



## November 2012

If you have any questions or suggestions about the Clover Notes, please don't hesitate to call Roy Hillstock at (323) 260-3854 or email at [rlhillstock@ucdavis.edu](mailto:rlhillstock@ucdavis.edu). We welcome submissions, especially for Club News. Please submit articles by the 15th of the month to be posted in the following months' edition.

Contact the [Los Angeles 4-H Youth Development Office](#) or 323-260-3854. For upcoming dates, please visit the [4-H Calendar](#). We look forward to continuing to serve you and your 4-H needs.

### POLICY

## 4-H Policy and Information Update November, 2012

### 4-H Program Policy and Information

The program year is off to a great start. In the short period of time since the start of the year, youth have experienced a great deal work and progress on their projects. Because project work is one of the most important and significant aspects of our program, any opportunity to assess its effectiveness is essential. With that in mind, I conducted an assessment of 4-H Judging Day. Judging Day provides an opportunity for 4-H members to apply their critical thinking, decision-making, problem solving, organizing and reasoning skills. They are given a set of parameters on a subject matter and are asked to "judge" the subject matter based. Judging could include arranging items, evaluating items and making a determination about its usefulness.

The results of the assessment demonstrated an intense interest in 4-H Judging Day. Most respondents said they like 4-H Judging Day because it's fun and they get to spend time with friends. Youth also reported that 4-H Judging Day gives them a chance to practice their skills, to learn something new and to compete with other 4-H programs. The skills learned included critical thinking, decision-making, comparing and reasoning. As you know, these types of skills (mostly science related) are essential in the ever-increasing competitive economy. Other benefits of the event encompass the idea of youth testing their knowledge base against that of others and to be publicly recognized for your effort.

The 4-H program offers a lot for youth to experience. 4-H Judging Day is an example of such an experience. I encourage each of you to continue to support youth in their efforts to showcase their learning and talents. Attend 4-H events and continue to encourage youth to "make the best better."

- Canyon Coyotes 4-H Club Views Local Bug Collection**  
**Ethan Boeker, Canyon Coyotes 4-H Club**

Butterflies, beetles, and bees, Oh my! For many folks, a bug sighting may evoke a squeal. On Monday, October 8 however, the response from the local Canyon Coyotes 4-H Club had a more pleasing sound. Local entomologist Robert Shannon visited the monthly club meeting and displayed his pinned bug collection for the group.

“I have about 2,000 bugs in my collection,” said Mr. Shannon who is an engineer by trade. “We usually have tarantulas, scorpions, vinegaroons (whiptail-scorpions)... Bugs are just a fascinating hobby.”

Robert Shannon shared some helpful tips about bugs, such as how to use hair spray on Black Widow webs to trap the spider. He said, “There are lots of beneficial bugs. The cochineal bug is responsible for about 95 percent of our red food coloring.”

Shannon’s daughter Katherine helped show off her father’s collection. “I like our current pet, a Desert Hairy Scorpion (*hadrurus obscurus*), which my dad is going to teach me how to hold,” she said. “I really like my dad's Egyptian Solpugid that he had as a pet, because of the stories he tells about that insect in particular. I believe insects are helpful because they are used in many products. They also pollinate plants, are used in food, and eat pests in gardens.”

Vienne Granger, a primary-aged 4-H member, enjoyed looking at the selection of bugs and said, “I like these butterflies because they have black stripes, white spots, and orange. These are my favorite colors.”

Canyon Coyotes President Paige Jacobsen said, “An entomology presentation like this is beneficial for our club because it educates our members about the world around them and encourages them to take an interest in that amazing world.”

Students involved in 4-H are regularly encouraged to learn from local resources, and use that information to make measurable differences right where they live. Recent findings from Tufts University’s *4-H Study of Positive Youth Development* indicate that young people in 4-H are three times more likely to contribute to their communities than youth not participating in 4-H. Notably, the Tufts research discovered that the structured learning, encouragement and adult mentoring that 4-H’ers receive play a vital role in helping them actively contribute to their communities.

The Canyon Coyotes hold club meetings every first Monday of the month at the Agua Dulce Women’s Club. In addition to special presentations, the meetings offer opportunities for members to practice leadership and participation. For more information on joining the Canyon Coyotes club, call Shirley Byrne at (661) 714-0798.



- **2012 LA County Awards Day results**  
**Noel Keller, Incentives & Recognition Chair**

The Los Angeles County 4-H 2011-12 Record Book judging occurred on September 15 and 22. 66 record books were submitted: 16 Juniors, 27 Intermediates and 23 Seniors. 4-H members from 7 clubs participated. We thank the leaders and parents from 8 clubs for judging the record books. We thank the SSG district for providing the lunches on the judging days. On Saturday, October 13<sup>th</sup> the LA County 4-H Awards program was held at the Agua Dulce Women's Club building in Agua Dulce after the LA County Leaders' Council meeting. We thank the SFV district for organizing the program, the AV district for providing the facility, refreshments and general support, the NSG district for providing the publicity and the Junior All-Star county project members for helping with award presentations. Sallie DeYoung from San Fernando Valley 4-H Club was the MC for the event.

