

## Advice to Grow by...Ask Us!

You can obtain free gardening advice year-round from the UC-trained

### CONTRA COSTA MASTER GARDENERS.

Contact us at [ccmg@ucanr.edu](mailto:ccmg@ucanr.edu) or call (925) 646-6586.

Visit our website at [ccmg.ucanr.edu](http://ccmg.ucanr.edu) to:

- find event recaps,
- see event listings & set reminders,
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### Our Co-Sponsor

Our sincere thanks to our event Co-Sponsor, Sustainable Contra Costa!



## Acknowledgements (\*)

The Contra Costa Master Gardeners gratefully acknowledge the assistance and support of:

Alhambra Water – bottled water	M&M Sanitary – discounted sanitary facilities
Stephen Andrews, Soil Scientist – presentation	Off the Grid – food truck booking & management
Bay-Friendly Landscaping & Gardening Coalition – demonstration	Papa John Kiefer – demonstration
Central Contra Costa Solid Waste Authority – onsite recycling bins; compost bin prize donation	Pine Needle Baskets – craft demo & sale (proceeds to CCMG)
Civic Arts Education – parking and restroom facilities	Pleasant Hill Garden Study Club – loan of canopies and tables
Contra Costa Medical Reserve Corps – first aid services	Republic Services – onsite waste bins; giveaway burlap bags
<i>The Contra Costa Times</i> – ongoing support!	Sustainable Lafayette & Linda Riebel – presentation
East Bay Municipal Utilities District – demonstration	UC Davis Arboretum & Ellen Zagory – presentation
Lafayette Boy Scout Troop 200 – set up, take down & recycling assistance	The Urban Farmers – demonstration



# Sustainability Fair

2<sup>nd</sup> Annual FREE COMMUNITY

- Presentations
- Informal Talks/Demos
- Children's Activity Center
- Plants for Sale
- Sustainability "Partners"
- Food Trucks, and more...

**September 6, 2014**  
**10 a.m. — 3 p.m.**

**Our Garden, Walnut Creek**  
**N. Wiget Lane & Shadelands Dr.**



*Healthy gardens & communities  
... it's in your hands.*



**University of California**  
**Agriculture and Natural Resources ■ Master Gardener Program**

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Earth image courtesy of NASA, Visible Earth Project.

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# Planning Your Day

## Under the Oaks

🕒 Presentation	
10:00	<b>Introductions and Acknowledgements (*)</b> Laura McCauley, President, Contra Costa Master Gardeners Association
10:30	<b>The Green Foodprint</b> Linda Riebel, Author & Environmental Educator and Board Member, Sustainable Lafayette
11:30	<b>Plants that Attract Beneficials &amp; Pollinators</b> Ellen Zagory, Director of Public Horticulture, UC Davis Arboretum
12:30	<b>Building Healthy Soil with Worm Composting</b> Stephen Andrews, Soil Scientist; UC Berkeley Prof. Environmental Earth Science; aka The Dirt Dude
1:30	<b>Growing Vegetables the BioIntensive Way</b> Janet Miller, Master Gardener and Ecology Action-trained Biointensive Instructor
2:30	<b>Prize Drawing!</b> If you filled out a survey, you could win a plant or compost bin.

## Information Tables Presented by Our Sustainability Partners

511 Contra Costa	The Gardens at Heather Farm
Bay-Friendly Landscaping & Gardening Coalition	Markham Arboretum
Brentwood Agricultural Land Trust	Mt. Diablo Beekeepers Association
California Center for Urban Horticulture (at UC Davis)	Our Water, Our World
California Native Plant Society	Papa John Kiefer
Central Contra Costa Sanitary District (*)	Pacific Gas & Electric
Civic Arts Education, a program of the City of Walnut Creek	Pine Needle Baskets
Contra Costa County Department of Agriculture	Pleasant Hill Instructional Garden
Contra Costa County Farm Bureau	Richmond Grows Seed Lending Library
Contra Costa County Medical Reserve Corps	Sustainable Lafayette
Contra Costa Water District	UC Davis Arboretum
County Connection	UC IPM Urban & Community Group
East Bay Municipal Utility District	The Urban Farmers
Friends of Marsh Creek Watershed	Walnut Creek Open Space Foundation

(\*) Special thanks to Central San for their donation of print services!

## Inside the Garden Fence

👁️ Demonstration/Talk		10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00
1	<b>Fruit Tree Planting &amp; Care</b> <i>You, too, can create a mini-orchard.</i> CCMG Helen Erickson	🍏		🍏		🍏			
2	<b>Irrigation Basics</b> <i>Water conservation and great production!</i> CCMG Steven Griffin		💧		💧		💧		💧
3	<b>Backyard Grapes: Tips &amp; Tricks</b> <i>Is wine or jelly in your future?</i> CCMG Jim DeFrisco		🍇		🍇		🍇		🍇
4	<b>Composting 101</b> <i>How do you replenish your soil?</i> CCMG and Master Composter Billi Haug	♻️		♻️		♻️		♻️	

## Outside the Garden Fence

👁️ Demonstration/Talk		10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00
5	<b>Fresh, Local Healthy Food For All</b> <i>Harvesting backyard fruit for the needy.</i> Siamack Sioshansi, Founder, The Urban Farmers	🍇		🍇		🍇		🍇	
6	<b>The Drought-Resistant Home</b> <i>Preparing for the future.</i> Scott Sommerfeld, EBMUD Water Conservation Representative		💧		💧		💧		💧
7	<b>Waste-Free Lunch</b> <i>How to get the trash out of your lunch box.</i> CCMG Nanette Heffernan	🗑️		🗑️		🗑️		🗑️	
8	<b>Getting Started w/ Backyard Chickens</b> <i>Fresh eggs every day and manure for your compost pile.</i> Papa John Kiefer	🐣		🐣		🐣			
9	<b>Growing Winter Veggies in Containers I</b> <i>Part I: Container preparation &amp; vegetable selection.</i> CCMG Terry Lippert		🗑️				🗑️		
9	<b>Growing Winter Veggies in Containers II</b> <i>Part II: Growing potatoes in a grow bag.</i> CCMG Terry Lippert				🌱				🌱
10	<b>Lose Your Lawn by Sheet Mulching</b> <i>How could it be so easy?</i> Bay-Friendly Landscaping & Gardening Coalition		♻️		♻️		♻️		♻️