

All Hands: Town Hall



Please use

Chat for input

Q&A for questions

**Poll – how are you all doing
– poll now**

April 16

Agenda

Sharing vision & news

Welcome and poll (5 mins)

Updates (10 minutes)

ANR in action

Innovation in a time of need (25 mins)

Impact of Covid19 on vulnerable populations (5 mins)

Leadership Q&A (10 mins)

Wrap up (5 mins)

Note: Some of us will stay on to field more questions



Vision & News

Updates from Leadership

Updates – Glenda Humiston (10 minutes)



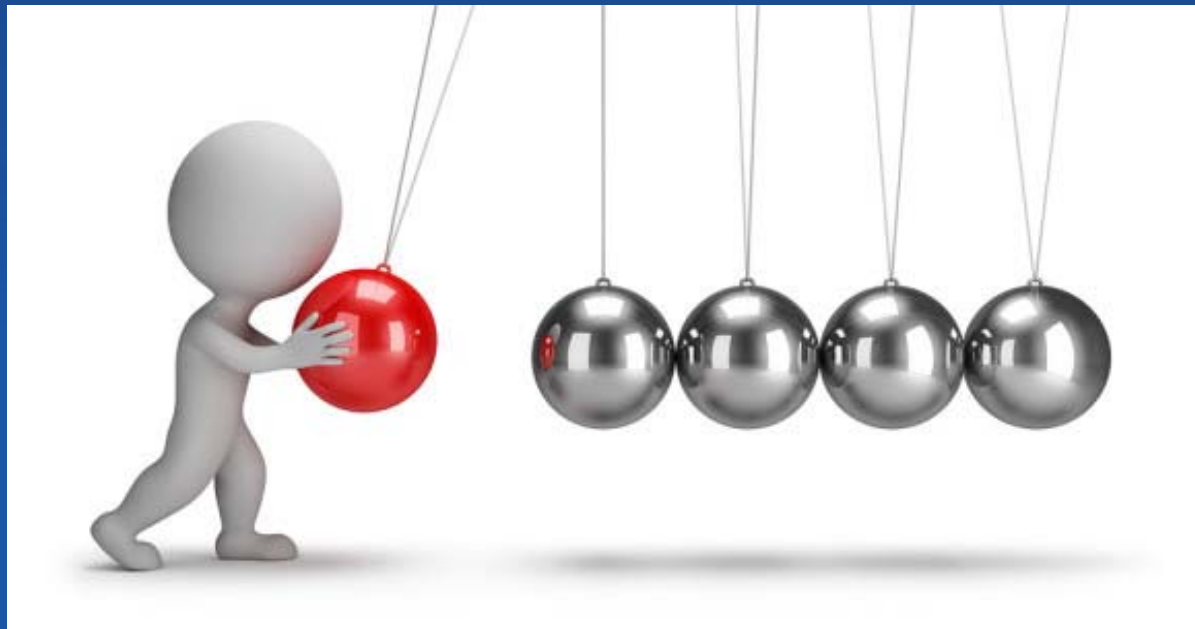
Keeping well

Programming efforts.

**We are still at work - helping
the people of California**

ANR in Action

- Our Values
- Sharing success & innovation
- Promoting wellness



UC ANR in action



Principles of Community

How many principles? 9

#3 - Value the contribution and worth of all members

Sharing successes: Recognizing & Promoting innovation

Innovation in a time of need

Town Hall

Thursday April 16 2020



What is innovation?

Does Innovation need to be new?



Innovation

Innovation doesn't have to be new – but rather new for the individual or the company.



Example of “innovation”

Does innovation mean new?

- Cell phones and innovation
- Who/what comes to mind?
- Who developed the first mobile phone and when?
- Motorola, 1973 – but the concept started way back ... in 1918!
- Companies take an existing idea and explore how they can use it.