We congratulate the following 4-H members for their accomplishments:

### JUNIOR Project Awards

#### **Aerospace and Rocketry**

County Winner – Glenys Rich – PVP

#### **Arts and Crafts**

Silver Medalist – Sarah Yeck – PVP

#### **Beginning 4-H**

County Winner – Giovanna Arena – Pomona Valley

#### **Cavies**

County Winner - Catherine Nunley – PVP

#### **Clothing and Textiles**

County Winner – Sara Conlon – PVP

Silver Medalist - Erin O'Connor – PVP

#### **Computer and Internet**

County Winner – Kiran Ekanayake – PVP

#### **Food Preservation**

County Winner – Angel Treadwell – Pomona Valley

#### **Junior Master Gardening**

Silver Medalist – Benjamin Wheeler – PVP

#### **Horses**

County Winner – Alyson Mottram – PVP

Certificate of Participation - Joslynne Parish – Canyon Coyotes

#### **Poultry**

County Winner - Mark Kasperson – Canyon Coyotes

#### **Pygmy Goats**

County Winner – Ciel Kozlowoki – PVP

**Sports**

County Winner – Katie O’Daniel – PVP

**Swine**

Silver Medalist – Rose Tristan – Neenach

**Woodworking**

County Winner – Efrain Sevilla – PVP

**INTERMEDIATE Projects Awards****Aerospace and Rocketry**

County Winner – Wesley Rich – PVP

**Arts and Crafts**

County Winner - Katherine Cao – Pomona Valley

Silver Medalist – Kathleen Hsu - PVP

**Bees**

County Winner – Liliana Brown – PVP

Silver Medalist – Lucia Brown – PVP

**Clothing and Textiles**

County Winner – Ivory MacCracken-Sanders – PVP

**Dogs**

County Winner – Makenna Mottram – PVP

**Foods and Nutrition**

County Winner – Frank Villa – Neenach

Silver Medalist – Thomas DelPonti – PVP

**Food Preservation**

County Winner – Megan Okamoto – Pomona Valley

Silver Medalist – Nicole Alger – Neenach

**Heritage Arts**

County Winner – Ru Ekanayake – PVP

**Horses**

County Winner – Elizabeth Benz – Canyon Coyotes

Silver Medalist – Emma Wineland – Canyon Coyotes

**Leadership**

County Winner – Jessica Fint – San Fernando Valley 4-H

**Leathercraft**

County Winner – Julie Sylvest – PVP

Silver Medalist – Michelle Sylvest – PVP

**Meat Goats**

Silver Medalist – Eric Tyler – Neenach

**Photography**

County Winner – Zella Roth – PVP

**Poultry**

County Winner – Michael Kasperson – Canyon Coyotes

**Pygmy Goats**

County Winner - Alexa Sutter – PVP

**Sheep**

County Winner – Demitri Hull – LV Racketteers

**Shooting Sports**

County Winner – Becca Carter – LV Racketteers

Silver Medalist – Meg Carter – LV Racketteers

**Sports**

County Winner – Jenny O’Daniel – PVP

**Swine**

County Winner – Karleen Hults – LV Racketteers

**Vegetable Gardens and Crops**

County Winner – Amber Kaljumagi – Pomona Valley

**SENIOR Project Awards****Arts and Crafts**

County Winner – Alannah Byrne – Canyon Coyotes

**Beef – Cattle**

Silver Medalist – Hannah Price – LV Racketteers

Certificate of Achievement – Thomas Nierhoff – Neenach

Certificate of Achievement – Coby Tyler – Neenach

**Community Pride**

Certificate of Achievement – Patrick Nierhoff – Neenach

**Dogs**

County Winner – Sallie DeYoung – San Fernando Valley 4-H Club

Silver Medalist – Nathan McPhaul – PVP

**Drama and Theater Arts**

County Winner – Connor Gowland – Harbor Lights

Silver Medalist – Natasha Dalrymple – Canyon Coyotes

**Foods and Nutrition**

County Winner - Charmine McClain – Pomona Valley

Silver Medalist – Trudy DelPonti – PVP

**Food Preservation**

County Winner – Julius Treadwell – Pomona Valley

**Heritage Arts**

County Winner – Veronica Cabillos – PVP

**Meat Goats**

County Winner – Baylea Hults – LV Racketteers

**Photography**

Silver Medalist – Delaney DelPonti – PVP

**Poultry**

County Winner – Rachel Kaspersen – Canyon Coyotes

## **Sheep**

County Winner – Serena Hull – LV Racketteers  
Silver Medalist – Jenna Carter – LV Racketteers  
Silver Medalist – Dallas Shephard – LV Racketteers

## **Shooting Sports**

County Winner – Anna Weilbacher – LV Racketteers

## **Shooting Sports – Archery**

Silver Medalist – Kevin Kosidlak – PVP

## **Swine**

County Winner – Hanna Wineland – Canyon Coyotes

## **Wildlife**

County Winner – Meghan Tahbaz – PVP

## **Junior Leader Merit Award**

Elizabeth Benz – Canyon Coyotes 4-H Club  
Jenny O’Daniel – Palos Verdes Peninsula 4-H Club  
Zella Roth – Palos Verdes Peninsula 4-H Club

## **Teen Leader Merit Award**

Sallie DeYoung – San Fernando Valley 4-H Club

## **Officer Book Awards**

President – Gold Medal – Tyler Cottette – Canyon Coyotes  
Vice-President – Gold Medal – Paige Jacobsen – Canyon Coyotes  
Secretary – Gold Medal – Hanna Wineland – Canyon Coyotes  
Secretary – Certificate of Participation – Meghan Tahbaz – PVP  
Treasurer – Gold Medal - Kyle Carson – Canyon Coyotes  
Reporter – Gold Medal – Elizabeth Benz – Canyon Coyotes  
Historian – Gold Medal – Ravina White and Joslyne Parish – Canyon Coyotes  
Historian – Gold Medal – Kiran Ekanayake – PVP  
Community Service – Gold Medal - Ru Ekanayake – PVP

