



December 2015

If you have any questions or suggestions about the Clover Notes, please call Roy Hillstock at (626) 586-1972 or email at rlhillstock@ucanr.edu. We welcome submissions, especially for Club News. Please submit articles by the 15th of the month to be posted in the following months' edition.

Contact the [Los Angeles 4-H Youth Development Office](#) or (626) 586-1972. For upcoming dates, please visit the [4-H Calendar](#). We look forward to continuing to serve you and your 4-H needs.

POLICY

4-H Policy and Information Update December 2015

As we approach the new year and reflect on the current year's accomplishments let us remember the value of the 4-H program has to the lives of 4-H members all throughout Los Angeles County. Through the 4-H program leaders have given amazing gifts to youth. They have given friendship, guidance, support, wisdom and yes, love. Taken together, these gifts represent providing a sense of belonging (one of the 4-H Essential Elements).

Researchers have determined that youth learn best when given the supports and opportunities to learn in a safe place and space. That is, the emotional and physical environment has to be a place where the well-being of youth matters and is validated by caring adults (belonging). The language used, the arrangement of the physical space and the activities offered validate youth (belonging). Belonging suggests that youth feel welcomed and that they are a part of something meaningful, supportive and safe. Belonging gives youth a sense of mutual commitment to an ideal of community that 4-H fosters.

Think about Belonging each time you engage a 4-H member in a project activity, help a youth prepare a speech or demonstration or welcome a new family to the program. Going forward into the new year, give special consideration to the essential element of belonging. Continue to make belonging an important part of the 4-H experience and give youth that sense of connection to something greater than themselves.

CLUB

- **Macy 4-H Photography**

Macy 4-H Communications Committee

This year, we are continuing Photography in our 4-H Club. Photography is led by our APL (Adult Project Leader), Mr. Lazaro, and our JPL (Junior Project Leader), Arek Terjimanian. The students in Photography take pictures and meet weekly to critique the photos. This club also participates in competitions. We also have a new position in 4-H, which is the Historian. The Historian takes pictures of all the events that we participate in.

Every Thursday when we meet, the members bring pictures that they have taken throughout the week. Sometimes, the APL will ask the students to take pictures outside in the garden. The photos are then projected onto a screen where students discuss and critique them. The purpose of our discussions is to inspire members to take more pictures that reflect their imagination.

Throughout this school year, Photography will be competing in six different competitions. There will be two competitions held by the Macy Intermediate School PTA and the Montebello Unified School District. Members will also participate in the Field Day competitions sponsored by 4-H. The school year will end with the students competing in the Los Angeles County Fair. Those who place in each category will be awarded pins, ribbons, and medals.

In addition to weekly meetings and competitions, we have started a new position. Enrique Morales has been chosen to be the Macy 4-H Historian. He will be in charge of taking pictures of all the exciting events that we will be a part of this year. He will also store them in a safe place so that the different projects will have access to them.

Overall, the Macy 4-H Photography Club is making great progress! Students are motivated to produce well edited pictures and are excited to participate in the various competitions. With the new position of Historian, the club will be able to capture every moment at all the events that we attend.

- **Palos Verdes Peninsula (PVP) 4-H Club Hike**

Dee Keese, PVP Club Leader

The Palos Verdes Peninsula 4H Club recently enjoyed a beautiful Breakfast Hike in the San Gabriel Mountains. It was a five mile hike through waterfalls, streams and beautiful fall colors. Breakfast over Coleman Stoves was enjoyed after the hike.



DISTRICT

- **District Rotation Chart for County Events for 2015-2016**

Roy Hillstock, 4-H Staff

Need information on an upcoming district or county event? Take a look at our [District Rotation Chart](#) on the 4-H Website to find out which district is in charge.

