



## **A MESSAGE FROM THE COUNTY DIRECTOR**

*Placer and Nevada Counties' UC Cooperative Extension staff continue to provide a wide range of high quality educational services to thousands of local residents. Programs in 4-H and youth development, Master Gardener, nutrition, horticulture and livestock teach relevant research-based information with an emphasis on hands-on learning to "help people to help themselves".*

*The 4-H program had 1,264 members led by 374 adult volunteers who continued the tradition of non-formal educational and preventative programs aimed at helping youth mature into healthy, capable, and contributing citizens. Dozens of 4-H events and activities were held in the two counties. Over 5,000 elementary school students benefited through the "hands-on" embryology curricula.*

*Over 195 Master Gardener volunteers in both counties conducted a variety of educational programs and community service projects. This was also the fifth year of the Senior Community Garden in its new location. Current nutrition education was taught to hundreds of low-income residents, the general public and over 4,400 preschool and school-age children through the CalFresh Nutrition Education Program. Hundreds of children 0-5 years of age and their families also benefited from the Nutrition BEST program. This year over the summer 21 WIC Families and 45 Early Head Start Families in Lincoln and Loomis were provided with a weekly box of produce from a local farm. Farm Advisors emphasized training of beginning farmer and experienced farmers in economic and marketing planning in addition to a wide variety of production workshops. Monthly farmer-to-farmer networking breakfasts and a mentoring program helped pair up beginning and experienced farmers and created a sense of an agricultural community.*

*A summary of these and many other contributions are contained in this document. These efforts were supported with over \$500,000 in grant funding. I know you will be as impressed as I with the quality and relevance of these programs and their capacity to maintain and improve the quality of life enjoyed here in Placer and Nevada Counties.*



**Roger Ingram**  
**County Director**