UC ANR STAFF MEETING
FEBRUARY 21, 2019
1:30 - 2:30 PM
AGENDA

UC ANR IN ACTION

Why We Meet
Stories From the Field
Phoebe Harpainter - NPI

UPDATES

Leadership Corner
UC Path
An Ergo Moment
City Nature Challenge
Second Street Operations
Celebrate

LEARNING

Safety Training – Building Review
WHY WE MEET

WE CELEBRATE
WE MEET NEW FACES
WE LAUGH
WE INSPIRE
WE BUILD TEAM
In a recent blog (Jeannette Warnert), what were the 4 California seasons ....?
Stories From the Field
IMPROVING CHILDHOOD NUTRITION:

What role does the Nutrition Policy Institute (NPI) play?

Phoebe Harpainter, NPI | ANR All-Staff Meeting
February 2019
What kind of work do we do?

- **IMPROVE FEDERAL NUTRITION PROGRAMS AND POLICIES**

- **PURSUE STRUCTURAL CHANGES IN FOOD SYSTEMS**

- **IMPROVE PHYSICAL AND SOCIAL ENVIRONMENTS**
Why is young childhood an important time for good nutrition?

• Establish healthy behaviors: food, beverage intake
• Increased prevalence of diabetes in childhood

Why is childhood nutrition important for California?

• Population: CA has 3 million young children (0-5)
• Increasing weight over time in CA children

2. https://cfpa.net/early/
How has the food environment changed over time? (1)

**Children, low access to grocery store**
(\% change), 2010 – 15

**Definition:** Number of children (age < 18) in a county living more than 1 mile from a supermarket or large grocery store if in an urban area, or more than 10 miles from a supermarket or large grocery store if in a rural area.

Data source: [USDA Economic Research Service](https://www.ers.usda.gov)

*University of California*  
*Research for healthy food, people and places*
How has the food environment changed over time? (2)

**Number of fast-food restaurants (% change), 2009-14**

**Definition:** The percent change in the number of limited-service restaurants in the county.

Data source: USDA Economic Research Service
Our story from the field: Healthy default beverages in kid’s meals! (1)

• **Passage of SB-1192**
  • Water or unflavored milk the default beverages for kid’s meals on Jan 1, 2019
  • First statewide law of its kind in USA

• **Dec 2018:**
  • 126 fast-food restaurants
  • 11 counties
  • 25 restaurant brands (national and local)
  • 79 caregivers interviewed about kid’s meals
Our story from the field: Healthy default beverages in kid’s meals! (2)

• Preparing report for ANR on results from baseline

• Preliminary results: clear need for healthy default law, AND...

• Clear need for supporting restaurants in implementing this law

• How effective is law at changing what customers actually get with their kid’s meal?
Acknowledgments

• ANR Leadership: Opportunity Grant

• Mark Bell, Joan Warren, Jodi Azulai

• All of you for listening!

Please reach out and say hello anytime!
pharpainter@ucanr.edu
UPDATES

Leadership Corner – Mark Bell
UC Path – John Fox
An Ergo Moment – Malendia Maccree
City Nature Challenge – Sarah Angulo
Second Street Operations – David Alamillo
Celebrate – Joan Taylor Warren
Leadership update
MARCH 21, 2019  11:00 AM – noon

• We are planning a UC ANR update from Vice President Humiston. This is intended to be a sort of ‘state-of-the-state’ update. The date coincides with the next ANR staff meeting but because there is also a conflicting meeting during that time. (VP Humiston, AVP Powers, and AVP Tran are all impacted by the conflicting meeting) We will hold the webinar before the noon hour.
How many goals in our Strategic plan?

15

What are they ...?
Making sense of our Strategic plan?

Reach

Relevance

Resources
Reaching our Vision?

Our messaging  Who is Our new Strat Com Director?
UC ANR UCPath Update

Second Street Building - February 21, 2019
First UCPath Payroll Cycle & First Paycheck

- The first UCPath-generated check will be issued on April 1 for employees paid monthly, and April 3 for employees paid bi-weekly.
- Earnings statements will be available one day before payday at UCPath online (https://ucpath.universityofcalifornia.edu).
- There will be no changes to pay dates. Pay dates will remain the same for monthly and bi-weekly employees.
Critical UCPath Deadlines

Single Sign On (SSO)
If you haven’t reset your password, please do so as soon as possible. For more information, visit http://ucanr.edu/sso. For assistance or questions, contact help@ucanr.edu.

At Your Service Online (AYSO)
Any changes to your information in AYSO (http://atyourserviceonline.ucop.edu) must be made by Feb 28. Otherwise, you must wait until April 1 when you can begin making changes through the new UCPath Employee Self-Service Portal. From March 1 you will be able to view and download historical information in AYSO, such as pay statements and tax documents.

