VEGETABLES AND HERBS

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Native to the Americas
Artichoke
Asparagus
Asparagus Bean
Yard-Long Bean
Basil

Green

Opal

Purple Ruffles

Thai
Bean
Beet
Black-Eyed Peas
Bok Choy
Borage
Boysenberry
Broccoli
Brussels Sprouts
Cabbage
Cactus: Nopales, Tuna
Carrot
Celery
Chard
Chayote
Chives, Garlic Chives
Cilantro (herb), Coriander (seed)
Collard
Corn
Saffron (Crocus sativas)
Cucumber
Eggplant
Fava Bean
Fennel
Feverfew
Greens, Mesclun
Kale
Kohlrabi
Leek
Lemon Verbena
Lettuce
Loofa, Luffa, Chinese Okra
Melon
Okra
Oregano
Parsley
Pea
Peanut
Pea, Black-Eyed
Pepino Dulce
Pepper, Sweet & Hot
Pineapple
Potato
Radicchio
Pumpkins
Purslane
Radish
Rhubarb
Sorrel
Spinach, Malabar Spinach
Squash
Strawberry
Tatsoi
Tomato