

## V. EXTENSION ACTIVITIES

### a. Meetings Organized (Classes/Short Courses/Demonstrations/Field Days/Other)

Begin Date-End Date	Meeting Name and Type	Topic/no. of repetitions	Role	Location(s)	Total No. of Attendees
<b>Theme 1: Community Needs Assessment and Relationship Building</b>					
02/11/2016-02/11/2016	Collaboration with 4-H (Lake)	I met with Executive Director of Marymount College to discuss venues of collaboration to promote positive youth development in the county. (1)	Meeting organizer and lead	Marymount College, Lakeside campus	3
03/09/2016-03/09/2016	Lake county schools and 4-H (Lake)	I met with the Superintendent of the Lake County Office of Education to discuss community needs, especially in regards to youth, and opportunities for collaboration between 4-H and schools. (1)	Meeting organizer and lead	Lake County Office of Education	3
03/10/2016-03/10/2016	Collaboration with 4-H (Mendocino)	I met with executive director and program director of the Boys and Girls Club in Ukiah to discuss the needs of youth in the county and collaborations with 4-H. (1)	Meeting organizer and lead	Boys and Girls Club, Ukiah	4
04/06/2016-04/06/2016	Collaboration with 4-H (Lake)	I met with Food Corps member and North Coast Opportunities (NCO) Lake County Gardens Project Coordinator to learn more about the school gardens in Lake County and discuss collaborations with 4-H. (1)	Meeting organizer and lead	East Lake Elementary School	4
04/06/2016-04/06/2016	Konocti Unified School District (KUSD) and 4-H (Lake)	I met with KUSD Superintendent and Principle of a school in the school district to discuss having 4-H in the schools. (1)	Meeting organizer and lead	KUSD office, Lower Lake	4
04/14/2016-04/14/2016	Collaboration with 4-H (Lake)	I met with a professor from Marymount college to discuss 4-H and UCANR collaborations with Marymount college. Discussed about having	Meeting organizer and lead	Marymount College, Lakeside campus	2

		students at the college be 4-H interns. (1)			
05/27/2016-05/27/2016	Region 1 After School and 4-H (Mendocino and Lake)	I met with personnel from the Region 1 (Del Norte, Humboldt, Lake, Mendocino, Sonoma Counties) After School Programs to discuss 4-H involvement in after school venues. (1)	Meeting organizer and collaborator	Mendocino County Office of Education	4
08/24/2016-08/24/2016	School Enrichment Meeting (Mendocino)	I met with teachers and afterschool educators to discuss afterschool programming needs and the involvement of 4-H in the school enrichment program. (1)	Collaborator	Mendocino County Office of Education	26
01/17/2017-01/17/2017	Collaboration with 4-H (Lake)	I met with Lake County Office of Education Science, Technology, Engineering, and Mathematics (STEM) specialist to discuss collaborative opportunities with 4-H. (1)	Collaborator	Lake County Office of Education	3
01/19/2017-01/19/2017	Collaboration with 4-H (Lake)	I met with Marymount faculty and admissions coordinator to discuss collaborative opportunities with 4-H. (1)	Collaborator	Marymount College, Lakeside campus	3
04/20/2017-04/20/2017	Collaboration with 4-H and Hopland Research and Extension Center (Mendocino)	I met with Mendocino county afterschool coordinator, 4-H staff, and UCCE Hopland and Research Extension Center (HREC) community educator to discuss collaboration in afterschool science programming. (1)	Collaborator	Mendocino County Office of Education	4
05/01/2017-05/01/2017	Meeting with District 4 Supervisor (Lake)	I met with Lake County's District 4 Supervisor and talk about the 4-H program and programming for youth to create awareness and bring attention to the local 4-H program. (1)	Collaborator	Lake County Courthouse	3
<b>Theme 2: Expanding the Reach of the 4-H Program</b>					
05/02/2016-09/30/2016	4-H and KUSD (Lake)	I had multiple meetings with the KUSD summer program coordinator to discuss 4-H's	Meeting organizer and lead	UCCE office, Lakeport	4

