

4-H

UNIVERSITY OF CALIFORNIA - COOPERATIVE EXTENSION

# CLOVER NOTES

LOS ANGELES COUNTY 4-H YOUTH DEVELOPMENT



## December 2019

For additional 4-H information please see the [Los Angeles County 4-H Youth Development website](#) or contact the Los Angeles County 4-H Office at 626.586.1972 (Alhambra) / 661.974.8826 (Lancaster).

Previous editions of Clover Notes can be found [here](#)

[Download the 2019-2020 4-H Calendar](#)

[4-H Events/Activities](#)   [4-H Applications/Awards](#)   [Healthy Living](#)   [4-H Announcements/Results](#)

[Los Angeles County Leaders' Council Information](#)

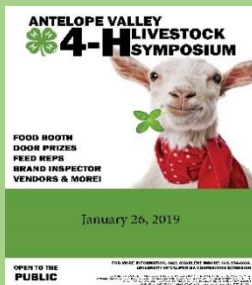
### Los Angeles County 4-H All-Star Ambassadors

Anissa Foster - Greenleaf 4-H Club  
Enrique Morales - Macy 4-H Club  
Nicoleen Yunker - Palos Verdes Penn. 4-H Club

### Los Angeles County 4-H Junior All-Stars

The Junior All-Star Program is a non-competitive leadership program targeting youth in 8<sup>th</sup> through 11<sup>th</sup> grades or 13 and older.

## Hot Topics



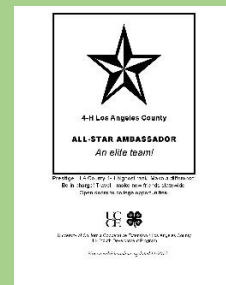
[Livestock Symposium](#)



[Judging Day](#)



[State Ambassador](#)



[County Ambassador](#)

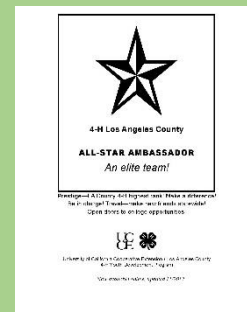
## [Apply to Become a State Ambassador](#)

The 4-H State Ambassador position is one of the highest service opportunities and recognition attainable in the University of California 4-H Youth Development Program. Applications due by January 6, 2020.



## [L.A. County All-Star Ambassador](#)

All-Star Ambassador is the highest rank that a 4-H member can achieve at the county level. The All-Star Ambassador award affords 4-H members the opportunity to further develop their leadership skills on a county-wide basis. Applications are due February 14, 2020



## [Livestock Symposium - 1/26/2019](#)

Come join us listen to specialist give advice on best practices on animal care and husbandry. For more information click the link above.



## [4-H Judging Day-2/26/19](#)

4-H Judging Day is a countywide event where 4-H'ers learn to develop and apply their critical thinking and decision-making skills. See [LA County 4-H website](#) for more information.



## [Hot Tea](#)

Kaylin Kwan, Macy 4-H Club, LA County 4-H Youth Healthy Living Chair

With winter approaching, individuals often turn towards various warm beverages to block out the cold weather. One drink that not only keeps you warm, but also has many health benefits, is tea. Proven to actually improve health, drinking tea is also a flavorful way of getting fluids into your body.

[Continue reading here](#)

## [Emergency Preparedness](#)

Enrique Morales, County Ambassador, Macy 4-H Club

Did you know that if a fire starts in your home you may have as little as two minutes to escape? During a fire, early warning from a working smoke alarm plus a fire escape plan that has been practiced regularly can save lives. [Continue reading here](#)

## Emma Smith, Agoura 4-H Club Reporter

At the Agoura 4-H, November general meeting, the members learned about a local veteran, Justin Fleming. Mr. Fleming said he enlisted in the Marine Corps, right after he graduated from high school.



Mr. Fleming graduated bootcamp, on September 21, 2001. He was enlisted for a total of 6 years. Four of those years were reserve, and the other 2 years were active duty. During, Mr. Fleming's active duty, he served in Iraq. Mr. Fleming brought many tools and equipment to show the club. He brought his fatigues, his boots, his pack, his dog tags, his stamp kit, MREs and many other items. Mr. Fleming said that MREs taste awful. Mr. Fleming graduated from the Marine Corps as a Corporal. What makes Mr. Fleming extra special is he is a leader of two projects in our club, Outdoor Adventure and Shooting Sports and he is a dad to two of our members, Eva and Freddy. Thank you to all veterans, and Happy Veterans Day!

## 4-H Returning Volunteer Training Webinar - Continuing Leaders Only

Continuing 4-H Leaders, have you completed the required Returning Volunteer Training? If not, take advantage of this is a statewide option to participate in the required training for Returning Volunteers. Participants should be Adult Volunteers who are starting their second year of service or more with no breaks in service. The training is Dec 9, 2019 06:00 PM. It takes about 30 minutes to complete. Just click on the link below, register and you will be sent a link to join the training.

Register at: [https://ucanr.zoom.us/webinar/register/WN\\_8bLAUD7VTDS3ET9LISKUIQ](https://ucanr.zoom.us/webinar/register/WN_8bLAUD7VTDS3ET9LISKUIQ)

## 4-H New Volunteer Training Webinar - New Leaders Only

New 4-H Leaders, have you completed the required Volunteer Training? If not, take advantage of this is a statewide option to participate in the required training for New Volunteers. Participants should be Adult Volunteers who are starting their first year or those who had a break in service. The training is Dec 16, 2019 06:00 PM.