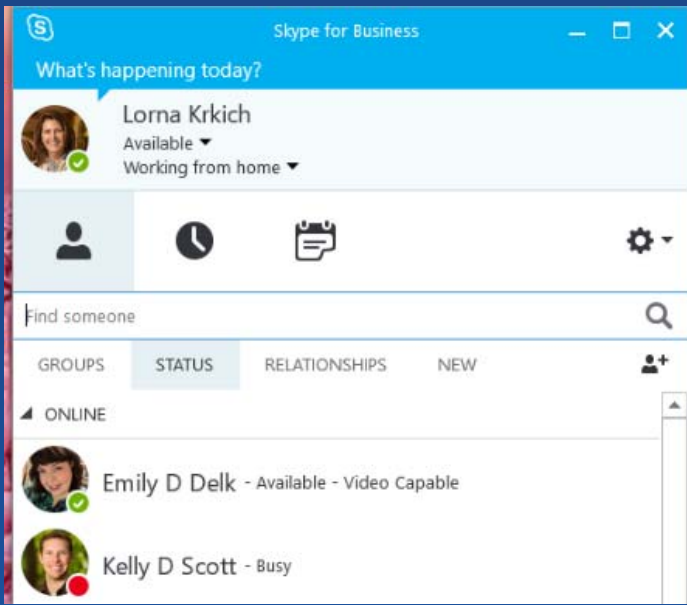
So Innovation for us?

So how are we exploring tools and opportunities in ways we might not have done before?

- Will highlight 3 examples.



Skype for Business



Voice/Chat/Share/Video

Across all platforms & systems



Availability

UCCE Connects to You!

Making nutrition education available to all Californians



Why Important?

This project explores ways to reach/connect with participants that cannot come to EFNEP classes.



EATING SMART
BEING ACTIVE

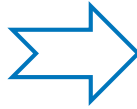


ESBA
8-lesson
series group
setting

UCCE C2U
10-newsletters
1-2 group classes
Mail lessons ⁴/₇
home
Coaching calls by
Phone/video chat



Why Innovative?



100%
At Home

¡UCCE se conecta contigo!
Enfocada educación sobre nutrición a todos en California

Aprenda a como mantenerse saludable en casa con ¡UCCE se conecta contigo!

¡UCCE se conecta contigo! es una programa de 8 lecciones en español que ayuda a las personas a aprender a como mantenerse saludable en casa con ¡UCCE se conecta contigo! Aprenda a como mantenerse saludable en casa con ¡UCCE se conecta contigo!

UCCE Connects to You!
Making nutrition education available to all Californians

Objetivos del programa

- ✓ Aprender a como mantenerse saludable en casa con ¡UCCE se conecta contigo!
- ✓ Conocer a otros participantes
- ✓ Aprender a como mantenerse saludable en casa con ¡UCCE se conecta contigo!
- ✓ Aprender a como mantenerse saludable en casa con ¡UCCE se conecta contigo!

Participa en forma presencial o en línea con UCCE Connects to You!

¡UCCE Connects to You! es un programa de 8 lecciones en español que ayuda a las personas a aprender a como mantenerse saludable en casa con ¡UCCE se conecta contigo!

Learn how to be healthy at home with UCCE Connects to You!

You can complete this 8 lesson program at home! Learn how to improve your health and the health of your family. This lesson includes healthy recipes and lots of fun, colorful activities with all nutrition education by video in Spanish that you can ask questions and get support. When you complete the program, you will receive a graduation certificate and a Walk-About DVD. We are providing this at no cost to you! Our goal is to improve the health of families in California.

Program Eligibility: Limited resource families in all 5 states

You will learn how to:

- ✓ Stay motivated and stay healthy at home
- ✓ Live healthier at home
- ✓ Stay motivated and stay healthy at home



For more information, please contact: UCCE Nutrition Education by video (UCCE Connects to You) at 1-800-451-2263

- Lesson Topics:
- Get Moving!
 - Plan, Shop, Save!
 - Fruits & Vegetables for Your Plate
 - MyPlate for Your Plate
 - Build Stronger Bones & Protein
 - Make A Change - 1st, 2nd, 3rd & 4th Grade
 - Go Home! Let's Stay at Home!



