



**April 2014**

If you have any questions or suggestions about the Clover Notes, please call Roy Hillstock at (626) 586-1972 or email at [rhillstock@ucanr.edu](mailto:rhillstock@ucanr.edu). We welcome submissions, especially for Club News. Please submit articles by the 15th of the month to be posted in the following months' edition.

Contact the [Los Angeles 4-H Youth Development Office](#) or (626) 586-1972. For upcoming dates, please visit the [4-H Calendar](#). We look forward to continuing to serve you and your 4-H needs.

## **POLICY**

### **4-H Policy and Information Update**

#### **The Future of the 4-H Youth Development Program in Los Angeles County**

The spring is here and with it comes the opportunity for renewal and rejuvenation. It's also a time to reflect on the past while giving much thought to the days and months ahead – the future. For some time now, I have been thinking about the 4-H program and its positive impact on youth and adults. Over the years, the program has been instrumental in enhancing the life experiences of thousands of people by continuously providing a place of belonging, opportunities for mastery and independence and a platform to be generous and a contributing member of society. My reflections have also caused me to pause as I envision the future. As many of you are aware, the 4-H club program in Los Angeles County has undergone some changes in the last few years (i.e., SET initiative, Healthy Living initiative). However, one of the most significant, and unfortunately alarming changes, is the continued decline in youth membership. For example, since 2004, the 4-H club youth enrollment has declined by **49%**, while the number of volunteers has declined by **32%**. The downward trend is not only happening in Los Angeles County, but also throughout the state and indeed the country. Staff, volunteers and others have been working to identify strategies to create systems for reversing this trend. One strategy is the development of a Volunteer Middle Management Board (VMMB). The counties in California that have this structure in place have had stable youth enrollments and in fact have seen an increase in 4-H club enrollment – contrary to trends in other county.

With leadership of the Statewide 4-H Program and building on the excitement of Cooperative Extension's centennial and with an eye towards the next 100 years, it is at an opportune moment to analyze the club program model and structure, identify those core elements contributing to effective organization and reform elements to strengthen our program delivery. As such, I have asked Dawn and Charlene, in conjunction with the County Council, to begin the process of exploring a new governance structure for the 4-H program. Why are we doing this now? We are doing this for several reasons, namely to:

- Explore volunteer management organizational structures that create sustainability and capacity building for the 4-H YDP in LA county.
- Offer an approach to initiate, revitalize or significantly expand the use of adult volunteers and young people as program managers.
- Develop a comprehensive, integrated and coordinated model for the delivery and implementation of the 4-H YDP in LA county.
- Attract new high performing and engaged volunteers to 4-H.
- Opportunity to meaningfully engage more young people as equal partners in the program development, management and evaluation of the 4-H YDP.
- Expand the reach of the 4-H YDP and touch the lives of more young people.
- Opportunity to develop a vision for what you think the 4-H YDP can be in the county and create and execute a plan to achieve it.

One of the first actions is to identify no fewer than 12 and no more than 20 people to serve on the LA 4-H Future Task Force for (LAFFT). The membership will be made up of representatives from other youth serving organizations (i.e., YMCA, Boys and Girls Club, etc.), community members, 4-H staff, 4-H youth, youth from other organizations, and 4-H volunteers. The LA County office has already asked several people to serve on LAFFT. I am now asking you to identify others who will be willing to support this effort. I anticipate the commitment to LAFFT to be about 4-6 meetings (based on recent 4-H future task forces that have concluded their work). Each meeting will be no more than 2 hours. Once a plan has been developed and presented to me, the task force will conclude its work. If the plan is an acceptable vision for the program (presents a pathway to meet the aforementioned goals) then a formal presentation will be made to the county council. Once the council has had a chance to review and digest, I will meet with the executive officers of the council to discuss the way forward.

I know that for some of you, this may come as a surprise, but actually it has been talked about for more than a year now in various forms (i.e., Clovernates) and at various times (i.e, council meetings). However, the time has come to make some meaningful, movement in this direction. It is my hope that we forge a partnership in creating the future for the 4-H program where membership is growing, youth are thriving and volunteers are fulfilled in their roles as supporters and facilitators of positive youth development experiences for youth.

The first meeting will be announced soon, so if you have anyone that you want to recommend to serve on the LAFFT please let Dawn or Charlene know ASAP.

# CLUB

- **County Field Day**

Julius Treadwell, Pomona Valley 4-H Club

County Field Day was Saturday, March 22. I was an MC for the Presentations room. I introduced the speakers. I also did my demo on Lemon Pie. I showed everyone how to make it and had a finished pie to show them. I also did a Prepared Reading with my book Clifford and Tummy Trouble. For Impromptu Speaking I talked about My Favorite TV Show, Sam and Cat Super Psycho. It was a fun day.



- **County Field Day**

Nicole Martin, Pomona Valley 4-H Club

I was at the Primary Clinic at County Field Day. I read the book "Click Clack Moo Cows That Type". I felt fine. I had some fun there. I liked it there. There was some food. I liked going.



- **My Day at Field Day**

Jill Okamoto, Pomona Valley 4-H Club

On Saturday at County Field Day at Mt. SAC I first did an Impromptu speech and then I did a Prepared Reading on Captain Underpants. I then went to give my speech on Fast and Furious. I learned from it that I should of added more to reach the three-minute time minimum. I sang my song Demons in the afternoon program. My favorite thing was the awards ceremony to learn what I got. With all of this I had fun and learned new things!



- **Article**

Conner Treadwell, Pomona Valley 4-H Club

I really like playing my clarinet for the County Field Day. It was fun even though I got a Blue award. My least favorite thing was Impromptu Speaking because they only give you five minutes to prepare and then have you go do your speech even though you are still writing on your topic. Overall it was fun but for my prepared speech I didn't understand all the comments from the judges. But I really liked the day.



- **Fun at Sycamore**  
Giovanna Arena, Pomona Valley 4-H Club

The Pomona Valley 4-H Club, with Mrs. Keller, took a field trip to Sycamore Canyon Park. We took a hike to the top of Sycamore Canyon Park. We went up a bunch of stairs. Climbing up the stairs took about 20 minutes. We saw many different plants, many animals, such as rabbits, birds, and even a red tailed hawk. When we went down the stairs we took a walk in the forest and saw many trees, a river, and two waterfalls! It was a very nice adventure to go hiking at Sycamore Canyon Park.



## COUNTY

- **Sallie DeYoung, California 4-H State Ambassador**  
Dawn Fuller, 4-H Program Coordinator

LA County 4-H would like to congratulate Sallie DeYoung for being selected as a 2014/2015 California State Ambassador. Sallie worked very hard as an LA County All Star in the last year and has recently been elected as the South Section Teen Council State Representative to the State 4-H Council. She will represent Los Angeles County 4-H in many wonderful state activities and we are proud that she will show all that she encounters what excellent leadership is all about.