## **Senior Awards of Excellence**

Community Service – not awarded this year  
Leadership - not awarded this year  
S.E.T. (Science, Engineering and Technology) – Meghan Tahbaz – PVP  
Healthy Living – not awarded this year  
Achievement – not awarded this year



- **State Leaders' Forum - Destination: Asilomar!**  
Dawn Fuller, 4-H Program Coordinator

4-H leaders and volunteers are invited to attend one of the most popular and restful 4-H events of the year—the **State Leaders' Forum** in Asilomar. This year the State Leaders' Forum will take place **November 9-11, 2012**, at the Asilomar Conference Grounds in Pacific Grove, California. The theme for the conference is "4-H in a Minute – Wake Up to the Possibilities!"

Attendees will be presented with a variety of workshops that will include many handy hints for leading projects, new and exciting activities for youth, community service ideas, strategies for growing clubs and the basic running of clubs. There will be special guest speakers, lively discussions, and opportunities for networking with other volunteers in the state who may lead projects that you always wanted to lead, or even lead currently. 4-H volunteers have a tendency to be dedicated and long-term, and the State Leaders' Forum is a perfect venue not only to be inspired by other 4-H volunteers, but also to revitalize your 4-H volunteer experience in a magical and relaxed setting. The conference has workshops available that will invigorate any project or club!

If you are a new leader, and have not attended the State Leaders' Forum, a one-time sponsorship to attend is available through the Los Angeles County 4-H Leaders' Council (County Council). In order to be sponsored, you must contact the County Council President, **Judylynn Pelling**, at **(323) 255-9870** (after 6 p.m.). Following approval for sponsorship, you will be asked to give a report about the conference at the next County Council Meeting.



We hope that many of you may consider attending this lovely event! To register or just find out more, go here: <http://www.ca4h.org/Programs/Conferences/SLF/>. You may also contact **Noel Keller** at: [nkeller91711@gmail.com](mailto:nkeller91711@gmail.com) or **Dee Keese** at: [swimdude64@earthlink.net](mailto:swimdude64@earthlink.net). Hope to see you there!

- **“Thanks” Giving**

Dawn Fuller, 4-H Program Coordinator

The Thanksgiving Holiday is nearly upon us, and we are reminded to give thanks for all that we have. We are thankful for our friends and family, our health, our pets, the home that we live in, the food on our table, the things that we have and our 4-H club family too. It is a wonderful time to remember the importance of saying “thank you” in variety of ways to those that have done things to make us feel important and loved. Everyone who does something nice for us will appreciate being thanked, and that may make him or her more apt to do something nice for us again!

Our parents, relatives, teachers, family friends, club leaders and project leaders all hold a special place in hearts, and probably do things for us that are extra nice. There are several things we can do to say “thank you” in tasteful and thoughtful ways.



### **The Thank You Card**

When we are the recipient of any kind of present (big or small), or special support-- a Thank You Card is in order. A Thank You Card should be sent within a few days after the gift or the supportive action takes place. Handwritten notes are a really nice way to show someone you took the time out to think about what they have done for you, and besides, everyone likes to get a surprise in the mail! Here are some guidelines to use when writing a Thank You Card:

- 🍅 Greet the giver (Dear...)
- 🍅 Express your gratitude (I really want to thank you for...)
- 🍅 Discuss the use or benefit (I plan to wear my new jacket this winter...)
- 🍅 Mention the past and allude to the future (It was great to see you and I can't wait until the next time we meet again...)
- 🍅 Grace (Thank you again for thinking of me...)
- 🍅 Wrap it up simply (Sincerely...)

Whatever you write, you should have the giver in focus, and try to avoid too many “I” statements. It is nice to buy a few packets of cards throughout the year to have on-hand for occasions such as these. Here are a few more things to remember:

***Always*** send a Thank You Card when:

- 🍅 Someone writes a letter of recommendation for you
- 🍅 Someone gives you any sort of gift
- 🍅 Someone provided you with extra help in any area
- 🍅 Someone made you feel good or appreciated
- 🍅 Someone calls, sends a card or visits when you are sick
- 🍅 Anyone who treated you to a meal at their home or otherwise

\* (A good rule of thumb is any time anyone does anything kind that makes your heart smile, you should send a card!)



