



## September 2013

If you have any questions or suggestions about the Clover Notes, please don't hesitate to call Roy Hillstock at (323) 260-3854 or email at [rhillstock@ucdavis.edu](mailto:rhillstock@ucdavis.edu). We welcome submissions, especially for Club News. Please submit articles by the 15th of the month to be posted in the following months' edition.

Contact the [Los Angeles 4-H Youth Development Office](#) or 626-586-1972. For upcoming dates, please visit the [4-H Calendar](#). We look forward to continuing to serve you and your 4-H needs.

### POLICY

## 4-H Policy and Information Update September, 2013

Recently, some parents have inquired about the University's photo release policy. The University of California 4-H Youth Development Program has always maintained a policy where parents (and youth for that matter) can ask to have a photo removed from any UC publication and UC owned website. The University takes very seriously the privacy consideration of parents and will honor any request to have pictures of themselves or youth removed. Having said that, please keep in mind that it is practically impossible to have an opt out option for families. Here are three examples to highlight the difficulty in having one:

### Scenario 1:

Camp staff take over a yearly picture of over 150 campers and that is put on the county website. Since we do not know all 200 youth we are not able to verify which youth did and which did not sign the photo release (identifying each and every youth to ensure we have a photo release, and then photo shopping the youth out whose parent's did not sign it would be extremely time consuming).

### Scenario 2:

Pictures of youth are taken at presentation day and then a family sends the picture to the county office but it has some other youth in the background and we don't know the names of the youth so we can't check to see if they signed a photo release.

### Scenario 3:

There are 400-500 youth at State Leadership Conference, and we have pictures being posted on our Facebook page (which is monitored by 4-H state office staff), website, and afterglow from the event - we would not be able to use any of these if we had an opt out option because we would not know the names of the youth to be able to use any of the photos. Youth are not self-identified in pictures used for these purposes.

As you can see, because youth are not self-identified in most pictures, having an opt out option will be too difficult to manage. Again, if you see a picture of your child or children in any UC publication or on any UC owned website and you do not want it published please contact the County office and will work to have it promptly removed.

If you have any questions, please do not hesitate to contact me at [kcnathaniel@ucanr.edu](mailto:kcnathaniel@ucanr.edu) or (323) 260-3845.

## COUNTY

- **LA County 4-H Pet Symposium**  
Dawn Fuller, 4-H Program Coordinator



It's hard to believe, but it's almost time for Pet Symposium. Yes, it's back, and we are going to have one of the best Pet Symposium's ever! Most clubs in the LA area will be hosting informational tables and we also hope to have some AV clubs host this year as well.

We need some additional informational tables with pets as there seems to be less than usual this year. If your 4-Her has a pet of any sort and is willing to give a talk about it at Pet Symposium (Hey! That counts for one of their talks in their Record Books!), please contact Dawn. At the very least, please stop by and visit us the Pet Symposium. If you haven't been to the LA County 4-H Pet Symposium, it's a really fun event and there is even a great food booth hosted by Greenleaf 4-H Club with tasty chili, tamales, cob salads and more.

The Los Angeles County 4-H Pet Symposium will be held on Saturday, October 12, 2013, from 10 a.m. to 2 p.m. (with set-up beginning at 9 a.m.) at Belvedere Park in East LA (4914 East Cesar E. Chavez Ave., LA, 90022). Belvedere Park is right next door to our old office. To find out more information or to sign-up to host a table, contact Dawn at [dafuller@ucanr.edu](mailto:dafuller@ucanr.edu).

- **SGV 4-H Fair – Special Meeting Sept. 5<sup>th</sup>**  
Noel Keller, SGV 4-H Fair Reconstruction Committee member

This summer a special fair committee has been meeting to evaluate the NSG and SSG district SGV 4-H Fair and to propose some changes. There will be a discussion of the current SGV 4-H Fair Proposal For Change at a special fair meeting on Thursday, September 5<sup>th</sup> at 7:30pm at the home of Mary Lash. All those interested in the SGV 4-H Fair are invited to come and share their comments about the proposal. If you are unable to attend, please send in your comments to Julylynn Pelling ([jlpelling@yahoo.com](mailto:jlpelling@yahoo.com)) or Noel Keller ([nkeller91711@gmail.com](mailto:nkeller91711@gmail.com)).

- **IMPORTANT LA County Leaders' Council Meeting – September 7**

Noel Keller, LA County 4-H Leaders' Council Vice-President

The next LA County 4-H Leaders' Council meeting is Saturday, September 7. All 4-H volunteers, leaders and senior members are welcome to attend. We need the ideas, suggestions and comments from everyone to make our 4-H program great and effective for our youth.

This will be a very important meeting for planning the LA County 4-H (program for this year. The approved 4-H LA County calendar for 2013-2014 will be reviewed. The remaining council officers for 2013-2014 will be elected. Don't miss this opportunity to be part of the planning of our LA County 4-H program. The agenda for this meeting has already been sent out and is available on the county council page on the LA County 4-H website.

The meeting will be held on Saturday, September 7 at 10am at Lancaster City Park, Main Activity Center (43063 10th St W. Lancaster, 93534). If you are unable to attend this meeting, but have comments or suggestions that you want shared at this meeting please contact Noel Keller ([nkeller91711@gmail.com](mailto:nkeller91711@gmail.com)).

You can view the draft meeting agenda at: <http://celosangeles.ucanr.edu/files/171762.pdf>

- **Voting at County Council meetings**

Noel Keller, Vice-President of the LA County 4-H Leaders' Council

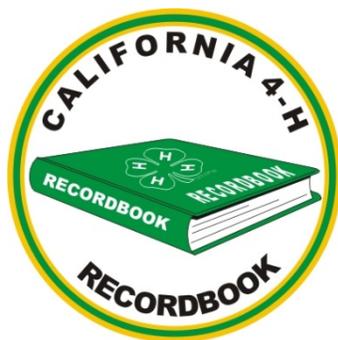
Last May the LA County 4-H Leaders' Council approved updates to their Constitution and Bylaws. When these new bylaws come into effect, voting will be done differently at county council meetings. According to the new bylaws, "Voting privileges shall be extended to two (2) votes per club with one vote per active (council) member present at the meeting."

Clubs should decide how they want their club represented at county council meetings. The clubs could elect their representatives or just allow any two attending members vote for their club at the meetings or some other variation. If more than two from a club attend, the club should establish how that situation should be handled so there is no confusion at the meeting.

At this time, the updated LA County 4-H Leaders' Council Constitution and Bylaws has been approved by the county council and the LA County 4-H Office and is awaiting the approval of the state 4-H office.

- **Record Books - What Are They?**

Dawn Fuller, 4-H Program Coordinator



In the 4-H Youth Development Program, there are many long-standing traditions. We may not know why we do them, or where they came from. 4-H youth members are encouraged to keep written records and documentation of their events and activities and submit them annually with a special green cover that says, "Member Record." For those new leaders and members, you might be wondering some of the following:

### ***What is a Record Book?***

4-H Record Books are an important form of keeping a written record/summary throughout the year of project work, events and activities, community service and overall learning and participation in the 4-H Youth Development Program. They are submitted for judging and competition at the Club, County level, and sometimes at the state level.

### ***Why do a Record Book?***

Record Books are a great way for members to reflect on what they have learned in many areas of their 4-H experience. It makes us look back on the year and say, "Hey! Look at all I have accomplished!" Over the years, our record books give us an extensive full picture of commitment, achievement, and success in a job well done. Completing a Record Book also helps teach us:

- Personal skills in financial management
- Personal accountability
- Record useful information
- Preserve our fun memories of our 4-H experience
- Provides a tool to share with others
- Helps us plan what we would like to do/accomplish in the next year
- Learn about planning and goal setting
- Learn how to document in a complete manner
- Will be a great tool when applying for college, jobs or scholarships

### ***When do I start my Record Book?***

You should start keeping your records at the beginning of each 4-H year (July 1-June 30) and continue to do so all year long.