- **New LA County 4-H All-Star – Holly Whipple**  
Noel Keller, Incentives and Recognition Committee Chair

Holly Whipple of the Westside 4-H Club in the Antelope Valley district was named to be the new 2014-2015 LA County 4-H All-Star at LA County 4-H Field Day on March 22. Congratulations to Holly! We look forward to her participation, enthusiasm and leadership in our LA County 4-H program for next year.

- **2014 County Field Day Results**

Noel Keller, Incentives and Recognition Committee Chair

Los Angeles County 2014 4-H Field Day was held Saturday, March 22 at Mount San Antonio College in Walnut. We thank the North San Gabriel 4-H district for organizing and running the event. We thank Ru Ekanayake LA County 4-H All-Star and our current Junior All-Stars for all their help with the event, including helping with set up, check-in, the Primary Clinic, MC and the awards ceremony. We thank all the leaders, youth and staff who also helped make the event a big success. This was a sunny, great day at Mt. SAC!

Award certificates were given to all 4-H members who participated. Gold medals were given to the County Winners. Gold medal winners are eligible to enter Sectional Field Day, to be held on May 17 at Mt. SAC. You do not need a gold medal at county to try Impromptu and Extemporaneous Speaking, Mock Interviews, Primary Clinic or Educational Displays at Sectional Field Day, but you do need to register for Mock Interviews, Primary Clinic and Educational Displays in advance with Judylynn Pelling (jlpelling@yahoo.com) by April 3.

Congratulations to the following members for their accomplishments!

For the listings below, the following abbreviations are used:

ERHP = Eagle Rock Highland Park 4-H Club

PVP = Palos Verdes Peninsula 4-H Club

SFV = San Fernando Valley 4-H Club

### **Junior Presentations**

No entries

### **Intermediate Presentations**

Mark Kasperson – Canyon Coyotes – GOLD medal

Xavier Cruz – Macy – Blue seal

Grant Alaniz – ERHP – Green seal

### **Senior Presentations**

Julius Treadwell – Pomona Valley – Blue seal

### **Senior Problem Solving Presentation**

No entries

### **Junior Public Speaking**

Nicole Arena – Pomona Valley – Blue seal

Jill Okamoto – Pomona Valley – Blue seal

Conner Treadwell – Pomona Valley – Blue seal

### **Intermediate Public Speaking**

Xavier Cruz – Macy – GOLD medal

Sydney Barry – PVP – Blue seal

Owen Lazaro – Macy – Blue seal

Enrique Morales – Macy – Blue seal

### **Senior Public Speaking**

Jessica Fint – SFV – GOLD medal

Rachel Klose – PVP – GOLD medal

Daniel Espinosa – Harbor Lights – Blue seal

Rachel Kasperson – Canyon Coyotes – Blue seal

**Junior Prepared Reading**

Cassidy Dalva – SFV – GOLD medal  
Victoria Morales - Macy – Blue seal  
Jill Okamoto – Pomona Valley – Green seal

**Intermediate Prepared Reading**

Georgia Pike – PVP – GOLD medal  
Heidi Kolkovich – SFV - GOLD medal  
Alexa Sutter – PVP – GOLD medal  
Rebecca Klose – PVP – GOLD medal  
Aleks Unsusuz – Harbor Lights – Blue Seal

**Senior Prepared Reading**

Ru Ekanayake – PVP – GOLD medal  
Jessica Fint – SFV – GOLD medal  
Rachel Klose – PVP – GOLD medal  
Julius Treadwell – Pomona Valley – GOLD medal  
Rachel Kasperon – Canyon Coyotes – Blue seal  
Megan Okamoto – Pomona Valley – Green seal

**Entry by Video – Prepared Reading**

None

**Junior Mock Interviews**

No entries

**Intermediate Mock Interviews**

Esmeralda Aceituno - Macy – GOLD medal  
Rebecca Klose – PVP – GOLD medal  
Alexa Sutter – PVP – GOLD medal

**Senior Mock Interviews**

Connor Gowland – Harbor Lights – GOLD medal  
Dryden Unsusuz – PVP – GOLD medal  
Daniel Espinosa – Harbor Lights – GOLD medal  
Rachel Klose – PVP – GOLD medal

**Junior Impromptu Speaking**

Jill Okamoto – Pomona Valley – GOLD medal  
Cassidy Dalva – SFV – GOLD medal  
Conner Treadwell – Pomona Valley – Blue seal  
Nicole Arena – Pomona Valley – Blue seal  
Joanna Cao – Pomona Valley – Green seal  
Erin Murdoch – PVP – Green seal

**Intermediate Impromptu Speaking**

Ethan Boeker – Canyon Coyotes – GOLD medal  
Xavier Cruz – Macy – GOLD medal  
Sydney Barry– PVP – GOLD medal  
Katherine Shannon – GOLD medal  
Rebecca Klose – PVP – Blue seal  
Sara Conlon – PVP – Blue seal  
Zella Roth – PVP – Blue seal  
Alexa Sutter – PVP – Blue seal  
Grant Alaniz – ERHP – Green seal



- **South Section Field Day – May 17th**  
Noel Keller, South Section 4-H Leaders’ Council President

The South Section 4-H Field Day and Fashion Revue will be held at Mt. SAC on Saturday, May 17th. Everyone is invited to attend this event. You do not need to have competed at or attended County Field Day to attend. Here is your chance to attend a sectional event in our own county. You can watch the competitions, participate in the judging contests, try impromptu speaking, enter an educational display, participate in a mock interview for a job and/or watch the fashion revue and the share the fun performances. Save the day! Plan to attend.

- **LA County Participants in the Sectional Field Day**  
Noel Keller, South Section 4-H Leaders’ Council President

If you earned a County Winner Gold medal for a competition at County Field Day on March 22, you are eligible to go on to the competition at the next level, which is sectional, but you need to register with Judylynn Pelling ([jlPELLING@yahoo.com](mailto:jlPELLING@yahoo.com)) as soon as possible. We must turn in our registrations, judges’ names and room MC names at the next sectional council meeting. Volunteer to be a room MC or help in another area.

- **Judges and Room MCs needed for Sectional Field Day on May 17th**  
Noel Keller, LA County 4-H Leaders’ Council President

So that our LA County 4-H members can compete at Sectional Field Day, we need to provide a proportionate number of judges and room MCs. The judges need to have judged before, at least at the county level. If you are available to judge or MC on Saturday, May 17th at Mt. SAC in Walnut, please contact Judylynn Pelling ([jlPELLING@yahoo.com](mailto:jlPELLING@yahoo.com)) as soon as possible. Thank you.

