



## December 2013

If you have any questions or suggestions about the Clover Notes, please don't hesitate to call Roy Hillstock at (626) 586-1972 or email at [rlhillstock@ucanr.edu](mailto:rlhillstock@ucanr.edu). We welcome submissions, especially for Club News. Please submit articles by the 15th of the month to be posted in the following months' edition.

Contact the [Los Angeles 4-H Youth Development Office](#) or 626-586-1972. For upcoming dates, please visit the [4-H Calendar](#). We look forward to continuing to serve you and your 4-H needs.

### POLICY

## 4-H Policy and Information Update December, 2013

As we approach the new year and reflect on the current year's accomplishments let us remember the value of the 4-H program has to the lives of 4-H members all throughout Los Angeles County. Through the 4-H program leaders have given amazing gifts to youth. They have given friendship, guidance, support, wisdom and yes, love. Taken together, these gifts represent providing a sense of belonging (one of the 4-H Essential Elements).

Researchers have determined that youth learn best when given the supports and opportunities to learn in a safe place and space. That is, the emotional and physical environment has to be a place where the well-being of youth matters and is validated by caring adults (belonging). The language used, the arrangement of the physical space and the activities offered validate youth (belonging). Belonging suggests that youth feel welcomed and that they are a part of something meaningful, supportive and safe. Belonging gives youth a sense of mutual commitment to an ideal of community that 4-H fosters.

Think about Belonging each time you engage a 4-H member in a project activity, help a youth prepare a speech or demonstration or welcome a new family to the program. Going forward into the new year, give special consideration to the essential element of belonging. Continue to make belonging an important part of the 4-H experience and give youth that sense of connection to something greater than themselves.

## CLUB

- **2013 Los Angeles County Pet Symposium**

Kiran Ekanayake, PVP 4-H Club, Clover Notes Reporter

On October 12, the annual Los Angeles County 4-H Pet Symposium took place. The event took place in Belvedere Park in East Los Angeles. Booths about animals were the main star of the show, including a therapy dog booth, a bird booth, a rabbit booth, and even a cow-milking demonstration! There were quite a few guest speakers talked about pet safety during natural disasters, box turtles, veterinarians, and food detector dogs. There was even a children's book author! Kids also learned the basics to care for many pets, such as dogs, cats, rats, rabbits, pigeons, and turtles. There was even a booth where you could make yourself a pet rock! The LA Department of Care and Animal Control was there as well, where they vaccinated and "chipped" pets. Pastries and other tasty treats were raffled.

The Pet Symposium also had a 4-H booth, which taught people what 4-H was all about. There were informational flyers that showed the values of 4-H and the types of projects that could be undertaken. There was a great food booth hosted by the Greenleaf 4-H Club with delicious chili, cob salads, tamales, and much more. It was a great event that was fun and educational for all.

## COUNTY

- **Welcome Mike Lopez and Macy 4-H Club!**

Dawn Fuller, 4-H Program Coordinator



Los Angeles County 4-H is proud to report a new 4-H Club has been started in Monterey Park by **Michael Lopez** at **Macy Intermediate School**. Previous Macy Intermediate School Principal, **Sterling Schubert**, was instrumental in helping Mike Start the club and now current School Principal, **Francisco Arregui**, is in full support of 4-H being an important offering at Macy.

Mike Lopez spent his young years in Boyle Heights, and at the age of 12, his family moved to Monterey Park. He has been there ever since. Mike's passion for working with youth was ignited starting in second grade when he worked alongside his parish priest, **Father Garcia**, as an altar boy and church volunteer at Resurrection Parish in Boyle Heights. He learned to give as much as he received and that working with youth is important work. Mike learned that if responsible adults didn't pay attention to the youth in the area, somebody in the streets would. Mike attended UCLA where he received his Bachelor's Degree in English and minored in History. Following college graduation, Mike became a respected school teacher in Montebello where he taught middle school and high school for 37 years. It was a career he enjoyed very much.



Mike met his future sweetheart, Rebecca, in 8<sup>th</sup> grade, and they were married while in college. They raised four children together – two boys and two girls in Monterey Park. Mike always encouraged his kids to do the best they were capable of and also taught them to go as far as they could in school. He imparted to them on a regular basis the importance of giving back to their community. While teaching at Eastmont Intermediate School in Montebello, Mike got involved with the 4-H Afterschool Program. Mike was impressed by the way 4-H taught kids to respect themselves and others. He liked the way 4-H provided youth with self-confidence and the tools necessary to do things they never imagined they were capable of doing.

No stranger to volunteerism throughout the course of his young life, as an adult Mike volunteered for his son's Boy Scout Troop for fifteen years and his daughter's Girl Scout Troop for six years. When Mike retired from teaching in 2009, his wife Rebecca probably suspected that it was only a matter of time before Mike was back working with community youth in some capacity. She was right. Nearly two years ago, Mike volunteered to help then School Principal, Sterling Schubert, start a school garden at Macy Intermediate School. As soon as work began on the garden, Mike remembered the skills and life lessons taught in 4-H and thought it would be a perfect fit for the youth at Macy.



With impressive vegetable and flower gardens now in full-swing, Macy 4-H Club is off to a great start with a popular gardening project. Macy 4-H Club will also be offering a Film Project, Leadership Project, and in the coming months, an Emergency Preparedness Project. The club will meet the first Wednesday of every month at 1:30 p.m. at Macy Intermediate School (2101 Lupine Avenue, Monterey Park, 91755).



We would like to extend a warm welcome to Mike and the Macy 4-H Club! For further information about the club, you can contact Mike at [mwilliaml@earthlink.net](mailto:mwilliaml@earthlink.net) or by phone at (323) 559-4947.



- **LA County 4-H Science Fair – Saturday, January 4, 2014 (Register by Dec. 20)**  
Noel Keller, LA County 4-H Leaders' Council Vice-President

Get ready for the LA County 4-H Science Fair to be held on Saturday, January 4<sup>th</sup> from 9am until 2:30pm at Good Shepherd Lutheran Church in Los Angeles (6338 N. Figueroa Street, LA 90042). An event flyer and Registration and Entry Form was sent out to club leaders by Dawn in November and are available on the county website under Events and Activities.

You don't need to have a science fair entry to attend. There will be hands-on science activities, science experiments, science exhibits, science demonstrations, science games and SCIENCE FUN.

If you optionally want to submit a science fair entry, the following categories include:

Science Experiments  
Science Posters  
Science Demonstrations  
Science Speeches  
Science Educational Exhibits

The entry must have made since Jan. 3, 2013. You are limited to only one entry per category. A science project can come out of any project, including Arts & Crafts, Clothing, Foods and Nutrition, Wildlife, Sports and Photography.

To help with the planning, we need to know if you are planning to attend this event. **Please RSVP/register by December 20, to Noel Keller ([nkeller91711@gmail.com](mailto:nkeller91711@gmail.com) or 421 E Juilliard Dr., Claremont, CA 91711).**

Please let Noel know if you are interested in helping with this event – adults and youth. This is a great leadership opportunity.

