



July 2011

If you have any questions or suggestions about the Clover Notes, please don't hesitate to call Roy Hillstock at (323) 260-3854 or email at rhillstock@ucdavis.edu. We welcome submissions, especially for Club News. Please submit articles by the 15th of the month to be posted in the following months' edition.

Contact the [Los Angeles 4-H Youth Development Office](#) or 323-260-3854. For upcoming dates, please visit the [4-H Calendar](#). We look forward to continuing to serve you and your 4-H needs.

POLICY

Policy Highlight of the Month

Each July 1, the 4-H Youth Development Program transitions to another year of positive youth development opportunities for youth. Youth and volunteers also have a chance to reflect on the past year's challenges and triumphs; projects and events; record books and reports. I want to highlight a few very important considerations as you begin the program year. First, make sure that all youth and adults are enrolled in the program for the current program year before beginning any 4-H activities or participating in any events as a 4-H member (i.e., fairs and exhibitions). It is important because of liability issues. To enroll in the 4-H program in Los Angeles County, please visit

<https://california.4honline.com/Login.aspx?4B0F494B57522A3B3B3A3D0D>

Second, be sure that the activities you are participating in are a part of your club's program plan and include a citizenship component, teaches a life skill and/or offers a leadership opportunity for the member. Having these key components are critical to ensuring that youth who participate in 4-H have a positive youth development experience.

Third, if you have not already, please prepare all of your club's financial records and be ready to submit the Treasurers' Book for auditing in September. The Youth Treasurer – along with the Adult Treasurer - should have all receipts, cancelled checks and invoices and has reconciled the club checking/saving account so that all expenses and income are accounted for. Remember, that money raised in the name of 4-H should be used to support the positive youth development activities of the youth member so very little if any, should be rolled over to the next program year unless it's a part of a larger budgetary goal (i.e., raising funds for State Leadership Conference, raising funds to purchase a piece of livestock equipment).

All of these considerations can be found in the 4-H policy manual.

If you have any questions, contact me at (323) 260-3845 or kenathaniel@ucdavis.edu.

CLUB

- **Katie O’Daniel, Palos Verdes Peninsula 4-H**
Dawn Fuller, 4-H Program Coordinator



Often times, Los Angeles County 4-H youth members feel inspired to write a special piece about their experience in the 4-H Program, and we get the chance to see some really wonderful creativity at work. Nine-year-old youth member **Katie O’Daniel**, of the **Palos Verdes Peninsula 4-H Club**, recently wrote a poem about being part of a *Beginning 4-H Project*. In her Beginning 4-H Project, she was able to try out a smattering of projects available in the PVP 4-H Club. Katie learned about martial arts, gardening and weaving. Katie is currently a Brown Belt in Tae Kwon Do, and next year intends to earn her Black Belt. In her spare time, Katie enjoys writing and arts and crafts. Way to go Katie!

A Beginning 4-H Poem By: Katie O’Daniel

In Beginning 4-H,
We had lots of fun,
We went to projects,
But now we are done.

At Pets and Small Animals,
there was lots to “sees”,
We looked at the creatures,
at the house of Mrs. Keese.

In the Wildlife Project,
We went on a hike,
Then learned about plants,
And that’s what I like.

We walked in a parade,
Santa hats on,
We waved to the people,
And then we were gone.

We went to Guide Dogs,
The dogs learned commands,
Black ones and yellow ones,
The leash in our hands.

In the Gardening Project,
We made natural teas,
Then we went in a garden,
and planted some seeds.

Project Martial Arts,
Was very fun for me,
We did an obstacle course,
It was a sight to see.

In Spinning and Weaving,
We made our own loom,
We touched wool, hair, and fuzz,
All over the room.

This year I am in Beginning 4-H,
But next year I must choose.
What project I will be in,
I really cannot lose.



* Youth members who would like to submit a poem or short piece about their experience in Los Angeles County 4-H may send them to dafuller@ucdavis.edu. We love to hear about all you are learning and doing in 4-H-- share your story with us!