COUNTY

- **Get Some Great Ideas From South Section Leaders – January 9, 2016**

Noel Keller, South Section 4-H Leaders' Council President

The South Section 4-H Leaders Council will meet on Saturday, January 9th at 10am at the Ag Science Complex at Mt. San College in Walnut. Come and find out what is happening in southern California and state 4-H. Our youth representative to the council Camille Norczyk will be reporting on our Los Angeles County 4-H events. Our other representatives to the Sectional council are Dee Keese, Judylynn Pelling, Carrie DeYoung, Noel Keller and Rick Herbert. There are so many interesting 4-H events happening in southern California. Some are open to members from other counties. Some events we could try setting up in LA County. For more information on the South Section Council, go to the council website at: <http://4h.ucanr.edu/Resources/Volunteers/Councils/Sectional/South/> for meeting dates, agendas, minutes and sectional event details. For additional information about south section information or directions to the meeting, contact Noel Keller (nkeller91711@gmail.com).

- **[Teen Involvement Conference](#) – January 15-17, 2016 – Register NOW!**

Noel Keller, South Section 4-H Leaders' Council President

Attention LA County Senior members – start planning to attend TIC (Teen Involvement Conference) in January at Pathfinder Ranch in San Bernardino County. This three day youth leadership conference offers opportunities for 4-H youth to grow through a series of educational workshops, team building activities, motivational speakers, section level youth leadership possibilities, community service and more. The theme this year is “004H – iSpy”. Morgan Ulrich is the Youth Conference Director and Kelly Dowlan is the Adult Conference Director. The South Section Council is planning the event and details are now available on their TIC webpage. This is a great opportunity to get involved in 4-H above the county level and meet other Southern California 4-Hers. 4-H teens from all the sections in the state are welcome to attend. Early bird registration of \$120 is due by **Dec. 12**, normal registration of \$140 is due **by Jan. 3**, and then late registration is \$160. TIC was selected as a 2014 Golden Award Winner for Special Events and Activities. Plan to come in January. Mark your calendar. Register now! For more information contact Kelly Dowlan at landshark311@gmail.com.

- **Los Angeles County 4-H Livestock Symposium**

Roy Hillstock, Computer Resource Specialist

Los Angeles County 4-H Livestock Symposium will be held on January 23, 2016 at the Antelope Valley Fairgrounds ([2551 W. Avenue H, Lancaster, CA](#)). There will be various livestock speakers providing on-hand demonstrations and answering questions. More information will be available on the [LA County 4-H website](#).

- **Junior Leadership Conference – January 30, 2016**

Roy Hillstock, Computer Resource Specialist

4-H'ers who are interested in becoming the future leaders and who are looking to meet new people, come join us at the 2016 Junior Leadership Conference. Junior Leadership Conference is scheduled to be held at Cabrillo Youth Center (3000 Shoshonian Drive, San Pedro) Saturday, January 30, 2016. Come sharpen your talents and discover new abilities to share with others. Additional information will be available soon and sent out via January Clover Notes and Office Updates. Keep a look out!

- **LA County Leaders' Council Meeting – January 30, 2016**

Noel Keller, LA County 4-H Leaders' Council Vice-President

The next LA County 4-H Leaders' Council meeting is Saturday, January 30 at 10am at Cabrillo Youth Center (3000 Shoshonian Drive, San Pedro). All 4-H volunteers, leaders and senior members are welcome to attend. We need the ideas, suggestions and comments from everyone to make our 4-H program great and effective for our youth. If you are unable to attend this meeting, but have comments or suggestions that you want shared at this meeting please contact Council President Dee Keese (swimdude64@earthlink.net).

This will be a very important meeting for discussing our county 4-H events for the remainder of the year. Don't miss this opportunity to be part of the planning of our 2015-2016 LA County 4-H program year. The agenda for this meeting will be sent out in January and will be available on the county council page on the LA County 4-H website.

This meeting is being held on the day and at the same location as the Junior Leadership Conference this year.