		involvement in the KUSD summer enrichment camp and KUSD afterschool program. Some meetings also included a 4-H intern from Marymount college to discuss 4-H programming in the summer enrichment program. (6)			
06/27/2016-01/11/2017	4-H and Boys and Girls Club (Mendocino)	I had multiple meetings with Executive Director and Program Director of the Boys and Girls Club to create collaboration plans. This includes summer programming with funding by Verizon, site garden collaboration, and a teens as teachers program on site. During this time, the Program Director changed three times so the meetings were also conducted to meet the new Program Director and to ensure continuation of collaborative efforts. (4)	Meeting organizer and lead	Boys and Girls Club, Ukiah	4
07/01/2016-08/16/2016	4-H and Boys and Girls Club Summer Program (Mendocino)	I co-delivered 4-H programming at the Boys and Girls Club summer program. Activities covered topics like rockets, animals, and water.	Co-organizer, co-presenter, supervisor	Boys and Girls Club, Ukiah	83
08/05/2016-09/30/2017	Developing Virtue Girls Secondary School (DVGS) and 4-H (Mendocino)	I had multiple meetings with program staff and DVGS Principal on starting a 4-H afterschool teen mentor science program in Fall 2016. Topics during these meetings include program planning and delivery, and checking-in during program implementation. Later meetings also led to a teens as teachers program with the Ukiah Boys and Girls Club (10)	Meeting organizer and lead/collaborator	DVGS	3
10/03/2016-10/03/2016	Watershed Education Meeting	I discussed opportunities to apply for a watershed education grant. A collaboration between 4-H	Collaborator	Online	4

	(Lake & Mendocino)	staff and UCCE specialist. (1)			
10/04/2016-05/30/2017	4-H Science and Mentoring After-school Program	I conducted a 4-H after-school program with teen girls on science and mentoring, with the aim of developing teen mentors and teachers in science. (30)	Organizer/presenter	DVGS	10
01/12/2017-09/30/2017	Lower Lake schools teen teaching (Lake)	I met with the KUSD Afterschool coordinator to discuss starting a teens as teachers program at some of the schools (Lower Lake High school and elementary schools) in the district. Several meetings were held to set up the 4-H Youth Experiences in Science (YES) afterschool program at Lower Lake schools. Teen teachers are from Lower Lake High School and the program recipients are from Lower Lake Elementary School. (5)	Collaborator	Various (phone and face-to-face)	4
06/02/2017-06/02/2017	Collaboration with 4-H: Youth Experiences in Science (Mendocino)	I met with the students and teachers at the school to discuss their potential participation in the YES program. Introduced the YES curriculum through a hands-on activity session with bubbles. As a result, a new collaboration was formed between the school and 4-H. The students are now group enrolled under the 4-H program as teen teachers, doing the YES program and teaching science to afterschool children at the Ukiah Boys and Girls Club. (1)	Collaborator/Program lead/4-H staff	Developing Virtue Boys Secondary School (DVBS)	20
<b>Theme 3: Increasing the 4-H Program's Visibility and Outreach</b>					
07/01/2016-07/01/2016	DVGS Kindness Summer Camp (Mendocino)	I co-organized an animal science educational session where a few 4-H youth brought their animals out to this school's summer camp and talked about their	Session co-organizer	DVGS	43

		animals to the camp attendees.			
09/02/2016-09/02/2016	4-H Barn Tours (Lake)	I co-organized the 4-H Barn Tours where school teachers bring their students out to the Lake County Fairgrounds the Friday morning before the county fair and we take them around in groups to tour the barns and learn about the animals. (1)	Co-organizer, 4-H staff, and docent that led student groups around the barns.	Lake County Fairgrounds	318
10/24/2016-09/30/2017	Lake County Agriculture and Natural Resource Day committee (Lake)	I had multiple meetings to plan for Lake County Agriculture and Natural Resource Day (12)	Co-organizer/collaborator	Lake County Fairgrounds	7
01/06/2017-01/06/2017	Region 1 Expanded Learning Conference preparation (Lake & Mendocino)	I met with 4-H program representatives to discuss and plan workshop session for the Region 1 Afterschool Expanded Learning Conference. (1)	Organizer	UCCE office, Ukiah	3
03/16/2017-03/16/2017	Lake County Agriculture and Natural Resource Day (Lake)	I co-organized this field day for students in grades K-6 to have opportunities to learn more about agriculture and natural resources. Some of the things that students got to do was interact with farm animals, participate in various activities about energy, water, and power, and learn more about the source of their food and fiber. Displays and exhibits featured agriculture commodities, equipment and offer information and demonstrations about the exciting role agriculture plays in our modern lives and its value to Lake County's economy and way-of-life. Students also learned about Lake County's rich natural resources including Clear Lake. (1)	Co-organizer	Lake County Fairgrounds	1125

