

Nevada and Placer Counties 4-H Youth Development



Program Highlights 2021–22:

- 4-H volunteer leaders and 4-H staff provide a supportive network for youth mental health through the connections and belonging experienced in 4-H clubs and 4-H projects.
- A regional Livestock Evaluation clinic for 4-H youth and adult volunteers was held in cooperation with California State University Chico.
- County Presentation Day was offered virtually to all Placer-Nevada 4-H youth. 25 youth members participated. These youth were then able to go on to Regional and State 4-H Presentation Day.
- In-person training sessions were held for volunteers and youth officers.
- The Placer and Nevada 4-H programs offered more than \$20,000 in scholarships to graduating seniors. These funds were raised by 4-H volunteers and staff.
- UC ANR programs are open to all participants, regardless of their ability to pay. 4-H enrollment fee support was provided to all youth with economic need through Council funds.

The 4-H Youth Development Program provides a variety of enrichment activities that support the development of life and leadership skills for young people. The focus of 4-H programs is positive youth development through science, healthy living, civic engagement, and leadership. 4-H programs are accessible and open to all youth!

A recent study of 690 California 4-H alumni between the ages of 19 and 35 asked participants to describe how 4-H impacted their lives. The purpose of the study was to explore how 4-H experiences shaped early adult outcomes. The study assessed long-term outcomes (economic stability, health and wellbeing, and community involvement.) Ninety-three percent said 4-H helped them develop character, 96% said 4-H fostered their sense of responsibility, 94% said 4-H boosted their confidence, 93% said 4-H helped them develop their leadership skills, and 84% said 4-H helped them succeed in their career. In comparing UC 4-H alumni to the general population, the study found that UC 4-H alumni are two times more likely to feel financially stable, two times more likely to be optimistic about their future, and 1.8 times more likely to graduate with a bachelor's degree.

Nevada County:

8 Clubs

348 youth members

114 adult volunteers

Placer County:

10 Clubs

436 youth members

81 adult volunteers



Contact info

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