## A Small, Thoughtful Token



In addition to Thank You Cards, you can also say “thank you” with a small season-related token. November is the perfect time to do something nice for someone who has been good to you. The token does not have to be grandiose or expensive. The token is something small that tells someone you put some thought into your “thanks.” Here are a few Fall ideas:

- 🍊 Decorate a small pumpkin and attach a wee thank you note.
- 🍊 Make a pumpkin, zucchini, banana or blueberry bread with a cute ribbon tied around it.
- 🍊 Make a pumpkin or sweet potato pie.
- 🍊 Fill a small Mason Jar with candy corn and tie a ribbon around the lid.
- 🍊 Ask your mom for her favorite bean soup recipe. Fill a small Mason Jar with the dry beans the recipe calls for, type up the recipe and attach to the jar with a bow tied around the lid.
- 🍊 Buy a small bouquet of sunflowers or other brightly colored flowers and tie with your own Fall ribbon.
- 🍊 Tie up a few flavored tea bags with a honey stick and attach a sweet note.
- 🍊 Tie up a few packets of cocoa and attach cinnamon sticks and a small bag of marshmallows.
- 🍊 Pot a small, colorful plant.
- 🍊 Go to a farmer’s market or apple orchard and pick out whatever is in season. Place apples in small paper sack and glue an apple cut-out to the front of the bag with a kind note.
- 🍊 Attach a handwritten note to a bag of Fall potpourri.
- 🍊 Take a picture of your favorite tree with colorful leaves and write a message on the back of the photo.
- 🍊 Make your own caramel apples and decorate with Reese’s Pieces.
- 🍊 Make your own glycerin soap and place a lavender stem in the soap mold.

No matter how you choose to say “thank you,” whatever you do will be very much appreciated. ***Now it is my turn to thank YOU for being a part of Los Angeles County 4-H—youth and adult volunteers are what make this program awesome! Thank You and Happy Thanksgiving!***

\*Thank you card guidelines came from: <http://themarketingguy.wordpress.com/2007/12/20/how-to-write-a-thank-you-card/>

- **Our Friend, the Pumpkin**

Dawn Fuller, 4-H Program Coordinator



Many of us include pumpkins in our Fall decorating schemes. Pumpkins are great fun at Halloween and on our Thanksgiving tables. Maybe you are growing pumpkins in your Gardening Project or with your family in your own backyard. Here are a few little-known facts about our friend, the Pumpkin (better known as a Squash!):

- 🍂 Pumpkins originated in Southern Mexico around 8,000 B.C.E.
- 🍂 The name "Pumpkin" comes from the Greek word "Pepon," which means "Large Melon."
- 🍂 The tradition of pumpkin carving was brought to the United States by the Irish, who originally carved turnips. Upon their arrival, they found pumpkins much easier to carve!
- 🍂 Pumpkins grow on every continent-- except Antarctica.
- 🍂 Pumpkin flowers are edible.
- 🍂 Pumpkins are 90 percent water.
- 🍂 Pumpkins were used for removing freckles and curing snakebites in years past.
- 🍂 Early American settlers used pumpkin pulp only to make their piecrust, not for pie filling.
- 🍂 The "Pumpkin Capital of the World" is Morton, Illinois.
- 🍂 In Morton, Illinois, they have a pumpkin throwing competition each year wherein a pumpkin is launched in a massive machine called, what else, a "Pun'kin Chucker!" The winner is then awarded the title of "Pun'kin Chucker Supreme."
- 🍂 Native Americans ate the pumpkin pulp, used the seeds for medicine and made mats out of the rind.
- 🍂 50 Million Pumpkin Pies are consumed each year.
- 🍂 During peak growth, giant pumpkins can grow up to 50 pounds per day with 800 seeds in each.

There are many types of pumpkins. Some are better for cooking or carving than others. We all choose to grow or buy pumpkins dependent on what we like. Some may prefer a traditional orange pumpkin; some may like green or white with stripes! Some may enjoy a funny shape, and some may like a pumpkin that is perfectly round. Here is a list of just some of the pumpkins you may come across:

**The Standard Orange Variety:**

Grows between 2 to 5 pounds

**Baby Bear** (small, flattened shape, fine stem)

**Baby Pam; Oz** (hybrid, very smooth skin, immature yellow color)

**Small Sugar or New England Pie** (the standard pie type)

**Spooktacular** (hybrid, bright orange, ribbed)

**Sugar Treat** (hybrid, bright color)

**Winter Luxury** (old variety, good for cooking, unique netted skin)

**Standard Orange:**

Grows between 8 to 15 pounds

**Autumn Gold** (hybrid, yellow when immature)

**Bushkin** (hybrid)

**Frosty** (hybrid, smooth-textured skin)

**Funny Face** (hybrid)

**Harvest Moon** (hybrid)

**Jack-o-Lantern**

**Spirit** (hybrid, semi-bush)

**Young's Beauty**

**Standard Orange:**

Grows between 15 to 25 pounds

**Aspen** (hybrid, deep orange, uniformly large)

**Big Autumn** (hybrid, yellow when mature)

**Big Tom**

**Connecticut Field** (the old standard)

**Ghost Rider** (dark orange, very dark green stem)

**Happy Jack** (uniform, dark orange)

**Howden Field** (the industry standard for the last 20 years)

**Jackpot** (hybrid, round)

**Jumpin' Jack** (large, dark orange, heavy, tall)

**Pankow's Field** (large, variable pumpkins with exceptionally large, long stems).

**Rouge Vif d'Estampes** (deep red-orange, flattened, and heavily sutured. It was the prototype for Cinderella's carriage pumpkin and is sometimes sold as "Cinderella" pumpkin.)