- **The California Poppy**  
Dawn Fuller, 4-H Program Coordinator



The rolling hills of California can be a breathtaking sight to behold when our State Flower is in bloom - the California Poppy. Often times known as “The Flame Flower,” the California Poppy - from February through September - covers many of our hills like a glowing beautiful orange and gold blanket. In 1890, the California State Floral Society selected the California Poppy as our State Flower, but it was not officially designated as such until 1903. **April 6 is California Poppy Day.**



Pulling up to the California shore in the 1800s, naturalists aboard Russian expedition boats must have been awestruck to see waves of these delightful colored four-petaled flowers waving hello when they arrived after their long and arduous journey. One of these scientific visitors was German surgeon and naturalist, Johann Friedrich von Eschscholtz and his pal Adelbert von Chamisso. Following their visit to California on the Russian ship named the “Rurik” (sometime between 1816 and 1824), Chamisso named this brightly colored treasure after Eschscholtz, calling it “*Eschscholtzia californica*.”



Of course, these orange and gold treasures were not new to California land, as they were already well in use by the tribes of local Native Americans. They used them for medicinal purposes, hair tonics and cooking. Native Americans laid poppies in the beds of children to help them sleep, as a treatment for tuberculosis, and to dull a toothache. Native American women used poppies in hair tonics they created and the pollen as a form of early make-up. Early Spanish explorers thought so highly of the flowers that they named them “Copa de Oro” (cup of gold).

The California Poppy is native to North America and can be found not only in California, but in Oregon, Washington, Nevada, Arizona and New Mexico. Now poppies can also be found in Mexico, India, Chile, Argentina, Australia, parts of Europe and South Africa. The poppies that we are familiar with are normally orange or gold, but can run the gambit from light yellow to scarlet and shades of pink and red as well.

Here are some fun facts about our State Flower:

- 🌸 The poppy is considered an herb.
- 🌸 There are 200 species of poppies.
- 🌸 Poppies were originally pollinated by beetles, but are now pollinated by honey bees.
- 🌸 A song was written about the California Poppy in 1902 called "Golden Poppies Goodnight."
- 🌸 You must not pick California Poppies because we honor them as our State Flower.
- 🌸 Poppies thrive in poor soil and will not grow if the ground is fertile or enriched in any way.
- 🌸 Poppies can grow in sand dunes.
- 🌸 Poppy blooms close when the sun goes down or if the skies are cloudy.
- 🌸 In some areas and countries, poppies are considered an invasive and sometimes even pesky weed!
- 🌸 The pollen of various poppies can be different colors – even blue and gray.
- 🌸 Poppies are also famous movie stars. In the film "The Wizard of Oz," a field of poppies suddenly appears making all of the characters fall asleep, and almost prevents them from seeing the wizard!
- 🌸 Some varieties of poppy seeds are used for seasoning and in baked goods (not California Poppy Seeds though).



Poppies are a beautiful flower, and since they are our State Flower, we can celebrate **California Poppy Day** on **April 6** by visiting areas where they can be viewed. You will be able to find most poppies in bloom from February through September, depending on the area.

You can find poppies many places in the State of California, and here are a few places close to home where you can enjoy these brilliant little flowers:

- 🌸 Along the California Interstate 5 Freeway (Grapevine, North Los Angeles)
- 🌸 The Antelope Valley California Poppy Reserve (15101 Lancaster Road, Lancaster, 93536)
- 🌸 The Antelope Valley Poppy Festival in Antelope Valley on April 20 and 21 at the Lancaster City Park (43011 N. 10<sup>th</sup> Street West, Lancaster, 93534):  
<http://www.poppyfestival.com/generalinformation.php>
- 🌸 Laguna Coast Wilderness Park (18751 Laguna Canyon Road, Laguna Beach, 92651)
- 🌸 Anza-Borrego Desert State Park (200 Palm Canyon Drive, San Diego, 92004)
- 🌸 Montaña De Oro State Park (Morro Bay):  
[http://www.slostateparks.com/montana\\_de\\_oro/default.asp](http://www.slostateparks.com/montana_de_oro/default.asp)

- **Frosted Lemon Poppy Seed Cookies**  
Dawn Fuller, 4-H Program Coordinator



On **April 6**, another great way to celebrate **California Poppy Day** is by making some heavenly ***Frosted Lemon Poppy Seed Cookies*** to take with you on your trip to see the poppies at the Antelope Valley Poppy Reserve....

### **Frosted Lemon Poppy Seed Cookies**

#### **Cookie Ingredients**

1/2 cup butter, softened  
2/3 cup sugar  
2 tbsp lemon zest  
1 large egg  
1 1/2 cups all purpose flour  
1/2 tsp baking powder  
1/4 tsp salt  
1 tbsp poppy seeds

#### **Procedure**

Preheat oven to 350 degrees.

Line a baking sheet with parchment paper.

In a large bowl, cream together butter, sugar and lemon zest until light and fluffy.

Beat in egg.

In a small bowl, whisk together flour, baking powder and salt. Add to wet ingredients and mix until just combined.

Stir in poppy seeds.

Drop by 1-inch balls onto prepared baking sheet.

Bake for 9-11 minutes, until cookies are set and just begin to brown at the edges (the bottoms may be lightly browned, but not the top of the cookies).

Cool for 1-2 minutes on the baking sheet.

Remove to a wire rack to cool before glazing.

#### **Lemon Glaze Ingredients**

1/2 cup confectioners' sugar  
2-3 tbsp lemon juice

## Procedure

Whisk together juice and sugar until icing is a smooth, pourable consistency.  
Add additional juice if yours is too thick to drizzle easily or additional sugar if it is too thick.  
Drizzle over cookies.

\*Cookies should not be hot, but it is okay if they are not completely at room temperature before frosting.  
Cookies must be cooled to room temperature before being stored.

Makes 2 dozen.

Enjoy!

Recipe Courtesy Of: <http://bakingbites.com/2009/08/frosted-lemon-poppysseed-cookies/>

- **ANOTHER REMINDER - Record Book Manual 2011-2013 and forms**

Noel Keller, Chair of the county I&R Committee

Record Book Manual 2012-2013 is the only record manual and forms that should be used this year. It is available on the state 4-H website and on our county website. The online record book system uses the forms from this 2011-2013 manual. If you have questions contact a member of the county I&R Committee or Noel Keller ([nkeller91711@gmail.com](mailto:nkeller91711@gmail.com)).

- **CLUB OFFICERS, CAMP COUNSELORS – Junior and Teen Leadership Development Report (JTLDR)**  
**Noel Keller, Incentives and Recognition Committee Chair**

The Junior and Teen Leadership Development Report should be filled out by Junior and Teen Leaders in your club. It should also be filled out by your Club Officers and Leadership Project members. The form is also to be used by county All Stars, State Ambassadors, Camp Counselors and Exchange program participants. At the top of the form, you indicate for which leadership position the form is being completed. A member might actually fill out several of these forms during the planning at the start of the 4-H year. At the end of the year, remember to complete the forms and include them in your record book.