- **State Leaders' Forum 2013**

Noel Keller, South Section 4-H Leaders' Council President

The State 4-H Leaders' Forum was held in Sacramento at the Crowne Plaza Hotel on November 8, 9 and 10. The Forum was attended by LA County 4-H leaders Judylynn Pelling, Dee Keese, Rick Herbert and Noel Keller. Judylynn carried the LA County banner in the parade of county banners at the opening of the Forum. Noel carried the American flag in the flag ceremonies for the event. Rachel Klose of PVP 4-H Club played her harp during the reception for the evening Centennial Gala event. Dee and Rick helped run the can drive community service activity. Noel and Judylynn ran the 4-H store for the event. We were celebrating the 100<sup>th</sup> birthday of California 4-H this year. Along with meeting leaders from all over the state, we participated in informative workshops, networking with other leaders and getting recharged with that 4-H spirit.



- **South Section Leaders Meet at the Forum**

Noel Keller, South Section 4-H Leaders' Council President

South Section 4-H leaders met for an informal meeting during the State Leaders' Forum held in Sacramento during the weekend of Nov. 8-10. It was a great opportunity for south section forum attendees to meet the officers of the South Section 4-H Leaders' Council and to hear about what is happening in Southern California 4-H. Networking with other 4-H leaders is always helpful. Currently LA County is represented on the South Section 4-H Leaders' Council by Noel Keller, President and Judylynn Pelling, Policy Secretary. If you have questions about South Section 4-H activities, please contact Noel or Judylynn.

- **Rachel Klose Wows State Leadership Forum Attendees**  
Dee Keese, Palos Verdes Peninsula 4-H Community Club Leader



Palos Verdes Peninsula 4-H Club Member **Rachel Klose** treated State Leadership Forum attendees to a beautiful harp over Veteran's weekend. Rachel Klose was the Sectional winner in Cultural Arts last year at Sectional Presentation Day. She is currently President of the Palos Verdes Peninsula 4-H Club and a Los Angeles County Junior All Star. Way to represent LA County 4-H Rachel!

- **LA County Leaders' Council meeting – January 4, 2014**  
Noel Keller, LA County 4-H Leaders' Council Vice-President

The next LA County 4-H Leaders' Council meeting is Saturday, January 4. All 4-H volunteers, leaders and senior members are welcome to attend. We need the ideas, suggestions and comments from everyone to make our 4-H program great and effective for our youth.

This will be a very important meeting for discussing our county 4-H events for the remainder of the year. Don't miss this opportunity to be part of the planning of our LA County 4-H program. The agenda for this meeting will be sent out soon and will be available on the county council page on the LA County 4-H website.

The meeting will be held on Saturday, January 4 at 10am at Good Shepherd Lutheran Church (6338 N. Figueroa St, LA 90042). If you are unable to attend this meeting, but have comments or suggestions that you want shared at this meeting please contact Noel Keller ([nkeller91711@gmail.com](mailto:nkeller91711@gmail.com)).

- **Get some great ideas from South Section Leaders – January 11, 2014**

Noel Keller, South Section 4-H Leaders' Council President

The South Section 4-H Leaders Council will meet on Saturday, January 11th at Good Shepherd Lutheran School/Church (6338 N. Figueroa, Los Angeles, 90042). Come and find out what is happening in southern California and state 4-H. Our youth representative to the council Sallie DeYoung will be reporting on our Los Angeles County 4-H events. There are so many interesting 4-H events happening in southern California. Some are open to members from other counties. Some events we could try setting up in LA County. For more information on the South Section Council, go to the council website at: <http://4h.ucanr.edu/Resources/Volunteers/Councils/Sectional/South/> for meeting dates, agendas, minutes and sectional event details. For additional information about south section information, contact Noel Keller ([nkeller91711@gmail.com](mailto:nkeller91711@gmail.com)).

- **Teen Involvement Conference – January 17-19, 2014**

Noel Keller, South Section 4-H Leaders' Council President

Attention LA County Senior members – start planning to attend TIC (Teen Involvement Conference) in January. Listen to motivational speakers, attend educational sessions, have fun at the dance, play sports and more. The South Section 4-H Teen Council is planning the event and details are available on their teen council webpage. Early bird registration of \$120 is due by Dec. 13, normal registration of \$140 is due by Jan. 3, and then late registration is \$160. This is a great opportunity to get involved in 4-H above the county level and meet other Southern California 4-Hers. For more information contact Amanda Penicks at [pkbackyardfarms@aol.com](mailto:pkbackyardfarms@aol.com) or John Trammell at [techdude4h@gmail.com](mailto:techdude4h@gmail.com).

- **Livestock Symposium – Jan. 25, 2014**

Noel Keller, LA County 4-H Leaders' Council Vice-President

Plans are moving ahead for the Livestock Symposium to held on Saturday, January 25<sup>th</sup> in the AV district. Watch for more information to come out about this event soon. SAVE THE DATE!

- **Teen Involvement Conference – January 17-19, 2014**

Noel Keller, South Section 4-H Leaders' Council President

Attention LA County Senior members – start planning to attend TIC (Teen Involvement Conference) in January. The South Section 4-H Teen Council is planning the event and details will be available on their teen council webpage. This is a great opportunity to get involved in 4-H above the county level and meet other Southern California 4-Hers.

- **County Judging Day – February 22, 2014**

Noel Keller, LA County 4-H Leaders' Council Vice-President

The LA County 4-H Judging Day is being planned by the SSG District to be held on Saturday, February 22, 2014 at Mt. San Antonio College in Walnut. Mark your calendar for this event.

- **State Fashion Revue – May 31, 2014**

Noel Keller, South Section 4-H Leaders' Council President

The State Fashion Revue will be held on Saturday, May 31, 2014 in Davis. Note that this year the event will not be held on the Memorial Day weekend. Information about this event with its categories and clothing challenges is available on the State 4-H website. The State Fashion Revue will be held again with the State Field Day.

- **State Leadership Conference – August 14-17, 2014**

The SLC 2014 will be held at UC Santa Cruz on August 14-17. “Raiders of the Lost Leadership” is the theme. This 4-H State Leadership Conference brings together high school youth from across California in a four-day leadership training, networking and learning experience. The conference is held at a UC campus and the participants stay in the college dorms. Mark your calendar now for this exciting event.

- **State Record Book Judging**

Noel Keller, County Incentives & Recognition Committee Chair

Two LA County 4-H senior members, Ru Ekanayake and Rachel Kasperson, submitted their records to the State Record Book Recognition Program this year. The judging of the books will occur on the weekend of Dec. 6-8 in Davis. Noel Keller of Los Angeles County was selected to be one of the state judges this year.

