

- Emergency Preparedness  
Enrique Morales, Ambassador, Macy 4-H Club

When it comes to the safety of your family, no shortcuts should be taken. There are important precautions that should be taken to secure your family's well-being. This month, I will focus on the importance of emergency cards in natural disasters. The purpose of an emergency card is to keep important information in a secure location so that you can access it without your device, or electricity. For example, it can be useful to have a parent's phone number in your wallet or phone case, so that if your device isn't working, you can reach them from another device. Important information to include in an emergency card include emergency contacts and addresses, family phone numbers, allergies, and healthcare provider. This card may also come in useful if you are found unconscious by authorities. Knowing your allergies and healthcare provider may help determine what treatments you can receive at a nearby hospital. Emergency cards aren't a valid source of ID, so it is still important to keep identification on your person at all times. With these precautions, you'll be able to keep in contact with your family and friends in unexpected events.