- **County Project Recognition for SENIOR MEMBERS**

Noel Keller, Incentives and Recognition Committee Chair

Senior 4-H members are eligible to enter the state record book competition. State competition is focused on selecting 4-H members who have demonstrated outstanding achievement in their 4-H project work. Books are judged against standard criteria. Those books displaying the most outstanding 4-H work, life skills development, and leadership and citizenship development are selected as state medalists and/or state winners.

Currently LA County 4-H judges member record books with a focus on a member-designated project area. Awards are given out in project areas. At the state record book competition, books are judged for the overall achievement of the member, without regard to just one project area. This year Seniors will again be able to select a project area for their record book evaluation at the county level. The county is considering changing the county judging to be more like the state competition for the next year (2014-15). Seniors who want to earn county recognition for a particular project Gr(records for 2013-2014). For the next year, this county project recognition might not be available for Senior members.

At this time, the county is planning to keep the county record book judging for Juniors and Intermediates the same as it has been with judging in a member-designated project area.

- **Sectional Teen Council meeting – April 12<sup>th</sup>**

Noel Keller, South Section 4-H Leaders' Council President

The next meeting of the South Section 4-H Teen Council will be Saturday, April 12<sup>th</sup> at 8:30am at the Ag Science Complex at Mt. San College in Walnut. All Senior members are encouraged to attend and get involved in 4-H above the county level. Contact Noel Keller ([nkeller91711@gmail.com](mailto:nkeller91711@gmail.com)) if you have any questions about this.

- **Sectional Leaders' Council meeting – April 12<sup>th</sup>**

Noel Keller, South Section 4-H Leaders' Council President

The next meeting of the South Section 4-H Leaders' Council will be Saturday, April 12<sup>th</sup> at 10am at the Ag Science Complex at Mt. San College in Walnut. Come learn about what is happening in Southern California 4-H. Network with other leaders in our area. 4-H leaders, volunteers, Senior members and parents are all welcome to attend. Our elected representatives from LA County are Noel Keller, Judylynn Pelling, Carrie DeYoung, Dee Keese, Sallie DeYoung and Rick Herbert.

- **State 4-H Leaders' Council – April 26<sup>th</sup>**

Noel Keller, South Section 4-H Leaders' Council President

The next State 4-H Leaders' Council meeting will be Saturday, April 26 in Ontario at Holiday Inn Express Hotel & Suites, 2280 S. Haven Ave. This is a great opportunity for our members and leaders to learn about 4-H at the state level. Please consider attending the meeting and representing our county. This is an important time for the comments and opinions of LA County 4-H members and leaders to be heard. For more information about the agenda of this important meeting, consult the State 4-H Leaders' Council website.

- **State Future Task Force Committee**

Noel Keller, South Section 4-H Leaders' Council President

A State Future Task Force Committee was established to evaluate the California State 4-H program and determine how it might be improved as we moved into our next 100 years. The committee is made up of representatives from each section, adults, members staff and some outside-of-4H people. Our representatives from South Section are adult Paulette Sauln from San Diego County, Megan Chiatovich from San Bernardino County and Genevieve Mason from San Diego County. The state 4-H office was proposing a complete revision of the organizational structure of the 4-H program. A subcommittee of the state Future Task Force (FTF) committee was created to handle this task. The proposal first brought up suggested dissolving the section councils, and reforming them into committees of the State 4-H Council. There was disagreement for that proposal and later several other possible structures were proposed which included the sectional councils. It was decided to gather more information and again try to set up a plan for a workable organizational structure for the program. There has been much discussion about this going on in the state. We are encouraging all volunteers to share their opinion by filling out a online survey, which can be found at <https://ucanr.edu/survey/survey.cfm?surveynumber=11848%20>. The state task force committee was most likely not meet in person again. All planned future meetings will be through telecommunications. The State 4-H Office hopes for a revised organizational structure by fall 2014. There are concerns for the speed at which this task force is moving. Collaboration between 4-H staff and volunteers are extremely important during these discussions. It is asked that volunteers promote working with the state office to help solve our enrollment crisis. How can we get more youth in the state to join our program? How can we spread the word about the great opportunities for youth in our program? How can our program stay relevant to needs of our youth? Share your thoughts, comments and suggestions. Please contact Noel Keller (or one of our South Section committee representatives) for more information about this evaluation of the state 4-H program and restructuring process.

- **THANK YOU TO 4-H VOLUNTEERS AND PARENTS**

Noel Keller, 4-H Leaders' Council President

A huge THANK YOU goes out to all the 4-H leaders, volunteers, parents, alums and friends for their support, concern, efforts and enthusiasm. We could not have a 4-H program without you. THANK YOU, THANK YOU!!!! The members really appreciate what you do for them.

- **LA County 4-H News Blast**

Noel Keller, LA County 4-H Leaders' Council President

In an effort to reach more people with LA County 4-H news, we are trying a brief one-page monthly newsletter, called the LA County 4-H News Blast. This brief one-page newsletter will be sent to club leaders monthly to pass on to their 4-H members and leaders as a reminder of upcoming events and an encouragement to check out more information about activities on the county website, Clover Notes and office emails. Please contact Noel Keller ([nkeller91711@gmail.com](mailto:nkeller91711@gmail.com)) if you are interested in helping with this or have information that you want included in the next News Blast. Let Noel know if you like the News Blast and find it helpful.

If you are not receiving a monthly copy of the News Blast, please contact your club leader.

- **Updates for the LA County 4-H 2013-2014 Calendar**

Noel Keller, 4-H Leaders' Council President

Please note the following changes to the LA County 4-H 2013-2014 Calendar that was published at the start of the 4-H year. These updates have been made to the LA County 4-H calendar that now exists of the LA County 4-H website.

April 26 – State 4-H Leaders' Council meeting in Ontario, CA

May 10 – LA County 4-H Leaders' Council meeting

May 27 (not May 21) – county I&R committee meeting

May 31 (not May 24) – State Field Day and Fashion Revue in Davis

- **Dates To Remember in**

**April**

- 2nd- NSG District mtg.
- 5th- Leaders' Appreciation Luncheon
- 12th- 2<sup>nd</sup> 4-H Gymkhana  
Sectional Leaders' Council mtg.  
Sectional Teen Council mtg.
- 13th- Competition Shoot #4
- 17th- SSG District mtg.  
SGV Fair mtg.
- 20th- Happy Easter!!!
- 25th- San Gabriel Valley Fair (4/25-27)
- 26th- 1<sup>st</sup> AV 4-H Trail Trials  
State Leaders' Council mtg. (Ontario, CA)
- 28th- AV District mtg.

## SCHOLARSHIPS & AWARDS

- **Daisy/4-H Shooting Sports Scholarship**

Deadline: April 1

Daisy Air Guns is offering two \$500 scholarships for graduating seniors who meet the academic criteria and who have been active in 4-H Shooting Sports. Apply [here](#).