- **Help with the LA County 4-H Leaders’ Council – Youth and Adults**

Noel Keller, LA County 4-H Leaders’ Council Vice-President

Now is the time to get involved in planning a fun, educational LA County 4-H program. Join the county leaders’ council as an officer. Experience is not necessary, just an interest in having an enriched program of 4-H activities for our youth. The council only meets four times a year and the meeting locations vary around the county. You are not required to attend all the meetings. You can send in your report, if necessary. **Most council positions can be held by youth/adult partnerships.**

At this time, we have the following open council positions:

**President or Vice President**

**Parliamentarian/Policy Secretary**

**Science Committee Chair**

**Shooting Sports Committee Chair**

**Civics Committee Chair**

**Representative to the Sectional Leaders’ Council (2 adults)**

**Alternate Rep. to the Sectional Leaders’ Council (2 adults and 1 youth)**

**Reporter/Historian**

**Agriculture Committee Chair**

**Leader Support Committee Chair**

**Technology Committee Chair**

At this time, Vice-President Noel Keller is considering running for council President, which would open up the position of Vice-President for this year. Would you be interested in helping in the Vice-President position?

Please contact Noel Keller ([nkeller91711@gmail.com](mailto:nkeller91711@gmail.com)) if you are interested in any of the above vacant offices on the council. We need all the districts represented on the county council. The AV district does not have a volunteer or youth on the council at this time. Remember that senior youth can hold offices on the council. An adult and a senior youth could share a council office. We need you. How would you like to help? There are only three county council meetings left this 4-H year.

- **Tis' the Season -- for Bugs!**

Dawn Fuller, 4-H Program Coordinator



With the holidays quickly approaching, surely you must be thinking fondly of all the great bugs of the world- - King Arthur the Stick Insect, Bubba Jones the Caddis Fly, Madison Brown the May Fly or Earl the Esteemed Ear Wig...NOT! The holidays may *not* remind us of insects, but there are exciting resources available for those who are involved in an Entomology Project, or would like to be. Instead of being frightened of spiders, slugs and wasps—study them!

<http://ucanr.org/news/?uid=1326&ds=191>

UC Davis students along with professor **James R. Carey**, and UC Davis Forensic Entomologist, **Robert Kimsey**, have created a handy on-line guide with 11 video presentation clips (under ten minutes long), to start your own Entomology Project. Topics covered are: Hand Collecting, Using an Aspirator, Ground Collecting, Aquatic, Using Nets, Killing, Pinning, Point Mounting, Labeling Specimens, Spreading and Storage/Display.

This UC Davis Entomology Series is just one of the many thrilling resources provided by UC Davis, and Los Angeles County 4-H is thankful for the “Buggy Tips!”

- **Bring Us A Figgy Pudding!**

Dawn Fuller, 4-H Program Coordinator

Have you ever listened to the holiday tune “**We Wish You A Merry Christmas**” and wondered what in the world Figgy Pudding actually is? The original recipe for Figgy Pudding dates back to the Sixteenth Century in England and usually contained the following: figs, butter, sugar, eggs, heavy cream, nutmeg, allspice, rum, apples, lemons, orange peel, nuts, cinnamon, cloves and ginger. The pudding can be baked, steamed, boiled or fried and is usually blended with a custard. The consistency of Figgy Pudding is more like cake than what you would consider a pudding and really resembles the American version of Bread Pudding. Apart from it’s starring moment in the Christmas Carol “**We Wish You A Merry Christmas**,” **Charles Dickens** evens makes mention of the holiday treat in his time-tested classic, ***A Christmas Carol***.

Figgy Pudding is mainly made during the holiday season, and traditional “Christmas Puddings” are usually filled with plums, nuts, and a variety of dried fruits. Most recipes for Christmas Puddings have been passed from generation to generation, and each family recipe is seen as a source of pride. There is a longstanding tradition of burying a silver coin in the middle of your Christmas Pudding Mix, Figgy, or otherwise. If you were the recipient of this coin, it meant you were to have good luck all year. If you were to bake a gold ring in your Figgy Pudding, whosoever found it would be married in the upcoming year. Other treasures have also had a turn in the mix: thimbles (doomed to a life of spinsterhood) and Victorian charms in the shapes of boots (travel), wishbones (a granted wish), and bells, buttons and horseshoes would bring great luck to you.



Here is a tasty recipe for Figgy Pudding to try for your family and friends this holiday season:

### **Figgy Pudding**

One package of dried figs (10 to 12 ounces). Put them in a saucepan with enough hot water to cover- at least 2 cups. Bring to a boil. Remove from heat. Let sit until soft (a few hours).

Once soft, remove figs from the water and place in a bowl. Save the water, which will already be fragrant, and add a cup of sugar (optional). Bring to a boil and let reduce slightly. Remove from heat. Cool.

Chop up your figs. Chop them fine, but do not pulverize. Do this by hand.

Using a boxed cake mix for carrot cake, follow the directions, but instead of the water they request, use the fragrant sugary water from the figs. (Save the remainder of this water.) Then add oil and eggs as recommended on the carrot cake mix. Add some cinnamon (about 1/2 teaspoon) and a lot of fresh-grated nutmeg (about 1/4 teaspoon). Mix in a food processor. At the end, toss in the fig pieces and beat in a bit. Turn into a bowl and add a bunch of sliced almonds (about 1/2 cup) and some raisins (about 1/3 cup) that have been softened in brandy if you like. Add the grated peel of one orange and a big dollop (1 tablespoon) of marmalade.

Line a big metal bowl (about 4 quarts) with foil. Use enough foil that you will have a big collar around the top of the bowl. Spray the foil with nonstick spray. Pour your cake batter into the foil-lined bowl. Set into preheated 350° oven for 30 minutes, then bring the collar gently over top of cake. Continue for another hour and half. Use a skewer to test (it will come out clean when pudding is done). It will take a while because it is dense.

Remove from oven and cool overnight.

Uncover and overturn onto a big serving platter. Carefully remove foil. The cake will be a mound, its size depending on the depth of your bowl.

To serve, take the reserved fig-and-sugar syrup and add to the above. Heat. Use whipped cream or crème fraîche with each serving. (If your cake is less than perfect to the eye, you can instead quickly frost the cold cake with whipped cream, covering any imperfections, and serve the warm sauce on the side.)

Enjoy!

Recipe courtesy of **Laura Kalpakian** as it appeared in *Good Housekeeping*, December 2004

- **District Responsibilities for County Events**

According to our district rotation chart and our county calendar, districts should be planning county events this year as follows:

County Judging Day – Saturday, Feb. 22 – SSG

County Field Day – Saturday, March 22 – NSG

Leaders' Appreciation event with the county office – Saturday, April 5 – SFV

Lunches for county record book judging – Sept. 20 and Sept. 27, 2014 – AV

- **Don't sit back - STEP UP!!**

4-H has so much to offer youth. There are great sources of information, chances for career exploration, opportunities to work with the latest technology, chances to learn and practice leadership, opportunities to help others and make a difference. All this will not happen if you just sit back and do not become really involved. You have to take ACTION. You have to STEP UP and DO IT! If something is not happening as you had hoped for, perhaps someone needs your help to make it happen or you are not doing your part. With everyone working together, 4-H can really be GREAT! Remember TO MAKE THE BEST BETTER!