07/13/2017-07/13/2017	Exploring Wind Energy (Mendocino)	I co-conducted this session during the Sustainable YOU summer camp for 4th-5th graders. Activities were focused using wind energy to move, carry, and lift things. (1)	Co-presenter	Hopland Research and Extension Center	10
07/22/2017-07/22/2017	Kids Triathlon 2017 (Mendocino)	As part of the Childhood Obesity and Family Wellness action team, we organized a Kids Triathlon that was held in Ukiah to create awareness about the importance of physical activity for children and families. The event was very well attended and overall feedback was positive. We intend to make this into an annual event. (1)	Co-organizer, with specific responsibilities for water station sponsorship and event evaluation.	Todd Grove Park, Ukiah	121
<b>Theme 4: Developing Efforts for the Sustainability of the 4-H Program</b>					
01/25/2016-09/30/2017	4-H Mendocino-Lake Camp Steering Committee meeting (Lake & Mendocino)	I am a part of this committee to restructure and plan for the 2017 4-H Mendocino-Lake summer camp. There was no summer camp in 2016 due to funding issues so this monthly camp committee meeting was important to discuss various issues related to camp so that there can be a 2017 summer camp. Topics include filling positions like the Camp Executive Director and Camp Program Director, as well as interviewing teens to fill teen counselor positions. Other aspects of planning camp like developing a budget, seeking funders, promotion of camp, etc. are all part of the monthly camp planning meetings. Meetings are open to everyone who is interested in being involved with camp planning. Attendees were 4-H staff, volunteers, and teen members. (19)	4-H staff and committee member	UCCE office, Ukiah	8

10/01/2016-09/30/2017	CA4-HA Board meeting	Meeting held once a month with the California 4-H Association board members to discuss brown bags, webinars, events, and other issues pertaining to the California 4-H Association. (12)	Vice President of Recognition	Online	8
<b>Others</b>					
10/06/2016-10/06/2016	Money Talks Workgroup - Hunger Attacks	Hunger Attacks 8000 publication - discussion about publication of 8000 articles on health- and food-related topics. This is part of the larger Money Talks Workgroup (1)	Researcher/collaborator/workgroup member	Online	5
10/03/2016-10/17/2016	Fund development for 4-H Summer Camp (Lake & Mendocino)	Fund development meetings with 4-H staff, 4-H Foundation, and 4-H volunteer for Mendo-Lake 4-H Summer Camp. (2)	Collaborator/4-H Staff	UCCE office, Lakeport	3
10/21/2016-10/21/2016	California 4-H Association Vice President of Recognition	Discussion of duties before stepping into my new role as Vice President of Recognition for the California 4-H Association (CA4-HA) (1)	Vice President of Recognition for CA4-HA	Online	2
11/17/2016-11/17/2016	4-H Online (Mendocino)	I met with Mendocino 4-H program representative and administrative staff to review 4-H Online. (1)	Supervisor/Leader	UCCE office, Ukiah	3
01/13/2017-01/13/2017	Color Me Green Fun Run (Mendocino)	I met with county director, 4-H program representative, and event sponsor to discuss details on an upcoming 4-H fundraiser - Color Me Green Fun Run. (1)	Ex-officio/4-H staff	UCCE office, Ukiah	4
01/25/2017-01/25/2017	Rural Health and Safety Education grant (Mendocino)	I met with statewide 4-H academic coordinator to discuss potential submission for the Rural Health and Safety Education grant. (1)	Collaborator	Online	2
03/30/2017-09/30/2017	Awards and Recognition Subcommittee	Discussed about various awards and recognition duties like selection of NAE4-HA Hall of Fame award, and the NAE4-HA and CA4-HA service and	Chair	Online	7

		specialty awards. We judged all entries to determine eligibility to the regional and national levels for the awards. (3)			
04/06/2017-06/01/2017	CA4-HA Retreat	Planning the California 4-H Association retreat. (7)	Committee member and I was also in charge of recognition at the retreat.	Online	12
04/12/2017-04/12/2017	4-H new volunteer meeting (Lake)	I met with 4-H program staff and new 4-H volunteer to discuss a new project that the volunteer wanted to bring to the county. (1)	4-H staff	UCCE office, Lakeport	3
07/05/2017-07/05/2017	Mendocino Woodlands Fund Development (Lake & Mendocino)	I met with the fund development specialist for Camp Mendocino Woodlands where 4-H had their 2017 Mendo-Lake Summer Camp. Discussed potential opportunities for collaboration in fund raising. (1)	Collaborator	Camp Mendocino Woodlands, Mendocino	3