- **World of Children Youth Award**

Deadline: April 1

The World of Children® Award recognizes a young hero (under the age of 21) who is making extraordinary contributions to the lives of other children. Awards will be presented at an annual ceremony held in New York City, USA, on November 6, 2014. At that time, World of Children Award will offer cash grants up to \$25,000 to the proven, sustainable programs created and managed by the 2014 Honorees. More info: <http://bit.ly/1d02HEU>

- **2014 Milano Scholarship**

Deadline: April 11

This scholarship is intended for 4-H Members who are well-rounded and are implementing the life-skills they have learned throughout their daily lives. Up to five \$5,000 scholarships will be offered in 2014. Priority consideration will be given to youth enrolled in the Modoc County 4-H Program. However, youth enrolled in the Lassen or Siskiyou County 4-H Programs are encouraged to apply.

- **The Gloria Barron Prize for Young Heroes**

Deadline: April 15

The Barron Prize honors twenty-five outstanding young leaders ages 8 to 18 who have made a significant positive difference to people and our environment. The top ten winners each receive a \$5,000 cash award to support their service work or higher education. More info: <http://bit.ly/1jhX1vT>

- **Applications Being Accepted for \$73 Million in Youth Build Grants**

Deadline: April 22

Grant applications are now being accepted for the 2014 YouthBuild program. Grants will be awarded to develop programs that help disaffected youth complete high school or the equivalent while obtaining industry-recognized credentials in high growth industries such as construction, health care and information technology. Participants in the YouthBuild program are between the ages of 16 and 24 and often are those who have been in the juvenile justice system, are aging out of foster care, dropped out of high school or are at risk of failing to reach key educational milestones. Read the News Release and Learn About YouthBuild Participants

- **Joanne Ward Memorial Scholarship**

Deadline: April 28

An invitation to graduating All Stars in the California 4-H North Central Section  
This \$500 scholarship is given in memory of Joanne Ward, a long time 4-H volunteer from Sacramento County. She was a dedicated leader and advised many All Star teams during her lifetime. Her devotion and motivation to teaching young people made her a valuable asset to the community. Her ideals are applied to this scholarship selection: leadership, community involvement, integrity, and personal growth. Please see the attached information and applications.

## DATES & DEADLINES

- **American Youth Leadership Program for the Western Region**  
Talofa! The American Youth Leadership Program (AYLP) provides an opportunity for youth and adult participants to travel to Samoa, learn about Samoan history, culture, traditions, and ways of life by staying with a host family during the three week program mid-December, 2014 to early January 2015. American and Samoan host siblings will also study cultural issues in the U.S. and Samoa around obesity and diabetes, marketing, and access to food. **Applications are due April 1<sup>st</sup>**. See more detailed information in the documents: [Promotional Article](#) and [Samoa Brochure](#)
- **California 4-H Uniform Contest**  
**Proposals due April 18, 2014, 9pm.**  
If you've always complained about the uniform, now is your chance to have a voice in changing it! In response to 4-H members' and volunteers' input and desire to explore options for a new uniform, the State 4-H Incentives and Recognition Advisory Committee is facilitating the process to adopt a new uniform. Read the contest rules and voting process here: <http://4h.ucanr.edu/files/181544.pdf>
- **Campworks! 2014**  
**April 25-27, 2014**  
Mt. Hermon Conference Center  
Felton, CA  
CampWorks! 2014, ACA, Northern California's Spring Conference, 2014 will be held at Mt. Hermon Conference Center and will feature dynamic presentations by nationally recognized speaker's **Faith Evans and Scott Arizala**, a variety of breakout sessions, skills trainings and many opportunities for networking. Find out more and conference registration materials:  
<http://www.acacamps.org/norcal/campworks-2014-honoring-human-connection>
- **National 4-H Hall of Fame Ceremony Opportunity**  
**Due to the State 4-H Office by: May 16, 2014**  
Two youth will have the unique opportunity to play a unique role in the 2014 National 4-H Hall of Fame Ceremony scheduled for October 10, 2014 at the National 4-H Center in Chevy Chase, Maryland. The Task Force is soliciting nominations and will select one youth member to serve as the Youth Master/Mistress of Ceremonies and one youth member to serve as the Entertainer. Details on how to apply are provided on the respective applications:  
  
[National 4-H HOF Entertainer Application](#)  
[National 4-H HOF Master/Mistress of Ceremonies Application](#)  
  
**Applications are due to the California State 4-H Office by May 16, 2014** so applications can be reviewed and nominations from California selected and submitted by the deadline. If multiple applications are received the State 4-H Incentives and Recognition Advisory Committee will review and recommend nominees to Shannon Horrillo, the Associate Director of 4-H Program and Policy for final selection. That State 4-H Office will submit the application packets from state's nominees by the deadline. For questions, contact the State 4-H Office at [ca4h@ucanr.edu](mailto:ca4h@ucanr.edu) or 530-750-1334.
- **2014-15 Statewide 4-H Advisory Committees**  
The State 4-H Office is accepting statewide 4-H Advisory Committee applications for the 2014-15 program year. All 4-H members, adult volunteers, county and state 4-H YDP staff, as well as community partners are encouraged to apply. The committees offer insight, review and input for the operation and management of the statewide 4-H YDP. **Applications are due to the CA State 4-H Office postmarked by May 31, 2014 or online by 11:59pm on May 31, 2014.** For more information, see:  
[http://4h.ucanr.edu/Administration/Advisory\\_Committees/](http://4h.ucanr.edu/Administration/Advisory_Committees/)

- **4-H State Field Day**

**May 31, 2014, 8:00am-6:00pm**

UC Davis Campus-Wellman Hall

Revamped State Field Day Webpage: <http://4h.ucanr.edu/Programs/Events/SFD/>

Here you will find an interactive map along all the exciting activities you can participate and enjoy!

New this year at State Field Day: 4-H Engineering and Technology Showcase

Have a 4-H Engineering or Technology project you will like to showcase or demonstrate? Apply here:

[http://ucanr.edu/exhibit/display\\_application](http://ucanr.edu/exhibit/display_application)! Funding for supplies/materials or handouts is available, contact Steven Worker, [sworker@ucanr.edu](mailto:sworker@ucanr.edu).

- **Looking for Photography Judges!**

The California 4-H Photography Competition is looking for anyone age 16 and above to volunteer to judge photograph entries at the 4-H State Field Day on **May 31**. Only basic photography knowledge needed!

Judges will meet at the competition at 9:15 am. Judging can last until 2:00-3:00 pm, depending on the number of entries and judges. Lunch will be provided! Interested? Contact John Trammell at

[techdude4h@gmail.com](mailto:techdude4h@gmail.com).