- **[LA County 4-H All Star Ambassador Application](#)**

Roy Hillstock, Computer Resource Specialist

The 2016-2017 Los Angeles County 4-H All Star Ambassador Application is available on the on the county website. County All-Star Ambassador is the highest rank that a 4-H member can achieve at the county level. The All-Star Ambassador Award affords 4-H members the opportunity to further develop their leadership skills on a county-wide basis. Applications are due March 3, 2016. For more information go to: http://celosangeles.ucanr.edu/4H_Youth_Development_Programs/Applications/.

- **State Fashion Revue – May 28, 2016**

Noel Keller, South Section 4-H Leaders' Council President

The State Fashion Revue will be held on Saturday, May 28, 2016 in Davis. Information about this event with its categories and challenges is now available on the State 4-H website. The State Fashion Revue will be held again with the State Field Day. South Section Fashion Revue and County Fashion Revue will have the same categories as state.

- **South Section Healthy Living Summit**

Noel Keller, South Section Council President

The first South Section Healthy Living Summit was held on October 11 at Mt. SAC. It was a fun and educational event that included sessions on body image, dance, cyber security, yoga, snacks and nutrition. LA County senior member Ru Ekanayake proposed organized and ran this sectional event. We thank Ru for all her efforts to make this event happen and congratulate her for such a successful event.

- **State Leaders' Forum 2015 – “4-H: Keepin' It Fresh”**

Noel Keller, South Section 4-H Leaders' Council President

The State 4-H Leaders' Forum, hosted by the South Section 4-H Council, was held in San Diego at the Crowne Plaza Hotel on November 6, 7 and 8. The theme this year was “4-H - Keepin' It Fresh”. LA County leaders who attended this fun and informative event included Dee Keese, Rick Herbert, Judylynn Pelling, Noel Keller, Shannon Penicks and Amanda Penicks. Macy 4-H Club member Xavier Cruz attended as a member of the South Section Short Circuit Crew giving technical support to the event. The Forum offered workshops, make-it-and-take sessions, discussions on important 4-H issues and time for networking with leaders from across the state. This year each attendee had a secret pal who gave its pal leader encouragement throughout the event. The Forum was an opportunity to be inspired, strengthen our vision for the future of 4-H and refresh our 4-H commitment!

- **Officer Books for County Recognition**

Noel Keller, LA County Incentives and Recognition Committee Chair

Information for the county 2015-2016 Officer Book Recognition Program is up on the county website. Now is the time for your club officers to be planning to create an officer book for their 2015-2016 club officer work. Officer books are evaluated for President, Vice-President, Secretary, Treasurer, Historian/Memory Book, Reporter and Other Officer (all other club officers, such as Facilities Officer, Supplies Officer and Host/Hostess). All the club officers have a chance to earn a gold Officer Book medal for their club officer work. Look for the information about this recognition program on the county 4-H website under [APPLICATIONS](#).

- **Plan Ahead - Start Your Records Now**

Noel Keller, LA County Incentives and Recognition Committee Chair

The 2015-2016 4-H year is moving forward. Decide what your goals are in 4-H for this year. Use the Member Planning Sheet found under FORMS on the county website to record your plan for the year. During the year, look at your plan and see how you are doing.

Record your 4-H activities as the year goes along. Don't wait until July to record what you did in 4-H. If you wait, you will probably forget some of your accomplishments. The 2015-2016 Record Book ID Form and guidelines are now on the county website under [APPLICATIONS](#). A new 2015-2016 Record Book Manual has been released by the state so be sure to reference this manual and use its forms for your records this year. If you have any questions, please contact a member of the county I&R Committee or Noel Keller (nkeller91711@gmail.com).

- **Reminder - Use The Correct Forms For 4-H Record Keeping**

Noel Keller, LA County 4-H Leaders' Council Vice-President

Members should be recording their 4-H activities on the forms from the new 2015-2016 Record Book Manual or using online 4-H record keeping. Be careful not to use old forms and instructions from prior years. Check that printed forms have been copied from the current Record Book Manual.