UCCE Connects to You! Sign Up *****
UCCE se conecta contigo! Sign Up *****

(Please print your name in all caps)

Name: _____

Phone: _____

Address: _____

City: _____

State: _____

Zip: _____

What type of physical activity do you need? _____

What type of physical activity do you need? _____

What type of physical activity do you need? _____

UCCE Connects to You! Sign Up *****
UCCE se conecta contigo! Sign Up *****

(Please print your name in all caps)

Name: _____

Phone: _____

Address: _____

City: _____

State: _____

Zip: _____

What type of physical activity do you need? _____

What type of physical activity do you need? _____

What type of physical activity do you need? _____

UCCE C2U
10-newsletters
1-2 group classes
Mail lessons home
Coaching calls by
Phone/video chat



UCCE Connects to You! Protocol (At-a-Glance)

UCCE C2U 1:1	UCCE C2U Zoom Check-in	UCCE C2U Zoom Class
<p>1st Contact (Enrollment)</p> <ul style="list-style-type: none"> -Phone/vchat/email to establish contact -Use phone script Call #1 -Enrollment by phone/online -Pre-survey by phone/online -Set date for Call #2 (~1 week) -Email Lessons 1-3; MyPlate, FV for Better Taste & food label change handouts; recipes/cookbook. 	<p>1st Contact (Enrollment)</p> <ul style="list-style-type: none"> -Phone/vchat/email to establish contact -Use phone script Call #1 -Enrollment by phone/online -Pre-survey by phone/online -Zoom invite (~1 week) -Email Lessons 1-3; MyPlate, FV for Better Taste & food label change handouts; recipes/cookbook. 	Coming Soon!
<p>2nd Contact (Check-in)</p> <ul style="list-style-type: none"> -Phone/vchat 1:1 -Use phone script Call #2 -Set date for Call #3 (~1.5 week) -Mail Lessons 4-6 	<p>2nd Contact (Check-in)</p> <ul style="list-style-type: none"> -Zoom group meeting -Follow content in phone script Call #2 -Zoom invite (~1.5 week) -Email Lessons 4-6 	
<p>3rd Contact (Check-in)</p> <ul style="list-style-type: none"> -Phone/vchat 1:1 -Use phone script Call #3 -Set date for Call #4 (~1.5 week) -Email Lessons 7-1, 7-2, 7-3 and 8 	<p>3rd Contact (Check-in)</p> <ul style="list-style-type: none"> -Zoom group meeting -Follow content in phone script Call #3 -Zoom invite (~1.5 week) -Email Lessons 7-1, 7-2, 7-3 and 8 	
<p>4th Contact (Check-in & Exit)</p> <ul style="list-style-type: none"> -Phone/vchat 1:1 -Use phone script Call #4 -Program Feedback (4 questions) by phone/online -Post-survey by phone/online -Email certificate 	<p>4th Contact (Check-in & Exit)</p> <ul style="list-style-type: none"> -Zoom group meeting -Follow content in phone script Call #4 -Program Feedback (4 questions) online -Post-survey online -Email certificate 	

UCCE Connects to You!
Making nutrition education available to all Californians

Lesson One - Get Moving Worksheet

One way to be active is _____

Write down your goal: _____

My activities I will do this week are: _____

I will do this activity on these days: _____

Write down your activities for one week.

Activity	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Total hours/minutes

This is the total hours and minutes that I did on this activity this week: _____

Logos: UCCE Connects to You!, EFNEP, Universidad de California, CalFresh.

UCCE Connects to You!
Making nutrition education available to all Californians

Lesson Two - Plan, Shop, Save! Worksheet

Activity 1: Plan, Shop, Save!

Activity 2: Plan, Shop, Save!

Compare Prices

The unit of measure for the two brands of cheese is by ounce. The cost per ounce is the unit price.

1. Which cheese costs less per ounce? _____

2. Which cheese costs the most (most money)? _____

3. Which cheese product is a better buy? _____

Logos: UCCE Connects to You!, EFNEP, Universidad de California, CalFresh.



How We Did It? ... Truly a team effort!

