## **Apple: Preserve It**



## **Apple Jelly**

Yield: about 7 half-pints

5 cups prepared apple juice 7-1/2 cups sugar 1 pouch liquid pectin

- 1. Sterilize canning jars by boiling for 10 minutes at altitudes of less than 1,000 feet. At higher elevations, boil jars 1 additional minute for each additional 1,000 feet elevation.
- 2. Pour juice into a large saucepot. Add sugar, stirring until dissolved.
- 3. Bring to a boil over high heat; boil exactly 1 minute, stirring constantly.
- 4. Stir in liquid pectin quickly. Return to a full rolling boil; boil exactly 1 minute, stirring constantly. Remove from heat. Skim foam if necessary.
- 5. Ladle hot jelly into hot, **sterile** jars, leaving 1/4-inch headspace. Wipe rims with a dampened clean paper towel; adjust two-piece metal canning lids.
- 6. Process 5 minutes in boiling-water or atmospheric steam canner, adding 1 additional minute per 1,000 feet above sea level.

Source: National Center for Home Food Preservation, 2018

Note: If unsterile jars are used, the filled jars should be processed 10 minutes.

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