Duo
UC ANR has extended the Duo MFA compliance deadline from February 13 to March 31. Enroll in Duo as soon as possible to avoid issues as we approach this critical deadline. Please go to http://ucanr.edu/mfa to begin enrollment or contact help@ucanr.edu for support.
Website: UCPath.ucanr.edu
Employee Resources Available Now

- Preview Employee Self-Service Portal
- Preview Employee Self-Service Portal - Spanish version
- UCPath Online Portal Basics - How to
- Personal Information - How to
- Payroll Information - How to
- Benefit Information - How to
- UCPath vs AYSO
AN ERGO MOMENT

MALENDIA MACCREE
CRUMPLED PAPER EXERCISE

1. HOLD A PAGE OF PAPER BY THE CORNER AND STRETCH OUT YOUR ARM.

2. CRUMPLE IT UP INTO A SMALL BALL USING ONLY ONE HAND.

FOR EXTRA CHALLENGE… UNFOLD THE SAME PIECE OF PAPER USING ONLY ONE HAND.

CAUTIONS:
PERFORM EXERCISE WITH EACH HAND AT A SPEED THAT DOES NOT CAUSE PAIN. IMMEDIATELY STOP PERFORMING EXERCISE IF IT CAUSES PAIN.

THIS SIMPLE MOVEMENT IMPROVES GRIP AND STRENGTH AND CAN HELP IN A WIDE VARIETY OF SPORTS, NOT TO MENTION ACTIVITIES SUCH AS OPENING JARS.

Source: Berkeley Wellness Newsletter 1996

Shared by: Lorna Krkich, Development Services
CITY NATURE CHALLENGE

SARAH ANGULO
Take the
City
Nature Challenge
2019
April 26–29

Sacramento Region
UC California Naturalist
in partnership with UC Davis Ecology & Evolution and UC Davis Center for Community & Citizen Science
Have you noticed...
Ever wonder what this is...
Flowers in winter?
Seen these?
#tbt

Mama killdeer distracting me from her babies
Introduction to iNaturalist

How It Works

1. Record your observations
2. Share with fellow naturalists
3. Discuss your findings
Every Certified California Naturalist Completes:

- 40+ hours in class and field
- Reading & homework
- Journaling
- iNaturalist
- Citizen science project
- Capstone project (~8hrs)
- Evaluation
- Optional: UCD Extension credits
- Optional: Volunteering (volunteer portal)
- Optional: PLT educator or facilitator training
What is the... **City Nature Challenge**?

- An international competition between cities to engage residents and visitors in documenting nature to better understand urban biodiversity
- Winner determined by:
  - Most observations
  - Most species
  - Most participants
- April 26 – 29, 2019
in these California cities:
San Francisco Bay Area
Los Angeles County
San Diego County
Sacramento Region
- Download iNaturalist and participate in local events
- Host an event at your ANR location: invite your certified California Naturalists, neighbors, and local officials
- Volunteer as an expert for a local ID party
Join the Second Street Ops Committee and CalNat for these UC ANR Davis Building events!

Thursday, April 25 at noon in the Sacramento Valley room: iNaturalist training
Friday, April 26 from 12:00 – 1:00 PM, meet at the patio: Bioblitz
Monday, April 29 from 12:00 – 1:00 PM, meet at the patio: Bioblitz
SECOND STREET OPERATIONS

DAVID ALAMILLO
BERNADETTE RAMIREZ
BERTHA FELIX
KELLY SCOTT
VERONICA GEIGER
SANDI OSTERMAN
BELINDA MESSENGER-SIKES
CELEBRATE!

NEW FACES

WELCOME

University of California
Agriculture and Natural Resources
LEARNING
BUILDING REVIEW
DAVID ALAMILLO
EH&S
University of California
Agriculture and Natural Resources
ANR Building Review

University of California
Agriculture and Natural Resources

ANR Building, Davis
Staff Meeting
February, 2019
ANR Health & Safety Regulatory Accountabilities

University of California
Agriculture and Natural Resources
Cowboy before O.S.H.A.
Cowboy after O.S.H.A.

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IIPP – Core Program Components

• **Responsibility**: for implementing the IIPP
• **Compliance**: with safe work practices and recognition
• **Communication**: system, including meetings, trainings, postings, etc.