- Update new logo & funding statement (Tammy/Bao/Suzanne)
- Promotion flyer (Suzanne) & Spanish translation (Clara/Myriam/Itzel)
- Phone script & protocol (Marisa/Katie J/Anna/Tammy)
- Google form (Daisy/Claudia)
- Worksheets (Shyra/Jessica)
- Data entry instructions for EFNEP (Shyra)
- Data entry instructions for CFHL, UC (Jennifer/Angie/Barbara)
- Educator training (Tammy/Shyra)
- Zoom, Google Voice training (Lyn)
- Delivery (EFNEP & CFHL, UC Educators)



3. 4-H Virtual Mindful Me

UC ANR Town Hall April 16, 2020



Anne M Iaccopucci, MA
Healthy Living
Academic Coordinator



Katherine E. Soule, Ph.D.
Director of UCCE and YFC
Advisor
San Luis Obispo & Santa
Barbara Counties



Kendra M. Lewis, Ph.D., CFLE
Youth & Family Resiliency
State Specialist
University of New Hampshire
CE



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4-H Youth Development Program

Promoting Healthy People and Communities

- Mindful eating
- Affirmations
- Identification and management of emotions
- Being present in the current moment
- Yoga



ANNE M. IACOPUCCI, MA, KATHERINE E. SOULE, PHD, AND KENDRA M. LEWIS, PHD., CFLE



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4-H Youth Development Program

Meeting Community Needs

- Delivery of programming that specifically builds competencies in social-emotional health and wellbeing.
- Provided a virtual platform for the youth and families to engage in our programming.



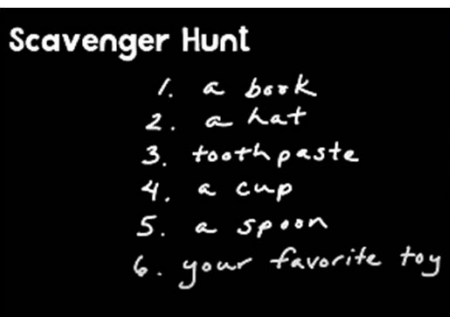
Meeting Community Needs

- Youth can participate alone.
- Little supplies needed.



Lessons Learned

- Simplify content.
- Consider accessibility.
- Build on existing content.
- Provide appropriate links.



Questions and Support

Anne M Iaccopucci at amiaccopucci@ucanr.edu

Katherine E Soule at kesoule@ucanr.edu

Link to Virtual Mindful Me: <https://campus.extension.org/>

Enrollment key: **California**



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■ 4-H Youth Development Program

Innovation in the midst of COVID-19

Reflections

(AVP Wendy Powers)



Inequitable Impacts of the COVID-19 Crisis on Vulnerable Populations

Presented by: Katherine E. Soule and Keith Nathaniel

UC ANR Townhall, April 2020



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4-H Youth Development Prc

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"Intersectionality health equity lenses help us understand that every person's experience is **fundamentally different than than the experience of others...** More than just a theory or framework, it is a commitment to developing a relentlessly critical and self-reflective lens that begins with the premise that race, class, gender, and other axes of social identities are intertwined and mutually constitutive, and that such lens can help advance health disparities research , practice, and leadership by making the **invisible visible.**"

A National Academy of Medicine Discussion Paper
nam.edu/Perspectives




@theNAMedicine

Health Inequities, Social Determinants, and **Intersectionality**



4/27/2020

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Risk of disproportional impacts increases for individuals who are members of multiple vulnerable populations.

People of Color
People who are undocumented
People who are LGBTQ+
People who are living in poverty
People who are homeless
People who have chronic health conditions
Essential workers (including ag workers)
People who are incarcerated
People over the age of 65
Youth living in foster care