### ***Where can I get a Record Book cover?***

- You can order an official Record Book Cover at the 4-H Mall at: <http://www.4-hmall.org/SearchResult.aspx?CategoryID=6335>.
- You can also use your own plain, 2-pronged cover (ACCO) which you can find at a nearby stationery store.

### ***What are the key elements in a Record Book?***

- Personal Development Report
- 4-H Story
- Project Record Report (for each project you are enrolled in)
- Supplemental Materials (photos, newspaper articles, SET Activities, etc.)

### ***Where can I find the Record Book Forms?***

<http://www.ca4h.org/Resources/Members/RecordBook/RBResources/>  
<http://celosangeles.ucdavis.edu/files/96733.pdf>

### ***What are some Helpful Hints for a Good Record Book?***

- Make sure to visit the State 4-H Website to view requirements and download forms at: <http://www.ca4h.org/Resources/Members/RecordBook/RBResources/>.
- Include photos of you doing what you have mentioned in your Record Book.
- Write captions under the photos explaining what you are doing.
- Write as neatly as you can--typing would be even better!
- Document club and project events right after they occur so that they will be fresh in your mind.
- Include a title page, table of contents and tabs if you really want to impress the judges!

### ***Where can I look for problem shooting solutions?***

<http://www.recordbookresources.com/>

### ***Can Primary Members (members age 5-8) turn in a Record Book?***

Yes, to their Community Club Leader. Included in a Primary Record Book should be:

- A Primary Personal Development Report
- A Project Report Form for a Primary Project (listing the things they were involved in)

\*Primary Record Books do not compete at the County level, as Primary competition is prohibited. They are only reviewed by the Community Club Leader. Primary Record Books are a great tool in which to start the practice of keeping records.

### ***When are Record Books due?***

Record Books are due to the County Office on **Tuesday, September 10, 2013**, by **4 p.m.** or by **9 p.m.** to an Incentives & Recognition Committee Member on **Wednesday, September 11, 2013**.

### ***Where do I turn in my Record Book?***

Record Books may be turned in several places:

The Los Angeles County 4-H Office  
UC Cooperative Extension  
700 W. Main Street  
Alhambra, CA 91801  
(626) 586-1980

The Antelope Valley 4-H Office  
UC Cooperative Extension  
335 East Ave K-10 Suite 101  
Lancaster CA, 93535  
(661) 974-8824

Or, arrange to drop your book off with an **Incentives and Recognition Committee Member:**

Judylynn Pelling: [jlPELLING@yahoo.com](mailto:jlPELLING@yahoo.com)  
Noel Keller: [nkeller91711@gmail.com](mailto:nkeller91711@gmail.com)  
Dee Keese: [swimdude64@earthlink.net](mailto:swimdude64@earthlink.net)  
Carrie De Young: [csdeyoung@socal.rr.com](mailto:csdeyoung@socal.rr.com)

***If members of my club are turning in Record Books, do I have to help judge other clubs' Record Books?***

Yes. If you have any members in your club turning in a Record Book, a club volunteer must sign up for one of the following two Record Book Judging Dates with **Noel Keller**, *Incentives & Recognition Committee Chair* at [nkeller91711@gmail.com](mailto:nkeller91711@gmail.com). No more than three volunteers from the same club on any given day please. See judging dates below:

**Saturday, September 21, 2013**

8:45 a.m. to 5 p.m.

Good Shepherd Lutheran School  
6338 N. Figueroa Ave.  
Los Angeles, CA 90042

**Saturday, September 28, 2013**

8:45 a.m. to 5 p.m.

Good Shepherd Lutheran School  
6338 N. Figueroa Ave.  
Los Angeles, CA 90042

***Can I turn in a Record Book On-Line?***

Yes, for the **State** Record Book Competition, but not for County. However, you can complete the online record book forms, print them out, add any necessary Los Angeles County 4-H supplemental forms required for competition, and then submit for county competition. Go here to complete an on-line record book or to find out more information: <https://ucanr.org/4hbook/login.cfm>. When you go to this link you will be asked to submit your username and password, which are the same ones that you use for the 4-H Online Enrollment System.

For those youth who are completing an Online Record Book, and may have questions along the way, you can contact the LA County 4-H Online Record Book Resource Leader and San Fernando Valley 4-H Co-Community Club Leader, Teresa Fint, by email at [teresa@fint.net](mailto:teresa@fint.net).

***How do I compete on the state level with my Record Book?***

It is not necessary to turn your book in to the County first, but it is a good practice. The Los Angeles County Incentives and Recognition Committee will review your book for you and provide suggestions if you turn it in to them by October 26th. You must be a Senior 4-H Member (14-19 as of January 1, 2013). State Record Books must include:

- Personal Development Report
- 4-H Story
- Project Report (for each project you are enrolled in)
- Supplemental Materials (including photos, newspaper articles, SET Activities, etc.)
- Junior Teen Leadership Report

Senior (State) Record Books should demonstrate outstanding achievement in:

- Project Work
- Life Skills Development
- Leadership & Citizen Development

We hope to see many wonderful Record Books turned in this year and see all that you have accomplished, as well as the fun you have had this program year. If your Mom and Dad were in 4-H, maybe they still have their Record Books for you to peruse. Keeping records and putting together your Record Books are a very important part of the 4-H Program, and how proud you will feel when it is all done!

- **“NEW” Record Book Manual**

Noel Keller, Incentives and Recognition Committee Chair

A new Record Book Manual 2011-2013 is now available on the state 4-H website and our county website. This manual is a compilation of the 2011 State Record Manual and the 2012 Record Book Addendum. The changes from the prior manual have been indicated in blue print. Use this new manual for your records this year. The online record book system uses the forms from this new manual. If you have questions contact a member of the county I&R Committee or Noel Keller ([nkeller91711@gmail.com](mailto:nkeller91711@gmail.com)).

- **2013 LA County Record Book competition**

Noel Keller, Incentives and Recognition Committee Chair

The county record book competition will be run much like last year. Seniors should plan to submit their records on the forms from the new Record Book Manual 2011-2013. Due to the lateness of the coming out of the new record book manual, Juniors and Intermediates will be allowed to use the 2011 record book manual forms, but should expect to use the new forms next year. The 4-H program year ended June 30. Your current record books should contain your records up to that time.

- **State Record Book Competition**

Noel Keller, Incentives and Recognition Committee Chair

Senior 4-H members are eligible to enter the state record book competition. State competition is focused on selecting 4-H members who have demonstrated outstanding achievement in their 4-H project work. Books are judged against standard criteria. Those books displaying the most outstanding 4-H work, life skills development, and leadership and citizenship development are selected as state medalists and/or state winners. Senior 4-H members (at least 14 years of age and no older than 19 years old by December 31 of the program year for which the book is being entered) are eligible to enter state competition. As awards,

- All 4-H members entering a record book at the state competition will receive constructive feedback.
- State participation and merit recognition members receive a certificate.
- State winners and medalists receive a certificate and lapel pin.
- All books submitted using the 4-H Online Record Book (ORB) receive a "Got ORB" T-shirt.

You don't need to enter the county record book competition to be able to enter the state record book competition, but it probably helps. Information about this year's state record book competition is still not available. Watch for information to come out on the state website and on our county website. This year senior members will need to complete an online course on state record books before they can submit their records to the state competition. Your records for the state record book competition will be due to the LA County 4-H office on October 25th, 2013.

- **Club Representatives for County Record Book Judging**

Noel Keller, Incentives & Recognition Chair

REMINDER – If a club submits record books to the county Record Book competition, then the club needs to provide a judge for one of the Record Book judging days, September 21 or September 28. The judging again this year will be held at Good Shepherd Lutheran School/Church (6338 N. Figueroa St., LA, 90042). Judging record books is a good way to learn about record books for your club. No experience in judging is required. There is an orientation for judging at the start of each judging day. A club can only have up to three club representatives for judging, Judges do not judge record books from their own club. Judges should plan to stay from 9am until about 5pm, with a lunch and snacks provided. Contact Noel Keller ([nkeller91711@gmail.com](mailto:nkeller91711@gmail.com)) with the names of judges by Thursday, September 19.