- **San Fernando Valley 4-H Club**
Dawn Fuller, 4-H Program Coordinator

In June, **Hannah DeYoung** and **Crystal Au** of the **San Fernando Valley 4-H Club** were presented with trophies by San Fernando Valley 4-H Club Leader, **Emily Mountford**, commemorating their graduation out of 4-H (and high school!).



* Thanks to Project Leader, **Ellen Rosentreter**, of the San Fernando Valley 4-H Club for providing the images.

- **New! Volunteer Application Process**

Many of you may be aware that we are implementing a new volunteer application process for better management, tracking and efficiency of new volunteers. Several factors were considered before implementing the new system:

1. Too many volunteers did not complete the full enrollment process and started working with youth at the project level before being cleared
2. Unnecessary risk for the University
3. A more efficient and accurate new volunteer database
4. Community Club leaders were not aware of new volunteers in their club
5. Better control and management of new volunteers

The new volunteer application process is as follows:

1. Prospective volunteer is sent the link to the application on-line, or applies on-line through the website or on their own.
2. Prospective volunteer completes application on-line.
3. 4-H Staff will review the application.
4. 4-H Staff will contact prospective volunteer regarding orientation.
5. Prospective volunteer attends orientation.
6. Following the orientation, prospective volunteers are sent a fingerprinting packet in which they have 60 days to complete the fingerprinting process. If they do not complete the process within 60 days they will not be accepted.
7. When cleared, the prospective volunteer is notified. The Community Club Leader is also notified.
8. A "volunteer card" is generated and sent to the club leader. The volunteer is now able to begin volunteering.

- **New Leaders' Training**

Dawn Fuller, 4-H Program Coordinator

Let's start the new 4-H year with new volunteers! There will be a **New Leaders' Training** offered on **Saturday, July 9, 2011**, following the County Council Meeting. The training will be from **Noon to 2 p.m.** and will be held at the *UC Cooperative Extension LA County 4-H Office (4800 East Cesar E. Chavez Avenue, LA, 90022)*. If you have potential leaders interested in volunteering for Los Angeles County 4-H, now is the time to get them fingerprinted! Only those who have successfully cleared fingerprinting are eligible to attend the training.

To find out more about the training or to sign-up by the *deadline of July 5, 2011*, just email **Dawn** at dafuller@ucdavis.edu or call at **(323) 260-3859**.

- **Record Books**

Dawn Fuller, 4-H Program Coordinator

Record Books are due to the County Office on **Wednesday, September 14, 2011**, by **4:00 p.m.** or by **9:00 p.m.** to an **Incentives & Recognition Committee Member** on **Thursday, September 15, 2011**.

Record Books may be turned in several places:

The Los Angeles County 4-H Office
UC Cooperative Extension
4800 East Cesar E. Chavez Avenue
Los Angeles, CA 90022
(323) 260-3859

The Antelope Valley 4-H Office
UC Cooperative Extension
335 East Ave K-10 Suite 101
Lancaster CA, 93535
(661) 974-8824

Or, arrange to drop your book off with an **Incentives and Recognition Committee Member:**

Judylynn Pelling: [jlpelling@yahoo.com](mailto:jlPELLING@yahoo.com)
Noel Keller: Noel_Keller@hmc.edu
Dee Keese: swimdude64@earthlink.net
Carrie De Young: csdeyoung@socal.rr.com

If you have any members in your club turning in a Record Book, a club volunteer must sign-up for one of the following two Record Book Judging Dates with **Noel Keller**, *Incentives & Recognition Committee Chair* at Noel_Keller@hmc.edu. No more than three volunteers from the same club on any given day please. See judging dates below:

Saturday, September 17, 2011

8:45 a.m. to 5 p.m.
Good Shepherd Lutheran School
6338 N. Figueroa Ave.
Los Angeles, CA 90042

Saturday, September 24, 2011

8:45 a.m. to 5 p.m.
Good Shepherd Lutheran School
6338 N. Figueroa Ave.
Los Angeles, CA 90042

*Following the County Council Meeting on **July 9, 2011** at the County Office (4800 East Cesar E. Chavez Ave., Los Angeles, 90022), there will be a **Record Book Training** from **Noon to 2 p.m.** Come find out how to complete a Record Book, or just brush-up on what you already know! Contact **Charlene** to sign-up or find out more information at moore@ucdavis.edu or call at **(661) 974-8824**.

