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INTRODUCTION

Placer and Nevada Counties' UC Cooperative Extension staff continue to provide a wide range of high quality educational services to thousands of local residents. Working under the philosophy of "helping people to help themselves," with up-to-date research-based information, achievements during the past year have been impressive.

Farm Advisors conducted a number of important applied research projects and provided dozens of educational workshops, short courses and field trials. A variety of educational programs and community service projects were conducted by over 100 Master Gardener volunteers in both counties. This was also the fourth year of the Senior Community Garden in its new location.

Youth development advisors and program representatives continued their history of non-formal educational and preventative programs aimed at helping youth mature into healthy, capable, and contributing citizens. Dozens of 4-H events and activities were held in the two counties. Over 8,000 elementary school students benefited through the "hands-on" embryology curricula.

Current nutrition education was taught to hundreds of low-income residents, the general public and over 2,000 preschool and school-age children through the Food Stamp Nutrition Education Program. Hundreds of children 0-5 years of age and their families also benefited from Nutrition BEST and Ready to Succeed programs.

A summary of these and many other contributions are contained in this document. I know you will be as impressed as I with the quality and relevance of these programs and their capacity to maintain and improve the quality of life enjoyed here in Placer and Nevada Counties.

Roger Ingram
County Director