## **Tomato: Preserve It**



## **Tomato Ketchup**

Yield: about 6 to 7 pints

24 pounds ripe tomatoes

3/4 teaspoon ground red pepper (cayenne)

4 teaspoons whole cloves

1-1/2 teaspoons whole allspice

1-1/2 cups sugar

3 cups chopped onions

3 cups cider vinegar (5 percent)

3 sticks cinnamon, crushed

3 tablespoons celery seeds

1/4 cup salt

- 1. Wash tomatoes. Dip in boiling water for 30 to 60 seconds or until skins split. Dip in cold water. Slip off skins and remove cores.
- 2. Quarter tomatoes into 4-gallon stock pot. Add onions and red pep- per. Bring to boil and simmer 20 minutes, uncovered. Cover, turn off heat and let stand for 20 minutes.
- 3. Combine spices in a spice bag and add to vinegar in a 2-quart saucepan. Bring to boil.
- 4. Remove spice bag and combine vinegar and tomato mixture. Boil about 30 minutes.
- 5. Put boiled mixture through a food mill or sieve. Return to pot. Add sugar and salt, boil gently, and stir frequently until volume is reduced by one-half or until mixture rounds up on spoon without separation.
- 6. Fill hot pint jars, leaving 1/8-inch headspace. Remove air bubbles and adjust headspace if needed.
- 7. Wipe jar rims with a dampened paper towel. Adjust lids and process pint jars in a boiling water or atmospheric steam canner for 15 minutes at 0-1,000 feet, 20 minutes at 1,001-6,000 feet, and 25 minutes above 6,000 feet.

Source: National Center for Home Food Preservation, 2017