- **Here's to You, Dogs!**
Dawn Fuller, 4-H Program Coordinator



In July, many of us will be celebrating Independence Day with a family barbecue where there will be hamburgers and hot dogs served. Summer is the perfect time for outdoor grilling! July is **National Hot Dog Month**, and what better way to celebrate then with a hot dog roast and some all-around hot dog fun?

If you are thinking about traveling abroad and want to make sure you are able to order a hot dog, check out how to say “hot dog” in other languages!

Spanish - Perrito Caliente
Italian - Caldo Cane
French - Chien Chaud
German - Heisser Hund, or Wurst
Portugese - Cachorro Quente
Swedish - Korv, or Varmkorv
Norwegian and Danish – Grillpølser
Czech - Park v Rohliku
Dutch – Worstjes
Finnish - Makkarat

Hot Dog Etiquette is something we all need! Remember these funny tips for “proper dogs”:

Don't...

Put hot dog toppings between the hot dog and the bun. Always "dress the dog," not the bun.

Condiments should be applied in the following order: wet condiments like mustard and chili are applied first, followed by chunky condiments like relish, onions and sauerkraut, followed by shredded cheese, followed by spices, like celery salt or pepper.

Do...

Serve sesame seed, poppy seed and plain buns with hot dogs. Sun-dried tomato buns or basil buns are considered gauche with franks.

Don't...

Use a cloth napkin to wipe your mouth when eating a hot dog. Paper is always preferable.

Do...

Eat hot dogs on buns with your hands. Utensils should not touch hot dogs on buns.

Do...

Use paper plates to serve hot dogs. Every day dishes are acceptable; china is a no-no.

Don't...

Take more than five bites to finish a hot dog. For foot-long wiener, seven bites are acceptable.

Don't...

Leave bits of bun on your plate. Eat it all.

Don't...

Fresh herbs on the same plate with hot dogs over-do the presentation.

Do...

Condiments remaining on the fingers after eating a hot dog should be licked away, not washed.

Do...

Use multi-colored toothpicks to serve cocktail wieners. Cocktail forks are in poor taste.

Don't...

Send a thank you note following a hot dog barbecue. It would not be in keeping with the unpretentious nature of hot dogs.

Don't...

Ever think there is a wrong time to serve hot dogs.

All across America, people love hot dogs, and they love different styles!

New York City:

New Yorkers eat more hot dogs than any other group in the country. From downtown Manhattan to Coney Island, when you buy your hot dog in the Big Apple, it will come served with steamed onions and a pale, deli-style yellow mustard.

Chicago:

The possible antithesis to New York dogs, Chicago dogs are layered with yellow mustard, dark green relish, chopped raw onion, tomato slices and topped with a dash of celery salt and served in a poppy seed bun.

Atlanta and the South:

Buying a hot dog at Turner Field, home of the Atlanta Braves, or elsewhere in Atlanta and the south, you'll end up with your dog "dragged through the garden" and topped with coleslaw.

Kansas City:

Get the mints out - you'll need them when you order up a hot dog in KC as it is served with sauerkraut and melted Swiss cheese on a sesame seed bun.

Baseball Stadiums:

The Dodger Dog – How could you not love a hot dog in our very own Los Angeles??? A ten inch 100% beef hot dog is served in a steamed bun with your choice of condiments and a side of “Go Dodgers!”

The Rockie Dog - The home of the Colorado Rockies - is a foot long dog with grilled peppers, kraut and onions.

The Fenway Frank - Is the only dog to eat while watching the Red Sox. It's boiled and grilled and served in a New England style bun with mustard and relish.

The Texas Dog - Chili, cheese and jalapenos make this the favored item.

Try this tasty recipe for All Star Chili Dogs!