### Meetings/presentations delivered by staff or others

Begin Date-End Date	Meeting Name and Type	Topic/no. of repetitions	Role	Location(s)	Total No. of Attendees
10/01/2015-09/30/2017	4-H Council meeting (Lake)	The 4-H Council meets once every two months to discuss issues and events pertaining to 4-H. It gives 4-H staff, volunteers, leaders, members, and youth to share any news/events/activities related to 4-H. Sometimes, a portion of the meeting time is dedicated to 4-H staff to conduct brief policy trainings/refreshers. (12)	Supervisor/participant. 4-H program staff and volunteers take the lead.	UCCE office, Lakeport	13
10/01/2015-09/30/2017	4-H County Council (Mendocino)	The 4-H County Council meets four times a year to discuss issues and events pertaining to 4-H. It gives 4-H staff, volunteers, leaders,	Supervisor/participant. 4-H program staff and	UCCE office, Ukiah	15



		members, and youth to share any news/events/activities related to 4-H. Sometimes, a portion of the meeting time is dedicated to 4-H staff to conduct brief policy trainings/refreshers. (8)	volunteers take the lead.		
10/01/2015-09/30/2017	4-H Executive Council (Mendocino)	The Mendocino 4-H Executive Council meets once every two months to discuss issues and events pertaining to 4-H and put together an agenda for the 4-H Council meeting that takes place once every three-four months. (6)	Supervisor/participant. 4-H program staff and volunteers lead.	UCCE office, Ukiah	6
10/01/2015-09/30/2017	4-H Executive Council (Lake)	Once a month, the Lake 4-H Executive Council meets to discuss issues and events pertaining to 4-H and put together an agenda for the 4-H Council meeting that takes place once every two months. (12)	Supervisor/participant. 4-H program staff and volunteers lead.	UCCE office, Lakeport	9
11/05/2015-09/30/2017	New Volunteer Orientation (Lake)	Orientation for new 4-H volunteers. This is an ongoing, rolling orientation that occurs throughout the year, as needed. (8)	Supervisor	UCCE office, Lakeport	18
01/13/2016-01/13/2016	Cornell Birding Workshop (Mendocino)	Training teachers on how to use the Cornell birding curriculum. (1)	Supervisor	UCCE office, Ukiah	17
01/23/2016-01/24/2016	4-H Shooting Sports Workshop (Lake)	Shooting sports workshop for 4-H members. Workshop included shooting sports safety and technique. (1)	Supervisor	Rifle Discipline Lake County, Lakeport	6
01/29/2016-09/30/2016	Leader Orientation (Mendocino)	Orientation for 4-H project leaders on their roles and responsibilities. This is an ongoing, rolling orientation. (6)	Supervisor	UCCE office, Ukiah	25
03/09/2016-03/09/2016	Coast Officer Meeting and Training (Mendocino)	4-H officer training (1)	Supervisor	Mendocino Coast	11