- **LA County 4-H Officer Book Gold Medal**

Noel Keller, Incentives and Recognition Committee Chair

Did you do a great job as a club officer last year? If so, be sure to submit a 2012-2013 Officer Book for the officer book recognition program. The information and forms for the 2013 Officer Book Recognition Program are on the county website under APPLICATIONS. The evaluation of the officer records is done with the Danish system of judging so all officers have a chance to earn a Gold medal for their officer work. 2012-2013 Officer books are due at the same time as 2013-2013 record books, September 10 to the 4-H Office or by September 11 to an Incentives and Recognition Committee member (Noel Keller, Judylynn Pelling, Carrie DeYoung, Peter Michel).

- **Club Healthy Living Officer**

Starting in the 2013-2014 program year, California 4-H will be adding a Healthy Living officer position to the 4-H Officer Manual. The Healthy Living officer will serve as the clubs ambassador for health! By choosing to elect a Healthy Living officer your club is taking an active role in promoting healthy lifestyles. The Healthy Living officer will be the leadership for all club health activities including: Provide ideas on how to incorporate physical activities and healthy eating into each club meeting, write Healthy Living articles for the club newsletter, and adopt and promote a club Wellness Plan. Please help ensure that the health "H" of 4-H is at the forefront of all our meetings, consider electing a Healthy Living officer for your club. There are many ideas for this officer position on the state website.

Along with having a Healthy Living club officer, club members could consider doing research and presentations on various healthy living topics such as muscle strengthening, heart rate importance, workout wear, Sumba, activity logs, exercise trends, fitness apps, stretching, benefits of exercise, fun ways to workout, exergaming, recreational sports, making time for fitness, healthy snacks, balanced meal planning, importance of sleep, safe places in your community to be active, and more.

- **2013-2014 - Year of Youth Leadership**

Noel Keller, LA County 4-H Leaders' Council Vice-President

The 4-H program promotes and offers opportunities for our youth to develop and expand their leadership skills. Members should look for these opportunities and volunteer to get involved. Don't wait to be asked, VOLUNTEER. If a member would like to part of the planning of an event, contact those in charge, indicate your interest and volunteer to help. This year we want to encourage our youth to step up to the leadership challenge. Let the youth voice be heard. Let the youth skills be developed and shown. Along with this, we want to offer some training for adults and youth on youth/adult partnerships. Together we can plan a great 4-H program for Los Angeles County.

Senior youth can be officers on the council. Volunteer for a position on the council. A position could be shared with an adult. If you would like an opportunity to be a council officer, you could try to find an adult that you would be comfortable working with and ask them to volunteer with you for the office. You could also volunteer to be on a committee of the council. If you have any questions about this, contact Noel Keller ([nkeller91711@gmail.com](mailto:nkeller91711@gmail.com)).

- **Open positions on the LA County 4-H Leaders' Council – youth and adults**

Noel Keller, LA County 4-H Leaders' Council Vice-President

Now is the time to get involved in planning a fun, educational 4-H program. Join the county leaders' council as an officer. Experience is not necessary, just an interest in having an enriched program of 4-H activities for our youth. The council only meets four times a year and the meeting locations vary around the county. You are not required to attend all the meetings. You can send in your report, if necessary. **Most council positions can be held by youth/adult partnerships.**

**At this time, we have the following open council positions:**

President

Reporter/Historian

Parliamentarian/Policy Secretary

Agriculture Committee Chair

Science Committee Chair

Leader Support Committee Chair

Chair of the Civics Committee

Shooting Sports Committee Chair

Technology Committee Chair

Representative to the Sectional Leaders' Council (2 adults)

Alternate Representative to the Sectional Leaders' Council (2 adults and 1 youth)

Please contact Noel Keller ([nkeller91711@gmail.com](mailto:nkeller91711@gmail.com)) if you are interested in any of the above vacant offices on the council. We need all the districts represented on the county council. The AV district does not have a volunteer or youth on the council at this time. Remember that senior youth can hold offices on the council. An adult and a senior youth could share a council office.

- **LA County 4-H 2013-2014 Calendar**

Noel Keller, LA County 4-H Leaders' Council Vice-President

The 2013-2014 LA County 4-H Calendar of events was approved at the May council meeting. The dates on the calendar will be reviewed at the September 7<sup>th</sup> council meeting so the calendar can be sent to the printer. Please look at the 2013-2014 calendar on the council web page on the LA County 4-H website to see if any dates need to be added or adjusted. If so, please contact Roy in the LA 4-H Office or Noel Keller ([nkeller91711@gmail.com](mailto:nkeller91711@gmail.com)).

The plan this year is to have the 2013-2014 LA County 4-H Calendar printed and sent to club leaders to distribute to their club members by the beginning of October. members should contact their club leaders for a copy of the calendar so they can stay informed about the county events. The 2013-2014 LA County 4-H calendar is also available on the LA County 4-H website for viewing at any time.

- **Junior Leadership Conference – Saturday, September 28**

Noel Keller, Vice-President of the LA County 4-H Leaders' Council

The LA County 4-H All Stars are planning a Junior Leadership Conference for Saturday, September 28 from 10am until noon at the Good Shepherd Lutheran School/Church (6338 N. Figueroa St., Los Angeles, 90042). Don't miss this fun opportunity to expand your leadership skills.

- **County Awards Day – October 12**

Noel Keller, Incentives & Recognition Committee Chair

The annual County Awards Day Program will again be held after the Pet Symposium. This year the event will be held on Saturday, October 12 at Belvedere Park in East LA (4914 East Cesar E. Chavez Ave., LA, 09922). The Park is next door to our old LA 4-H Office. The event will begin after the Pet Symposium at approximately 2:30pm. Come for the Pet Symposium fun and stay for the awards ceremony. County record books and officer book awards will be announced, along with special awards for Senior Awards of Excellence and Junior/Teen Leadership.

For this event, NSG district will be doing decorations, SSG district will be the program, SFV district is in charge of publicity and AV district will be doing the refreshments.

- **District Responsibilities for County events**

According to our district rotation chart and our county calendar, districts should be planning county events this year as follows:

Lunches for county record book judging – Sept. 21 and Sept. 28, 2013 – SFV

County Judging Day – Saturday, Feb. 22 – SSG

County Field Day – Saturday, March 22 – NSG

Leaders' Appreciation event with the county office – Saturday, April 5 – SFV

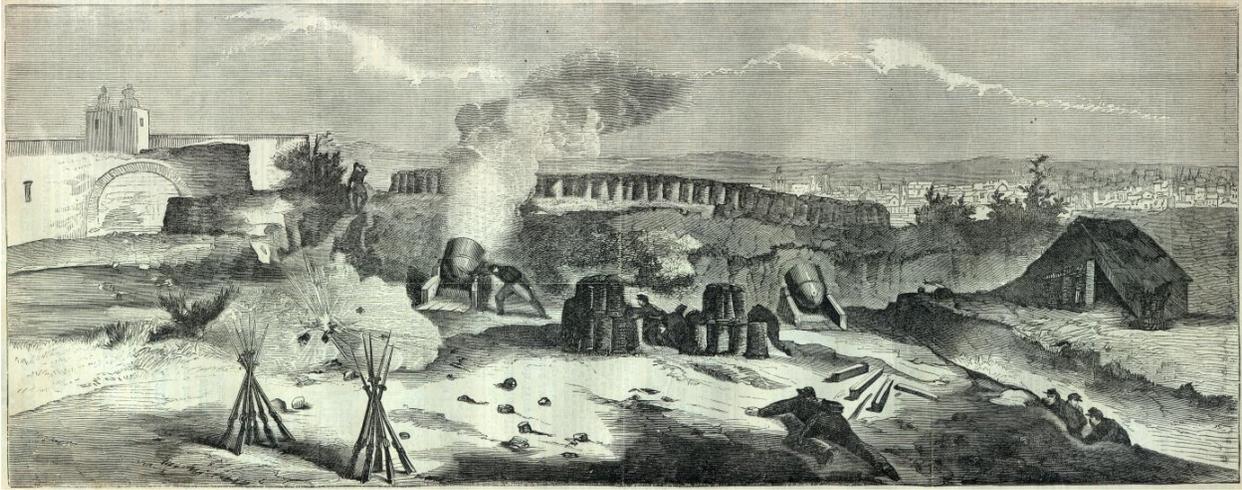
Lunches for county record book judging – Sept. 20 and Sept. 27, 2014 - AV

