**ALAMEDA COUNTY 4-H ALL STAR/COUNTY AMBASSADOR APPLICATION**

November 2019

TO ALL ALAMEDA COUNTY 4-H ALL STAR/COUNTY AMBASSADOR CANDIDATES:

Do you have leadership skills which you would like to share with other 4-H members? Would you like to be of service to a broader 4-H audience? Perhaps you should consider becoming an Alameda County 4-H All Star/County Ambassador! Please review this packet and call me if you have any questions.

In order to become an Alameda County 4-H All Star/County Ambassador, the requirements are:

* Need to hold the 4-H rank of Gold or equivalent\*
* Currently in at least your 2nd year in 4-H
* Currently 14 years old by December 31, 2019
* Ability to attend State 4-H Leadership Conference at least once during your All Star term (Coming summer or the following summer)
* Applicant and legal guardian must agree to expectations
* Be prepared to serve on the team for 18 months (May of current year through October of the following calendar year).
* Complete application.

\*See Page 3 for list of alternate requirements

The attached application for the 2020/2021 All Star/County Ambassador Team is due online by April 1, 2020 (10:00 PM) or on paper to the Alameda County 4-H Office by 5pm.

Cheryl Fraser, Program Representative Alameda County 4-H Office

224 West Winton Avenue, #134

Hayward, California 94544

Online survey: <https://ucanr.edu/survey/survey.cfm?surveynumber=28907>

ALAMEDA COUNTY 4-H ALL STAR/COUNTY AMBASSADOR APPLICATION FORM

Name:

Home Address:

City/Zip:

Telephone - Home: Cell:

|  |  |  |
| --- | --- | --- |
| E-mail address: | Please circle your gender:FEMALE MALE |  |
| 4-H Club: | Years in 4-H Program: |  |
| Date of birth: | Current age: |  |

Current school: Current year in school:

List your **major** 4-H projects during your 4-H career: (May be continued on reverse side or attachment)

Name of Project Years involved Project Leader

I have read all of the information included within this All Star/County Ambassador application packet and all information is attached as requested. The applicant, parent or legal guardian, and community club leader agree to the requirements for participation.

Applicant signature: Date:

Parent or Legal Guardian: Date:

Community Club Leader: Date:

***DUE online By April 1, 2020 (10:00 PM)***

# THE ALL STAR/COUNTY AMBASSADOR APPLICATION INCLUDES:

The 5 items below constitute your All Star/County Ambassador Application and must be submitted online by 10:00 PM on April 1, 2020. Late or incomplete applications are not accepted.

* Three sources for your letters of recommendation: submit the names and email contact information for the following along with your application
  + 4-H Adult Volunteer not related to candidate.
  + an unrelated adult from outside of 4-H Program (examples: coach, teacher, pastor).
  + a peer of the applicant 18 years old or younger.
* All Star/County Ambassador Application (Included in this packet)
* Attach your responses to the 2 essay questions included in these materials.
* Attach an Autobiographical ( or My 4-H) Story
  + It should highlight your growth, passions and character development within your 4-H life as well as your growth in your general community.
  + See attached blank “My 4-H Story”
  + This should be approximately 1,000 to 1,500 words in length and double-spaced. It is preferred to be typed. If hand-written (in ink) it can be scanned and uploaded
* Select Record Book or Alternate documents (see attached blank documents)
  + Documentation that the Applicant has demonstrated leadership experience and skills. This can be met by either
    - * Star Rank Page of PDR, **recently reviewed, approved, signed and dated by Club Leader** OR
      * Documentation of Alternate Requirements\*
  + Resume

\*Minimum Alternate Requirements

1. Mastery of a project as demonstrated by at least 6 hours of instruction, documented by a statement of skills
2. 40 hours of significant leadership roles, either inside or outside of 4-H, with at least 10 hours of leadership contributed to 4-H
3. 30 hours of citizenship and/or community service, either inside or outside of 4-H, with at least 6 hours through 4-H
4. 10 public speaking engagements, at least 2 of which must have been given at a 4-H event
5. Demonstrate involvement in 4-H as evidenced by a list of activities that are a combination of 15 of the following: project skill activities, 4-H events attended, and honors/recognition. Definitions for these three categories are found in the Record Book Manual under the section describing the Personal Development Report (PDR). Completing a PDR is not an application requirement for 4-H All Star/County Ambassador.