03/10/2016-11/11/2016	Make It Safe ~ Keep It Safe (Lake)	Workshop on safe food handling for 4-H volunteers. (2)	Supervisor	UCCE office, Lakeport	10
03/19/2016-03/19/2016	4-H Spring Fling and Expo (Lake)	4-H field day where members shared different exhibits, demonstrations, projects and activities surrounding a variety of activities (e.g., food, animal science, cooking, sewing and textiles, etc.). (1)	4-H staff and competition judge.	Kelseyville Presbyterian Church	80
04/13/2016-04/13/2016	Ethics training (Mendocino)	Ethics training for 4-H volunteers and members that will show animals at fair. (1)	Supervisor	Mendocino Coast	19
04/30/2016-04/30/2016	4-H Extravaganza (Mendocino)	4-H field day where members shared different exhibits, demonstrations, projects and activities surrounding a variety of activities (e.g., food, animal science, cooking, sewing and textiles, etc.). (1)	Supervisor	The Church of Jesus Christ Latter Day Saints, Ukiah	85
06/06/2016-06/06/2016	4-H Domestic Exchange Orientation (Lake)	Orientation for members and volunteers for the 4-H Domestic Exchange. (1)	Supervisor	Lower Lake	12
07/16/2016-07/17/2016	Officer's Extravaganza (Lake)	4-H officer training. (1)	Supervisor	UCCE office, Lakeport	30
08/11/2016-08/11/2016	4-H Officer Training (Mendocino)	4-H officer training (1)	Supervisor	UCCE office, Ukiah	52
08/23/2016-09/01/2016	Community leader meeting (Mendocino)	Community leader meeting for Anderson Valley 4-H leaders (2)	Supervisor	UCCE office, Ukiah	18
09/08/2016-09/08/2016	4-H club in Hopland (Mendocino)	Meeting to discuss having a 4-H club in Hopland (1)	Supervisor	Hopland	3
09/08/2016-09/08/2016	Volunteer enrollment coordinator training (Mendocino)	4-H Volunteer enrollment coordinator training (1)	Supervisor	University of California Cooperative Extension office in Ukiah	2

10/05/2016-10/05/2016	Research Methods Institute call	Call with UCCE specialist to provide input for an upcoming research methods institute. (2)	Participant	Zoom - online meeting	4
10/17/2016-11/14/2016	National 4-H Clover Speak Series (Lake)	Work on webinar series which covers a variety of topics like public speaking, leadership, and communication (1)	4-H staff/supervisor	UCCE office, Lakeport	6
10/19/2016-10/19/2016	Leader Orientation (Mendocino)	Orientation for new 4-H community club leaders. (1)	4-H staff/supervisor	UCCE office, Ukiah	11
10/24/2016-10/24/2016	Treasurer Financial training (Mendocino)	Training for treasurers in 4-H clubs (1)	4-H staff/supervisor	UCCE office, Ukiah	2
10/25/2016-10/25/2016	Fair Food Booth (Lake)	Discussion of 4-H food booth at the Lake County Fair (1)	Supervisor	UCCE office, Lakeport	3
10/29/2016-10/29/2016	Cloverbud Field Day (Mendocino)	Field day with demonstrations, activities, and competition catered to 5-8 year olds in 4-H (Cloverbuds) (1)	Supervisor	UCCE office, Ukiah	56
11/05/2016-11/29/2016	Treasurer Assistant Financial training (Lake)	Training for treasurer assistants in 4-H clubs (1)	4-H staff/supervisor	UCCE office, Lakeport	3
11/11/2016-11/11/2016	Veterans' Day Celebration and Card giveaway (Lake)	Veterans' day celebration held by local community. 4-H organized and participated in card making and giving to the veterans. (1)	4-H staff	Konocti Vista, Lakeport	225
11/17/2016-11/17/2016	Reach for the Stars (Lake)	Training session on the 4-H program star ranking. (1)	4-H staff/supervisor	UCCE office, Lakeport	10
11/19/2016-11/19/2016	National Science Experiment Day (Mendocino)	Held during National 4-H Science Week and the topic was on drones. (1)	4-H staff/supervisor	UCCE office, Ukiah	33
01/18/2017-06/26/2017	Camp Teen Staff Orientation and Training (Lake & Mendocino)	Orientation and training sessions for Mendo-Lake 4-H summer camp teen staff to prepare them for leading summer camp in July 2017. (1)	4-H staff/supervisor/participant	UCCE office, Ukiah	25

