

2021 4-H Virtual Foods Challenge

April 24, 2021

This virtual event allows multiple ways for members to get involved and enter their food-related project work. The event will feature virtually entered and exhibited work, live competitions, a foods-related Kahoot! game or two, and a culminating Awards Ceremony. Virtually submitted items can be entered for competition or just for exhibit.



Registration in a Foods-Related 4-H Project is NOT required for entry in this event. With the exception of the initial image for the "Nailed It" competition, all entry submissions must be the sole work of the 4-H member.

VIRTUAL ENTRIES

Please pay close attention to the number and specifics of the images or files that are required to be uploaded with your entries. All required images/files must accompany registration. A total of ten images or files may be uploaded. Please plan your entries so you will not exceed that number of uploads.

Virtual Foods Entries and Exhibits

This event allows you to enter items for competition/evaluation with feedback from evaluators and possible resulting awards, or "Exhibit-Only" with a "Participation" certificate and inclusion of your item in the slide show of all entries.

You may enter a Poster, Baked Food, Decorated Food, "Any Other Food", and Table Setting. All items entered will be shown in the Virtual Foods Exhibit Show.

Competitive/Evaluated items will be scored with feedback, will receive a certificate with the award level, and will be part of the Awards Ceremony. Evaluated items must be entered by 4/14/2021. All required images must be received by that date.

Exhibit-Only entries will receive a certificate of participation and will appear in the Virtual Foods Exhibit Show. Exhibit-Only items may be entered until 4/21/2021. All images to be displayed in the virtual show must be received by that date.

You may enter multiple items in some Divisions, but the total number of uploaded images and/or files cannot exceed ten. Please plan your entries accordingly..

Poster Entry

This educational display must relate to nutrition or foods in some way. It must be accompanied by an image or other file of the Poster. Entries must be titled. Two Posters may be entered.

Baked Foods Entry

Baked Foods can include breads, cakes, cookies, scones, pies, and more. The entry should not be prepared exclusively from commercial mixes. Entry must include TWO images (one showing the entire item and one a cross-section cut through the middle of the item) and ONE Recipe Card. Entries must include the general baked food type and descriptor (ex: Blueberry Pie, Sourdough Bread, Chocolate Chip Cookies). Up to 3 Baked Foods may be entered.

Decorated Food Entry

Decorated items may include Cake, Cupcakes, Cookies, or Gingerbread. The type of decorated food must be indicated. Entry must include one or more image(s) of the decorated item that you determine offers the best/most comprehensive view(s) of your work. Up to 3 Decorated Foods may be entered.

Table Setting Entry

The Table Setting must fit in 24"x24" by 15" high space. The entry must contain a visible/legible menu, proper table service to accompany the menu, and decorations and/or centerpiece to enhance and strengthen the theme. There are no requirements for the theme, but family occasions, holidays, favorite books or movies, or other special mealtime occasions are some common themes. Tableware (plates, bowls, cups/glasses, cutlery) must be placed correctly and must match what would be used if eating/drinking the items on your menu. NO FOOD is to appear in your Table Setting. The Entry must include 2 uploaded images of the table setting, one from the angle of one sitting in front of the table setting and one from directly above (menu may be laid flat in this 2nd view to make it more readable if it is standing in the normal view). Menu must be readable. One entry per exhibitor.

Any Other Foods Entry

This Class is meant for any other edible food item you want to make that does not fit into the other categories. Be sure your entry title and description are clear. The entry must be accompanied by a Recipe Card and an image of the item taken from whatever angle you feel shows it off well. One entry per exhibitor.

"Nailed It" Competition

Find an inspirational image of a prepared food item that you would like to attempt to recreate. This is usually an item with a unique or special appearance. It can be anything food related -- a special cake, cookies, entrée items, appetizers, or any other food item that captures your fancy. This entry will be for Competition/Evaluation and must be accompanied by two images: One of the images you saw posted and wanted to replicate, and the 2nd image is of YOUR version of the item. When registering, you must also provide a description of why you did or did not "nail it". This would look something like "I nailed it because I was able to match the colors in the dessert perfectly". Or "I was able to get the presentation of this appetizer to very closely match my inspiration photo." A significant portion of the evaluation will be based on the level of difficulty. Entry and images must be received by 4/14/2021. One entry per exhibitor.

A Note About Uploaded Images

All evaluations will be done using the images you upload. Please pay careful attention to the lighting, focus, and any distracting elements. Backlighting is to be avoided as it impairs visibility of your item. Some categories require a specific angle or more than one angle. Read carefully to be sure you are meeting the requirements.

“LIVE” Competitions

Although still virtual, these competitions will happen in real time, and you must be available at the scheduled time/virtual platform to compete. Two "Live" competitions will be included in the 2021 4-H Virtual Foods Challenge: A Throw-Down/"Chopped" competition and a "Create an Animal-Themed Decorated Cupcake". **You may only enter one challenge due to time constraints.**

Throw-Down/"Chopped" Challenge

This competition will involve creating some food item on the fly that includes a specific list of "special Ingredients".

- A list of ten items will be emailed to you 2 days prior to the competition that you will need to have on-hand for the competition.
- At the beginning of the contest, you will learn what the FOUR items (out of the ten) that must be incorporated in your creation
- “Special Ingredients” must be manipulated in some fashion (shredded, chopped, melted, pulverized, baked, toasted,...) and be incorporated in your final Challenge Creation.
- You will have 40 minutes to work, in your kitchen with your camera/video ON, to create.
- You will then present your item describing what you created and how.
- You will be evaluated on Creativity, Level of Difficulty, Incorporation of Special Ingredients, Appearance, Presentation which will include your description of what you created, how you used the Special Ingredients, what techniques you used and your honest evaluation of the Taste.

"Create an Animal-Themed Decorated Cupcake" Challenge

Try your hand at creating a cupcake that looks like an animal! You will be given 40 minutes to decorate, with camera on, a fabulous animal-themed cupcake. You can make as many cupcakes as you wish in the 40 minutes allotted, then pick the best one to enter. You will then present your chosen finished product, describing what you did. You will be evaluated on Appearance, Level of Difficulty, Creativity, and Presentation.

Items Needed for the Animal Cupcake Contest:

Undecorated cupcakes (one for submission, others as extras “in case”)
Frosting & frosting knife
Piping tools (optional)

Suggested (possible) decorations:

Candies:
Gumdrops
Candy eyes
Licorice
Etc.
Store-bought or homemade cookies
Sprinkles
Marshmallows
Pretzels
Chocolate chips

Disallowed decorations:

Anything not edible.
No pre-made animal parts other than candy eyes.

Virtual Foods Challenge Schedule

4/24/2021

- 1:45 pm Live Challenge Participants Log on to virtual platform
- 1:50 pm
 - Cupcake Decorating Challenge**
 - 1:50 Decorating Instructions and materials check
 - 2:00 Decorating Challenge
 - 2:40 Presentations of completed Decorated Cupcake
 - Throw-Down/"Chopped"**
 - 1:50 Short description and identification of required "special ingredients"
 - 2:00 Begin Cooking Challenge
 - 2:40 Presentations of completed challenge item
- 3:00 pm Virtual Foods Exhibit Show
- 3:20 pm Foods/Cooking/Nutrition Themed Kahoot! Game
- 3:40 pm Awards Ceremony and Closing
- 4:00 pm Event End