- **Hi 4-H**

Each district can have a Hi 4-H program. 4-H members who will be at least 14 years old by January 1, 2014 or who will be in 9th grade and above are eligible for Hi 4-H activities (ROPES, Snow Camp, T.I.C. conference, state leadership conference, etc.). You don't have to attend Hi 4-H meetings to attend the special Hi 4-H events. This year 13 year olds are again invited to attend Hi 4-H activities as guests.

The sectional level Hi 4-H is called the Sectional Teen Council. It meets before sectional 4-H Leaders' Council meetings at Mt. SAC. The Teen Council plans social and educational events, plus runs the T.I.C. conference in January and a food booth at sectional field day in May. Our senior members can be part of the Teen Council. Our senior members can attend their events. Consider being more active on the sectional level. The county level Hi 4-H program will only exist if there is sufficient interest this year. Contact Roy Hillstock at (626) 586-1972 if you are interested in participating in a county level Hi 4-H program.

- **Junior/Teen Leader**

Junior Leaders are 4-H members in the 7<sup>th</sup> and 8<sup>th</sup> grade who help lead a 4-H project. Teen Leaders are 4-H members in 9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup>, 12<sup>th</sup> and above grades who lead a 4-H project. To be a Junior/Teen Leader, the member needs to be enrolled in their club's Leadership Project. They fill out the goals and plans of the first two sections of the Leadership Plan and Report Form, and have the form signed by their Leadership Project Leader and the leader of the project for which they will be a youth leader. While they are a Junior or Teen Leader, they can wear the Junior or Teen Leader patch on their 4-H hat. At the end of the year, they will need to complete the Leadership Plan and Report and have it signed by their Leadership Project Leader and their project leader. They should also complete an Annual Project Report for the Leadership Project.

- **Be a 4-H All-Star**

All-Star is the highest rank that a 4-H member can achieve at the County level. The All-Star award affords 4-H members the opportunity to further develop their leadership skills on a countywide basis. Each year Los Angeles County selects several 4-H members who have applied and are deserving of this rank to become All-Stars. The Los Angeles County 4-H Program expects its All-Stars to contribute to the 4-H Program during the next program year. For more information go to Cooperative Extension's website at:

[http://celosangeles.ucanr.edu/4H\\_Youth\\_Development\\_Programs/Applications/](http://celosangeles.ucanr.edu/4H_Youth_Development_Programs/Applications/)

- **Emerald Star Project**

Any 4-H member who has earned the Gold Star Rank or will be 16 years old by January 1, 2014, they can consider doing an advanced leadership project and earn an Emerald Star for their hat. An Emerald Star Project can be started at any time during the year. Do you have an idea for an activity you could plan and run to benefit the county 4-H program or your community?

For more Emerald Star Program information, call the 4-H office at (626) 586-1972.

- **Leadership Merit Award**

Start planning now to earn a Junior or Teen Leadership award. Think of something to make your leadership special this year. Try something new to bring more interest and enjoyment to your project. Try to expand your leadership beyond the club. For this award, you need to be in the Leadership Project in your club. If your club does not have a Leadership Project, talk with your club leader about starting one. If she has questions about this, have your club leader contact Noel Keller (909-621-2373) or someone on the I&R Committee. You will need to fill out a annual project report for your Leadership Project. You will also need to complete a leadership plan report.

- **Share your 4-H Experiences** - 4-H'ers, share your 4-H experiences by submitting articles to be published in Clover Notes. Articles may include club news, photos, community service projects, and/or anything you or your club would like to share. Submit your articles by the 15<sup>th</sup> of the month to be published in the following month's edition of Clover Notes to Roy Hillstock, [rlhillstock@ucdavis.edu](mailto:rlhillstock@ucdavis.edu).

- **HAPPY HOLIDAYS!!!** - From the LA County 4-H Leaders' Council

- **Dates To Remember in**

**December:**

- 4th- NSG District mtg.
- 6th- Deadline to apply for Camp Youth Directors, Kings and Queens
- 8th- Camp Committee mtg.  
Interviews for Camp Youth Directors, Kings and Queens
- 25th- Merry Christmas
- 31st- New Year's Eve



*The LA County 4-H Staff wish you  
all the best during this holiday season!*

*Keith, Charlene, Jennifer, Roy & Dawn*

# STATE

## FUNDING UPDATES

- **Starbucks Youth Action Grants**

**Deadline: December 15**

The Starbucks Foundation is interested in supporting organizations that equip young people ages 15 to 24 years old - especially those not engaged in employment, education, or training - in business savvy, social conscience, and collaborative communication. They will consider grants between \$10,000 and \$30,000.

More info: <http://bit.ly/1bKhGlz>

- **NSF Releases FY2014 Advancing Informal STEM Learning Solicitation**

Proposals due **January 14th, 2014** and **November 14th, 2014**

The solicitation seeks to advance new approaches to and evidence-based understanding of the design and development of STEM learning in informal environments; provide multiple pathways for broadening access to and engagement in STEM learning experiences; advance innovative research on and assessment of STEM learning in informal environments; and develop understandings of deeper learning by participants. The AISL program supports five kinds of projects: 1) Pathways, 2) Research in Service to Practice, 3) Innovations in Development, 4) Broad Implementation, and 5) Conferences, Symposia, and Workshops.

More info: <http://informalscience.org/nsf-aisl>

- **Sodexo Foundation Youth Grants**

**Deadline: January 31**

Do you know where your next meal is coming from? One in five children in America don't. But this is a problem that can be solved, and kids are a part of the solution. Funding of up to \$500 is available for youth that live in the U.S. to lead projects focused on ending childhood hunger in their communities. Find out how you can help end childhood hunger: [www.YSA.org/grants/sodexoyouth](http://www.YSA.org/grants/sodexoyouth)

- **KaBOOM! Let's Play Engineered Wood Fiber Surfacing Grants and Let's Play Maintenance Grants**

**Deadline: Rolling (Monthly)**

Thanks to generous support from Dr Pepper Snapple Group, KaBOOM! will be awarding grants of \$750 each to communities who wish to top-off their Engineered Wood Fiber safety surfacing or who are working to make their existing playgrounds cleaner, safer and more inviting. The Let's Play Engineered Wood Fiber Surfacing Grant and Let's Play Maintenance Grant are currently available. More info: <http://bit.ly/12zv3lc>

*Please note: University policy requires an Advisor or County Director to submit all grant applications and fulfill the requirements of UC ANR Contracts & Grants. If you plan to apply for any of the following opportunities, please notify the California 4-H Foundation ([aleeland@ucanr.edu](mailto:aleeland@ucanr.edu)) who will review your application prior to submission to ensure that it is as strong as possible.*

## SCHOLARSHIPS & AWARDS

- **Stephen J. Brady STOP Hunger Scholarship**

**Deadline: December 5**

Through scholarship awards, Sodexo Foundation recognizes and rewards students, ages 5-25, who are driving awareness and mobilizing youth to be catalysts for innovative models and solutions to eliminate hunger across the country. The scholarship recipients each receive \$5,000 for their education as well as a \$5,000 grant for the hunger-related charity of their choice. Learn more and apply at

[www.SodexoFoundation.org](http://www.SodexoFoundation.org).