All Star Chili Dogs

Serves 8

Ingredients:

Chili Sauce
3/4 pound ground beef
1 cup chopped onion
1 8-ounce can tomato sauce
1/2 teaspoon Worcestershire sauce
1/4 teaspoon hot pepper sauce
1/2 teaspoon chili powder
1/2 teaspoon salt
1/4 teaspoon pepper
1 teaspoon brown sugar
8 hot dogs, cooked according to package directions
8 hot dog buns, split and lightly toasted
Cheddar cheese, shredded, optional



Directions:

1. In a medium skillet, over medium heat, brown beef and onions, breaking up beef into small pieces. Drain fat from skillet. Reduce heat to low.
2. Stir in tomato, Worcestershire and hot pepper sauces, chili powder, salt and pepper and sugar. Simmer for about 10 to 12 minutes, stirring occasionally.
3. Place cooked hot dogs into toasted buns. Ladle 1/4 cup chili sauce over each hot dog. If desired, top with cheese.

*Article content courtesy of the *National Hot Dog and Sausage Council*:
<http://www.hot-dog.org/>

- **Outreach Round-Up**

Dawn Fuller, 4-H Program Coordinator

On **Wednesday, June 29, 2011**, Los Angeles County 4-H received a generous, unrestricted donation for programs and services in the amount of \$1,000 from the **Los Angeles Breakfast Club**. **Ellen Rosentreter** of the *San Fernando Valley 4-H Club* put Los Angeles County 4-H in touch with the **Los Angeles Breakfast Club**. The Los Angeles Breakfast Club was founded in 1925 as a movie stars' and politicians' riding group, and has evolved into a community service organization that extends "the hand of friendship" to ALL of its community members! The club meets every Wednesday morning at 7:00 a.m., at 3201 Riverside Drive, Los Angeles, 90027. The Club President, **Sy Porter**, and all the clubs' dedicated members, felt very strongly about supporting 4-H and all of its programs--after an outreach presentation by Dawn Fuller, 4-H Program Coordinator. Many of its long-time members remembered 4-H, and some were even members in their youth! We thank **Sy Porter, Dee Events, Ellen Rosentreter**, and all the lovely Los Angeles Breakfast Club Members for their generosity and kindness. **We love you, Los Angeles Breakfast Club!** To find out how to be a part of the Los Angeles Breakfast Club, visit: <http://www.labreakfastclub.com/>



- **4-H Volunteer Resource Library**

Dawn Fuller, 4-H Program Coordinator

The **4-H Volunteer Resource Library** at the Los Angeles *UC Cooperative Extension* houses many useful and informative curriculum tools for 4-H Club and Project Leaders new and old. If you haven't spent some time browsing the wonderful resources available to leaders, you owe it to yourself to have a look! The library houses books in almost all project areas including: Small Pets & Animals, Cooking, Sewing, Gardening, Science, Engineering & Technology, Mathematics, Theatre, Cultural Studies and many more.

The **Volunteer Resource Library** is open for use by appointment **Monday through Friday from 8:30 a.m. to 5 p.m.**, at the *Los Angeles County UC Cooperative Extension*, 4800 E. Cesar E. Chavez Avenue, Los Angeles, CA 90022. Please feel free to call **Dawn Fuller, 4-H Program Coordinator**, & find out what is available at **(323) 260-3859**.

- **Be a 4-H All-Star**

All-Star is the highest rank that a 4-H member can achieve at the County level. The All-Star award affords 4-H members the opportunity to further develop their leadership skills on a countywide basis. Each year Los Angeles County selects several 4-H members who have applied and are deserving of this rank to become All-Stars. The Los Angeles County 4-H Program expects its All-Stars to contribute to the 4-H Program during the next program year. For more information go to:

http://celosangeles.ucdavis.edu/4H_Youth_Development_Programs/Applications.htm.

- **Los Angeles County, 4-H Leaders' Council**

The Los Angeles County, 4-H Leaders' Council is a group of 4-H Leaders that meets bi-monthly and organizes many 4-H activities for Los Angeles County. Find out who hold what seat, read past minutes and agendas for future meetings at: http://celosangeles.ucdavis.edu/Los_Angeles_4-H_Leaders_Council/. The next Leader's Council meeting will be May 14, 2011 from 10-noon, at the LA Office.