**Types for canning and cooking:**

**Buckskin** (hybrid)

**Chelsey** (hybrid)

**Dickinson Field**

**Kentucky Field**

**Jumbo Pumpkins:**

Grows between 50, 100 pounds to much larger

**Atlantic Giant** (most true giants come from this variety)

**Big Max**

**Little Boo**

**Big Moon**

**Cushaw Group**

**Mammoth Gold**

**Green-Striped Cushaw**

**Prizewinner**

**Sweet Potato**

**White Painting**

**Tennessee**

**Casper**

**White Cushaw**

**Lumina**

**Golden Cushaw**

**Snowball**

**Naked-Seeded:**

**Trick or Treat** (hybrid, 10 to 12 pounds, good for carving)

**Tricky Jack** (hybrid, small)

**Triple Treat** (thick flesh, 6 to 8 pounds, cooks, carves well)

## Miniature Pumpkins:

**Baby Boo** (white)

**Jack-Be-Little** (standard orange miniature)

**Jack-Be-Quick** (taller, darker orange)

**Munchkin** (uniform, attractive orange)

**Sweetie Pie** (small, scalloped, medium orange)

Wow! There are so many types of pumpkins. Next time you are picking pumpkin seeds to plant or are at the pumpkin patch picking a pumpkin; just remember this-- whichever pumpkin you pick is just like you – unique and wonderful! Happy picking!

The variety listing above and other fun pumpkin information can be found here:

<http://www.pumpkin-patch.com/facts.html>

<http://www.pumpkin-patch.com/varieties.html>

- **Spicy Pumpkin Soup with Cinnamon Croutons**

Dawn Fuller, 4-H Program Coordinator



Now that we know a little bit more about our friend, the pumpkin, let's see if we can't cook up a little Pumpkin Soup with Croutons!

## **Creamy and Sweet Pumpkin Soup with Croutons**

### **Ingredients:**

- 🍂 2 tablespoons brown sugar
- 🍂 15 oz can pumpkin puree
- 🍂 2 cans salt free chicken broth, 14 ½ oz each
- 🍂 1 cup chopped onion
- 🍂 5 tablespoons softened butter
- 🍂 ¼ teaspoon ground cinnamon
- 🍂 4 slices whole wheat bread
- 🍂 ¼ teaspoon cinnamon
- 🍂 ½ teaspoon salt
- 🍂 ½ teaspoon pumpkin pie spice
- 🍂 1 cup heavy whipping cream
- 🍂 ⅛ teaspoon ground black pepper
- 🍂 Handful cilantro leaves
- 🍂 ½ teaspoon ground ginger

## Preparation:

Preheat oven to 400 degrees F.

Mix together cinnamon, half the sugar and butter. Spread butter evenly over one side of each slice of bread. Put the bread, buttered side up, on a baking tray. Bake for about 8 minutes, or until bread is toasted.

Cut bread slices into small squares or triangles.

Sauté onion in the rest of the butter until tender, then add half the chicken broth. Stir the mixture well, bring it to a boil, then cover the pan, turn the heat down, and let it simmer for about 15 minutes.

Process broth in a food processor or a blender until it is smooth, then put it back in the pan and add the other can of broth, salt, cinnamon, pumpkin pie spice, pumpkin puree, pepper, the rest of the sugar and ginger.

Stir mixture well and bring it to a boil.

Cover pan, turn the heat down, and let the pumpkin soup simmer for about 10 minutes, stirring it all the time.

Stir in cream and warm it through without boiling.

Ladle soup into 6 serving bowls. Top each one with croutons and cilantro leaves.

**Enjoy!**

This pumpkin soup recipe and other variations of it can be found here:

<http://www.pumpkinsoup.org/>

- **Joke Corner**

Dawn Fuller, 4-H Program Coordinator



Here are some jokes to amuse your friends with during the Thanksgiving Holiday...

What happened when the turkey got into a fight?

***He got the stuffing knocked out of him!***

What's the best dance to do on Thanksgiving?

***The turkey trot!***

How do you keep a turkey in suspense?

***I'll let you know next week!***

What did the turkey say to the turkey hunter?

***"Quack, quack, quack!"***



What's the best way to stuff a turkey?

***Serve him lots of pizza and ice cream!***

How did the Mayflower show that it liked America?

***It hugged the shore!***

What vegetables would you like with your Thanksgiving dinner?

***Beets me!***

- **Los Angeles County 4-H 2012-13 Calendar of events**  
**Noel Keller, Incentive & Recognition Committee Chair**

The LA County 4-H 2012-13 Calendar of events was approved at the May county council meeting. It will soon be sent out to 4-H families from the LA 4-H Office and will be posted on the county 4-H website. The Calendar includes the following dates:

County Awards Day - Oct. 13, 2012

County Science Fair - Jan. 5, 2013

Teen Involvement Conference - Jan. 18-20

Livestock Symposium - Jan. 26

County Food Faire - Feb. 9

County Judging Day - Feb. 23

County Field Day and Fashion Revue - March 16

Leaders Appreciation Event - April 6

Sectional Field Day and Fashion Revue - May 18

State Field Day and Fashion Revue - May 25

- **Spread the Word - 4-H is Great**  
**Noel Keller, Incentive & Recognition Committee Chair**

Now is the time to let your friends know about 4-H. This is a great time to have new members join 4-H. Projects are just starting up and club activities are being planned. Tell your friends about all the interesting, fun things you are doing in 4-H. Write an article for your local newspaper. Let your community know what 4-H is doing. Have your club do service work in your community, take some photos and write a news article. Try for a news article each month telling what your 4-H club is doing. Does your club have a Recruitment Officer? Does your club have a Reporter? If not, consider creating the positions in your club.