• **Hazard Assessment**: procedures for identifying & evaluating workplace hazards, including periodic *inspections* to identify unsafe conditions and work practices

• **Accident/Exposure Investigation**: investigation of occupational injuries/illnesses
• **Hazard Correction**: methods for correcting unsafe or unhealthy conditions
• **Training and Instruction**: about safe work procedures
• **Recordkeeping**: documentation of safety and health training

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ENTER AT YOUR PERIL.
Material Storage

Guess the hazard(s) or unsafe condition(s)?
Material Storage

Guess the hazard(s) or unsafe condition(s)?
Material Storage

Hazards or unsafe conditions:
• materials stored on shelving above 6 ft. in height without retaining the items
• materials stored within 18 inches of a fire sprinkler (the ceiling)
• materials stored overhanging shelves ledges
• 2 ft. of width required for egress between shelving

Recommended practices:
• shelving above 6 ft. should have either a retaining lip of >1 inch, or a chain/bungee cord, etc. to retain the stored items
• limit the overall height of stored items to <18 inches of the ceiling
• store items on shelving without extending over ledges
• keep at least 24 inches of space between shelving/materials for egress

Correction / Action:
• EH&S and Facilities to install retaining lips to shelving above 6 ft.
• Units should identify and relocate items appropriately

For more: Safety Note #171 (Office Storage Safety)
Material Storage
Safe practices in action:
Securing/Bracing of Materials

Guess the hazard(s) or unsafe condition(s)?
Securing/Bracing of Materials

Hazard or unsafe condition:

• Several shelves, cabinets, and bookcases (over 4 ft. in height) are freestanding / not secured to the building’s foundation for the purpose of seismic safety

Recommended practices:

• UC Policy dictates shelving, bookcases and cabinets are to be secured to the building foundation (walls or ceiling) for earthquake/seismic safety

Correction / Action:

• EH&S will work with the Building Coordinator and affected Units

For more: Safety Note #006 (General Earthquake Safety)
Securing of Materials

Safe practices in action:
Office Electrical Hazards

Guess the hazard(s) or unsafe condition(s)?
Office Electrical Hazards

Hazard or unsafe condition:
• exposed wiring allows for the potential of an electrical shock, fire, or trip/fall hazard
• extension cords require UL approval & ‘grounding’ prong (3-prongs)
• plug extension cords into wall outlets, NOT power strips (daisy chain)
• frayed wiring may result in overheating or leakage of current

Recommended practices:
• energized parts of electric equipment should be guarded against accidental contact by an enclosure
• frayed wiring (insulation jacket) should be replaced by qualified person, electrical tape is not a viable fix

Correction / Action:
• Staff should notify Facilities or EH&S of exposed electrical parts
• EH&S will work with the Building Coordinator and affected spaces

For more: Safety Note #019 (Basic Electrical Safety)
General Housekeeping

Guess the hazard(s) or unsafe condition(s)?
General Housekeeping

Guess the hazard(s) or unsafe condition(s)?
General Housekeeping

Guess the hazards or unsafe conditions?
General Housekeeping

Hazards or unsafe conditions:
• aisles, walkways, and stairways should be kept clear of obstructions
• floors shall be kept reasonably free of oil, grease, or water
• ‘common areas’ kept clean, clear and hygienic
• ‘ANR Building’ ladders (^4 ft./not-step) require inspection/training prior to use

Recommended practices:
• cords should be reasonably tucked away or protected
• staff should group, fasten and secure lose cables/wiring
• practice good hygiene, clean-up after yourself, look out for others
• if there is a large spill, get help from Facilities or EH&S
• safety is everyone’s responsibility. Please report hazards, accidents, or near-misses (phew—that was close!) to EH&S

For more: Safety Note #062 (Slips, Trips, and Falls)
Safety Note #066 (Good Housekeeping Practices)
Safety Note #118 (EH&S: Everyone’s Responsibility)
Outdoor Safety

Hazards or potentially unsafe conditions – BE AWARE
Outdoor Safety
Hazards or potentially unsafe conditions – BE AWARE

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Resources

• The EH&S website: safety.ucanr.edu/

• EH&S Safety Notes (category: office operations): safety.ucanr.edu/Safety_Notes/

• The Building Ask Button or EH&S Ask Button

• The EH&S ‘Report a Safety Hazard’ online survey

• Your Supervisor and/or your Safety Coordinator

• Contact Risk & Safety, anytime, in person, by phone, or email
Resources

Safety Notes discussed in this presentation
- Safety Note #171 (Office Storage Safety)
- Safety Note #006 (General Earthquake Safety)
- Safety Note #019 (Basic Electrical Safety)
- Safety Note #112 (California Universal Waste Requirements)
- Safety Note #037 (General Office Safety)
- Safety Note #118 (EH&S: Everyone’s Responsibility)
- Safety Note #147 (Workplace First Aid Kits)
- Safety Note #166 (Office Preparedness for Emergencies)
- Safety Note #062 (Slips, Trips, and Falls)
- Safety Note #066 (Good Housekeeping Practices)
QUESTIONS?

Please ‘Sign-in’ before leaving
Questions?
Next-

UC ANR Staff Meeting
Thursday, March 21, 2019
1:30 to 2:30 PM