Register at: [https://ucanr.zoom.us/webinar/register/WN\\_IG6o09mXSd-vVpFz93iydw](https://ucanr.zoom.us/webinar/register/WN_IG6o09mXSd-vVpFz93iydw)

## 2020 4-H Leadership Washington Focus Conference - July 26 - July 31, 2020



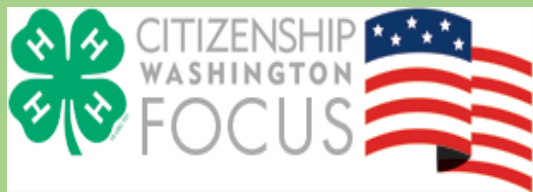
Leadership Washington Focus (LWF) is a National 4-H leadership conference for **youth ages 12-14**. Youth can exchange ideas, practice respect, and form friendships with other 4-H'ers from across the nation. Youth ages 12 to 14. Delegates must be at least 12 years of age by time of travel

to participate. *You do not have to be a current 4-H member to participate.* Please contact us at [ca4hwashingtontofocus@ucanr.edu](mailto:ca4hwashingtontofocus@ucanr.edu) if you are not a current 4-H member.

**Registration and deposit deadline: December 15, 2019**

Limited Space Available - spots may fill up before the deadline

## Citizenship Washington Focus - Registration Open



Citizenship Washington Focus is an educational conference for youth ages 15 to 19. Delegates must be at least 15 years of age by time of travel to participate. Hosted at the National 4-H Center near Washington, D.C, it gives youth the opportunity to explore, develop, and refine the civic engagement skills they need in order to become outstanding leaders.

Through tours in the living classroom of Washington, D.C. and hands-on educational workshops, youth will learn about the history of our nation, the leaders who have shaped it, and how they can apply their enhanced leadership and citizenship skills to issues in their own community. For more information go to: [http://4h.ucanr.edu/4-H\\_Events/WF/](http://4h.ucanr.edu/4-H_Events/WF/)

## Plan Ahead.. Start Your Records Now

Noel Keller, LA County Incentives and Recognition Committee Chair

The 2019-2020 4-H year is moving forward. Decide what your goals are in 4-H for this year. Use the [Member Planning Sheet](#) to record your plan for the year. During the year, look at your plan and see how you are doing.

Record your 4-H activities as the year goes along. Don't wait until July to record what you did in 4-H. If you wait, you will probably forget some of your accomplishments. [The 2019-2020 Record Book ID Form and Guidelines](#) and [2019-2020 Record Book Manual](#) are available on the LA County 4-H website for your records. If you have any questions, please contact a member of the county Incentives and Recognition (I&R) Committee or Noel Keller ([nkeller91711@gmail.com](mailto:nkeller91711@gmail.com)).

## Junior and Teen Leader Merit Award

Reminder - If you want to apply for a Junior or Teen Leader Merit Award for this year's work, you need to also be in a Leadership project this year. If your club does not have a Leadership Project, talk to your Club Leader about starting one. If your Club Leader has questions about this, please have them contact Noel Keller ([nkeller91711@gmail.com](mailto:nkeller91711@gmail.com)).

## Los Angeles County 4-H Emerald Star Program

The Emerald Star is an award given to a 4H member for planning and implementing an advanced leadership activity. Emerald Star is separate from any star rank. Emerald Star is not a 4-H rank. It has been designed to encourage members to plan and execute a goal outside the member's Community Club. The Emerald Star is for experienced 4-H members who have been in 4-H for at least two years and are at least 13 years old, as of Dec. 31st of the current program year. Each Emerald Star application will be evaluated for its value to the LA County 4-H Program, value to the community, practicality and feasibility.





## Diamond Clover Awards -

The California Diamond Clover is the highest achievement for which a 4-H youth member and young adult volunteers are recognized. All youth members and young adult volunteer who achieve the requirements are eligible to receive this award.



Awardees receive the California Diamond Clover Pin or Necklace Charm, a certificate and a recognition letter from the 4-H Statewide Director.

Applications are accepted year-round. Applications are reviewed by the 4-H Incentives and Recognition Advisory Committee and awarded quarterly.

## Get to know 4-H



[Definition of common 4-H terms](#)



[Star rankings meaning and how to achieve them](#)



[Guide for developing hands-on activities](#)



[4-H Guide for ALL families in California](#)

## Important Dates:

December 13 [Shooting Sports-Rifle discipline certification](#)

December 14 [Shooting Sports-Western Heritage Leader Training](#)

December 25 Merry Christmas

December 31 Happy New Year

January 10-12 [California 4-H Youth Summit-Bay/Coast](#)

January 17-19 [California 4-H Youth Summit-Southern](#)

January 24-26 [California 4-H Youth Summit-Central](#)

January 25 -

Visit the [LA County 4-H Calendar](#) for additional upcoming events.

Visit the [State's 4H News & Calendar](#) for State 4H information and deadlines.



100% of your donations to the California 4-H Foundation support 4-H in California

[Donate Today](#)

## Check out Los Angeles County 4-H's Social Media Sites



Follow California 4-H on social media for the latest updates on 4-H in California.



**Facebook**

[@California4H](#)

[@CaPrograma4H](#)

(Spanish)



**Pinterest**

California4H



**Twitter**

@California4H



**YouTube**

California4H



**Instagram**

@ca4H

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