- **2014 State Fashion Revue**

**May 31, 2014**

State Fashion Revue is May 31, 2014 in Olson Hall, UC Davis as part of 4-H State Field Day. Delegates are qualified at the county level. Each county may send one delegate per age group in Traditional, Consumer Science Purchased \$40, Upcycled, Denim Challenge and Apron Challenge. **Online delegate registration is open from April 1 to May 17 at <http://ucanr.edu/sfr2014register>**. Counties must send one judge per five entries. Register judges and room monitors at <http://ucanr.edu/sfr2014judges>. As County Fashion Revues are held, please send your list of qualified delegates to the SFR Registrar at [2moores@mlode.com](mailto:2moores@mlode.com). Thank you to the many counties and businesses who have donated funds to support State Fashion Revue! Without your continued support, we would not be able to run an amazing event. If your County would like to donate, please contact Lorita Sutton at [loritas@sbcglobal.net](mailto:loritas@sbcglobal.net). For complete information about SFR, go to <http://4h.ucanr.edu/Programs/Events/SFD/SFR/>.

- **30th Annual California Range & Natural Resources Science Camp for High School Students**

**June 15th-20th**

University of California's Elkus 4-H/Youth Ranch just south of Half Moon Bay

Mark your calendars for this great opportunity! **April 18th is the deadline for submitting applications for Range Camp!** Range Camp is a week-long camp experience for students ages 15-18 who have an interest in the science and conservation of natural resources in California. Students learn plant identification, principles of livestock and wildlife management, forestry, fire ecology, hydrology and water quality, geology and soils, and management of stream and river environments. Field activities include learning to read wildlife 'sign', outdoor navigation with compasses, maps and GPS, forest management, a tour of a working ranch, and a beach BBQ. Information and applications are available at <http://www.rangelands.org/casrm/HTML/rangecamps.html>. Cost is \$400.00. Applications will be considered until May 30th if spaces remain.

- **Equine Updates:**

- **Save the Date: State 4-H Horse Classic**

**June 25th-30th**

Brookside Equestrian Show park, Elk Grove, CA

- **Hosting a Qualifying Horse Show?**

Register your show here: <http://ucanr.edu/qualifying-shows> for it to be considered a qualifying show for the 2014 California Horse Classic.

Criteria for a Qualifying Show:

- Show verified by County

- Up to 3 shows per county
- Each horse show must be registered
- The Horse Show must offer the same class categories that are offered at the State 4-H Classic (they may offer more if they choose too)
- Management of each show is required to send show results to Sarah Watkins at the State 4-H Office  
Please submit results on this form: [Classic Qualifying Show Results Sheet](#)  
Results can be sent via email to [spwatkins@ucanr.edu](mailto:spwatkins@ucanr.edu).

- **Looking for a Qualifying Horse show for the 2014 California 4-H Horse Classic?** Visit <http://ucanr.edu/classic-qualifiers> to find a Horse Show near you!

- **California State Fair Youth Competition Deadlines**

- Youth Art..... April 18  
*Fine Art, Crafts & Hobbies, Fashion & Textile, Media*
- California Kidz Kitchen.....June 20  
*Baking, Canning*
- Junior Livestock (all) .....June 6
- Fur & Feathers
  - Junior Rabbits.....June 6
  - Junior Poultry.....June 6
  - Junior Dog Care & Training.....June 6
  - Junior Cavy.....June 20

Watch for 2014 Competition Handbooks and enter online at [www.bigfun.org](http://www.bigfun.org)

The **2014 California State Fair** runs **July 11-17** at Cal Expo in Sacramento.

All shows are open with no prerequisites for entry.

Questions? Contact the State Fair Entry Office at (916) 263-3149.

- **Save the Date: 2014 State Fair 4-H Throwdown  
July 22<sup>nd</sup> and 24<sup>th</sup>**

Three teams compete each round with a secret ingredient in each round! A panel of judges yet to be named will judge the 3 course creations! Registration opens in March!

The daily schedule:

Round One: 11am-1pm

Round Two: 1:30pm-3pm

Champion Round: 3:30pm-5pm

Start prepping now for the State Fair 4-H Throwdown! **Only 12 teams can compete.** Register here:

<http://ucanr.edu/4h-throwdown>

- **State 4-H Leaders Forum 2014**

“What shall we do differently in our project meeting this month?” Need ideas? Relax and have a clear view of 101 Innovative project ideas! Wouldn’t you love to come home with 101 innovative workshop venues ready to use? Get READY. The stage is being SET. Let’s GO!

California 4-H is filled with 14,000 skilled and talented leaders. Networking new and innovative projects and activities is one of the focus areas leaders across the state thirst for.

Come to the State 4-H Leaders’ Forum at the Sacramento Crowne Plaza on **November 14 – 16, 2014.**

Join the journey with your 4-H colleagues and friends, sharing your project and club management, time saving, actions. It’s time to coalesce into a united family, clearing the path from all the different twists and turns, to discover 101 Ways 4-H Thrives!

Website for SLF, workshop proposal forms, 101 innovative project forms, and more ideas to follow:

<http://4h.ucanr.edu/Programs/Conferences/SLF/>

## PROGRAM UPDATES

### **POSITIVE YOUTH DEVELOPMENT**

- **Online Record Book Survey Awards**

We would like as many 4-H members as possible to complete surveys in the Online Record Book. It is our way to find out about you and how the California 4-H Youth Development Program is doing overall. To encourage 4-H members to complete surveys online we have established incentives for completing the required Spark Score Questions.

The following youth won gift cards for the survey period closing January 31, 2014:

**Alameda:** Tallulah Trezevant, Rachel Lim, Robin Larisch

**Contra Costa:** Anthony Cannon

**El Dorado:** Abigail Purciel, Camillia Stout, Ryan Stephenson, Alexandra Stephenson

**Fresno:** Rachel Watkins

**Glenn:** Carson Karle

**Kings:** Kayla McCalvy

**Lake:** Miranda Huntley, Cole Hayes, Elliot Serena

**Lassen:** Alissa Adler

**Los Angeles:** Katie O'Daniel

**Madera:** Garret Tahara

**Marin:** Connor Keaney, Caitlyn Keaney, Rachel Metzger, Claire Cruse

**Mendocino:** Olivia Cooper

**Sacramento:** Ciara Smithhart

**San Mateo-San Francisco:** Sarah Tappin

**Santa Clara:** Santiago Piva, April Alger, Taylor Wiley, Jamie Lenthon, Cameron Vincze, Ryan Chi, Jada Ho, Astoria Ho, Samuel Horovitz, Ethan Chi, Jacqueline Penner, Theresa Willard