ALAMEDA COUNTY 4-H ALL STAR/COUNTY AMBASSADOR SELECTION PROCESS

**Phase 1 – Application process**

All candidates applying for the All Star/County Ambassador (AS/CA) rank will submit the following by Wednesday, April 1, 2020, 10pm:

* AS/CA application form with attached
  + Essay questions
  + Member 4-H autobiographical story
  + Select Record Book Documents
* Three names, with contact info, of the individuals that will concurrently submit Letters of Recommendation for you

**Phase 2 – Interview Process (mid-April)**

All candidates completing Phase 1 of the application process will be invited to a group session to include an individual interview:

* Group activity resulting in a collaborative presentation
* Individual interview with three evaluators
* Wrap-up session with information on the remainder of the process

**Phase 3- All Star/County Ambassador Speech**

If the candidate is selected to proceed for the final selection process he/she will be notified of acceptance to this next phase. Prepare AS/CA speech to be presented at 4-H Leader Council on the **last Tuesday** of April or other designated event. The topic of the speech must be on one of the following topics:

* Leadership
* Youth/Adult Partnerships
* Service Learning Projects

The speech should be under ten minutes. Remember to keep it positive.

You are encouraged to research and use the elements of public speaking to your advantage. Cards are allowed and practice is very important to your delivery. The evaluators will be using criteria similar to those found in the Presentation Day Manual. It is not recommended that you read your speech. The use of visual aids is allowed and, although not mandatory, they can be effective for some people.

# ALL STAR/COUNTY AMBASSADOR PROGRAM EXPECTATIONS:

AS/CA is the highest of the County 4-H Program. All Star/County Ambassador is a “working award”. It provides the AS/CA Team an opportunity to focus attention on leadership roles. The following are expectations from the team

* Participation in informational outreach within and outside of the 4-H community
* Active within the Alameda County 4-H Program
* Develop educational programs for county and multi-county delivery
* Pursue State and Area level participation on committee and outreach
* Participate in opportunities for social interaction and team building in any or all levels of the 4-H community
* 18 month commitment (May of the current year through October of the following calendar year)

**MINIMUM REQUIREMENTS TO BECOME AN ALL STAR/COUNTY AMBASSADOR**:

The AS/CA position requires leadership, initiative, community concern and commitment. Your leadership, communication and organizational skills will be enhanced through involvement in the most important events in the county, area, and state levels. Requirements include:

* Be at least 14 years of age before December 31, 2019.
* Currently enrolled in the 2nd year of 4-H.
* Currently hold a Gold Star or equivalent as outlined by the State 4-H Program.

# RESPONSIBILITIES OF ALL STAR/COUNTY AMBASSADOR:

* Develop an AS/CA Team “Action Plan”, with selected team advisors, for the 4-H program year of leadership consistent with program expectations. The Action Plan will then be submitted to 4-H Leader Council in August or September
* Attend monthly AS/CA meetings and 4-H Leader Council meetings
* Attend State 4-H Leadership Conference during the AS/CA term.

**NEXT STEPS**:

Once the selection process is complete the candidates will be notified. The team will begin to develop plans and, along with the Leaders’ Council Executive Board, will select two advisors. One will be over 25 years of age and meet State 4-H chaperone requirements. The second will be an adult leader at least 18 years of age. No parent of a current team member is eligible to become an advisor. Advisor applicants will be screened by the Executive Board of Leaders’ Council. In cases when there are less than four AS/CA, one advisor may be acceptable if another adult is present at all meetings, events and activities. Advisors serve for one 18-month term, but may be reappointed by the incoming team. The final selection of the advisors will be made by the incoming team.

**ESSAY QUESTIONS:**

Please complete at least a paragraph about the following topics. This should be completed on an attached sheet of paper.

#1 – What are you going to bring to the All Star/County Ambassador program?

#2 – What do you expect the All Star/County Ambassador program to do for you?

Alameda County 4-H

All Star/County Ambassador Letter of Recommendation

Please complete the following letter of recommendation for:

Name of Applicant: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

When completed, mail the recommendation for receipt by April 1, 2020, directly to:

Cheryl Fraser, Program Representative

Alameda County 4-H Office

224 West Winton Avenue, #134

Hayward, California 94544

Your Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Title: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

In what capacity do you know the applicant: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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How long have you known the applicant: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Circle the words that best reflect your opinions of the applicant in each area.

Connection

Does the applicant make positive bonds with people and institutions?

Strongly Agree Agree No Opinion Disagree Strongly Disagree

Confidence

Does the applicant exhibit an internal sense of overall positive self-worth and self-efficacy?

Strongly Agree Agree No Opinion Disagree Strongly Disagree

Caring

Does the applicant show a sense of sympathy and empathy for others?

Strongly Agree Agree No Opinion Disagree Strongly Disagree

Competence

Do you have a positive view of the applicant’s actions in interpersonal skills, school performance, decision making, nutrition and exercise, and work habits and exploration of career options?

