

**Los Angeles County 4-H Virtual Field Day**  
**Entry Forms**

**ENTRY BY VIDEO FORM - #1**

**Demonstration, Illustrated Talk, Speeches and Engineering or Science Presentation**

**ENTRY BY VIDEO FORM – #2**

**Interpretative Reading, Educational Display Talk, Share the Fun Skit, and Cultural Arts**

**ENTRY FOR ZOOM PERFORMANCE - #3**

**Interview Contest, Impromptu Speaking (State Format and County Format), and County Extemporaneous Speaking**

**NOTE:**

4-H LEADERS: Please find attached three entry forms for LA County 4-H Virtual Field Day events. Please have your members use the appropriate form for their entry category. This year, members must register for all categories in advance, including Impromptu Speaking and Extemporaneous Speaking. Your club needs to provide an adult to help at the event. Please complete the 4-H Club Registration Form and send it with your club members' entry forms to Amy Lockmann by 9pm on March 1, 2024 (NOT a Postmark Date)

Entry Limit - In May 2016, the LA County Council voted to limit the number of events for a member at County Field Day as follows: "A member is limited to 4 entries in the morning competitions, excluding Impromptu Speaking, Extemporaneous Speaking, Cultural Arts and Share the 4-H Fun Skit." Please check that your members are observing these limits. Morning activities include demonstration, speeches, illustrated talks, interpretative readings, educational display talks, and science or engineering presentations.

**PRE-REGISTRATION IS REQUIRED FOR ALL EVENTS**

Registration forms must be received (NOT postmarked) by 9pm on March 1, 2024.

Late Registration: No late registration this year. Send entry forms (and Interview Contest resumes and cover letters plus YouTube video URL) to:

Amy Lockmann  
28232 Foothill Drive  
Agoura Hills, CA 91301  
or agoura4h@yahoo.com

Anyone unable to participate in County Field Day after registering **MUST** call Amy Lockmann, 818-335-2329

(1/20/24)



**LOS ANGELES COUNTY 4-H FIELD DAY**  
**ENTRY BY VIDEO FORM #2**  
**INTERPRETATIVE READING, CULTURAL ARTS,**  
**EDUCATIONAL DISPLAY TALK, SHARE THE 4-H FUN SKIT**

Skit Name (if applicable) \_\_\_\_\_  
Name/s \_\_\_\_\_  
Address \_\_\_\_\_  
City/Zip \_\_\_\_\_  
Phone # \_\_\_\_\_  
Email \_\_\_\_\_  
Current year in school \_\_\_\_\_  
Year in 4-H \_\_\_\_\_  
Age as of Dec. 31, 2023 \_\_\_\_\_  
Club Name \_\_\_\_\_  
Club Leader contact information: \_\_\_\_\_  
Use back of form if you need to provide more information

\_\_\_\_\_ **Interpretative Reading**

Reading Title \_\_\_\_\_  
Author \_\_\_\_\_  
Please check division  
\_\_\_\_ Primary (ages 5-8) \_\_\_\_\_ Junior (ages 9-10)  
\_\_\_\_ Intermediate (ages 11-13) \_\_\_\_\_ Senior (ages 14-19)  
Video ("unlisted" mode for YouTube) URL Link (if available at entry time) \_\_\_\_\_

\_\_\_\_\_ **Educational Display Talk**

Title of Display \_\_\_\_\_  
Video ("unlisted" mode for YouTube) URL Link (if available at entry time) \_\_\_\_\_  
Please check division  
\_\_\_\_ Junior (ages 9-10) \_\_\_\_\_ Intermediate (ages 11-13) \_\_\_\_\_ Senior (ages 14-19)

\_\_\_\_\_ **Cultural Arts Performance** \_\_\_\_ individual or \_\_\_\_ group # of Performers \_\_\_\_\_

Title \_\_\_\_\_  
Type of act (dance, song, etc.) \_\_\_\_\_  
Video ("unlisted" mode for YouTube) URL Link (if available at entry time) \_\_\_\_\_

\_\_\_\_\_ **Share the 4-H Fun Skit** Number of participants \_\_\_\_ Enter their names above

Title of Skit \_\_\_\_\_  
Leader for the skit: Name \_\_\_\_\_ Phone number \_\_\_\_\_  
Video ("unlisted" mode for YouTube) URL Link (if available at entry time) \_\_\_\_\_

My child has permission to submit an Entry By Video and I understand the rules and responsibilities of this type of entry.

