UNIVERSITY OF CALIFORNIA Agriculture and Natural Resources UC Master Food Preserver Program

Holiday Gift Ideas & Meal Ideas

Apple Pie Filling

- 12 cups sliced, peeled, cored apples that have been treated (to prevent browning)
- 2-3/4 cups granulated sugar
- 3/4 cup ClearJel®
- 1-1/2 teaspoons ground cinnamon
- 1/2 teaspoon ground nutmeg
- 1-1/4 cups cold water
- 2-1/2 cups unsweetened apple juice
- 1/2 cup lemon juice

Yield: 7 pint jars

Meal Ideas

- Apple Pie!
- Apple Cake
- Apple Cobbler
- Strudel
- Savory sauce for pork

- 1. Prepare canner, jars and lids.
- 2. In a large pot of boiling water, working with 6 cups at a time, blanch apple slices for 1 minute. Remove with a slotted spoon and keep warm in covered bowl.
- In a large stainless steel saucepan, combine sugar, ClearJel®, cinnamon, nutmeg, water, and apple juice. Bring to a 3. boil over medium high heat, stirring constantly, and cook until mixture thickens and begins to bubble. Add lemon juice, return to a boil and boil for 1 minute, stirring constantly. Remove from heat. Drain apple slices and immediately fold into hot mixture. Before processing, heat, stirring, until apples are heated through.
- 4. Ladle hot pie filling into hot jars, leaving 1-inch of headspace. Remove air bubbles and adjust headspace, if necessary, by adding hot filling. Wipe rims. Apply lids and rings.
- 5. Process pint jars in a boiling water or atmospheric steam canner for 25 minutes at 0-1,000 feet, 30 minutes for 1,001-6,000 feet, and 35 minutes above 6,000 feet.

Source: Ball Complete Book of Home Preserving, 2020