- **2014 Best Intergenerational Communities Awards**

**Deadline Extended: December 6**

MetLife Foundation and Generations United are searching the nation for communities that place immense value on intergenerational connections and quality of life for all. If your community fits that description, apply for the third annual Best Intergenerational Communities Awards program. More info:

<http://bit.ly/GNZpfz>

- **MADD Power of You(th) Video Contest**

**Deadline: December 20**

Enter MADD's Power of You(th) Video Contest by answering the question, "If You Don't Drink Alcohol Today, What Could Your Tomorrow Be?" with a 15-second Instagram video. The contest winner and the school with the most submissions will EACH win \$1,500! Entrants must be U.S. citizens between the ages of 13 and 18. More info: <http://bit.ly/Ag2znC>

- **2014 C-SPAN StudentCam Competition**

**Deadline: January 20**

StudentCam is an annual national video documentary competition that encourages students to think critically about issues that affect our communities and our nation, sponsored by C-SPAN. StudentCam's theme for 2014 is: "A Message to the U.S. Congress: What's the most important issue the U.S. Congress should consider in 2014?" Maximum award: \$5,000, plus \$750 to spend on digital video equipment for his/her school. Eligibility: students grades 6-12, individually or in teams. More info: <http://cs.pn/wo603b>

- **2014 4-H Honey Bee Essay Contest**

Each year the Foundation sponsors an essay writing contest for active (fees paid) members of 4-H clubs across the country. There are cash prizes for the national winners: 1st Place - \$750.00; 2nd Place - \$500.00; 3rd Place - \$250.00. National and state winners receive a book about honey bees, beekeeping, or honey. All essays must be submitted electronically to Eric Mussen, [ecmussen@ucdavis.edu](mailto:ecmussen@ucdavis.edu), and are due on or before **February 15, 2014**. More info and rules: <http://4h.ucanr.edu/files/176473.pdf>

- **Everyday Young Hero Award**

**Deadline: Rolling**

The Everyday Young Hero program highlights one outstanding youth a week that is making extraordinary contributions and commitments to service. Nominations must come from a parent, teacher, or other adult mentor. The Everyday Young Hero award is open to those between the ages of 5-25. Winners receive an announcement in Youth Service America's (YSA) weekly National Serving e-Briefing, a certificate and letter from YSA's President and CEO, a customized press release, and publicity on the YSA's website, Twitter and Facebook accounts. More info: [www.YSA.org/awards/hero](http://www.YSA.org/awards/hero)

- **Daily Point of Light Award**

**Deadline: Rolling**

The power of the individual to spark change and improve the world - that's what the Daily Point of Light Award celebrates. Nominate a local hero for a Daily Point of Light Award. Winners get formally recognized by Points of Light, a media advisory sent to their community, a certificate signed by President George H. W. Bush - and a bit of the world's spotlight. More info: <http://bit.ly/15XKMSI>

## DATES & DEADLINES

- **4-H Shooting Sports Workshop - Pistol Discipline**  
**Saturday, January 4, 2014 – 8:00 a.m. – 4:00 p.m.**  
**Sunday, January 5, 2014 – 8:00 a.m. – 12:00 p.m.**  
Fresno County Peace Officer Range, 7633 N. Weber, Fresno, Ca.

A 4-H shooting sports workshop for the pistol discipline will be held at the Fresno County Peace Officer Range, 7633 N. Weber, Fresno, Ca. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as a level 1 pistol instructor and can lead a pistol project. The cost for this course is \$30.00 to cover the instruction binder each participant will receive. Participants will need to bring their own eye and ear protection and are encouraged to bring their own .22 rim fire pistol and/or own air pistols if they have them. To register for the course or receive more information, contact Sammy Ashworth at [sdashworth@gmail.com](mailto:sdashworth@gmail.com) or (559) 707-0755. (This course is not open to 4-H leaders from Santa Cruz County). Please fill out and bring this form: <http://4h.ucanr.edu/files/2123.pdf>

[Connect on Facebook:](#)

<https://www.facebook.com/pages/Fresno-County-Peace-Officers-Association/101825493227619>

<https://www.facebook.com/pages/California-4-H-Shooting-Sports/359716147438695>

- **LCORT: Leadership Conference of Regional Teens**  
**January 24-26, 2014**  
LCORT is the South Central Section's Leadership Conference for members in grades 7-9. The heart of the conference is a series of workshops presented by high school-age members from the leadership teams in the 12 member counties. This year's event will be held on **January 24-26, 2014** at Wonder Valley Conference Center in Sanger (Fresno County), CA. Workshop application materials have been sent to county staff and are available on the LCORT web page of the CA 4-H website. Registration packets, LCORT 2015 Youth Chair applications, and other materials are also available on the web. Please direct questions or comments to LCORT Coordinator Pauline Smoke at [lcort.coordinator@yahoo.com](mailto:lcort.coordinator@yahoo.com).
- **4-H Archery Leader Certification**  
**February 1, 2014 – 9am-5pm**  
**February 2, 2014 – 9am-12pm**  
33 Browns Valley Road Corralitos, CA  
**Registration due Friday, January 17th**

If you have an interest in sharing your archery skills with youth, how about becoming a 4-H Archery adult volunteer or teen leader. There will be a 4-H archery leader certification training held February 1st & 2nd in Corralitos, CA (near Watsonville). The class will be offered Saturday, February 1st, 9 AM – 5 PM, and Sunday, February 2nd, 9 AM- 12 noon, at the Corralitos Community Center, 33 Browns Valley Road, Corralitos, in Santa Cruz County. This class is being hosted by Santa Cruz County 4-H. You must become a 4-H adult volunteer or member and attend both days to receive certification to teach archery at the project, club and camp levels. The course will include a PowerPoint lecture, review of equipment, practice shooting and teaching and a written test. The cost is \$35 per person to include a resource binder, and Saturday breakfast & lunch and Sunday breakfast. Junior and teen leaders are invited but must attend with an adult. If you are already a certified volunteer archery leader and would like to become a trainer, contact Jeanne at 530-524-7278 or email [mtlassenlover@gmail.com](mailto:mtlassenlover@gmail.com) to discuss options.

To register, please complete and mail the "CA 4-H Shooting Sports Training Request and Registration Form" available at <http://4h.ucanr.edu/files/2123.pdf> and an adult or youth 4-H medical release form and a \$35 check payable to "Santa Cruz County 4-H Council" and mail to UCCE, 1432 Freedom Blvd., Watsonville, CA 95076. **Registration is due Friday, January 17th and space is limited.** For more information call Stephanie at 831-763-8015 (Mondays & Wednesdays only) or email her at [sfontana@ucanr.edu](mailto:sfontana@ucanr.edu) or contact Jeanne at the contact information above.

