ucdavis.edu . For more information please see our website at: <http://www.ca4h.org/Projects/Leadership/SA/>
- **Mix It Up Grants**
The **Southern Poverty Law Center** is sponsoring the **Mix It Up Grants program**, which **provides \$500** for **youth-directed activist** projects that identify, cross and challenge social boundaries in schools and communities. **There is no application deadline**. For more information, visit www.tolerance.org/teens/grants.jsp .
- The **First Tech Challenge (FTC)** is an exciting robotics competition designed for high school students from grades 9-12. **There are grants available for Northern California FTC teams of \$600 and \$1,200 dollars**. To learn more, please click [here](#).

- Comcast Foundation Grants**

Comcast Foundation Grants are available to fund literacy, volunteerism and youth leadership development programs. Nonprofit organizations with 501 (c) (3) status operating within Comcast communities are eligible to apply. Applications are accepted on an ongoing basis. To apply, organizations should verify that they operate within a Comcast service area and send a letter of inquiry to the Comcast Foundation. For more information and to apply, click here.
- Ways To Help Grant**

WaysToHelp.org invites teens in the United States to apply for grants to fund their community service ideas across any one of the 16 issue areas. You can apply for a grant by visiting www.waystohelp.org Select "See Ways To Help" followed by "Apply for a Grant". Applications are short - just 5,000 words or less - and should summarize: how the project will involve others, who it will help, what effect it's expected to have, when it will start and how the funds will be used. Grant requests are reviewed and responded to on a monthly basis.
- Lowe's Charitable and Educational Foundation (LCEF)**

Nonprofit organizations with 501(c)3 status and public agencies operating in communities where Lowe's stores and distribution centers are located are eligible to apply. Grant funds are available for community improvement projects. Grant amounts range from \$5,000 to \$25,000. Application awards are ongoing. To apply, organizations will need to take an eligibility test. For more information and to apply, click here.
- Pay it Forward Minigrants**

Pay it Forward Foundation's - Pay It Forward Mini-Grants are designed to fund youth-identified projects with educational value that benefit their school, neighborhood, or greater community. Programs must illustrate how their projects will embody a "pay it forward" concept, where benefits multiply exponentially in the community. Grant applications are considered throughout the year. For more information go to: <http://www.payitforwardfoundation.org/educators/grant.html>.
- Do Something Youth Grants**

U.S. and Canadian citizens 25 or under are eligible to apply for \$500 Plum Youth Grants. These grants are designed to further the growth and success of a recently created community action project or organization. Applications are accepted on a rolling basis and grants are awarded weekly. For more information and to apply go to: <http://www.dosomething.org/grants/general/apply>
- Jenesis Group Grants**

The Jenesis Group is offering grants to support youth development, education and social entrepreneurship. Nonprofit organizations with 501(c)3 status are encouraged to apply. The Foundation invests in grass roots organizations working to empower at-risk and/or disadvantaged youth to become productive citizens. Priority is given to programs with preventative approaches and comprehensive long-term solutions to challenges facing youth today. Go to: <http://www.afterschoolnetwork.org/node/6924> for more information.
- Verizon Foundation Education and Health Grants**

Non-profit organizations, schools (elementary or secondary) and government-funded programs are eligible to apply for funding from the Verizon Foundation. Grants are awarded to advance literacy and educational achievement, promote health and safety, and prevent domestic violence. The foundation reviews unsolicited proposals annually from January 1st to October 31st. Funding decisions are made within 90 days of the grant application. For more information go to: <http://foundation.verizon.com/grant/guidelines.shtml>
- 3M Community Giving Grants**

Organizations located in the 3M communities (the following are CA specific) of Corona, Irvine, Monrovia, Northridge, Ontario, and Petaluma and are involved in initiatives to increase student interest and achievement in math, science, or economics; afterschool programs with other learning and/or prevention components; as well as organizations with initiatives to enhance the quality of cultural life, or the sustainability of the planet are eligible to apply for 3M Community Giving grants. The deadline is rolling, and to apply a letter of inquiry must be sent to the local 3M facility. For more information go to: http://solutions.3m.com/wps/portal/3M/en_US/CommunityAffairs/CommunityGiving/US/Apply/.