Parent / Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_  
(1/20/24)

**LOS ANGELES COUNTY 4-H FIELD DAY  
ENTRY BY ZOOM ROOM PERFORMANCE FORM - #3  
INTERVIEW CONTEST  
IMPROMPTU SPEAKING  
EXTEMPORANEOUS SPEAKING**

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City/Zip Code \_\_\_\_\_  
Phone # \_\_\_\_\_  
Email: \_\_\_\_\_  
Current year in school: \_\_\_\_\_  
Age as of Dec. 31, 2023: \_\_\_\_\_  
Year in 4-H \_\_\_\_\_  
Club Name \_\_\_\_\_  
Club Leader Name \_\_\_\_\_  
Club Leader Contact Information \_\_\_\_\_

**Interview Contest on zoom from 1:00 - 3:00pm on Sunday, March 10**

\_\_\_\_\_ Interview Contest - yes, I want to compete in this category

Job Title \_\_\_\_\_

Age division \_\_\_\_\_

Your interview cover letter and resume are due to Amy Lockmann by 9pm on March 13

**Impromptu Speaking Competition on zoom from 2:00 - 4:30pm on Sunday, March 10**

\_\_\_\_\_ Impromptu Speaking – yes, I want to compete in this category

Check one - State Format or County

Format Age division \_\_\_\_\_

**Extemporaneous Speaking Competition on zoom from 2:00 - 4:30pm on Sun., March 10**

\_\_\_\_\_ Extemporaneous Speaking – yes, I want to compete in this category

Senior members only

This entry form is due to Amy Lockmann by 9pm on March 1, 2024.

## **Los Angeles County 4-H Field Day Guidelines**

### **Presentation/Demonstration/Illustrated Talk**

**OBJECTIVES:** 4-H presentations are short demonstrations wherein the 4-H member shows particular skills or knowledge that has been learned in the member's current 4-H project(s). Their purpose is twofold: (1) To develop the member; and (2) teach appropriate and accurate subject matter, utilizing effective methods. Some presentations may be illustrated talks rather than demonstrations, depending on the nature of the subject. Both are judged alike.

**SUBJECT MATTER:** The subject matter should be appropriate for the age and experience of the member and pertain to a project that the member(s) is/are currently enrolled in. The presentation should have an interesting approach and show knowledge of the subject matter. Remember, methods may vary.

**DIVISIONS:** There will be four divisions: PRIMARY (ages 5-8), JUNIORS (ages 9-10), INTERMEDIATE (ages 11-13) and SENIORS (age 14 and over). Presentations will be divided into two groups, individual and team. Age is as of December 31 of the current 4-H program year.

**TIME LIMITS:** The general state time limit guidelines for Presentations/Demonstrations is 3-15 minutes. The County suggests the following: PRIMARIES are allowed 4-5 minutes. JUNIOR & INTERMEDIATE Presentations should be 5-12 minutes. SENIOR Presentations should be 7 - 12 minutes. Time limits do not include questions following the presentation.

**TEAMS:** A team consists of two or three members. Teams with members from different age divisions will be judged in the highest division. Team members can be from different clubs but not from different counties. Individual and Group Determined Projects must be registered and approved by the County 4-H Office.

**EVALUATING PRESENTATIONS:** The evaluating (score) forms are available on the county 4-H website for your review. It is similar to the form that will be used for evaluating at the Region and State, but you should go to the Southern Regional Field Day website for further information about the region form and the State Field Day website for further information about the state form.

**QUESTIONS:** There will be no questions asked after a presentation, since the presentations are virtual.

**NUMBER OF PRESENTATIONS:** No member may compete more than once in a presentation category at this event. A member can do an individual presentation or a team presentation. However, a member may also enter the other types of categories but, is limited to 4 entries, such as Prepared Speaking, Interpretive Reading, Interview Contest, Educational Exhibit Talk and/or Impromptu Speaking contests.

**EQUIPMENT AND SUPPLIES:** All equipment and supplies needed for the presentation will be provided by the presenter(s). It is requested that all work on the presentation be done by the presenter(s). Posters, slides, filmstrips, overhead, etc. may be used in the presentation.

**PROBLEMS OR CONCERNS:** Controversial questions in regard to any part of the contest will be handled by the 4-H Advisor and Chairperson in charge of the event. EVALUATORS' DECISIONS ARE FINAL. Errors in totaling scoring points can be submitted for award correction consideration.

**RESTRICTIONS:** Although general subject matter may be duplicated, the actual presentation may not have been given at a prior event by another individual or at a prior COUNTY competition by the individual competing at present.

**VISUAL AIDS:** Visual aids should be easily read and understood. Each presentation should include some form of visuals; such as poster, objects, models, animals, etc. Any unusual or controversial visual aids should be discussed and OK'd by the Chairperson or the Advisor.

**REFERENCES:** Sources of information should be included in the summary to direct the audience to further information.

**NOTES, CARDS, ETC.:** Use of notes, cards, papers, etc. are not allowed. A presenter should be familiar enough with their presentation to only require their posters or other visuals for prompting.