**San Diego:** Lucas Carrillo Salado, Thomas Gehman, Katie Phillips, Jennifer Wood, Kalee Cummings, Kalli Anderson

**San Joaquin:** Vivian Keller, Emily Stenzler, Conchita Rivers, Delaney Hineman, Lacey Hineman, Brandon Jones, Emily Bavaro, Raven Edwards, Jonathan Kanemura, Giovanni German, Anne Asplund, Christopher Shoup, Austin Terra, Blake Fardanesh, Hope Fardanesh, Nicholas Steele, Jacob Hayn, Megan Harlan, Christian Ruiz, Leo J. Warmerdam

**Shasta:** Seth Martin, Autumn May

**Solano:** Amanda Kant, Cheyenne Miller, Natalie Frenkel, Katriona Victores, Olivia Frenkel, Falyn Voss, Emma Couvillion, Julianna Payne

**Stanislaus:** Austin Larsson, Colton Calbreath

**Tulare:** Morgan Hernandez

**Tuolumne:** McKenna Alderman

**Ventura:** Zachary Gorman, Shawn Rothermel, Rebekah Gorman

**Yolo:** Bailey Robinson-Burmester

**Yuba:** Cody Eberhardt

#### ***Want a chance to win?***

All youth who completed all the required Spark Score Questions in ORB before **January 31, 2014** *and* who complete all the required Spark Score Questions that are available between **May 1, 2014** and **August 31, 2014** will receive a **\$50 gift card** in the fall of 2014. So make sure to log on and complete your surveys!

#### ***Are you leading a Thrive project?***

If so, you have a chance to win a **\$50 gift card**! Send in all 8 postcards following your Thrive project meeting and you will receive a gift card at the end of the program year.

Also, send in your Master Trainer or Project Leader survey to win a **\$20 gift card!** Survey links are below.

Master Trainer:

<http://ucanr.edu/survey/survey.cfm?surveynumber=11942>

Project Leader:

<http://ucanr.edu/survey/survey.cfm?surveynumber=11943>

Thanks for helping us make the best better!

- **State Field Day: Thriving in Science and Engineering Poster Contest**

If you are enrolled in the *iThrive 3* Leadership Development Project, plan to submit the poster you create as part of Chapter 5 at State Field Day. For more detailed information on the contest, including official entry rules and awards see the State 4-H website at:

[http://4h.ucanr.edu/Programs/Events/SFD/Thriving in Science and Engineering Poster Contest /](http://4h.ucanr.edu/Programs/Events/SFD/Thriving%20in%20Science%20and%20Engineering%20Poster%20Contest/)

- **ORB Internet Café**

The ORB Internet Café is provided to give staff and volunteers both individualized and group instruction on using California 4-H's Online Record Book System. The café is designed as a 3-hour workshop that combines presentation, hands-on practice, and group discussion. Participants will need to bring a laptop or tablet with them to the café. The following topics will be covered:\*

- Overview of the Features & Functions in the Online Record Book (Record Book, Social Media, Evaluation)
- Navigating the forms in the Online Record Book (PDR, APR, 4-H Story)
- Project & Club Leader Functions and Approving Forms
- Myth busters—unravelling some of the myths concerning ORB and its use

To bring this training to your county, please fill out the following request form.

<http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=9591>. Counties are responsible for covering the travel and lodging cost of the trainer for this event.

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\*Logging into the Online Record Book will not be covered in this training, please work with your county office prior to the training to secure your login information for the Online Record Book if you currently have not accessed the system.

- **[4-H History Preservation Newsletter - Feb. 2014](#)**

This year, National History Day offers 4-H'ers and leaders the opportunity to highlight different aspects of 4-H history under the theme "Rights and Responsibilities." Also, "Voices of 4-H History" captures memories of alumni, leaders, donors and others in audio/video records.

## **HEALTHY LIVING**

- **#4hwaterwed**

Start the New Year with a pledge to drink more water! Each Wednesday take a picture of yourself drinking water and post it to Facebook, Twitter and Instagram. Be sure to #4hwaterwed to show your commitment to healthy living. For more information on the importance of hydration and ideas for your club visit:

[http://4h.ucanr.edu/Projects/HealthyLiving/Water For Better Living/](http://4h.ucanr.edu/Projects/HealthyLiving/Water%20For%20Better%20Living/)

- **Updated Nutrition Facts Label Proposed by FDA**

For the first time in 20 years, the Food and Drug Administration (FDA) has proposed an updated version of the Nutrition Facts label. The label is being updated to reflect new dietary recommendations and the most current scientific information on nutrition. The proposed label aims to provide consumers with easily accessible nutrition information on the foods they choose. The FDA has proposed the following changes

- The amount of “added sugars” will be identified on the label.
- Serving sizes will be updated to more accurately reflect what consumers are actually eating.
- For products that could be consumed in one sitting, an additional column will indicate nutrition information for both “per serving” and “per package.”
- Vitamins A and D will no longer be a required declaration, however vitamin D and potassium will be required.
- Daily Values for a variety of nutrients will be revised.
- “Calories from fat” will be removed, but type of fat (Saturated, Trans) will continue to be present.
- Formatting changes will emphasize elements such as: calories, serving sizes, and Percent Daily Value.

<b>Nutrition Facts</b>	
Serving Size 2/3 cup (55g) Servings Per Container About 8	
Amount Per Serving	
<b>Calories</b> 230	Calories from Fat 40
	<b>% Daily Value*</b>
<b>Total Fat</b> 8g	<b>12%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 160mg	<b>7%</b>
<b>Total Carbohydrate</b> 37g	<b>12%</b>
Dietary Fiber 4g	<b>16%</b>
Sugars 1g	
<b>Protein</b> 3g	
Vitamin A	10%
Vitamin C	8%
Calcium	20%
Iron	45%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily value may be higher or lower depending on your calorie needs.	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Sat Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g

<b>Nutrition Facts</b>	
<b>8 servings per container</b>	
Serving size 2/3 cup (55g)	
Amount per 2/3 cup	
<b>Calories</b>	<b>230</b>
% DV*	
<b>12%</b>	<b>Total Fat</b> 8g
<b>5%</b>	Saturated Fat 1g
	Trans Fat 0g
<b>0%</b>	<b>Cholesterol</b> 0mg
<b>7%</b>	<b>Sodium</b> 160mg
<b>12%</b>	<b>Total Carbs</b> 37g
<b>14%</b>	Dietary Fiber 4g
	Sugars 1g
	Added Sugars 0g
	<b>Protein</b> 3g
<b>10%</b>	<b>Vitamin D</b> 2mcg
<b>20%</b>	<b>Calcium</b> 260mg
<b>45%</b>	<b>Iron</b> 8mg
<b>5%</b>	<b>Potassium</b> 235mg
* Footnote on Daily Values (DV) and calories reference to be inserted here.	