Enter your 4-H activities as the year goes along so you don't forget anything. Don't wait until July to start your 4-H record keeping for this year.

- **Open Positions On The LA County 4-H Leaders' Council - Youth and Adults**

Noel Keller, LA County 4-H Leaders' Council Vice-President

Now is the time to get involved in planning a fun, educational LA County 4-H program. Join the county leaders' council as an officer. Experience is not necessary, just an interest in having an enriched program of 4-H activities for our youth. The council only meets four times a year and the meeting locations vary around the county. You are not required to attend all the meetings. You can send in your report, if necessary. **Most council positions can be held by youth/adult partnerships.**

At this time, we have the following open council positions:

Parliamentarian/Policy Secretary	Agriculture Committee Chair
Leader Support Committee Chair	Reporter/Historian
Science Committee Chair	

Please contact Noel Keller (nkeller91711@gmail.com) if you are interested in any of the above vacant offices on the council. We need all the districts represented on the county council. The AV district does not have a volunteer or youth on the council at this time. Remember that senior youth can hold offices on the council. An adult and a senior youth could share a council office. We need you. How would you like to help? There are only three county council meetings left this 4-H year.

- **[LA County 4-H 2015-2016 Calendar](#)**

Roy Hillstock, 4-H Staff

LA County Field Day has been changed to March 19, 2016. The original date conflicted with Easter weekend. Please mark your calendars accordingly. We apologize for any inconvenience.

- **2015-2016 4-H Program Year**

Roy Hillstock, 4-H Staff

The 2015-2016 Program Year started July 1, 2015. All 4-H members must re-enroll to participate in 4-H. This is especially important for those 4-H members participating in fairs and other summer months activities. For members graduating out of the program that will be finishing up their projects and/or going to fair need not re-enroll. The 4-H Fees have increased for the coming 2015-2016 program year. **The fees are \$38 per youth and \$14 per adult.** The 4-H Online Enrollment Website is: <https://california.4honline.com>. If you have any problems enrolling, please contact me at (626) 586-1972.

- **Share your 4-H Experiences**

Roy Hillstock, 4-H Staff

4-H'ers, share your 4-H experiences by submitting articles to be published in Clover Notes. Articles may include club news, photos, community service projects, and/or anything you or your club would like to share. Submit your articles by the 15th of the month to be published in the following month's edition of Clover Notes to Roy Hillstock, rhillstock@ucanr.edu.

- **Dates To Remember in**

December

- 2nd NSG District Meeting
- 4th Deadline to apply for Summer Camp Youth Directors – Kings & Queens
- 6th Summer Camp Interviews for Youth Directors, Kings & Queens
- 25th Merry Christmas
- 31st Happy New Year

January

- 2nd Summer Camp Staff Training Day for Directors, Kings & Queens
- 6th NSG District Meeting
- 8th Howse Bowl Quiz #1
- 9th Shoot Competition #1
Adult & Youth Sectional Meeting
- 15th Teen Involvement Conference (TIC)
- 18th Martin Luther King Holiday
- 21st SSG District Meeting
[SGV Fair Meeting](#)
- 23rd Livestock Symposium
- 25th AV District Meeting
- 26th [Incentives & Recognition Meeting](#)
- 30th Junior Leadership Conference State Leaders' Forum – 11/6-8
County Council Meeting