**OPENING & CLOSING STATEMENTS:** Although the "standard" opening and closing statements are acceptable, creativity in this area is encouraged.

**APPEARANCE:** Neatness and cleanliness are more important than actual attire. The 4-H uniform is not mandatory. There are presentations that are actually enhanced by different attire. An example would be clothing presentations involving color, etc.

**PRESENTATION & TECHNIQUE:** Presentations and presentation techniques are important in evaluating. For additional information review the California 4-H Presentation Manual (Jan. 28 version) online at: <http://4h.ucanr.edu/files/220608.pdf>

## LA County 4-H Field Day Primary Events

### **Primary Presentation:**

1. This is a Learning experience for Primary Members
2. Pre-registration is required
3. Primary members are 5-8 years of age as of December 31 of the 4-H program year
4. Presentations will not be judged, but will be critiqued
5. Members will receive a certificate with a participation seal
6. Suggested length of prepared presentation is 4 to 5 minutes
7. Primary members may enter a demonstration, an illustrated talk, a speech or an interpretive reading.

### **Primary Cultural Arts**

***Purpose*** - This is a category for primary member groups to present their cultural arts skills in the areas of Share the Fun Skit or Cultural Arts performance.

***Participation*** - Only groups of primary members are permitted. No individual entries.

1. Skits should be related to 4-H
2. Time Limit: maximum of 10 minutes to include set-up, performance and takedown
3. Adults may not be involved in the set-up, performance or takedown of the entry. One non-primary coach may be on the stage or in the side-wings during the performance.
4. The entry will not be judged or critiqued
5. This category is offered to mature Primary members who can perform in front of a large audience on a stage

## **LA County Impromptu Speaking (with random topics)**

1. This year, pre-registration is required for this event. Registration will be taken on a first come, first serve basis. *This varies from the Impromptu Speech (State Format) in that the topics are random and not from a published list of specific topics.* This year, you can register for Impromptu Speaking – State Format or County format, but not both.
2. Junior and Intermediate participants will have a choice of a 4-H related subject or a general subject. Seniors will have a choice of two general subjects. Preparation time will be 5 minutes.
3. Junior and Intermediates should speak from 1.5 to 2 minutes. Seniors should speak from 2.5 to 3 minutes. A reminder sign will be posted to tell the speaker of the remaining time: 30 seconds, 15 seconds, and stop.
4. One note card may be used and will be provided at the time your topic is selected. Key ideas rather than complete sentences might help you maximize the use of the card.
5. This public speaking category does not exist at the regional or state presentation days.
6. This year, the County Impromptu Speaking will be run in a zoom room from 2-4:30pm on Sunday, March 10. Registered participants will be informed about the zoom room link, room instructions and their performance time by an email by 9pm on March 8.

## **LA County Extemporaneous Speaking Contest:**

1. For Senior 4-H members (14 years old and above) only
2. Pre-registration is required on a first come, first serve basis.
3. Time limits: Minimum – 1.5 minutes, Maximum – 3 minutes.
4. Topics – 4-H related or general subject.
5. This public speaking category does not exist at the regional or state presentation days.
6. This year, the County Extemporaneous Speaking will be run in a zoom room from 2:00-4:30pm on Sunday, March 10. Registered participants will be informed about the zoom room link, room instructions and their performance time by an email by 9pm on March 8

Webster defines –extemporaneous as – composed, performed, or uttered on the spur of the moment – delivered without notes or text. What is an extemporaneous speech? It is a short informal speech given on a topic provided to you for which you have no preparation time. Participants will be given the topic as they are introduced and come to the podium. The offering of topics may be 4-H related or a general subject to be determined by the planning committee. Extemporaneous speaking is different than an Impromptu Speech. With an impromptu speech, you are allowed up to 5 minutes to prepare. With an extemporaneous speech, no preparation time is given. This is a real-life experience preparation because so often we are asked to speak or respond to a specific situation, topic, or problem with no preparation time. Time Limits: Minimum of 1.5 minutes and not to exceed 3 minutes. A reminder sign will be posted to tell the speaker of the remaining time: 30 seconds, 15 seconds, and stop.

## **Share the 4-H Fun Skits & Cultural Arts**

1. Share the 4-H Fun Skits should be club skits and are not limited to specific number of participants.
2. Skits should be related to 4-H.
3. Cultural Arts presentations may be either an individual or a group presentation. Individual and Group presentations are not evaluated separately. In the past, Song Leading was a separate category, but now it is included in the Cultural Arts category.
4. All blue and gold award performances will be eligible to compete at Regional Presentation Day.
5. Neither of the above may exceed 15 minutes in length for performance. Stage set up and take down not to exceed 5 minutes in length. Adults not permitted to assist on stage before, during or after. Exceeding the time limit does not result in disqualification but will be considered when evaluating the performance.
6. No Primary members may compete.
7. Costumes, props, decorations, and other visual aids are encouraged, but no title card is necessary.
8. No posters are required. No note cards may be used. No questions may be asked after the performance.
9. Performances may but are not required to include audience participation.
10. The sound & visual parts of the presentation should be clear to the audience.
11. Participants must provide and set up any needed audio-visual equipment.
12. A participant should introduce the performance and its purpose.
13. A 4-H skit must consist of at least two people.
14. Remember that there is limited space in some venues so not all venues have enough space for large backdrops or dancing groups.