- **2014 California Camping Conference**

**March 21 – 23, 2014**

Boulder Creek, CA

The California Camping Conference inspires ideas and innovation and helps camp administrators create fun, safe, and rich learning experiences for both campers and camp staff. Sponsored by the University of California 4-H Youth Development Program, the weekend offers staff, volunteers and youth opportunities to develop their capacity as leaders in their local camp programs.

You will...

- Add new, fun, educational activities to your program
- Better understand how to work with campers, teen staff and adult volunteers
- Learn how to market and recruit campers and teen staff
- Network with others who share your passion for camp
- Come away with practical tools to increase the safety, fun and growth for campers and staff

Conference workshops include:

- Understanding and dealing with difficult behaviors
- New science, engineering and technology (SET) activities for camp: shelter building, first aid and safety, creating cookouts and overnight adventures
- Working with chaperones and other adult volunteers
- Project Learning Tree and more “green” ideas
- Our campers Thrive activities
- Important steps for camp health and safety compliance
- Archery certification
- And more!

**Registration fee by February 1st is \$140 per person (\$150 by March 7th)** and includes meals, lodging, and all conference materials. The conference begins at 7:00 p.m. Friday, ending just before lunch on Sunday. Suggested participants include camp directors, youth leadership team, camp volunteers and 4-H staff members. Archery Certification is an additional \$35 and the 12-hour course and precludes other workshop sessions. For a copy of the brochure or to register online, visit:

<http://4h.ucanr.edu/Programs/Camps/Conference/>

**FOLLOW US ON FACEBOOK & TWITTER!**

[www.facebook.com/CA4HCamping](http://www.facebook.com/CA4HCamping)

[www.twitter.com/CA4HCamping](http://www.twitter.com/CA4HCamping)

- **Western Region Leaders' Forum**

**March 27-30 at the Crowne Plaza** located in downtown **Billings, MT.**

Join Montana 4-H as they welcome the Western Region Leaders' Forum to Billings in March 2014. Agents, staff and volunteers are hard at work planning a conference that will help you to “Discover the Past. Present. Possibilities of 4-H”. Participants will enjoy a first class conference facility and hotel accommodations, national speakers, local entertainment and over 60 informational workshops.

WRLF is an exciting time to network with peers from across the region sharing ideas and building relationships to carry 4-H into the future. More info: <http://4h.ucanr.edu/files/175016.pdf>

**Registration is now open!** <http://wrlf2014.com/registration>

- **Hosting a Qualifying show?**

Register your show here: <http://ucanr.edu/qualifying-shows> for it to be considered a qualifying show for the 2014 California Horse Classic.

Criteria for a Qualifying Show:

- Show verified by county
- Up to 3 shows per county
- Each horse show must be registered
- The Horse Show must offer the same classes that are offered at the State 4-H Classic (they may offer more if they choose too)
- Show must be before June 3rd, 2014
- Management of each show is required to send show results to Sarah Watkins at the State 4-H Office

Results can be sent via email to [spwatkins@ucanr.edu](mailto:spwatkins@ucanr.edu).

- **Looking for a Qualifying Horse show for the 2014 California 4-H Horse Classic?**

Visit [http://4h.ucanr.edu/Programs/Events/Horse\\_Classic/Equine\\_Qualifier\\_Events/](http://4h.ucanr.edu/Programs/Events/Horse_Classic/Equine_Qualifier_Events/) to find a Horse Show near you!

- **Save the Date - State Field Day on May 31, 2014**

UC Davis Campus

Find more information here <http://ucanr.edu/4hstatefieldday>

- **California State Fashion Revue is May 31, 2014** at Olson Hall on the UC Davis campus. This year our SFR community service projects are Drawstring Bags for Foster Kids and Walker Bags for Seniors. We are working on these projects all year and look forward to having a lot of support from all of our counties.

*Drawstring Bag Pattern:* Free Online Pattern at

<http://oces.okstate.edu/creek/family-and-consumer-sciences/patterns/Pattern%204-H%20Laundry%20Bag.pdf>

*Walker Bag Patterns:* Free Online Pattern at [http://www.bucketsgonewild.com/free-walker-](http://www.bucketsgonewild.com/free-walker-tote.htm)

[tote.htm](http://www.bucketsgonewild.com/free-walker-tote.htm). There are also commercially produced patterns available for purchase at fabric stores including Simplicity 2822 and 2382.

Check out the State 4-H website for information about the State Fashion Revue categories and get an early start on your projects for your county fashion revue submissions:

<http://4h.ucanr.edu/Programs/Events/SFD/SFR/>

- **SLF 2013** Celebration Complete! The work has just begun.

What a great way to celebrate the 100th anniversary of California 4-H! A huge thank you to the delegates who helped make SLF 2013 a very extraordinary occasion. It was powerful greeting and meeting leaders and staff from all over the state. We should feel like we now have an even larger extended 4-H family.

Thank you to the SLF Committee for your time, effort, suggestions, creativity, endurance, work, patience, dedication, encouragement, support and concern to make this event happen. It was a real TEAM effort. A special thank you to the speakers and presenters who gave us food for thought and sent us home with some positive information and techniques to use in our counties.

Best Wishes for your "after SLF 2013" endeavors. May you be all charged up from the SLF weekend.

Now it is time to put **SLF 2014** on your calendar. The date is **Nov. 14 – 16, 2014** at the Crowne Plaza Sacramento. Look for 'Innovative Project Idea Sharing' coming soon to the [SLF website](#). Chair: Cindy Dixon [cin\\_mom@sbcglobal.net](mailto:cin_mom@sbcglobal.net)

### POSITIVE YOUTH DEVELOPMENT

- **California 4-H Youth Development**

- ***Get Connected and Plugged In to Positive Youth Development!***

- California 4-H has several ways to connect with us online to get up-to-the-minute updates on information affecting 4-H statewide. Don't rely on urban legend or information to pass through the grapevine—get the information as it happens and from the horse's mouth. Here is a list of the ways you can connect with us online:

- **Website:** <http://4h.ucanr.edu>
    - **4-H Online Record Book** (yes every registered adult volunteer and every youth ages 9 and older has an Online Record Book account): <http://4h.ucanr.edu/4hbook/>
    - **Facebook:** <https://www.facebook.com/california4H>
    - **Twitter:** <https://twitter.com/California4H>
    - **YouTube:** <http://www.youtube.com/user/California4h>
    - **Pinterest:** <http://pinterest.com/california4h/>
    - **Blog:** <http://4hvolunteercafe.wordpress.com/>
    - **Instagram:** <http://instagram.com/ca4h>
    - **California 4-H Future's Task Force Facebook page:**  
<https://www.facebook.com/groups/148321398700801/>
    - **Webpage:** [http://4h.ucanr.edu/Administration/4-H Futures Task Force/](http://4h.ucanr.edu/Administration/4-H_Futures_Task_Force/)

We will be continuing to provide virtual opportunities for you to connect directly with us at the State Office through these social media outlets.

- **iThrive Leadership Project Curriculum has a SET Focus for the 2013-14 Program Year**

- Are you looking for ways to continue to develop 4-H members ages 12 and up in effective leadership skills? iThrive takes the principles of positive youth development and organizes them in a fun and engaging way to develop the leadership skills of our 4-H youth. Each module of this year's curriculum links one or more scientific and engineering practices to a Thrive concept. These eight essential practices are those used every day by scientists and engineers in their work.