- **Father Hidalgo's Revolution**

Dawn Fuller, 4-H Program Coordinator

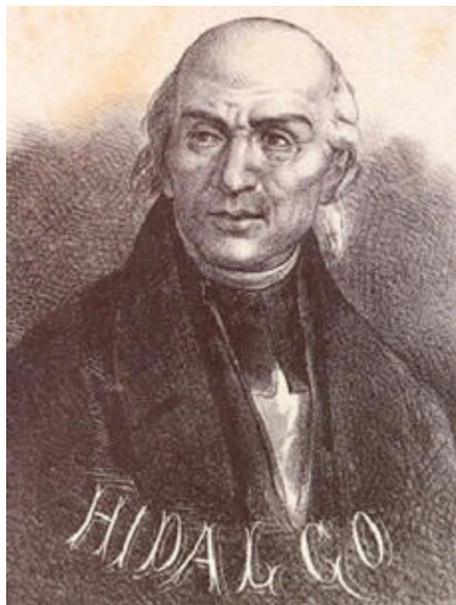


Mexican Independence Day is quickly approaching – no, not Cinco de Mayo – the actual **Mexican Independence Day, September 16**. Although many of us have been celebrating “Mexican Independence Day” grandly with good food, traditional music, lively dancing and all-around merrymaking on Cinco de Mayo, most of us don’t know what we are really celebrating. Cinco de Mayo is actually a celebration of Mexico’s glorious and hard-earned victory over the French in 1862, at the *Battle of Puebla* (also known as *Battala de Puebla*). The celebration of the *Battle of Puebla* has become on occasion for celebrating all things Mexican - which is great fun and a good reason to celebrate - but September 16 is an even better reason to celebrate with gusto.



September 16, often referred to as *The Cry of Independence* (*Grito de la Independencia* or *El Dieciseis de Septiembre*) kicks off a month-long celebration of victories. The 16<sup>th</sup> of September is to Mexican citizens in Mexico and abroad (and many resident Mexican-Americans) what the 4<sup>th</sup> of July is to us here in the United States. Celebrations begin in earnest each year on the night of September 15 and include all of the usual fare we see on Cinco de Mayo, but with more feeling, flair, and even include large impressive and beautiful firework displays.

In 1810, Spain ruled Mexico with a controlling hand (limiting trade, forcing native citizens into slavery and misusing funds, thus leaving most citizens in severe poverty). As with most famous exciting fight-for-independence-battle stories, there is usually a fearless leader who ignites a fiery revolution of the “everyman” to rise up against a bitter common enemy who unfortunately, often meet an honorable but tragic end. In the case of Mexico’s quest for freedom and dignity against its cruel Spanish rulers, in the eyes of Mexicans, this hero was Father Miguel Hidalgo y Costilla (often referred to as the “Father of Mexico”).



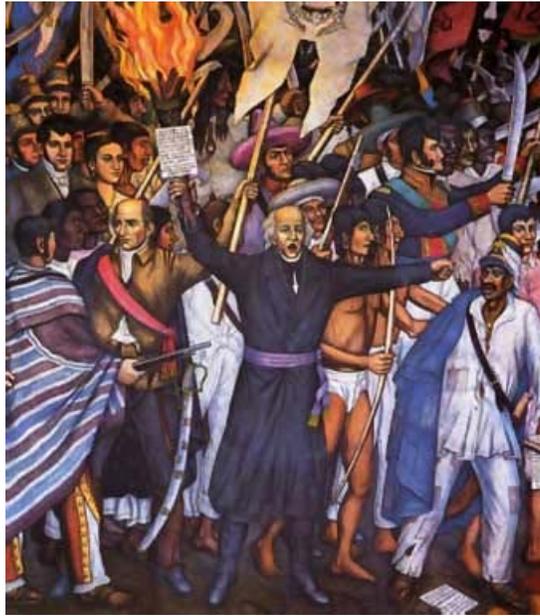
Father Miguel Hidalgo y Costilla had followed his brother’s footsteps and moved to the small town of Dolores, Mexico, where he became a respected theologian and a beloved parish priest. He spent his days studying biblical texts and working with the local peasant and indigenous population. During this period his ire and disdain towards Spanish rulers grew until he felt something drastic had to be done.

Enter Ignacio Allende -- a Mexican-born soldier for the Spanish Army. Allende was an underground conspirator in the fight for Mexican freedom and secretly helped arrange and plan multiple surprise attacks against Spanish rulers, with the biggest being scheduled for December of 1810. The secret attack plans were discovered beforehand, and with Allende and his co-conspirators likely capture, imprisonment and deaths imminent, they fled to Dolores, Mexico.



On September 16, 1810, in the pre-dawn light, Father Hidalgo (who was in his fifties at the time) gathered parish members in his tiny church in Dolores, Mexico. With on-the-run-Allende and his cohorts also present, and without saying a word, Father Hidalgo climbed the winding church stairs to the adobe steeple where he enthusiastically sounded the church bell as a “wake-up call” of sorts. It was then that Father Hidalgo gave a spine tingling speech that rallied and incited not only the parishioners, but Mexicans everywhere, to rise up against the Spanish. This famous speech would eventually become known as “El Grito de Dolores” (the “Cry of Dolores”) and was the catalyst for the fight for Mexican Independence.

On September 10, 1810, Father Hidalgo and his new friend, Ignacio Allende, led an emotional and fed-up crowd of several thousand to the mining town of Guanajuato, Mexico, where they battled the residing Spanish and won. In October of the same year, Father Hidalgo, with Allende at his side, rallied an emotionally-charged crowd of 80,000 impoverished Mexican citizens and together started on the warpath to Mexico City. Citizens in towns along the way watched with fear and fascination as the mob of 80,000 fought and killed 1,500 Spanish soldiers, which became known as the *Battle of Monte de la Cruces*. Although they had almost made it to Mexico City, the decision for Father Hidalgo to retreat to Guadalajara, and Allende to Guanajuato, is still a much debated mystery. Many historians seem to feel that Father Hidalgo and Allende disagreed greatly on how the war should be waged and decided to part ways immediately. Surprisingly, Father Hidalgo was a “by any means necessary” sort of fellow, and Allende wanted to stick to the “rules of engagement” (whatever those may have been in those times).



Mere disagreements quickly boiled over into a great hatred for one another. After a failed attempt at poisoning Father Hidalgo and after losing the *Battle of Calderon Bridge*, Allende converted the soldiers to his way of thinking and had Father Hidalgo arrested. This was to prove an exercise in futility, as not long after Father Hidalgo's short lived imprisonment, both were captured by the Spaniards and promptly done away with.

The successors of the battle for independence carried on the torch ignited by Father Hidalgo and "El Grito de Dolores." Eleven long arduous years later, and after a defection of the Spanish Army in 1821, Mexico won its long desired independence. On Cinco de Mayo this year, we will celebrate Mexico winning the *Battle of Puebla* over the French, but on **September 16**, we will really celebrate Mexico's true independence.