### **ENTRY BY VIDEO instructions**

#### **General Filming Instructions and Guidelines**

1. On your video, you should try to simulate the environment of county field day. The evaluators will view your video once and then complete their score sheet.
2. For privacy and security, only introduce yourself with your first name on the video. Do not mention or display your full name or any personal contact information.
3. Record only one category (i.e. Junior Demonstration – individual) per video.
4. Use a simple, non-distracting background for the presentation/speaking area.
5. Keep the filming simple. Set up the video camera in a stationary position, centered in front of the presentation/speaking area. Film as one continuous shot with no breaks. Editing of your video is not allowed. (Considering the width of the performance area for cultural arts and skits, some flexibility for these entries will be allowed in the filming. Check with Noel Keller if you have questions about this.)
6. Film the performance as follows:



## **Format of file**

- Approx. 10 seconds title page (including Club, County & Entry title, not name)
  - Film a close up of all poster boards and props that might not be clear or readable using your camera at the normal shooting distance
  - Film set up of presentation area by member(s)
  - A brief, verbal introduction by another person is optional
  - Film demonstration/science or engineering presentation/speech/talk
- THIS IS YOUR ENTRY TO BE EVALUATED**
- Do not film a question period
  - Film take down of presentation area by member(s)
1. Title the video as follows: Indicate the Entry Title, Category (i.e., Jr – Demo) and 4-H Club
  2. Upload the entry video to YouTube, set the video mode to “unlisted”, copy the URL of the video, and email your name, entry category, club name and video URL to Amy Lockmann, [agoura4h@yahoo.com](mailto:agoura4h@yahoo.com) by 9pm on Monday, March 11. If you are unable to do this YouTube entry method, please contact Amy Lockmann by March 8 to see if another entry method can be arranged.
  3. If your Entry by Video earns a Blue or Gold award at County Field Day, you will be eligible to go on to Regional Presentation Day and compete with the same entry live (in person) in a zoom room.

After April 10, you may take down your video from YouTube.

Contact Amy Lockmann at [agoura4h@yahoo.com](mailto:agoura4h@yahoo.com) if you have questions about this entry category.

Take note that the categories for Entry By Video were expanded due to the need to be virtual this year. Entry by Video returns to its original options of just speeches, demonstrations, talks and science or engineering presentations next year.

## Interview Contest

### **What is an Interview Contest?**

The Interview Contest is a Public Speaking contest that gives members an opportunity to practice the real-life skill of applying for a job. The contest involves a set of fictitious jobs for each age group that members can apply for. To enter the Interview Contest the member must:

- Pick one of the jobs listed in your appropriate age category (please see below).
- Develop a resume of real-life experiences (education, work, activities, etc.) that demonstrate your qualifications for the job selected.
- Write an accompanying cover letter for your resume.
- Email your resume and cover letter to Amy Lockmann by 9pm on Monday, March 8
- Prepare for the interview.
- Participate in an actual interview where you will be evaluated on key interview elements.

Members are encouraged to review the tips, interview questions, judging rubrics and supporting materials provided in the California State 4-H Interview Contest Manual. This manual is a complete guidebook containing rules, procedures and helpful hints for a successful interview. Appropriate dress includes 4-H uniform or attire appropriate for a job interview as outlined in the Interview Contest Manual.

**Eligibility:**

Any Junior, Intermediate or Senior 4-H member may participate in the 4-H Interview Contest. Age as of December 31 of the current 4-H program year:

- Junior: 9-10 years old
- Intermediate: 11-13 years old
- Senior: 14-19 years old

**Jobs for Interview:** The participant should select one of the jobs available for their age level. The list of available 2024 jobs is found on the county website.

**Resources:**

The California 4-H Interview Contest Manual can be found at <https://ucanr.edu/sites/sfd/files/318455.pdf>

The list of the Job Descriptions for the 2024 Interview Contest can be found on the LA County 4-H website.

Competition at the state level for this category does not require receiving a Blue or Gold award at a lower level (county or regional).

**Los Angeles County 4-H Field Day Evaluating (Score) Sheets**

When preparing and practicing your field day entry, it is helpful to know what the evaluators will be evaluating and judging. The score sheets or evaluating sheets for County Field Day entries can be found on the LA County 4-H website.