The accompanying iChampion Adult Volunteer Leader Guide provides an easy to follow resource to make project leaders successful in using this curriculum. Using the experiential learning cycle, iThrive provides opportunities for youth to realize their true and full potential and shows them how they can help their peers do the same. The curriculum is free and available to any project leader of a leadership project. To find out more about Thrive, check out the state website at <http://4h.ucanr.edu/About/Thrive/>. **If you are interested in bringing Thrive into your leadership project for the 2013-2014 program year, contact your county office to find out how you can get started.**

- **iDevelop**

- iDevelop is our virtual platform for professional development. The purpose of iDevelop is to provide deeper learning around the principles of positive youth development and to assist 4-H staff and volunteers in creating and sustaining healthy environments for our 4-H members to reach their full potential. For a description of the trainings offered and access to them, click on the following link:  
[http://4h.ucanr.edu/Resources/Volunteers/4-H Thrive Resources/4-H Thrive Virtual Trainings/](http://4h.ucanr.edu/Resources/Volunteers/4-H_Thrive_Resources/4-H_Thrive_Virtual_Trainings/).

- **4-H Volunteer Café**

Are you a club or project leader who is tired of doing the same old activities month after month? Maybe you need something designed just for you to be encouraged and encourage your own personal growth. The 4-H Volunteer Café is a place designed just for you providing encouraging and thought-provoking articles of how the principles of positive youth development translate into your 4-H experience, it offers tons of resources for you as a 4-H volunteer that you can use immediately in your meetings and gives you a place where you can contribute your own experiences and challenges. To check out the 4-H Volunteer Café, use the following link: <http://4hvolunteercafe.wordpress.com/>.

- **4-H Online Record Book (ORB) Opportunities**

Have you checked out the 4-H Online Record Book lately? Did you know that there are over 6000 users across the state using ORB to complete their record books? Did you know that 4-H members in EVERY county are using ORB? To find out what is fact and what is fiction about ORB, check out the ORB MythBusters on our website at <http://4h.ucanr.edu/files/176241.pdf>

- **ORB Internet Café**

The ORB Internet Café is provided to give staff and volunteers both individualized and group instruction on using California 4-H's Online Record Book System. The café is designed as a 3-hour workshop that combines presentation, hands-on practice and group discussion. Participants will need to bring a laptop or tablet with them to the café. The following topics will be covered\*:

- Overview of the Features & Functions in the Online Record Book (Record Book, Social Media, Evaluation)
- Navigating the forms in the Online Record Book (PDR, APR, 4-H Story)
- Project & Club Leader Functions and Approving Forms
- Myth busters—unravelling some of the myths concerning ORB and its use.

To bring this training to your county, please fill out the following request form.

<http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=9591>. Counties are responsible for covering the travel and lodging cost of the trainer for this event.

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\*Logging into the Online Record Book will not be covered in this training, please work with your county office prior to the training to secure your login information for the Online Record Book if you currently have not accessed the system.

- November 2013 4-H History Newsletter

[http://4-hhistorypreservation.com/Newsletter/PDF/4HHPP Newsletter v04 n10 2013-11.pdf](http://4-hhistorypreservation.com/Newsletter/PDF/4HHPP%20Newsletter%20v04%20n10%202013-11.pdf)

## **HEALTHY LIVING**

- **#4hwaterwed**

Each Wednesday the California State 4-H Office will post a resource or fun fact about water on our Facebook and Twitter. Be sure to repost using #4hwaterwed.

For more information on the importance of hydration and ideas for your club visit:

[http://4h.ucanr.edu/Projects/HealthyLiving/Water For Better Living/](http://4h.ucanr.edu/Projects/HealthyLiving/Water%20For%20Better%20Living/)

- **DRINK UP: LAUNCHING A CAMPAIGN TO DRINK MORE WATER**

The First Lady, Partnership for a Healthier America, and actress Eva Longoria teamed up to launch a new campaign to drink more water. Drinking water is one of the easiest ways to improve overall health! Check out the interactive link: <http://www.youarewhatyoudrink.org/>

- Sesame Street Characters to Promote Fresh Fruit and Vegetable Consumption to Kids**

As part of First Lady Michelle Obama's Let's Move! initiative, Mrs. Obama joined Sesame Street's Elmo and Rosita on October 30, 2013 to announce that Sesame Workshop and the Produce Marketing Association (PMA) joined the Partnership for a Healthier America (PHA) in a two-year agreement to help promote fresh fruit and vegetable consumption to kids, making those healthy choices a little easier for busy parents and families to make. The agreement allows PMA's community of growers, suppliers and retailers to utilize the strength and influence of the Sesame Street brand without a licensing fee, using characters like Big Bird, Elmo, Rosita and Abby Cadabby to help deliver messages about fresh fruits and vegetables. Sesame Street characters may be on produce in stores as early as mid-2014. The announcement comes on the heels of the first ever White House convening on food marketing to children, during which Mrs. Obama called on stakeholders to leverage the power of marketing to promote healthy products and decrease the marketing of unhealthy products to kids. More info: <http://www.whitehouse.gov/the-press-office/2013/09/18/remarks-first-lady-during-white-house-convening-food-marketing-children>
- Your Holiday Food Safety Shopping List**

It's time to prepare for a holiday that's safe and not stressful! In a few weeks, you'll be busy with recipes and relatives. Prepare for the holidays now by stocking up on the basic food safety items you'll need using the Food Safety Shopping List. From kitchen clean-up to leftover storage, this list ensures you will be fully stocked to Fight BAC!® and keep your family and visitors food safe over the holidays. For recipes, tips and tricks to stay food safe! More info: [www.holidayfoodsafety.org](http://www.holidayfoodsafety.org)
- FREE Pin For Newly Elected Healthy Living Officers!**

Congratulations! California has nearly 50 newly elected Healthy Living Officers! The Healthy Living officer will serve as the club's ambassador for health! By choosing to elect a Healthy Living officer your club is taking an active role in promoting healthy lifestyles. The Healthy Living officer will be the leadership for all health activities including: providing ideas on how to incorporate physical activities and healthy eating into each club meeting, write Healthy Living articles for the club newsletter, and adopting and promoting a club Wellness Plan. Please help ensure that the health "H" of 4-H is at the forefront of all our meetings, consider electing a Healthy Living officer!