- **Share your 4-H Experiences** - 4-H'ers, share your 4-H experiences by submitting articles to be published in Clover Notes. Articles may include club news, photos, community service projects, and/or anything you or your club would like to share. Submit your articles by the 15<sup>th</sup> of the month to be published in the following month's edition of Clover Notes to Roy Hillstock, [rlhillstock@ucdavis.edu](mailto:rlhillstock@ucdavis.edu).

- **Dates To Remember in**  
**November:**

3<sup>rd</sup> – AV District Horse Show

7<sup>th</sup> – NSG District mtg.

9<sup>th</sup> – State Leaders' Forum at Asilomar (11/9-11)

15<sup>th</sup> – SSG District mtg.

22<sup>nd</sup> – Happy Thanksgiving

23<sup>rd</sup> – Office Closed

26<sup>th</sup> – AV District mtg.

29<sup>th</sup> – I&R mtg.

## FUNDING UPDATES

*Please note: University policy requires an Advisor or County Director to submit all grant applications and fulfill the requirements of UC ANR Contracts & Grants. If you plan to apply for any of the following opportunities, please notify the California 4-H Foundation ([aleeland@ucanr.edu](mailto:aleeland@ucanr.edu)) who will review your application prior to submission to insure that it is as strong as possible.*

- **Do you see a need in your community?**

**JOIN The Revolution of Responsibility! \$1,000 is available to 4-H Clubs and Groups  
Due November 15. Go to <http://ucanr.org/join/>**

To JOIN the revolution, 4-H members, with the help of an adult 4-H volunteer mentor, should follow these steps to plan a project.

Identify an issue or problem in your community.

Find community organizations to collaborate with.

Plan the project: form goals, outline tasks, list needed resources, and prepare a budget

Prepare ways to document and record your project to share with others.

JOIN the revolution at <http://ucanr.org/join/>

A **toolkit** of tips, templates, links, and suggested guidelines has been developed to support your projects. From the initial work to identify a compelling community issue to the final celebration of its completion, use this toolkit to help you carry out the important steps necessary to ensure success. <http://www.ca4h.org/Support/RofR/Toolkit/>

- **[Nestlé Very Best in Youth Program Accepting Applications for 2013 Community Service Awards](#)**

The program will honor young people (between 14 and 18 years of age) in the United States for outstanding community service and academic achievement by donating \$1,000 in each winner's name to the charity of his or her choice....

**Deadline:** November 8, 2012

- **[Powered by Service Offers Funding to Seed Youth-Led Service Projects](#)**

Grants will be awarded to young people around the world who are conducting service projects that encourage youth to become involved in addressing problems facing their communities....

**Deadline:** Open

## DATES &amp; DEADLINES

- **Join California 4-H on Facebook!** <https://www.facebook.com/california4H>

4-H is on social media. Check out the website with 4-H guidelines for social media and a list of national and statewide 4-H groups on various social media platforms at <http://www.ca4h.org/News/Connect/>

- **Sign-Up for Additional Email Updates at** [http://www.ca4h.org/News/Signup\\_News/](http://www.ca4h.org/News/Signup_News/)

The California State 4-H Office operates public email lists to send timely information, news, and updates! Check out the animal science, camping, equine, and shooting sports lists!

- **2013 Prudential Spirit Community Awards**

The Prudential Spirit of Community Awards program, sponsored by Prudential Financial in partnership with the National Association of Secondary School Principals, recognizes individuals in grades 5-12 solely on the basis of their volunteer activities. 4-H'ers can apply online at: <http://spirit.prudential.com> or [www.nassp.org/spirit](http://www.nassp.org/spirit). Applications must be submitted to a county 4-H agent by **November 6, 2012**.

Once county 4-H programs have selected Local Honorees, they must certify those applications by **November 13, 2012** to a state-level judging committee, which will pick the top youth volunteers in each state and the District of Columbia.