<http://latinamericanhistory.about.com/od/latinamericaindependence/p/09mhidalgo.htm>

[http://latinamericanhistory.about.com/lr/mexican\\_independence/690525/1/](http://latinamericanhistory.about.com/lr/mexican_independence/690525/1/)

<http://latinamericanhistory.about.com/od/latinamericaindependence/p/09montecruces.htm>

- **A Mariachi Story**  
Dawn Fuller, 4-H Program Coordinator



Living in Southern California - and more specifically in culturally diverse Los Angeles - we have many opportunities to celebrate special events and occasions in distinctive ways that honor long-standing traditions unique to these various cultures. With **Mexican Independence Day** approaching on **September 16**, you won't have to look farther than *Placita Olvera* (Olvera Plaza located on Olvera Street) to find a customary and festive place to celebrate. Everyone is invited to enjoy Mexico's Independence Day by tasting traditional foods such as tamales, enchiladas, tortas, street tacos, flan and more on Olvera Street. On Olvera Street, a visitor can expect to see beautiful brightly colored hand-sewn costumes and hear wonderful historic folk music played by mariachis on a variety of string and brass instruments that will make you want to get up and dance.



In the 4-H Program, we know that there isn't anything a youth member can't do, as long as he or she do their very best. If boys want to cook and sew -- great! If girls want to raise a heifer or rope and ride -- awesome! In 4-H, we all try to "Make the Best Better" and "Learn by Doing" in projects that we have an interest in. At the UC Cooperative Extension, of which LA County 4-H is a part, there is a perfect example of someone who tried her hand at something new, thus igniting her "spark." **Cynthia Avila** is the *Expanded Food Nutrition Education's Youth Program Coordinator (EFNEP)* for the Los Angeles Cooperative Extension, and in her free time, a mariachi in East LA!



Cynthia was born in 1977 in Ensenada and moved to East LA at the age of nine, where her Sonora-born father began singing and playing mariachi songs for his family on his guitar -- and especially his favorite song "Albur de Amor." Cynthia's father encouraged Cynthia to sing along while he practiced and even recorded the songs. Cynthia remembers trying to memorize the songs her father played and watching him with amazement. Cynthia's genuine interest and eventual love of mariachi music was further ignited by the fact that her family lived directly across the street from *El Mercadito* (a well-loved East LA marketplace with restaurants and live mariachi music). While Cynthia and her brothers and sisters played outside on the patio, she would often look across the street to see the mariachis practicing, or taking a break from a set, in their traditional costumes and fingering their shiny instruments. Between her father's shared love of mariachi music and the intriguing and mysterious mariachis of *El Mercadito*, Cynthia was hooked.

*"My father was an inspiration to me. He gave me my love of Mariachi. He was, and IS, one of the best guitar players I have ever heard. I am so thankful for the gift that he gave me."*



In 1990 when Cynthia reached junior high, she was surprised and excited to hear that one of the music teachers at Belvedere Junior High School pioneered a special elective “Mariachi Class.” Mr. Adolfo Martinez had the goal of teaching his students the traditional music of Mexico and also hoped that during this process, the students would develop a true love and respect for their culture and a burning desire to keep tradition alive. A lucky coincidental mix-up with Cynthia’s school schedule placed her in Mr. Martinez’s class. It was destiny!

In Mr. Martinez’s Mariachi Class, Cynthia learned how to memorize music (mariachi do not use sheet music), sing, and play a violin in an orchestra. The students in the class learned how to play Sonas, Rancheras, Huapangos, Polkas and a great many other mariachi styles. Cynthia’s Mariachi Class was comprised of six boys and six girls who would eventually become a very important part of Cynthia’s life.

*“Everyone in the class was required to learn a string or brass instrument and to sing in a group and perform solos. You could choose your instrument - violin, trumpet, guitarrón (a special large Mexican guitar), guitar, harp and vihuela (guitar-like instrument). I chose the violin.”*

Mr. Martinez’s mariachi students were popular with the students and staff at Belvedere Junior High School, and word started to spread into the larger community about the young mariachis who were thrilling people when playing “El Son de la Negra” (The Black Train), “Laureles” (Laurels) and more. It didn’t take long for Mr. Martinez’s class to be invited to play events and festivals all over Los Angeles.



Cynthia spent many long hours at home practicing singing and playing her violin while her father listened. She tried to emulate greats like Lucha Reyes, Lucha Villa, Lola Beltran and even Linda Ronstadt. Her free time spent practicing was her own choice. When she practiced in her East LA home, she would imagine herself playing sold-out concerts at the Rose Bowl and the esteemed Mariachi U.S.A. Concert (Hollywood Bowl). Cynthia longed to make her family, and most importantly, her father proud. She dreamed of her father watching her in a crowd of thousands with a tear in his eye and a smile on his face.

*“The songs written for women singers have a special spark to them that excites me. One of my very favorites is ‘La Charreada.’ It talks about festive traditional gatherings at Mexican rodeos with bull riding, roping and riding, and mariachis performing alongside the entire time. It makes me happy when I sing it and reminds me of good times in my childhood in Ensenada, Mexico, at rodeos.”*

When Cynthia’s class moved on to high school in 1993, the students of Mr. Martinez’s class may not have all been at the same school, but they still saw each other regularly to play the music together that they had grown to love. They formed a mariachi group that would be named “Alma de mí Tierra” (Soul of My Land). **Alma de mí Tierra** started to get requests to play for birthdays, baptisms, weddings, quinceañeras and family parties. Cynthia and the members of **Alma de mí Tierra** were stunned to find that people would pay them \$45 an hour to play at these events and the young mariachis pooled the money to buy matching “Trajes Suits” (traditional mariachi wear). Cynthia remembers being very proud to wear her blue and beige suede suit (purchased with money that she and her fellow mariachis eagerly earned for doing something they all enjoyed). Eventually, they were able to save enough money from their earnings to purchase a shared van to travel to and from performances. **Alma de mí Tierra** was then invited to play regular gigs on Sundays at Placita Olvera (a big deal for a group of fledging mariachis). It was at one such performance at Placita Olvera that a popular mariachi group from **La Fonda Restaurant, Mariachi los Camperos**, got the idea to adopt the young group and pass their years of experience on to the younger generation of mariachis.



Under the tutelage of *Mariachi los Camperos*, the group soared in popularity and requests for performances poured in. With the added performances, they were able to keep up maintenance of the van and buy more expensive and decorative mariachi costumes. The group was invited to play at festivals and events statewide in San Jose, Arizona, and Alaska. *Alma de mí Tierra* were chuffed to be invited to play with other prominent mariachis from Croatia, Cuba, Italy, Belgium, Chile, France, Argentina, Panama, Japan, Ecuador, Colombia, Australia, Venezuela, Aruba, Costa Rica, Canada and the United States in the Primer Encuentro de Mariachis y Charreada (First Mariachi Conference and Rodeo) in Guadalajara, Mexico. This year, we mark the 20th Encuentro de Mariachis y Charreada in Guadalajara, Mexico.



It seemed nothing could stop *Alma de mí Tierra*, but then the group members started to graduate and grow up. After high school in 1997, Cynthia attended East LA College. When she did have free time she would play weekends and special events with a newly formed group called *Estrellas de Oro y Plata* (Gold and Silver Stars). Cynthia was often the only female singer in the all-male group. It was at a Sunday afternoon performance of *Estrellas de Oro y Plata* at 7 Mares Restaurant in Pomona, California, where Cynthia was playing the violin and singing, when she was asked by a gentleman's sister to sing "Las Mañanitas" for his special day (Happy Birthday). Oscar Avila was so pleased with his birthday serenade (and by the way, it wasn't actually his birthday; he just thought Cynthia was fantastic) that he would frequent the restaurant weekly. They were married a short time after and now have two lovely children.