Strongly Agree Agree No Opinion Disagree Strongly Disagree

Character

Does the applicant show respect for societal and cultural norms?

Strongly Agree Agree No Opinion Disagree Strongly Disagree

Does the applicant show possession of standards for correct behavior?

Strongly Agree Agree No Opinion Disagree Strongly Disagree

Does the applicant show a sense of right from wrong (morality) and integrity?

Strongly Agree Agree No Opinion Disagree Strongly Disagree

Contribution

Does the applicant make a contribution to self, family, community, and the institutions of a civil society?

Strongly Agree Agree No Opinion Disagree Strongly Disagree

Comments (If further room is necessary, please attach additional documents as needed): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**My 4-H Story**

Here’s where you’ll put the “My 4-H Story” you write for this year. Follow these word count minimums:

Senior: 1000 – 2000 words

Follow these formatting guidelines:

Double space.

Print single OR double sided, you choose.

Use an easy-to-read font such as Times New Roman or Garamond.

Keep the text size between 12 point and 14 point.

See page 17 of the Record Book Manual for more information.

This box is just a placeholder. Replace this page with your story before submitting.

|  |
| --- |
| Record what you accomplished during the year. To qualify for any of the achievement rank awards, you must attend 80 percent of both the local club and the project meetings held during the year. To obtain any of the ranks, you must complete the asterisked (\*) categoriesas a part of your total effort.  **Bronze Star: Complete at least 5 of the 8 categories listed.**  **Silver Star: Complete at least 6 of the 8 categories listed.**  **Gold Star: Complete at least 7 of the 8 categories listed.**  **Platinum Star: Complete at least 7 of the 8 categories listed.**  Star Ranks are designed to encourage members to participate in a wide variety of activities over a number of years. The bronze, silver, gold, and platinum stars build on past achievements. |

**Star Ranking**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Categories of Participation**  *Transfer credits from previous years to the column headed “Total From Past Years.”* | **Total Past Years** | **Total This**  **Year** | **Total All Years** | **Number of Different Categories Required** | | | |
| **Bronze**  5 Required | **Silver**  6 Required | **Gold**  7 Required | **Platinum**  7 Required |
| 1. Projects Completed |  |  |  | 2\* | 4\* | 8\* | 12\* |
| 1. Project Skill Activities |  |  |  | 4 | 8 | 15 | 20 |
| 1. Events Attended |  |  |  | 12 | 25 | 40 | 60 |
| 1. Leadership Development |  |  |  | 10 | 20 | 30\* | 40\* |
| Significant Leadership Role (requiring 20 hrs. or more of work) |  |  |  | (0) | (0) | (2\*) | (4\*) |
| 1. Citizenship & Community Service |  |  |  | 10 | 20\* | 30\* | 40\* |
| 1. Communication Skills |  |  |  | 12\* | 24\* | 36\* | 48\* |
| 4-H Presentations |  |  |  | (4\*) | (7\*) | (10\*) | (15\*) |
| 1. Honors and Recognition |  |  |  | 5 | 10 | 15 | 20 |
| 1. Healthy Lifestyle Activities |  |  |  | 10 | 20 | 30 | 40 |

|  |
| --- |
| **Star Rank**  4-H Member must be currently enrolled in the 4-H Youth Development Program.  **Present Rank**: [ ] None [ ] Bronze [ ] Silver [ ] Gold [ ] Platinum  **Rank Applying for:** [ ] None [ ] Bronze [ ] Silver [ ] Gold [ ] Platinum  [ ] Approved [ ] Not Approved  4-H Club/Unit Leader's Signature Date |

\* Required for Star Rank

Numbers contained within parenthesis are included in the total category number (not an extra requirement).

**4-H Resume**

***Completed by senior members only***

### First Name Last Name

### Address, City, CA 9#### | (###) ### - ####| emailaddress@gmail.com

**Personal Development Statement**

### One to three sentences that describe what you stand for and what you aspire to become as a human being. It is not a statement of what you want to do, but rather how you want to be in the world.

**Education and Professional Development**

**Name of School Highest Year Completed to Date**

Additional Course Work, Name of School or Organization

**Leadership Skills**

**Position Title, Group or Program, Month/Year Started – Month/Year Completed**

Short description of what you did. Explanation of what you learned or skills you developed.

**Citizenship Skills**

**Position Title, Group or Program, Month/Year Started – Month/Year Completed**

Short description of what you did. Explanation of what you learned or skills you developed.

**Other Skills**

### These can include instruments, dance, sports, or other hobbies you have spent a significant amount of time perfecting.

**Certificates & Honors**

* List name of certificates and who issued it