- **Fashion cents, the 2011 Challenge category will be the \$15 Challenge.** Members are challenged to coordinate and purchase an entire outfit for \$15 or less, not counting shoes. Additional categories for 2011 will be Traditional, Consumer Science-Purchased, Recycled, and Wearable Art-Embellished. In CS-Purchased, the limit has been reduced to \$100 for everything showing. The Recycled rules have been rewritten to differentiate between recycling an old garment into a new one and alterations. In WA-Embellished, the rules clarify that the original garment must be purchased. The SFR committee welcomes your participation in planning and presenting this state event. To join the committee, contact Karli Draxler, Youth Chair, at chat2kd@unwiredbb.com. For event information, the Challenge flyer, and 2010 photos, see the SFR website at <http://www.ca4h.org/Programs/Events/SFR/>. The committee is looking for historic photos and stories about 4-H Dress Revue and SFR when it was part of State Leadership Conference. If you have any to share, please contact Sue Moore at samoore@ucdavis.edu.
- 4-H members involved in sheep projects may be interested to plan ahead and attend the **2011 National ASI Convention**, planned for **January 19-22, 2011** in Reno, NV. You may visit the American Sheep Industry site, http://www.sheepusa.org/Future_Convention_Dates for more information. Please note: There is currently no CA funding available to assistance with attendance.
- **Thacher Environmental Research Contest, Due April 11, 2011**
Sponsored by the Institute for Global Environmental Strategies, the Thacher Environmental Research Contest challenges high school students (grades 9-12) to conduct innovative research on our changing planet using the latest geospatial tools and data. Cash awards are presented for top project entries.
www.strategies.org/ThacherContest
- **California 4-H Photography Contest and Film Festival at the 2011 State 4-H Field Day**
Event on May 28, 2011. Registration due by May 6, 2011.
<http://www.ca4h.org/Programs/Events/SFD/>
Start thinking now about the photography contest and film festival being planned for the 2011 State 4-H Field Day on May 28, 2011 at UC Davis. The California 4-H Technology Leadership Team will release the themes for both events in January 2011. Both are open to all 4-H members (age 9 through 19). For more information, please contact: Photography Contest, John Trammell at techdude4h@gmail.com and Film Festival, Ashlyn Aiu at singthislouder@gmail.com.
- **Special Recognition at the 2011 State 4-H Presentation Day, May 28, 2011**
http://www.ca4h.org/Programs/Events/SFD/PD/Recognition_Opportunities/
A special recognition pin will be awarded for youth who participate in State Presentation Day and focus their presentations on science, engineering and technology! This year's focus is on the natural properties and the human interactions with water. Potential topics include water quality, conservation, water cycle, effects on plants and organisms, water in cultural contexts, human impacts on water, phases and/or properties of water, storage and transportation.
- **Tech Trek Camp, Summer 2011**
Tech Trek is a summer math/science camp designed to develop interest, excitement, and self-confidence in young women who will enter eighth grade in the fall. It features hands-on activities in math, science and related fields. All sleeping, eating, instructional, and recreational facilities are located on a university campus where camps are held. <http://www.aauw-techtrek.org/>
- Looking for a way to **enhance your leadership and citizenship skills**? Delegates who participate in California and Washington Focus say they enhance these very skills as they engage in one of the citizenship study/travel programs and carry out a plan of action to address an issue in their school or community. The 2011 programs are planned for:
 - June 17 – 21, 2011, **California Focus** in Sacramento Late June 2011, Washington Focus #1 - Washington, D.C.; Williamsburg Jamestown/ Yorktown (dates to be finalized soon)
 - July 10 – 19, 2011, **Washington Focus #2** – Washington, D.C.; Philadelphia & New York. More information is available at: <http://www.ca4h.org/Projects/Citizenship/Focus/> or with [Pat English](#).

- **California's 4-H International Exchange Program** will host students from Costa Rica, Finland, and Japan as well as send delegates outbound to Australia. The hosting programs are all about sharing your regular summer life with a teen from another culture. There is no expectation that students tour California. Find out more by contacting Pat English at pnenglish@ucdavis.edu or check on the web at: <http://www.ca4h.org/Projects/Citizenship/International/>.
- **The 2011 Western Regional Leaders' Forum**, "Cruise to 4-H Excellence!", is planned for **May 7-14, 2011**, and will be held aboard a cruise ship and will be visiting Alaskan and Canadian ports as attendees participate and learn at the many workshops being offered. You can visit: <http://4h.wsu.edu/conferences/2011wrlf/index.html> for more information and registration details.
- The State 4-H Fashion Revue committee has a new event manual for counties, participants, families and judges. You can access it at <http://www.ca4h.org/Programs/Events/SFR/>. The manual explains what SFR is, who may enter, the age divisions and outfit categories, and introduces the rubric scorecards which will be used at the state event in 2011. It is not required for this manual to be adopted by county or sectional competitions, but it is recommended that it be used as the state-wide standard for 4-H Fashion Revues.

State Fashion Revue will be May 28, 2011 as part of State Field Day at UC Davis. We hope counties will be including the \$15 Challenge category in their county events; see the flyer at the same website. For information about SFR or to join the committee, contact Karli Draxler, Youth Chair, at chat2kd@unwiredbb.com.

4-H All Stars:

Alex Kasperovich, Palos Verdes Peninsula 4-H Club
 Amanda Ho, Palos Verdes Peninsula 4-H Club
 Candace Corrales, Palos Verdes Peninsula 4-H Club
 Hannah DeYoung, San Fernando Valley 4-H Club
 Ryan Halvorsen, Palos Verdes Peninsula 4-H Club

Jr. All-Stars:

Caroline Seymour, Greenleaf 4-H Club
 Kristy Okamoto, Pomona Valley 4-H Club
 Madison Cumby, Palos Verdes Peninsula 4-H Club
 Rachel Klose, Palos Verdes Peninsula 4-H Club
 Sallie De Young, San Fernando Valley 4-H Club
 Taylor Presley, Greenleaf 4-H Club
 Veronica Cubillos, Palos Verdes Peninsula 4-H Club

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