- **Online Re-Enrollment** – The time is coming for current 4-H members and leaders to re-enroll. After July 1, 2010, each 4-H member and leader will need to log in to their family profile and re-enroll. To assist in this process, download the "How to Re-Enroll" form from the LA County website. You can access this sheet by clicking [here](#). The 4-H Online Enrollment website is: <https://california.4honline.com/>. Remember, you must be currently enrolled to participate in 4-H and 4-H activities. The fees are \$15 for youth and \$6 for adults. If you have any questions please call Roy Hillstock at (323) 260-3854.

- **A Picture is Worth a Thousand Words**

Dawn Fuller, 4-H Program Coordinator

We would love to see all the fun activities your club has been involved in throughout the year. Please send in any photos of your club activities/events that you would like to be included in the slideshow for the Leaders' Luncheon and special newsletter features. You can email them to: dafuller@ucdavis.edu. Here's looking at you!

- **Share your 4-H experiences** - 4-H'ers, share your 4-H experiences by submitting articles to be published in Clover Notes. Articles may include club news, photos, community service projects, and/or anything you or your club would like to share. Submit your articles by the 15th of the month to be published in the following month's edition of Clover Notes to Roy Hillstock, rhillstock@ucdavis.edu.

- **Dates To Remember:**

- 7/4 Independence Day
- 7/9 County Council mtg. / New Leaders' Orientation (LA Office)
- 7/16 Summer Camp Staff Beach Party
- 7/28 State Leadership Conference

SECTIONAL

- TIC – Teen Involvement Conference

The California 4-H South Section Teen Involvement Conference (TIC) is a three day youth leadership conference for high school aged 4-H members of the south section. Youth who attend this conference will have a chance to: gain new leadership techniques, learn teamwork skills, obtain information on opportunities 4-H has to offer at a sectional and state wide level, meet 4-H members from across the state, participate in community service activities, and much more! The conference is completely planned and ran by the youth officers, teen council members, and volunteers. Go to:

http://www.ca4h.org/Resources/Volunteers/Councils/Sectional/South/Teen_Involvement_Conference/ for more information.

- **Sodexo Foundation** is offering Lead Organizer Grants of \$2,000 to organizations who engage at least 600 volunteers in addressing childhood hunger within their communities. More information and applications are available online at <http://www.ysa.org/grants/sodexoleadorganizer>. Applications are due by July 15, 2011.
- **Captain Planet Foundation:** The Captain Planet Foundation is funding grants to schools and community-based organizations that encourage hands-on projects to improve the environment. Up to \$2,500 in funding is available for projects that will inspire youth to become active in environmental stewardship and community service activities. The deadline to apply is September 30, 2011. For more information, visit <http://www.captainplanetfoundation.org/default.aspx?pid=3&tab=apply>.
- Get ready for the **Revolution of Responsibility!** 4-H'ers are changing the world and improving their communities today. In support of this community development work, the State 4-H Office will consolidate the Requests for Funding (RFP) for Service-Learning, Healthy Living, SET, and Legacy into one application. Chartered 4-H clubs/units can apply for funding up to \$1,000 to support service-learning projects related to their club or project activities. An on-line application will be released in July and applications are due October 15. Projects must have a service-learning emphasis and can be related to 4-H SET, Healthy Living, Citizenship, Leadership or project work with the goal of creating positive change in the community and increasing the visibility of 4-H. Contact Pat English for more information, pnenglish@ucdavis.edu.
- **The Best Buy Children's Foundation** has announced a funding opportunity for organizations whose work encompasses serving a teen population and developing leadership and life skills among the youth. Eligible groups must be within 50 miles of a Best Buy store or regional distribution center. Grants will range between \$4,000 and \$6,000. Online grant applications may be submitted from July 1 – August 1, 2011. Click [here](#) for more information.
- Operation Military Kids and the 4-H Military Partnership Program are providing special opportunities for military youth this summer, for little or no fee. Military youth of all branches, ages 9-18, are invited to attend **Operation: Boots Off camp, July 22-23** at Naval Base Ventura. The objective of the Operation: Boots Off curriculum is to prepare kids for the return of their service member – a stressful time for any military family. Operation: Boots Off helps young people map out and implement individualized plans that will assist them in navigating the reunion and reintegration process in a meaningful and educational way. The cost for this camp is \$15. To register, visit: <http://ucanr.org/bootsoff>.
- **State Leadership Conference Alumni Luncheon for former Diamond Stars and State Ambassadors and their advisors.** The State Ambassador program would like to invite all former Diamond Stars and State Ambassadors to a Lunch at UC Davis on August 1st. It is both a working lunch and a chance for past members to meet and see each other again. The retiring Ambassador team will present their year to a panel for discussion and the new Ambassador team will present their proposal for the next year. Please send your current address to Quang "Hogan" Tong at qtong@ucdavis.edu so we can send you a formal invitation. We look forward to hearing from you.
- **The 2011 Golden Clover** applications and nomination forms are now available at: <http://www.ca4h.org/Resources/Members/GoldenClover/>. Nominations and applications will be due by September 30, 2011. Individuals and groups may apply or be nominated in multiple categories. The selection committee reserves the option of moving applications to another category if they feel it would be a better match. Applications are evaluated on how well the applicant meets the description of the category and overall participation within 4-H. Group applications consisting of youth and adults need to demonstrate strong youth-adult partnerships. Questions can be sent to Quang "Hogan" Tong at qtong@ucdavis.edu.
- **Build-A-Bear** Workshops have announced their 2011 grant opportunities, with grants ranging up to \$10,000 each. Organizations working to support such causes as children's health and wellness, animals, and literacy and education will be considered. Click [here](#) for more information. The grant applications may be submitted through October 28, 2011.