With being a new wife and mother, attending school to obtain a Master's Degree in Business Administration and working full-time as a Nutrition Educator at the UC Cooperative Extension, there wasn't a lot of time for Cynthia to pursue her love of performing mariachi music. Life continued. In recent times, Cynthia received her master's degree, the kids have grown a bit, and with her husband, her father, friends' and family's backing, Cynthia has formed a new mariachi group called "*Mariachi Urupan*" (Urupan is a city in the state of Michoacan, Mexico). Cynthia is the only female singer in the all-male group, and she couldn't be happier. Recently, esteemed mariachis from all over the world convened to attempt to break a Guinness World Record at the Rose Bowl in Pasadena, California, for the most mariachis playing together at one time. Cynthia is proud to report that 566 mariachis serenaded thousands and broke the record.

<http://articles.latimes.com/2013/jul/07/local/la-me-ln-mariachi-guinness-world-record-20130707>



Cynthia and **Mariachi Urupan** play weekends at various locations around Los Angeles County and plan to give a fantastic performance on **September 16, Mexican Independence Day**, at her old stomping grounds – Placita Olvera. At the celebration she plans to play and sing some of her most beloved songs - “Son de la Negra” (The Black Train) and “Cielito Lindo” (Pretty Sky). Cynthia has a message for 4-H youth which she shared with me:

*“Mariachi is for everyone. It’s tradition. It’s played and enjoyed by many DIFFERENT cultures. So if you already play a string or brass instrument, you are already halfway to becoming a mariachi! If you do your best and play with your heart, you can become a mariachi just like me.”*

To find out more about becoming a mariachi, you can visit the *Mariachi Institute* where classes are just \$5 per session (for both youth and adults). <http://themariachiconservatory.com/>

- **California Style Chicken Street Tacos**

(<http://thecozyabode.com/california-style-chicken-street-tacos/>)



How about making **California Style Chicken Street Tacos** provided by *The Cozy Abode* for your **Mexican Independence Day** celebration?

#### Ingredients

- 1 lb boneless skinless chicken breasts, chopped into small pieces
- ½ tsp salt
- 1 tsp chili powder
- 1 tsp cumin
- ¼ tsp garlic powder
- ¼ tsp onion powder
- 1 small bunch radishes, sliced thin
- 1 bunch cilantro, minced
- 4 oz queso fresco cheese (use feta if you can’t find it)
- 2 limes
- 6 small corn tortillas
- 1 T canola oil
- salsa

## Instructions

1. Heat the oil over medium high heat. When hot, add the chicken and cook for about eight minutes, or until chicken has cooked through. Season with salt, chili powder, cumin garlic powder and onion powder.
2. Heat another skillet and add the corn tortillas, one by one, to warm up. Alternatively, you can place the tortillas on a plate, cover with a damp paper towel, and microwave for approximately a minute until very hot.
3. Once warm, fill tortillas with a little chicken, some chopped cilantro, sliced radishes, a little cheese and a big squeeze of lime. Serve with additional toppings and salsa if desired.

Serving size: 3 tacos

- **Youth Shout Out!**

Noel Keller, Vice-President of the LA County 4-H Leaders' Council

Do you think a one-page monthly youth newsletter would be helpful? We need to have a fun way to get information out to our club members. It could contain information about deadlines, events and opportunities coming up plus fun, brief articles/artwork by members. It could be located on the county website or one page of the monthly Clover Notes issue. It could be copied and given out at club meetings or included in the club newsletter. It could be written by youth. Are your club members reading Clover Notes each month? Would they read a one-page youth fun newsletter of brief articles with references to information in the Clover Notes and/or on the county/state website?

Good communication is important if you want to know what is happening. The Clover Notes is the newsletter for LA County 4-H events, opportunities and happenings. Now that the Clover Notes are no longer mailed out to all 4-H families, everyone needs to make an effort to check the Clover Notes monthly on their email and on the county website. The Clover Notes contains a lot of information and is a great reference for members, leaders, volunteers and parents. We might get more Clover Notes readership if we have a fun way to announce what is there.

This is just an idea. What do you think? Please email your comments about this to Noel Keller ([nkeller91711@gmail.com](mailto:nkeller91711@gmail.com)). Contact Noel if you would like to be involved in making this happen.

- **What Is Your Club Doing Next Year?**

Noel Keller, Incentives and Recognition Committee Chair

July 1 starts the next 4-H program year. It's time to plan the club program for 2013-2014. What are your club goals for the next year? Do you want to offer a new project, try a new community service activity or expand your club membership? What would be really fun for your club to do this next year? Start making your plans now so your year will be filled with exciting activities and opportunities.

Setting goals, planning and following through to reach those goals are important life skills. To assist clubs in their club program planning process, we are offering the Club Planning Challenge. Brainstorm what you want to happen in your club in the 2013-2014 program year. Record your club goals for the year, your monthly program plans, your budget, your community service ideas, and your club recruitment methods. All of these are part of planning a complete, balanced club program. Submit your club plans to the I&R Committee in the fall by November 15. At the end of the program year, evaluate how your club did in meeting its goals and submit a final report to the 4-H office at the time record books are due in September.

This is an optional club Challenge. Those club participating can earn a seal for their club charter for their completed goals for the year and a certificate for their club planning for the year.

Watch for more information about this Challenge in the next issue of Clover Notes and on the county website under APPLICATIONS.

- **Does LA County 4-H Want to Celebrate the 100 Birthday of California 4-H?**

Noel Keller, LA County 4-H Leaders' Council Vice-President

This year the California 4-H program is celebrating its 100<sup>th</sup> year as an innovative, research-based youth development program. Would your club be interested in participating in a county 4-H birthday celebration this year? The event could be like a carnival or party. The county All Stars are willing to plan an event if they know that there is enough interest. Please contact All Stars Ru Ekanayake or Sallie DeYoung (or Noel Keller) if you are interested in having a 4-H birthday celebration this year.

- **South Section Teen Council meeting – Saturday, September 14**

Noel Keller, President of the South Section 4-H Leaders' Council

Attention LA County senior 4-H members! Get involved in 4-H above the LA County level. There is a Teen Council at the sectional level that plans activities for sectional senior youth and helps with sectional events. They organize and run the Teen Involvement Conference (TIC) in January each year, organize and run the food booth at Sectional Field Day, and plan other teen social events. The South Section Teen Council meets at 8:30am before the South Section 4-H Leaders' Council. Usually the meetings are held at Mt. SAC, but the next Teen Council meeting will be Saturday, September 14 at 8:30am at Good Shepherd Lutheran School/Church (6338 N. Figueroa St., Los Angeles, 90042). John Trammell from San Bernardino County is the Adult Adviser to the Teen Council. For more information about the South Section Teen Council, look at their web page on the South Section 4-H website

- **4-H Graduate Certificate and Pins**

Noel Keller, Incentives & Recognition Committee Chair

As 4-H members graduate out of the LA County 4-H program each year, they are recognized at their district Achievement Day programs. Club leaders should notify Charlene Moore in the AV 4-H Office with the names and years of 4-H experience of their 4-H graduate so that certificates and pins can be prepared in time for their district achievement events. Please contact Charlene if you have any questions about this.

- **LA County on California 4-H Camping Advisory Committee**

LA County is now well represented on the California 4-H Camping Advisory Committee. Dr. Keith Nathaniel in our LA County Office has been and is on the state committee, but he is now joined by adult leader Dennis DeYoung and senior youth member Sallie DeYoung on the committee. Congratulations to Sallie and Dennis for being selected for this State Advisory Committee.

- **State Leaders' Forum 2013**

Noel Keller, South Section 4-H Leaders' Council President

Registration is now open for the State 4-H Leaders' Forum to be held in Sacramento at the Crowne Plaza Hotel on November 8, 9 and 10. We are celebrating the 100<sup>th</sup> birthday of California 4-H this year and the Forum will have special activities for the celebration. This is the year to go to the Leaders' Forum. Along with meeting leaders from all over the state, participating in informative workshops, networking with other leaders in your project areas and getting recharged with that 4-H spirit, you will learn more about our 4-H history and plans for the future. Go to the State 4-H Leaders' Forum website to get more information about registration, lodging, sessions and all the special events. We already have several leaders planning to attend this year. Start planning now to be there.