STATE

DATES & DEADLINES

- 12/1/2015 [#GivingTuesday - 4-H Giving Confidence](#)
- 12/1/2015 [2016 Washington Focus Chaperone Applications & References due](#)
- 12/6/2015 [4-H Day at Oakland Raiders](#)
- 12/15/2015 [2016 Citizenship Washington Focus registration deadline](#)
- 12/15/2015 [2016 Leadership Washington Focus registration deadline](#)
- 2/13/2016 [South Central Section Leaders Council Meeting](#)
- 2/20/2016 [North Central Section Council Meeting](#)
- 3/19/2016 [4-H Small Animal Science Showmanship & Field Day](#)
- 5/21/2016 [South Central Section Leaders Council Meeting](#)
- 5/28/2016 [4-H State Field Day](#)
- 7/10/2016 [2016 Citizen Washington Focus-Heritage Trail](#)
- 7/11/2016 [2016 Leadership Washington Focus](#)
- 7/16/2016 [2016 Citizenship Washington Focus-Global Journey](#)
- 11/4/2016 [Mindfulness Retreat](#)

Additional State Updates can be found at: <http://4h.ucanr.edu/News/Calendar/>

4-H All-Stars:

Holly Whipple, Westside 4-H Club
Ru Ekanayake, PVP 4-H Club
Camille Norczyk, Greenleaf 4-H Club
Jessica Fint, SFV 4-H Club
Meghan Tahbaz, PVP 4-H Club
Abigail Wright, Greenleaf 4-H Club

Jr. All-Stars:

Katherine Cao, Pomona Valley 4-H Club
Kiran Ekanayake, PVP 4-H Club
Rebecca Klose, PVP 4-H Club
Megan Okamoto, Pomona Valley 4-H Club
Zella Roth, PVP 4-H Club
Wesley Rich, PVP 4-H Club
Alexa Sutter, PVP 4-H Club
Julius Treadwell, Pomona Valley 4-H Club
Shannon Chen, PVP 4-H Club
Julie Sylvest, PVP 4-H Club
Michelle Sylvest, PVP 4-H Club
Rebecca Klose, PVP 4H Club
Sara Conlon, PVP 4H Club
Catherine Nunley, PVP 4H Club
Lilliana Brown, PVP 4H Club
Ashlyn Spaziano, Greenleaf 4-H Club
Elizabeth Wright, Greenleaf 4-H Club
Katie Hsu, PVP 4-H Club

2015-2016 LA County 4-H Leaders' Council Officers:

President: Dee Keese
Vice President: Noel Keller
2nd Vice President (youth position): Camille Norczyk
Secretary: Judylynn Pelling
Treasurer: Mary Lash and Johanna Stewart
Reporter/Historian:
I&R Committee Chair: Noel Keller
Agriculture Committee Chair:
Science Committee Chair:
Home Economics Committee Chair: Carrie DeYoung
Healthy Living Committee Chair: Meghan Tahbaz (youth)
Parliamentarian/Policy Secretary:
Leader Support Committee Chair:
Shooting Sports Committee Chair: Dee Keese
Publicity Chair (proposed new office): Peter Michel
Fundraising Committee Chair (proposed new office):
Civics Committee Chair: Ru Ekanayake (youth)
Technology Committee Chair: Mike Lopez
Representative to the Sectional Council (adult): Judylynn Pelling
Representative to the Sectional Council (adult): Carrie DeYoung
Representative to the Sectional Council (adult): Dee Keese
Representative to the Sectional Council (adult): Rick Herbert
Representative to the Sectional Council (youth): Camille Norczyk
Alternate Rep to the Sectional Council (adult): Dennis DeYoung

Los Angeles County, 4-H Youth Development Staff:

Dr. Keith C. Nathaniel, County Director, (626) 586-1970, kcnathaniel@ucdavis.edu

Dawn Fuller, Los Angeles 4-H Coordinator, (626) 568-1980, dafuller@ucdavis.edu

Charlene Moore, Antelope Valley 4-H Coordinator, (661) 974-8826, moore@ucdavis.edu

Roy Hillstock, Computer Specialist, (626) 586-1972, rlhillstock@ucdavis.edu

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Los Angeles County 4-H Office, 4800 E. Cesar E. Chavez, Los Angeles, CA 90022, (323) 260-3854