- **The California Foundation for Agriculture in the Classroom** is looking for volunteer support for San Francisco Farm Day on **Oct. 20, 2011**. This event will include school garden demonstrations, among many others and allow approximately 10,000 students to participate in agriculture based activities in new ways. If you would like to help with this event, you can fill out the [online form](#) to be contacted with more information.
- **COMING THE FALL OF 2011!!** The State 4-H Office will consolidate the Requests for Funding for Service-Learning, Healthy Living, SET, and Legacy into one application. Chartered 4-H clubs/units can apply for funding to support service-learning projects related to their project or club activities. Watch for the release of the online application by July 1. All applications will be due **October 15** with a limit of \$1,000 per application. Projects must have a service-learning emphasis and can be related to 4-H SET, healthy living, citizenship, leadership or project work with the goal of creating positive change in your community and increasing the visibility of 4-H. Contact Pat English for more information, pnenglish@ucdavis.edu.
- **Record Book Forms for the 2011** year state competition will be available at: <http://www.ca4h.org/Resources/Members/RecordBook/RBCompetition/>. Senior 4-H members (at least 14 years of age and no older than 19 years old by December 31 of the program year for which the book is being entered) are eligible to enter state competition. There is no restriction on the number of times a 4-H member may be declared a state winner, but a state winner may only be awarded the cash prize twice. There is no restriction on the number of times a 4-H member may be declared a state medalist. Previous state record book winners are eligible to compete again. Questions may be sent to Quang "Hogan" Tong at qtong@ucdavis.edu.

4-H All Stars:

Alex Kasperovich, Palos Verdes Peninsula 4-H Club
 Amanda Ho, Palos Verdes Peninsula 4-H Club
 Wesley Ho, Palos Verdes Peninsula 4-H Club
 Candace Corrales, Palos Verdes Peninsula 4-H Club
 Hannah DeYoung, San Fernando Valley 4-H Club
 Ryan Halvorsen, Palos Verdes Peninsula 4-H Club

Jr. All-Stars:

Kristy Okamoto, Pomona Valley 4-H Club
 Madison Cumby, Palos Verdes Peninsula 4-H Club
 Rachel Klose, Palos Verdes Peninsula 4-H Club
 Sallie De Young, San Fernando Valley 4-H Club
 Veronica Cubillos, Palos Verdes Peninsula 4-H Club

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