

# Clue #1

**X**

A penny for your thoughts? Campers need time to decompress at the end of a fun day at camp and reflect on their day. Providing transition time before lights out and sleep just makes CENTS. What is something they could do during this time?



# Clue #2

**X** Campers can become homesick as they adjust to a new routine, friends, and surroundings. What is something from home that may help them feel better? Perhaps some sort of **letter**, but it may require **several steps** of preparation ahead of time? \_\_\_\_\_

A)  $20 - 25 + 8 - 13 + 11 - 2 + 13 - 11 = \underline{\quad}$  (=  $\underline{\quad}$ )

B) The age when you become an “adult” \_\_\_\_\_ (=  $\underline{\quad}$ )

C) 4 8 12 16 \_\_\_\_\_ (=  $\underline{\quad}$ )

D) If Jenny is 2 years older than Tom, and Tom is 3 years younger than Fred, and Billy is 14 years old and two years younger than Fred. How old is Jenny? \_\_\_\_\_ (=  $\underline{\quad}$ )

E) The number of quarters in a pizza \_\_\_\_\_ (=  $\underline{\quad}$ )

F) diecinueve \_\_\_\_\_ (=  $\underline{\quad}$ )

G) 12 3 9 3 6 3 \_\_\_\_\_ (=  $\underline{\quad}$ )

H)  $4^2$  \_\_\_\_\_ (=  $\underline{\quad}$ )

# Clue #3

**X**

Who do we hope will become more independent, make friends, learn to solve interpersonal problems, and increase their confidence? \_\_\_\_\_

3—1— 13—16—5—18—19

# Clue #4

**X** Take FOUR steps to unscramble the riddle of what should be done during active times of the day, and not when trying to install calm and sleepiness at the end of the night? \_\_\_\_ \_ \_ \_ \_



# Clue #5

**X** Campers should not have to search for this when singing campfire songs \_\_\_\_\_



# Clue #6

Drip, Drip, Drip, Drip

**X** Campers should always have this available \_\_\_\_\_



# Clue #17



Physical activity makes bodies stronger, brains sharper, and experiences more memorable. Incorporate hikes, water sports, physical challenges, and dancing into your schedule. “Learn by doing” is the 4-H motto.

Using your bodies, spell out C.A.M.P.

Take a picture (or multiples if necessary).

# Clue #8



Trying out and mastering new challenges increases self esteem.

Make a human pyramid with 3 people from your group.

Take a picture.





# Clue #9



Time in nature reduces stress. Incorporate activities into camp that take advantage of the natural surroundings, such as a scavenger hunt.

Search around for a piece of nature that resembles a letter of the alphabet.

Take a picture.



# Clue #10

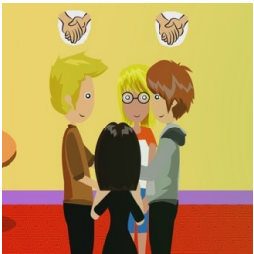


Making new friends is important at camp. This can be facilitated by ice-breaker games in the cabin when campers arrive. Here is one game you could play called the Human Knot.

Take a picture of yourselves playing it.



1. Get in a group and form a tight circle (shoulder-to-shoulder).



2. Have each person reach into the center of the circle and grab a hand of a person standing across the circle -- each person must hold hands with 2 different people.



3. You cannot let go of one another's hands as you untangle yourselves. When the circle is untangled, some people can be facing out and some in.



4. Try to untangle so everyone in the group is holding hands in a circle.

# Clue #11



Safety is always the first priority when working with children. Be sure you have reviewed the safety manual and have protocols in place before you arrive.

Turn over rocks in search of a symbol of first aid.

Take a picture.

Replace as found for the next group.



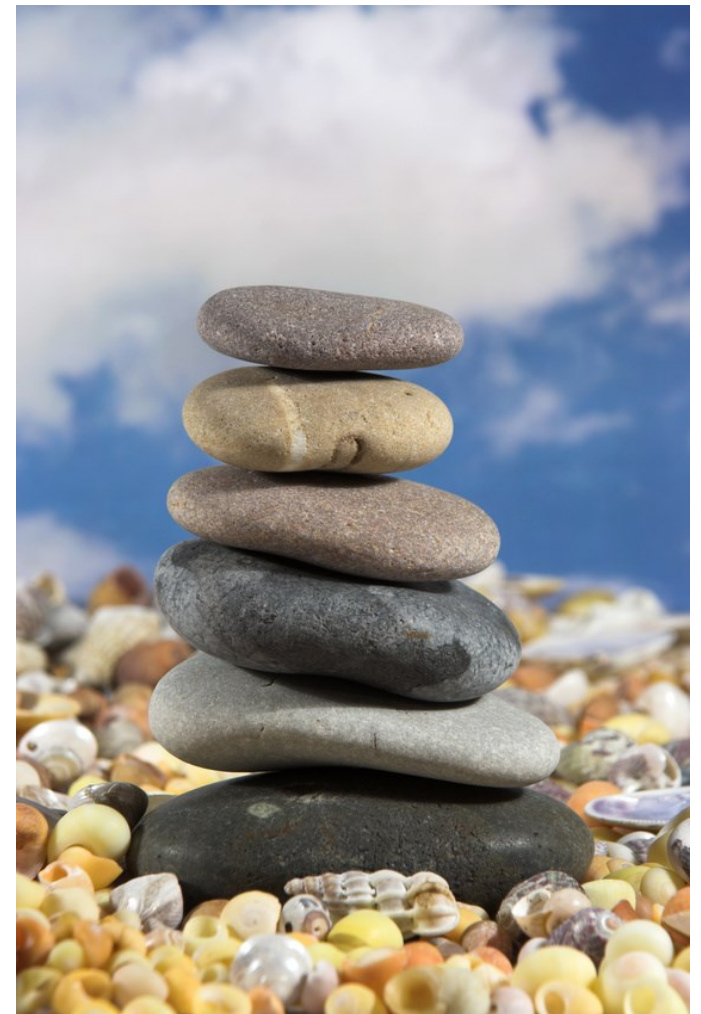
# Clue #12



Children learn best by building on existing knowledge and experience. Be sure there is a balance between new experiences, and old traditions.

Balance 4 rocks into a Karin, stacking one on top of the other.

Take a picture.



# Clue #13



Setting up rules and expectations at the start of camp allows for the opportunity to do the right thing. This limits behavioral problems. Send home rules. Develop Cabin Agreements upon arrival. Teach teen staff disciplinary and group management skills.

Look around. Standing in front of this clue, turn to the north. Take 3 steps.

Take a picture of what is in front of you.

# Clue #14



Well balanced meals keep kids active throughout their day. High protein breakfasts, fruits and whole grains instead of sugary snacks, and limited caffeine ensures a level supply of energy.

Using the play dough, sculpt one of your favorite healthy camp foods.

Take a picture.



# Clue #15



Teen staff need to know what the expectations are for their job.

Be sure to provide a dress code, rules about appropriate language use, daily duties, rules about hanging out with the opposite sex, guidelines for song lyrics, how to respond to inappropriate jokes, and how to stop put-downs or bullying.

Spell it out for them. Demonstrate how to respond.

Find any 4 items that start with the letters C.A.M.P.

Take a photo of each.

# Clue #16



Running a camp takes a lot of preparation. It also requires a great degree of figuring things out as you go and feeling your way through situations. Keep a journal as you go through your week of what worked really well, and what you would improve next time.



Can you figure out what is in this box just by feeling?

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