The Choose Health Officer Guide developed by Cornell University Extension can be found at: <http://4h.ucanr.edu/Resources/Publications/>

\*To receive your FREE Healthy Living Officer pin please email the name of your officer and club to Anne Iaccopucci at [amiaccopucci@ucanr.edu](mailto:amiaccopucci@ucanr.edu)
- Educating the Student Body: Taking Physical Activity and Physical Education to School**

Physical inactivity is a key determinant of health across the lifespan. A lack of activity increases the risk of many diseases. Emerging literature has suggested that in terms of mortality, the global population health burden of physical inactivity approaches that of cigarette smoking. Read more at: [http://www.nap.edu/catalog.php?record\\_id=18314&utm\\_medium=email&utm\\_source=The%20National%20Academies%20Press&utm\\_campaign=NAP+mail+new+11.05.13&utm\\_content=web&utm\\_term=](http://www.nap.edu/catalog.php?record_id=18314&utm_medium=email&utm_source=The%20National%20Academies%20Press&utm_campaign=NAP+mail+new+11.05.13&utm_content=web&utm_term=)

## **CITIZENSHIP/LEADERSHIP**

- Save the date! California Focus is June 13-17, 2014**

California Focus is a unique citizenship educational experience that combines hands-on participation in workshops, debates and simulations with speakers, tours, fun activities and new friends from across California.

- **Citizenship Washington Focus**

**June 22-28, 2014**

Citizenship Washington Focus (CWF) is a week-long 4-H citizenship program for youth ages 14-19 that takes place at the [National 4-H Youth Conference Center](#), just 1 mile from the Washington, DC border.

Every summer, thousands of young people participate in the program, which provides opportunities for them to:

- Strengthen their communication, leadership, and citizenship skills on a national level
- Understand the importance of civic and social responsibilities as they relate to the development of better citizens and leaders
- Exchange ideas, practice respect, and form friendships with other youth from diverse backgrounds
- Experience hands-on learning using the historical backdrop of Washington, DC.

For more Information <http://www.4hcenter.org/youth-conference-center-overview/educational-programs/citizenship-washington-focus/about/>

**Additional optional travel dates:**

- **June 29-July 3, 2014 –Destinations to include Historical Gettysburg, PA, Philadelphia, PA and more!  
Registration will be open December 1, 2013.**
- **New for 2014- Leadership Washington Focus**  
Leadership Washington Focus (LWF) is a 4-H leadership program for youth entering grades 7 through 9. The program will take place at the National 4-H Youth Conference Center, just 1 mile from the Washington, D.C. border. For more than 50 years, thousands of 4-H'ers have participated in our high school program, Citizenship Washington Focus and now we are happy to introduce its precursor for middle school 4-H'ers. For more information visit <http://www.4hcenter.org/youth-conference-center-overview/educational-programs/leadership-washington-focus/about/>. If your county has members interested in participating contact Jenna Colburn at [jcolburn@ucanr.edu](mailto:jcolburn@ucanr.edu).
- **State Leadership Conference August 14-17, 2014** U.C. Santa Cruz  
*"Raiders of the Lost Leadership"*  
The 4-H State Leadership Conference brings together high school youth from across California in a four-day leadership training, networking, and learning experience. **Check our website, Facebook, Twitter & Instagram for updates and exciting announcements!**
- **California 4-H \$1,000 for 1,000 Service Learning Projects**  
2013/2014 *Revolution of Responsibility* Application Deadlines:
  - January 15, 2014*
  - March 15, 2014*
  - May 15, 2014*
  - July 15, 2014*
  - September 15, 2014*
  - November 15, 2014*

<http://4h.ucanr.edu/Support/RofR/>

## **SCIENCE, ENGINEERING, and TECHNOLOGY (SET)**

- **American Geophysical Union Family Exploration Stations**  
**December 8, 2013, 1:00pm – 5:00pm**, San Francisco Moscone South Rooms 103-104  
<http://fallmeeting.agu.org/2013/events/exploration-station/>  
This event is free and open to the public. Participants make their way through an average of 20-30 exhibits offering a variety of easy, family friendly, hands-on activities and an opportunity to interact one-on-one with scientists, engineers, and education specialists.
- **The Real World Design Challenge**  
<http://www.realworlddesignchallenge.org/>  
**Challenge issued October 10, team registration due December 20.**  
An annual aviation design competition for teams of high school students. The Challenge is FREE for students and teachers. And each teacher that signs up a team will receive professional engineering software as well as access to mentors from industry, government, and academia. The top team in each state will win an all-expenses-paid trip to Washington, DC.
- **Agricultural Innovation Prize**  
<http://www.agprize.org>  
**Submission deadline is February 28th, 2014.**  
The contest was developed to encourage cutting-edge technology in agricultural and food systems. It strives to connect various sectors and disciplines in an effort to better address the challenges of the 21st century. These challenges include bringing our food, climate and social systems within a safe operating space. It hopes to identify ways to achieve food security while keeping us within sound environmental boundaries. The Ag Prize seeks students who are interested in transforming global food systems into one that facilitates sufficiency and resilience. This transformation will occur with the increased awareness and attention of the next generation of leaders, unbridled by any number of constraints. The Agricultural Innovation Prize is run in cooperation with the United States Department of Agriculture.
- **4-H Million Trees**  
<http://www.4hmilliontrees.org/>  
The Eco-Company TV show segment on the 4-H Million Trees Project / Woodside High School Green Academy tree planting event at Huddart Park was aired nationally. It is now available to view online at <http://www.eco-company.tv/video/planting-redwoods>
- **New National 4-H Curricula: Exploring Beef Health and Husbandry**  
<http://www.4-hmall.org/Product/4-hcurriculum-beef/exploring-cattle-health-and-husbandry/08455.aspx>  
Grades 5 - 8  
This curriculum is designed as the guide for a project facilitator. The activities and background information in this curriculum will help youth develop the requisite knowledge and skills associated with raising and showing beef cattle. Activities are youth centered and include opportunities for the application of knowledge and skills at three different levels of experience: beginner, intermediate, and advanced.

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**4-H All Stars:**

***Ru Ekanayake, PVP 4-H Club***  
***Sallie DeYoung, San Fernando Valley 4-H Club***

**Jr. All-Stars:**

***Katherine Cao, Pomona Valley 4-H Club***  
***Kiran Ekanayake, PVP 4-H Club***  
***Daniel Espinosa, Harbor Lights 4-H Club***  
***Jessica Fint, SFV 4-H Club***  
***Rachel Klose, PVP 4-H Club***  
***Ivory MacCracken, PVP 4-H Club***  
***Megan Okamoto, Pomona Valley 4-H Club***  
***Zella Roth, PVP 4-H Club***  
***Wesley Rich, PVP 4-H Club***  
***Alexa Sutter, PVP 4-H Club***  
***Megan Tahbaz, PVP 4-H Club***  
***Julius Treadwell, Pomona Valley 4-H Club***  
***Dryden Unszusz, PVP 4-H Club***  
***Shannon Chen, PVP 4-H Club***  
***Julie Sylvest, PVP 4-H Club***  
***Michelle Sylvest, PVP 4-H Club***  
***Charmine McClain, Pomona Valley 4-H Club***

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**Los Angeles County, 4-H Youth Development Staff:**

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Send an email to [Roy.Hillstock](mailto:Roy.Hillstock) requesting to "unsubscribe from the LA County Clover Notes".

Los Angeles County 4-H Office, 4800 E. Cesar E. Chavez, Los Angeles, CA 90022, (323) 260-3854