The county council has some scholarships to help leaders attend the State Leaders' Forum, especially if they are attending the Forum for the first time.

Note that the State Leaders' Forum is not being held at the Asilomar Conference Center in Pacific Grove this year. It is being held in Sacramento.

- **Don't sit back - STEP UP!!**

4-H has so much to offer youth. There are great sources of information, chances for career exploration, opportunities to work with the latest technology, chances to learn and practice leadership, opportunities to help others and make a difference. All this will not happen if you just sit back and do not become really involved. You have to take ACTION. You have to STEP UP and DO IT! If something is not happening as you had hoped for, perhaps someone needs your help to make it happen or you are not doing your part. With everyone working together, 4-H can really be GREAT! Remember TO MAKE THE BEST BETTER!

- **Hi 4-H**

Each district can have a Hi 4-H program. 4-H members who will be at least 14 years old by January 1, 2014 or who will be in 9th grade and above are eligible for Hi 4-H activities (ROPES, Snow Camp, T.I.C. conference, state leadership conference, etc.). You don't have to attend Hi 4-H meetings to attend the special Hi 4-H events. This year 13 year olds are again invited to attend Hi 4-H activities as guests.

The sectional level Hi 4-H is called the Sectional Teen Council. It meets before sectional 4-H Leaders' Council meetings at Mt. SAC. The Teen Council plans social and educational events, plus runs the T.I.C. conference in January and a food booth at sectional field day in May. Our senior members can be part of the Teen Council. Our senior members can attend their events. Consider being more active on the sectional level. The county level Hi 4-H program will only exist if there is sufficient interest this year. Contact Roy Hillstock at (626) 586-1972 if you are interested in participating in a county level Hi 4-H program.

- **Junior/Teen Leader**

Junior Leaders are 4-H members in the 7<sup>th</sup> and 8<sup>th</sup> grade who help lead a 4-H project. Teen Leaders are 4-H members in 9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup>, 12<sup>th</sup> and above grades who lead a 4-H project. To be a Junior/Teen Leader, the member needs to be enrolled in their club's Leadership Project. They fill out the goals and plans of the first two sections of the Leadership Plan and Report Form, and have the form signed by their Leadership Project Leader and the leader of the project for which they will be a youth leader. While they are a Junior or Teen Leader, they can wear the Junior or Teen Leader patch on their 4-H hat. At the end of the year, they will need to complete the Leadership Plan and Report and have it signed by their Leadership Project Leader and their project leader. They should also complete an Annual Project Report for the Leadership Project.

- **Be a 4-H All-Star**

All-Star is the highest rank that a 4-H member can achieve at the County level. The All-Star award affords 4-H members the opportunity to further develop their leadership skills on a countywide basis. Each year Los Angeles County selects several 4-H members who have applied and are deserving of this rank to become All-Stars. The Los Angeles County 4-H Program expects its All-Stars to contribute to the 4-H Program during the next program year. For more information go to Cooperative Extension's website at:

[http://celosangeles.ucanr.edu/4H Youth Development Programs/Applications/](http://celosangeles.ucanr.edu/4H_Youth_Development_Programs/Applications/)

- **Emerald Star Project**

If a member has earned Gold Star Rank or will be 16 years old by January 1, 2014, they can consider doing an advanced leadership project and earn an Emerald Star for their hat. An Emerald Star Project can be started at any time during the year. Do you have an idea for an activity you could plan and run to benefit the county 4-H program or your community?

Call the 4-H office at (626) 586-1972 for a packet of information on the Emerald Star Program. Each 4-H district has an Emerald Star Advisor. You can work with the Advisor from any of the districts.

- **Leadership Merit Award**

Start planning now to earn a Junior or Teen Leadership award. Think of something to make your leadership special this year. Try something new to bring more interest and enjoyment to your project. Try to expand your leadership beyond the club. For this award, you need to be in the Leadership Project in your club. If your club does not have a Leadership Project, talk with your club leader about starting one. If she has questions about this, have your club leader contact Noel Keller (909-621-2373) or someone on the I&R Committee. You will need to fill out a annual project report for your Leadership Project. You will also need to complete a leadership plan report.

- **Share your 4-H Experiences** - 4-H'ers, share your 4-H experiences by submitting articles to be published in Clover Notes. Articles may include club news, photos, community service projects, and/or anything you or your club would like to share. Submit your articles by the 15<sup>th</sup> of the month to be published in the following month's edition of Clover Notes to Roy Hillstock, [rlhillstock@ucdavis.edu](mailto:rlhillstock@ucdavis.edu).
- **Dates To Remember in September:**
  - 4th- NSG District mtg.
  - 7th- County Council meeting
  - 10th- Record Books & Officer Books due to County Office by 4PM.
  - 11th- Record Books & Officer Books due to I&R member by 9PM
  - 12th- Incentive & Recognition Committee mtg.
  - 14th- Sectional Leaders Council meeting / Sectional Teen Council meeting
  - 19th- SSG District meeting / SGV Fair meeting
  - 21st- Record Book Judging / Equine Showmanship Clinic
  - 22nd- SSG District Achievement Night
  - 23rd- AV District meeting
  - 28th- Junior Leadership Conference / Record Book & Officer Book Judging
  - 29th- End of LA County Fair

## STATE

- **Ben & Jerry's Foundation Grassroots Organizing for Social Change Program**  
 Deadline: September 13  
 Proposals should align with the Foundation's broad interests in social justice, environmental justice and sustainable food systems. Grant awards are up to \$20,000 for a one-year period. More info: <http://bit.ly/14iYptl>
- **Campus Engagement, Civic Development Project Grants**  
 Deadline: September 15  
 Bringing Theory to Practice Project is accepting proposals from universities and colleges for projects aimed promoting the nexus of engaged learning, civic engagement, and psychosocial well-being among college and university students. Types of grants include: 1) \$1,000 for projects that bring together diverse members of the campus community to discuss the civic mission of the institution and how that mission can be achieved; 2) up to \$10,000 to enhance or extend a program that promotes engaged learning, civic engagement, and the psychosocial well-being of students. More info: <http://bit.ly/13eItnv>
- **Project Learning Tree GreenWorks! Grants**  
 Deadline: September 30  
 Do you have an idea for a school/community native plant garden, a forest improvement project, a streamside restoration plan, a recycling program, or energy conservation project for your students? Need funds to implement it? Apply for a Project Learning Tree GreenWorks! grant. Grants are available for up to \$1,000 and \$3,000. More info: <http://bit.ly/13BDBHt>
- **Captain Planet Foundation Grants**  
 Deadline: September 30  
 Grants are made for activities that promote and support high-quality educational programs that enable children and youth to understand and appreciate our world through learning experiences that engage them in active, hands-on projects to improve the environment in their schools and communities. More info: <http://bit.ly/y1tPpz>

- **California 4-H \$1,000 for 1,000 Service Learning Projects**

2013 Revolution of Responsibility - <http://www.ca4h.org/Support/RofR/>

2013 Application Deadlines:

September 15, 2013 & November 15, 2013

- **Become a National 4-H Council Board of Trustees**

Two youth seats will be available this fall. Must have at least 5 years of past involvement in 4-H and be between the ages of 16-23. Visit [www.4-h.org/youth-trustees](http://www.4-h.org/youth-trustees) for nomination information and an application. Applications must be postmarked or emailed by Tuesday, September 3rd 5:00pm EST.