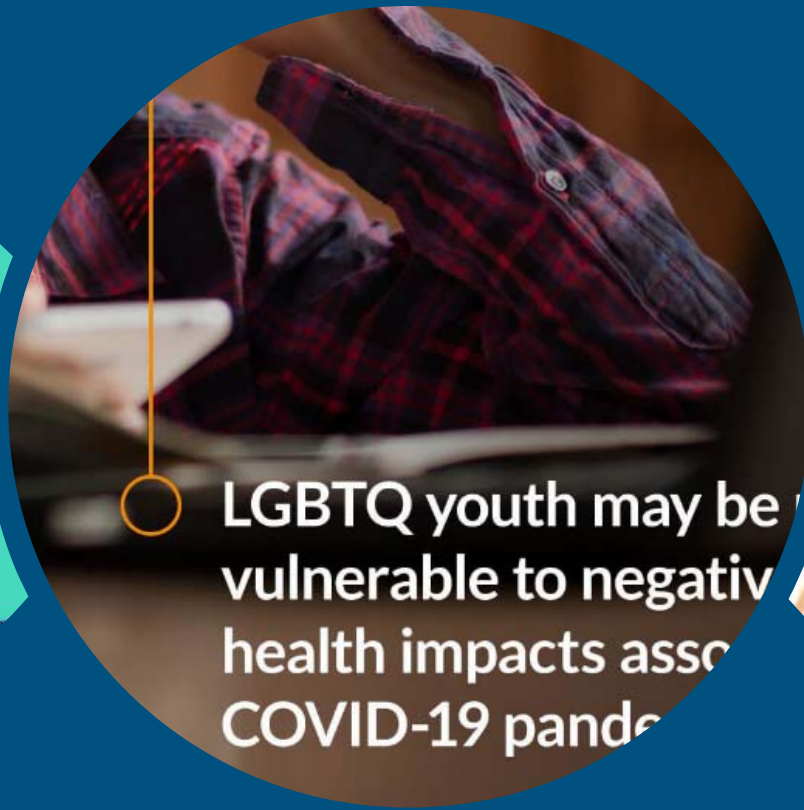
***What the COVID-19 Pandemic
Means for Black Americans***



***Xenophobia, Anti-Asian Racism
and COVID-19***

55% OF LOW-INCOME
LATINO FAMILIES
HAVE BROADBAND
INTERNET
AT HOME.

***Latino Community
Foundation of California***

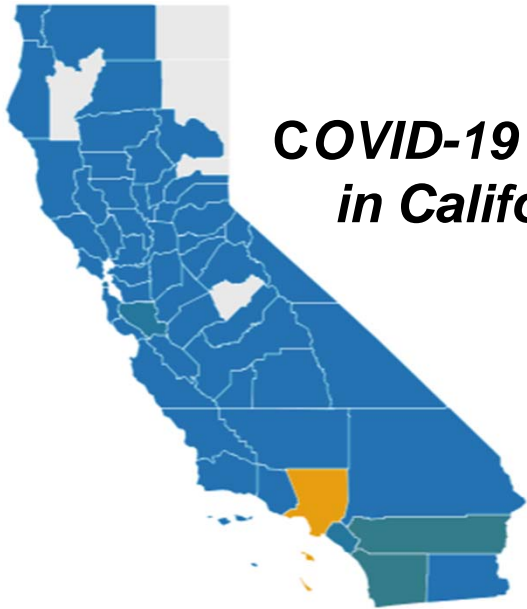


Learn More

**Work with clientele,
partners, and
colleagues
to review how your
work can support
vulnerable populations
during this crisis**

**Follow social
media that
tracks these
issues**

***COVID-19 Cases
in California***



What Can We Do?

5<

Some discussion - Q&A

From Q&A and chat

UC ANR Townhall, April 2020

Discussion/comments

Time for a few questions now.

(Given time available, will follow up with responses to other questions in an Update)

(Poll results)



Stay safe & well

Resources: ucanr.edu/covid19



This is a time that can be stressful.

What can you do?

Name it!

Stay connected

Reach out

Almost finally - Keep well

UC Walks - May 06. See the Staff Assembly Wellness page

http://staffassembly.ucanr.edu/Subcommittees/Wellness_Committee/Wellness_Committee/UC_Walks/



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Next meeting

- 3rd Thursday
each month
- 1.30-2.30 pm



Stay safe & well



Resources: ucanr.edu/covid19

**This is a time that can be stressful.
What can you do? Name it! Stay
connected, Reach out.
Check resources @ uccanr.edu/Covid19**

Why these meetings?

Sharing Vision & News

- Updates (strategic elements)

ANR in action

- Our Public Values & Principles of Community
- Stories of success
- Wellness tips



**Confirm our shared
commitment to making a
positive difference.**

Updates – Glenda Humiston (10 minutes)



Initiatives underway: Keeping well Programming efforts.

Recognition of challenges

We're at still work - helping the people of California