To read more, visit: <http://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm387418.htm>

**CITIZENSHIP/LEADERSHIP**

- **California Focus**

June 13-17, 2014

California Focus is a unique citizenship educational experience that combines hands-on participation in workshops, debates, and simulations with speakers, tours, fun activities, and new friends from across California. <http://ucanr.org/sites/UC4-H/Projects/Citizenship/Focus/CF/> Online Registration will be available April 1, 2014

- **Looking for an incredible leadership opportunity?**

We are seeking college-age students who are ready to expand their leadership and communication skills in an active setting. Serve as a district leader for California Focus, June 13-17, 2014 in Sacramento. As a district leader you would:

Participate in planning an educational conference around the theme of civic engagement.

Mentor high school students

Use your leadership skills

For more information, please contact Jenna Colburn at [jcolburn@ucanr.edu](mailto:jcolburn@ucanr.edu) or 530-750-1336.

- **State Leadership Conference**

August 14-17, 2014

UC Santa Cruz

Registration coming soon!

“Raiders of the Lost Leadership” The 4-H State Leadership Conference brings together high school youth

from across California in a four day leadership training, networking, and learning experience. Check out our website, Facebook, Twitter & Instagram for Updates and exciting announcements.

- **Call for session proposals!**

Due April 11, 2014

The 2013-2014 State Ambassadors are looking for youth and adults to provide meaningful, engaging and relevant educational experiences at the 2014 State Leadership conference. Details and online proposal application can be found at: <http://4h.ucanr.edu/Programs/Conferences/SLC/>.

Revolution of Responsibility Service Learning mini-grants

<http://4h.ucanr.edu/Support/RofR/>

The University of California 4-H Youth Development Program is dedicated to fostering an environment where youth and adults work together as equal partners to gain new skills and create positive community change. 4-H groups can apply for up to \$1,000 to identify, plan, and carry out a service-learning project in their community. Projects will be focused on the three key content areas that form the core of all 4-H programs, Science, Healthy Living, and Citizenship.

Application dates:

March 15, 2014

May 15, 2014

July 15, 2014

September 15, 2014

November 15, 2014

What to contribute to your community but need an idea how? Look at what other clubs have done visit

<http://ca4hfoundation.org/>.

## **SCIENCE, ENGINEERING, and TECHNOLOGY (SET)**

- **4-H Robotics**

- **4-H Junk Drawer Robotics Workshop**

**April 5, 2014, 9:30am - 4:30pm**

SCU Robotics Systems Lab, NASA AMES, Mountain View, CA

Free to register (lunch provided) at <http://ucanr.edu/robotics>

The curriculum engages middle school youth in engineering design and the basics of robotics through the use of common household items. This workshop will help prepare 4-H project leaders, teens, and other educators to implement the curriculum. There is no cost to attend and lunch will be provided. The curriculum is available for sale at [www.4-h.org/robotics/](http://www.4-h.org/robotics/).

- **4-H Engineering and Technology Showcase**

May 31, 2014, 9:00am - 4:00pm, UC Davis

*Financially supported by Lockheed Martin*

Learn more and register at <http://ucanr.edu/fieldday>

Share knowledge, interact with youth and adults, and engage people in new activities! The showcase will feature robotics, woodworking, rocketry, gis/gps, engines, computers, automotive, farm machinery, and more. Youth exhibiting are eligible for a "4-H engineering" pin. Sign-up to exhibit!

- **4-H Robotics Opportunities in Fall 2014**

Do you want to lead a robotics project next year? Tell us the type of training you want: Lego Mindstorm, Junk Drawer Robotics, or other?

Is your 4-H Junk Drawer Robotics project willing to participate in a 4-H research project looking at what youth learn in robotics projects? Please contact us! Steven Worker at [smworker@ucanr.edu](mailto:smworker@ucanr.edu) or Richard Mahacek at [rlmahacek@ucanr.edu](mailto:rlmahacek@ucanr.edu)

- **Congressional Science, Technology, Engineering and Math (STEM) Academic Competition**

<http://studentappchallenge.house.gov/>

**Code due April 30, 2014**

This competition is a nationwide event that allows high school students from across the country to compete by creating and exhibiting their software application, or “app,” for mobile, tablet, or computer devices on a platform of their choice. Only select districts have opted-in, so check whether you are eligible on the website.

- **Check out 2 New 4-H Project Sheets**

Engineering: <http://4h.ucanr.edu/files/183847.pdf>

Computers: <http://4h.ucanr.edu/files/183846.pdf>

## RESEARCH

- **The New Quality Standards for Expanded Learning**

Produced by the California Department of Education and the California Afterschool Network:

<http://www.afterschoolnetwork.org/post/quality-standards-expanded-learning-programs>.

The standards include: safe and supportive environment; active and engaged learning; skill building; youth voice and leadership; healthy choices and behaviors; quality staff; diversity, access and equity; clear vision, mission and purpose; collaborative partnerships; continuous quality improvement; program management; sustainability.

- **Research on Grit**

Grit: the tendency to sustain interest in and effort toward very long-term goals.

Read more about Grit and download a 12-item youth survey to measure grittiness at

<https://sites.sas.upenn.edu/duckworth> (University of Pennsylvania).

Read the book by Paul Tough titled, *How children succeed: Grit curiosity, and the hidden power of character*.

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### 4-H All Stars:

*Ru Ekanayake, PVP 4-H Club*

*Sallie DeYoung, San Fernando Valley 4-H Club*

### Jr. All-Stars:

*Katherine Cao, Pomona Valley 4-H Club*

*Kiran Ekanayake, PVP 4-H Club*

*Daniel Espinosa, Harbor Lights 4-H Club*

*Jessica Fint, SFV 4-H Club*

*Rachel Klose, PVP 4-H Club*

*Ivory MacCracken, PVP 4-H Club*

*Megan Okamoto, Pomona Valley 4-H Club*

*Zella Roth, PVP 4-H Club*

*Wesley Rich, PVP 4-H Club*

*Alexa Sutter, PVP 4-H Club*

*Megan Tahbaz, PVP 4-H Club*

*Julius Treadwell, Pomona Valley 4-H Club*

*Dryden Unszusz, PVP 4-H Club*

*Shannon Chen, PVP 4-H Club*

*Julie Sylvest, PVP 4-H Club*

*Michelle Sylvest, PVP 4-H Club*

*Charmine McClain, Pomona Valley 4-H Club*

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**Los Angeles County, 4-H Youth Development Staff:**

Dr. Keith C. Nathaniel, County Director, (626) 586-1970, [kcnathaniel@ucdavis.edu](mailto:kcnathaniel@ucdavis.edu)

Dawn Fuller, Los Angeles 4-H Coordinator, (626) 568-1980, [dafuller@ucdavis.edu](mailto:dafuller@ucdavis.edu)

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Send an email to [Roy Hillstock](mailto:Roy.Hillstock) requesting to "unsubscribe from the LA County Clover Notes".

Los Angeles County 4-H Office, 4800 E. Cesar E. Chavez, Los Angeles, CA 90022, (323) 260-3854