01/21/2017-01/21/2017	Incentives & Recognition committee record book training (Mendocino)	Training 4-H members on completing their record books. (1)	4-H staff/supervisor	UCCE office, Ukiah	33
02/25/2017-02/25/2017	County Presentation Day (Lake)	Various presentations from 4-H members (1)	4-H Staff/Judge	Lower Lake Elementary School	37
03/11/2017-03/11/2017	County Presentation Day (Mendocino)	Various presentations from 4-H members (1)	4-H staff/Judge	K-8 school, Mendocino county	50
03/17/2017-09/27/2017	Starting a new club (Mendocino)	Multiple meetings with 4-H Volunteers in Point Arena to discuss starting a 4-H community club in the area. (1)	4-H staff/supervisor	Point Arena Library	9
03/18/2017-03/18/2017	4-H Spring Fling (Lake)	Fun event where 4-H members can showcase their work/presentations in a non-competitive manner. (1)	4-H staff/supervisor	Presbyterian Church, Kelseyville	50
04/22/2017-04/22/2017	4-H Area Presentation Day (Lake)	Presentations from 4-H members in the Northern California region. Presenters were from Lake, Mendocino, Humboldt, Del Norte, and Contra Costa counties. (1)	Judge	Mountain Vista Middle School, Kelseyville	45
04/22/2017-04/22/2017	Goat Festival (Mendocino)	4-H had an informational booth during the Boonville Goat Festival. Booth included information about goats and the 4-H program (1)	4-H staff/supervisor	Boonville Fairground, Boonville	23
05/6/2017-05/6/2017	4-H Extravaganza 2017 (Mendocino)	4-H participants get an opportunity to display their non-livestock projects. Extravaganza will include a Fashion Revue for sewing and consumer science, textiles, and needle arts projects, and also Food Olympics which includes favorite foods, cupcake decorating, and place setting contests. (1)	4-H staff/Supervisor	Dana Gray Elementary School, Fort Bragg	96
05/11/2017-05/11/2017	Volunteer Enrollment Coordinator (Lake)	Training session for 4-H clubs' volunteer enrollment coordinators. (1)	4-H staff/supervisor	UCCE office, Lakeport	5

05/12/2017-05/12/2017	Health Fair - Jump rope booth (Mendocino)	4-H had a jump rope booth at the Willits Health Fair to promote healthy living and physical activity while promoting the 4-H program. (1)	4-H staff	Baechtel Grove Middle School, Willits	64
05/24/2017-05/24/2017	Adult Volunteer Camp Orientation (Lake & Mendocino)	Orientation for adult volunteers/chaperones for the Mendo-Lake 4-H Summer Camp to prepare them for their roles/duties as adult volunteers at camp. (1)	4-H staff/supervisor/participant	UCCE office, Ukiah	5
06/13/2017-06/29/2017	Ethics Training (Mendocino)	Training on quality assurance and ethics for livestock/animal projects. (3)	4-H staff/supervisor	Tribal Health Office, Covelo, UCCE office, Mendocino, UCCE office, Mendocino	79
08/30/2017-08/30/2017	Officer Training (Mendocino)	4-H community club officer training (1)	4-H staff/supervisor	Willits	20
09/06/2017-09/06/2017	Enrollment Night (Mendocino)	4-H community club enrollment and sign-ups (1)	4-H staff/supervisor	Fort Bragg Library	55
09/11/2017-09/11/2017	Enrollment night and leader meeting (Mendocino)	4-H community club enrollment and sign-ups and leader meeting (1)	4-H staff/supervisor	Covelo Charter School	42
09/24/2017-09/24/2017	4-H Achievement Celebration (Lake)	Event to present awards and recognition to 4-H members and volunteers. (1)	4-H staff/photographer	Kelseyville High School	50

**b. Educational Presentations (including oral presentations and posters)**

Begin Date-End Date	Meeting Name/Event	Presentation Topic/ no. of repetitions	Location(s)	No. of Attendees
<b>Theme 1: Community Needs Assessment and Relationship Building</b>				
09/25/2017-09/25/2017	College and Career Readiness (Mendocino)	After finding out that youth wanted to learn more about college and career readiness, I organized a conversation session with high school students to discuss about college (applications,	DVGS	17