- **Farm to Fork Festival**

Saturday, September 28th 11:00am to 5:00pm

Capitol Mall Sacramento is becoming the Farm to Fork Capitol of America! 4-H has been invited to attend! 4-H needs your help to display animal science and healthy living projects! Bring your animal and healthy living projects and display boards! RSVP to Sarah Watkins at [spwatkins@ucanr.edu](mailto:spwatkins@ucanr.edu) or 530-752-5644 if you'd like to showcase your project and spread the word about California 4-H.

More info: <http://farmtoforkcapital.com/festival-info/>

- **4-H Archery Certification Training 2013**

Ukiah Gun club, Mendocino County

Saturday, October 12th - 9am-5pm

Sunday, October 13th 9am-12pm

A 4-H Archery Certification Training for volunteers and junior/teen leaders will be offered Saturday, October 12th , 9 a.m. – 5 p.m., and Sunday, October 13th , 9 a.m.- 12 noon, at the Ukiah Gun Club 2300 Vichy Springs Road, Ukiah in Mendocino County. You must be an enrolled 4-H leader or member and attend both days to receive certification to teach archery at the project, club and camp levels. The course will include a PowerPoint lecture, review of equipment, practice shooting and teaching, and a written test. The cost is \$20 per person to include a resource binder and lunch on Saturday.

To register, please complete and mail the "CA 4-H Shooting Sports Training Request and Registration Form" available at <http://www.ca4h.org/files/2123.pdf>, and an adult or youth 4-H medical release form with a \$20 check payable to "Mendocino County 4-H Council" and mail to Linda Edgington, 890 N. Bush St. Ukiah, CA 95482 Registration is due Friday October 4th and space is limited. For more information contact Linda Edgington at 707-463-4495 or [lgedgington@ucdavis.edu](mailto:lgedgington@ucdavis.edu).

- **Save the Date for the 2013 State Horse Field Day, November 16th in the Chino Hills**

This year's field day will be filled with workshops, demonstrations and tours as we travel to multiple ranches in the Chino Hills. Chino Hills is filled with equestrian centers that are side by side and within walking distance of each other. San Bernardino is the host county and is taking the lead in planning this event. More information and registration is coming soon!

- **LCORT: Leadership Conference of Regional Teens**

January 24-26, 2014

LCORT is the South Central Section's leadership conference for members in grades 7-9. The heart of the conference is a series of workshops presented by high school-age members from the leadership teams in the 12 member counties. This year's event will be held on January 24-26, 2014 at Wonder Valley Conference Center in Sanger (Fresno County), CA. Workshop application materials have been sent to county staff and are available on the LCORT web page of the CA 4-H website. Registration packets, LCORT 2015 Youth Chair applications, and other materials are also available on the web. Please direct questions or comments to LCORT Coordinator Pauline Smoke at [lcort.coordinator@yahoo.com](mailto:lcort.coordinator@yahoo.com).

- **4-H Archery Leader Certification**

February 1, 2014 – 9am-5pm

February 2, 2014 – 9am-12pm

33 Browns Valley Road Corralitos, CA

If you have an interest in sharing your archery skills with youth, how about becoming a 4-H Archery adult volunteer or teen leader. There will be a 4-H archery leader certification training held February 1st & 2nd in Corralitos, CA (near Watsonville). The class will be offered Saturday, February 1st, 9 AM – 5 PM, and Sunday, February 2nd, 9 AM- 12 noon, at the Corralitos Community Center, 33 Browns Valley Road, Corralitos, in Santa Cruz County. This class is being hosted by Santa Cruz County 4-H. You must become a 4-H leader or member and attend both days to receive certification to teach archery at the project, club and camp levels. The course will include a PowerPoint lecture, review of equipment, practice shooting and teaching, and a written test. The cost is \$35 per person to include a resource binder, and Saturday breakfast & lunch and Sunday breakfast. Junior and teen leaders are invited but must attend with an adult. If you are already a certified volunteer archery leader and would like to become a trainer, contact Jeanne at 530-524-7278 or email [mtlassenlover@gmail.com](mailto:mtlassenlover@gmail.com) to discuss options.

To register, please complete and mail the “CA 4-H Shooting Sports Training Request and Registration Form” available at <http://www.ca4h.org/files/2123.pdf>, and an adult or youth 4-H medical release form and a \$35 check payable to “Santa Cruz County 4-H Council” and mail to UCCE, 1432 Freedom Blvd., Watsonville, CA 95076. Registration is due Friday, January 17th and space is limited. For more information call Stephanie at 831-763-8015 (Mondays & Wednesdays only) or email her at [sfontana@ucanr.edu](mailto:sfontana@ucanr.edu) or contact Jeanne at the contact information above.

- **Save the Date! California Camping Conference**

March 21-23, 2014

The next California Camping Conference will be held March 21 – 23, 2014, at the YMCA's Camp Campbell the in Santa Cruz Mountains. The Camping Conference provides 4-H teen leaders and adult camp administrators the opportunity to network and attend sessions to develop their local camp program. The early bird registration fee will be \$140 by February 1st and \$150 after that date. More information will follow.

- **2013 4-H National Youth Science Experiment**

Maps & Apps

[www.4-H.org/NYSD](http://www.4-H.org/NYSD)

4-H Maps & Apps will introduce youth to the power of geospatial technologies and their unique ability to help us understand and improve our communities. Participation in 4-H National Youth Science Day is meant to help spark an early passion for STEM education and to encourage young people to consider these paths of study and future careers. The 2013 National Science Experiment kit are available for pre-sale on the 4-H Mall website:

[www.4-HMall.org](http://www.4-HMall.org)



- For Youth: Great Green Career Resource!

<http://green360careers.net/>

Green 360 connects youth with the tools, information, and people they need to make informed career choices and create pathways to green careers. The Catalyst includes a career interests inventory, the Department of Labor jobs database, and a private virtual locker. Students can also join the Green 360 Online Community, [green360careers.net](http://green360careers.net), to learn about the environmental sustainability challenges we all face. They are invited to interact with Green Gurus and Career Coaches who blog about green careers and share tips for successful career exploration. The Career Catalyst complements various high school curriculum and 4-H programs in environmental stewardship, science, and engineering. For more information contact [joanne@green360careers.net](mailto:joanne@green360careers.net).

- 2013 California Science Education Conference (sponsored by the California Science Teachers Association) October 25-27, 2013 in Palm Springs

[http://www.cascience.org/csta/conf\\_home13.asp](http://www.cascience.org/csta/conf_home13.asp)

The conference features the perfect mix of hands-on workshops, engaging lectures from professional scientists and university-level educators, in-depth three- and six-hour courses, one-of-a-kind field course experiences, and quality networking opportunities that are only possible when meeting face-to-face.

- How Kids Learn III Conference – Play, Creativity, Tinkering, and the Arts  
October 23, 2013, 8:00AM - 4:30PM, Mission Bay Conference Center, San Francisco, CA

<http://www.howkidslearn.org/>

Join us at How Kids Learn III as we hear from leading experts in the fields of neuroscience and the new science of learning on the importance of play and creativity. Learn how the Maker Movement is right for afterschool and learn from those who are using innovative learning strategies in their work with children and adolescents.

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**4-H All Stars:**

*Ru Ekanayake, PVP 4-H Club  
Sallie DeYoung, San Fernando Valley 4-H club*

**Jr. All-Stars:**

*Daniel Espinosa, Harbor Lights 4-H Club  
Lilliana Brown, PVP 4-H Club  
Jessica Fint, San Fernando Valley 4-H Club  
Candace Choi, PVP 4-H Club  
Ivory MacCracken, PVP 4-H Club  
Julius Treadwell, Pomona Valley 4-H Club  
Katherine Cho, Pomona Valley 4-H Club  
Laura Griffin, PVP 4-H Club  
Madison Cumby, PVP 4-H Club  
Megan Okamoto, Pomona Valley 4-H Club  
Rachel Klose, PVP 4-H Club  
Ru Ekanayake, PVP 4-H Club  
Sallie DeYoung, San Fernando Valley 4-H Club  
Meghan Tahbaz, PVP 4-H Club*

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