- Time is up! **State Leaders Forum** is only a few days away. The South Central Sectional Council eagerly awaits your arrival at Asilomar Conference Center on Friday, November 9<sup>th</sup> for a fun-filled weekend. If you have delayed, there may still be room for you but lodging is not guaranteed. Find the forms and more at <http://ucanr.org/slf2012>. 2012 is the 60<sup>th</sup> anniversary of SLF at Asilomar and we will be celebrating! Dynamic guest speakers, assemblies full of surprises, 25 educational workshop choices, plus the ORB Internet Café and State Park native plant restoration project are but a few of the treats planned for your enjoyment. Check-in for “4-H in a Minute” begins at 3 PM in the historic Chapel building. Don’t forget your Silent Auction donation! For more information go to <http://www.ca4h.org/Programs/Conferences/SLF/> **“If you want to make good use of your time, you’ve got to know what’s most important and then give it all you’ve got.” ~ Lee Iacocca**
- Thanks to **America’s Farmers Grow Communities**<sup>SM</sup>. Now **through Nov. 30, 2012**, eligible farmers can enter for a chance to win \$2,500 that can be directed to their local 4-H program. Rural community members can suggest an idea or initiative that needs funding for their local 4-H, such as a community garden or camp scholarships. Farmers may review the ideas and consider them in their application. To plant your idea and encourage farmers to support your 4-H, go to [GrowCommunities.com](http://GrowCommunities.com). In addition, in communities impacted by drought, the Monsanto Fund will provide twice the financial support. Winning farmers from counties that have been declared natural disaster areas will now receive a total of \$5,000. Click here for an application: [Printable Application Forms](#)
- **Leadership Conference of Regional Teens (LCORT):**  
Applications for LCORT 2014 Youth Chair are due by 5:00 p.m., Friday, December 14, 2013. Applicants must:
  - be a minimum of 16 years old and a maximum of 18 years old by December 31, 2013.
  - be members in good standing of a 4-H program within the South Central Section.
  - have achieved at least Gold Star rank.
  - have attended LCORT as a delegate.
  - Have excellent public speaking skills.
  - Have the ability to communicate and work with people of various ages and backgrounds.
 Complete information and application forms are available at:  
[http://www.ca4h.org/Resources/Volunteers/Councils/Sectional/South\\_Central/LCORT/](http://www.ca4h.org/Resources/Volunteers/Councils/Sectional/South_Central/LCORT/)
- **How Kids Learn II**  
**January 9, 2013**, San Francisco  
<http://www.howkidslearn.org/>  
 The purpose of this TED-like, one-day conference is to inform and energize youth program leaders, educators and afterschool stakeholders regarding our current knowledge on how kids learn and to share innovative approaches to promote learning outside of the classroom.
- **4-H Shooting Sports Workshop**  
 A 4-H shooting sports workshop for the rifle discipline will be held at UC Cooperative Extension Office, 1031 S. Mt. Vernon Avenue in Bakersfield. The workshop will be **January 12, 2013** 8am-6pm and **January 13, 2013** 8am-4pm. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as a rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. There is no cost for the course. To register for the course or receive more information, contact John Borba at: [jaborba@ucdavis.edu](mailto:jaborba@ucdavis.edu) (This course is not open to 4-H leaders from Santa Cruz County).
- Calling all camp professionals! The [Tri-State Camp Conference](#), held in Atlantic City, NJ from March 12-15, 2013, gives like-minded individuals the chance to come together and share experiences, ideas, and tips about the camp industry. With over 3000 professionals, more than 180 educational sessions, and our 300 + booth exhibit hall, the Tri-State Camp Conference is something you don’t want to miss out on.

- **Western Region Leader Forum – March 21 – 24, 2013 in Hawaii**

Hawaii 4-H members, volunteers, faculty and staff are looking forward to seeing you in Hawaii March 21 – 24, 2013 for the Western Region Leader Forum. The conference site is the Waikiki Beach Marriott and Resort (800-848-8100). Refer to code, WR4A, to the person taking your reservation. Registration for the forum may be completed by going to: <http://www.ctahr.hawaii.edu/wrlf/>

**DEADLINES:**

Deadline for Regular Registration is December 31, 2012 - \$375

Deadline for Hotel room Rate of \$179 is February 21, 2013 - \$425

- Applications for the **2012 President's Environmental Youth Award** are **due December 31**.

The PEYA program promotes awareness of our nation's natural resources and encourages positive community involvement. One outstanding project from each region is selected for national recognition.

Projects are developed by young individuals, school classes (K-12), summer camps and youth organizations to promote environmental stewardship. Visit [www.epa.gov/peya](http://www.epa.gov/peya) for more information.

- **Save the Date: State 4-H Field Day 2013 – May 25 at UC Davis**

<http://www.ca4h.org/Programs/Events/SFD/>

The State 4-H Field Day takes place annually on the Saturday of Memorial Day weekend at the UC Davis campus from 8:00am until 6:00pm. The event is open to all 4-H members, volunteers, staff and parents. More information will be released in January 2013.

The five categories announced for **2013 State Fashion Revue** are generating interest in 4-H sewing and crafts projects, and in counties planning their local events. Check out the descriptions at <http://www.ca4h.org/Programs/Events/SFR/> and plan to participate in your County Fashion Revue. SFR is coordinating three service projects: little dresses and shorts for Africa, stuffed animals, and drawstring bags. Projects and counties are encouraged to download the patterns and instructions and make the most of all the fabric scraps in your “stash.” The dresses and bags take about a yard of fabric plus bias tape or cording. The shorts are sewn from a new or like-new purchased t-shirt. The stuffed animals are cute and cuddly, made from scraps of fuzzy fabric. Brighten the life of a child close to home or in an impoverished country by donating fabric or your time and have fun at the same time. See the SFR website for questions or contact a committee member.

- **4-H State Leadership Conference 2013 – July 25-28, 2013 at UC Davis**

<http://www.ca4h.org/Programs/Conferences/SLC/>

The 4-H State Leadership Conference brings together high school youth from across California in a four-day leadership training, networking, and learning experience. More information will be released in January 2013.

## **HEALTHY LIVING**

- New webinar: “Small Steps to Health and Wealth-Financial Literacy/Nutrition” presented by Jennifer Hunter. Here’s the link: <http://nifa-connect.nifa.usda.gov/p2q6s6s4xg3/>.

- **New Project Supports Let’s Move! Cities, Towns, and Counties**

A new project—developed by the National League of Cities, in collaboration with non-profit organizations, the U.S. Department of Health and Human Services, and the U.S. Department of Agriculture—aims to help local elected officials address policy and environmental factors that influence childhood obesity by enhancing the work of Let’s Move! Cities, Towns, and Counties, a key component of First Lady Michelle Obama’s Let’s Move! initiative. [Learn more](#).