Begin Date- End Date	Meeting Name/Event	Presentation Topic/ of repetitions no.	Location(s)	No. of Attendees
		process, experiences, etc.). This helped meet their need for information and helped me build a closer relationship with the school (1)		
<b>Theme 2: Expanding the Reach of the 4-H Program</b>				
08/23/2016- 08/23/2016	Youth Agriculture Education organized by NCO (Lake)	I presented about how youth can learn more about agriculture and the food systems through 4-H SPIN clubs. (1)	NCO office, Clearlake	10
09/08/2017- 09/23/2017	Youth Experiences in Science (YES) training (Mendocino)	I trained teen teachers to deliver the YES curriculum to 5th-8th graders. Topics in the training include the process of science and inquiry, ages and stages, science kit care and inventory, and session preparation and presentation with feedback. (2)	DVBS, DVGS	25
<b>Theme 3: Increasing the 4-H Program's Visibility and Outreach</b>				
04/18/2016- 04/18/2016	Experiential Learning with 4-H (Mendocino)	I delivered a training session on experiential and inquiry-based learning in Science, Technology, Engineering, and Mathematics (STEM) to the Boys and Girls Club staff. (1)	Boys and Girls Club, Ukiah	7
06/09/2016- 06/09/2016	Experiential Learning with 4-H (Lake)	I delivered a training session on experiential and inquiry-based learning in STEM to summer enrichment educators. (1)	Pomo Elementary School, Clearlake	8
08/13/2016- 08/13/2016	Experiential Learning with 4-H (Lake & Mendocino)	I delivered a training session on experiential and inquiry-based learning in STEM to afterschool providers,	Ukiah Valley Conference Center	13

Begin Date- End Date	Meeting Name/Event	Presentation Topic/ of repetitions no.	Location(s)	No. of Attendees
		educators, and administrators. (1)		
01/21/2017- 01/21/2017	Experiential Learning with 4-H (Lake & Mendocino)	Junk Drawer Robotics - Experiential Learning with 4-H in STEM. I presented a workshop on experiential learning and science inquiry using the 4-H Junk Drawer Robotics curriculum. (1)	Santa Rosa Junior College	26
06/09/2017- 06/09/2017	Experiential Learning with 4-H - Bubblelogy 101 (Lake)	I presented an interactive workshop to summer enrichment program teacher/providers on experiential learning. Participants engaged in bubble activities while learning about the experiential learning cycle. (1)	Pomo Elementary School, Clearlake	11
04/11/2017- 04/11/2017	Experiences in Cooperative Extension and 4-H (Lake)	I presented on the opportunities that Lake County UCCE and 4-H has to offer to Education major college students who were interested in gaining more experience doing research and working with youth.	Lake County Campus of Woodland Community College	13
<b>Theme 4: Developing Efforts for the Sustainability of the 4-H Program</b>				
01/20/2017- 01/20/2017	Visit from UCANR Associate Vice President, Wendy Powers (Mendocino)	My 4-H staff and I presented an overview of the 4-H program in Mendocino county. It brought awareness to Wendy that the county is big and the distance between clubs is far, hence leading to discussions about program sustainability efforts. (1)	Hopland Research and Extension Center	11

- c. **Other** (including websites, social marketing, blogs, collaborations with other agencies or organizations)

<b>Begin Date- End Date</b>	<b>Description</b>	<b>No. of Instances</b>
01/11/2016- 09/30/2017	The Mendocino & Lake 4-H Camp - A Program of the University of California Facebook page is used to spread the news on the Mendo-Lake 4-H summer camp. Page is used to advertise summer camp to parents, youth, and donors, and to share camp-related activities, news, and photos.	123
01/11/2016- 09/30/2017	Various posts made and shared on the Lake County 4-H - A program of the University of California. Posts content includes 4-H activities and events, fair information, educational knowledge and activities, relevant UCANR events/activities, and other youth events/activities. This page has increased the visibility of the 4-H program as more community members and groups (e.g., Lake County Sheriff Department, North Coast Opportunities, Lake County Fire Department) are starting to 'like' our page and posts. The page has also reached to people outside of the U.S. with views from Japan, Australia, Mexico, and South Africa just to name a few.	485
05/13/2016- 05/13/2016	I held an outreach booth during this event to promote 4-H afterschool clubs to parents and students Family Garden Day. We had close to 30 parents and students that we interacted with that day. (Lake)	1
06/24/2016- 06/24/2016	I held a 4-H booth at the Summer Meal Spectacular to promote nutrition from the science and healthy living perspective and reached about 160 youth. This event promoted the summer meal program which provides food for low-income children over the summer when they are out of school. (Mendocino)	1

**d. Other** (including TV and/or radio interviews/programs, newspaper/trade magazine interviews)

<b>Begin Date- End Date</b>	<b>Interviewed/Written by (optional)</b>	<b>Topic</b>	<b>Media/Publication</b>
3/29/2017- 3/29/2017	Hannah Bird	I talked about the effects of nature on youth development and how the 4-H program can provide opportunities to interact with or learn more about nature and the natural environment.	Radio Station - KZYX during the Ecology Hour