## **SCIENCE, ENGINEERING, and TECHNOLOGY (SET)**

- **CA 4-H places at the National 4-H Horticulture Contest**

Tyler Ellison (Napa) was 2<sup>nd</sup> high individual, Teralyn Crill (Santa Cruz) was 6<sup>th</sup> high individual, and Marisa Martin (Tulare) was 7<sup>th</sup> high individual. In the 4-H team division, California placed first, New York placed second, and Kansas was third. The CA Team won the State Display contest and was second at Horticultural Connections contest. In individual contests, Marisa Martin won for her Illustrated Talk, and Amelia Aarestad won for her horticultural essay. A big congratulation to our 4-H'ers – it is clear you worked hard to achieve your goals!

- **CA 4-H Dairy Cattle Judging Team places 7<sup>th</sup>**

The CA 4-H Dairy Cattle Judging Team competed on October 1<sup>st</sup> at the World Dairy Cattle Judging Contest held during the World Dairy Expo in Madison, WI. The California 4-H Team composed of Tony Garcia, Justin Bopp, Tristan Rollin, Brandon Carreiro and coached by Donny placed 7<sup>th</sup> overall. And, Tony Garcia placed 1<sup>st</sup> in the top 10 individuals overall. Kudos to these hard working young people. [Click here to view the results.](#)

- **Newly Updated: 4-H SET Resources**

<http://www.ca4h.org/Projects/SET/SETResources/>

Check out the 4-H SET Resources webpage for 4-H volunteers and staff. It contains links to online sessions, promising practices in 4-H Science, marketing materials, presentations, and research.

- **Take the National Rocketry Challenge!**

<http://www.rocketcontest.org/>

Registration is now open for the 2013 Team America Rocketry Challenge (TARC), the world's largest rocket contest where students compete for \$60,000 in prizes and scholarships. Participation is open to the first 1000 teams who register by November 30, 2012. The 2013 challenge is to design, build and fly a model rocket containing a raw egg that reaches an altitude of 750 feet, stays aloft for 45 to 50 seconds, and returns the egg unbroken on a parachute. Students in grades 7-12 in any U.S. school or non-profit youth organization are eligible to compete. The National Association of Rocketry is a 4-H partner and specifically invites 4-H groups to try rocketry and get into TARC.

- **4-H Junk Drawer Robotics Workshops**

Register at <https://ucanr.edu/survey/survey.cfm?surveynumber=9315>. The Junk Drawer Robotics curriculum engages middle school youth (ages 10-13) in understanding scientific concepts and processes, the engineering design process cycle, and technology creation and building. These workshops will help prepare 4-H project leaders and teen leaders to implement the curriculum. There is no cost to attend and lunch will be provided. Projects must purchase the curriculum, available at the [4-hmall.org](http://4-hmall.org).

- Saturday, November 17, 2012, 9:30am - 4:00pm, LA County Building & Safety and Fire Dept. in Lancaster.
- Saturday, December 1, 2012, 9:30am - 4:00pm, SCU Robotics Systems Lab, NASA AMES, Mountain View, CA (Santa Clara County).

- **Bay Area Science Festival**

November 3, 2012 at ATT Park

<http://www.bayareascience.org/>

This year's festival will feature over 60 events across the Bay Area! 4-H will be represented with a booth featuring the 2012 4-H National Youth Science Experiment. If you are interested in helping to volunteer at the booth, please contact Steven Worker at [smworker@ucanr.edu](mailto:smworker@ucanr.edu).

- **AGU (Earth Science) Fall Meeting, Family Exploration Station**

December 2, 1-5pm at Moscone Center, San Francisco

<http://education.agu.org/education-activities-at-agu-meetings/exploration-station/>

Exploration Station is a program of activities organized by the various AGU sections and focus groups. This event is four hours long, free, and open to the public. Participants make their way through an average of 20-30 exhibits offering a variety of easy, family friendly, hands-on activities and an opportunity to interact one-on-one with scientists, engineers, and education specialists. 4-H will be represented with a booth featuring the 2012 4-H National Youth Science Experiment. If you are interested in helping to volunteer at the booth, please contact Steven Worker at [smworker@ucanr.edu](mailto:smworker@ucanr.edu).



- **4-H Film Making Statewide Project**

*Presented by the 4-H Technology Leadership Team*

<http://www.ca4h.org/Projects/SET/Tech/CTLT/Film/>

The goal of the 4-H Film Making Project is to enhance technological literacy of 4-H members, ages 13-19, by helping them learn the basics of film production including storyboarding, filming, and editing. In January through July 2013, the 4-H Technology Leadership Team will provide a series of film production workshops throughout California. In addition, video equipment loaner kits will be available for counties to checkout. More information will be available in November 2012.

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**4-H All Stars:**

**Jr. All-Stars:**

*Daniel Espinosa, Harbor Lights 4-H Club  
Lilliana Brown, PVP 4-H Club  
Jessica Fint, San Fernando Valley 4-H Club  
Candace Choi, PVP 4-H Club  
Ivory MacCracken, PVP 4-H Club  
Julius Treadwell, Pomona Valley 4-H Club  
Katherine Cho, Pomona Valley 4-H Club  
Laura Griffin, PVP 4-H Club  
Madison Cumby, PVP 4-H Club  
Megan Okamoto, Pomona Valley 4-H Club  
Rachel Klose, PVP 4-H Club  
Ru Ekanayake, PVP 4-H Club  
Sallie DeYoung, San Fernando Valley Club  
Meghan Tahbaz, PVP 4-H Club  
Wesley Rich, PVP 4-H Club*

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