



## San Mateo and San Francisco Counties

Visit our website!

## Quarterly News & Events



### Greetings,

We at UC Cooperative Extension San Mateo/San Francisco and Elkus Ranch would like to keep you updated on your local Cooperative Extension program offerings! Learn more about recent and upcoming educational and public events brought to you by our Master Gardeners, Master Food Preservers, nutrition educators, and 4-H youth members and adult volunteers. If you have school-aged children at home, please talk to their teachers about planning a field trip to Elkus Ranch in Half Moon Bay where our staff and ranch animals deliver environmental education through hands on learning.

## Introducing new 4-H YDP Advisor Maggie La Rochelle Gunn!

We are thrilled to welcome our new **4-H Youth Development Advisor** Maggie La Rochelle Gunn! Maggie is an educator, geographer, and gardener who draws on her background and interest in experiential learning, especially in gardens, on farms and through other “place-based” models. She has a Ph.D. in Geography and an M.S. in Community Development from UC Davis, where she taught and researched at the UCD Student Farm and worked with the UC Davis Environmental Justice Project.

Maggie is based at Elkus Ranch and can be reached at



mlgunn@ucanr.edu

Maggie La Rochelle Gunn

## Program Happenings



### 4-H Youth Program

The 2018-2019 4-H program year is off to a great start. We're excited to see our youths and adult volunteers engaging with our community and offering new projects this year: equine, STEAM, Computer Science First (partnering with Google), and more. Come learn more about 4-H at some of our upcoming community events where you can find our local clubs with information booths and fundraising activities: [Upcoming 4-H Events](#)



### UC Master Gardeners

Nearly three years in the planning, the UC Master Gardener's Garden Education Center (GEC), located at the San Mateo County Event Center (SMCEC), is gearing up for use! With greenhouse facilities, raised beds, and general planting and demonstration areas this new location will provide a permanent location to provide workshops & classes to the public along with continuing education to our membership.

[More about the Master Gardeners](#)



### UC Master Food Preservers

What do dried apples, chopped tomatoes, and fresh yogurt have in common with deep fried Oreos-on-a-stick? All were tempting fair at the San Mateo County Fair!



### Elkus Ranch Needs You!

[Elkus Ranch Environmental Education Center](#) is in need of volunteers to help with gardening and stall cleaning for our friendly livestock. Other special projects vary but

In June, Master Food Preserver volunteers offered twelve demonstrations over eleven days at the Fair, teaching members of the public how to make freezer jam from fresh berries, how to make yogurt, and how to dehydrate fruits and vegetables to prepare for a backpacking trip! **For recipes and more**

can include painting, construction, trail maintenance and more. Help us keep our gardens productive and our animals happy and healthy so our programs can thrive and serve our community! Please visit **HandsOn Bay Area** to sign up for the next volunteer day at Elkus Ranch.

## Did you know...

**There are four Cooperative Extension Advisors in San Mateo County** who provide technical assistance to growers, ranchers, and environmental managers, helping enhance the sustainability of our urban, natural, and agricultural environments? Let's take a look at one of those advisors!

**Andrew (aka. Dr. Sutherland) – our Urban Integrated Pest Management (IPM) Advisor** – relies on his own

research and our statewide UC IPM network to help our local pest control professionals and companies choose scientifically-tested pest management methods that are both effective and sustainable. From termites to ants and cockroaches, Andrew's research guides professional pest control companies in adopting the most effective practices and methods, in selecting environmentally-compatible materials, and in transitioning to an overall IPM strategy that is not only a combination of best practices but is also a "structured decision-making process" ensuring both environmental health and pest-management success.



**Dr. Andrew Sutherland, Urban IPM Advisor website**

## Other News / Events / Opportunities

### Elkus Ranch Conference Center



Looking for a unique venue for your corporate retreat, special training, or club meeting? Consider the **Elkus Ranch Conference**

### Nutrition Education

UCCE San Mateo/San Francisco delivers nutrition education to qualifying individuals and families through two federally funded programs: UC CalFresh and EFNEP. Learn more about the programs **here**.

The Supplemental Nutrition Assistance Program, known in California as CalFresh, is the nation's most important anti-hunger program. Here are two factsheets about how



**Center** for your next event! A full commercial kitchen is on-site and the location and price can't be beat!

CalFresh benefits our counties (**CalFresh Fact Sheets**).

**Thank you for reading, we hope to meet you in person soon!**

## UC Cooperative Extension Offices San Mateo / San Francisco Counties

### **Main Office:** (click for directions)

Located at Elkus Ranch  
1500 Purisima Creek Road  
Half Moon Bay, CA 94019  
650-726-9059  
Email: [cesanmateo@ucanr.edu](mailto:cesanmateo@ucanr.edu)

### **Nutrition Office:**

300 Piedmont Ave.,  
Building B, Rm 227  
San Bruno, CA 94066

### **Master Gardener Helpline:**

650-276-9030 / [mgsmsf@ucanr.edu](mailto:mgsmsf@ucanr.edu)

#### **Mondays - 9am to 4pm**

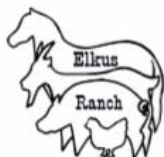
Elkus Ranch Conference Center  
1500 Purisima Creek Road, HMB

#### **Thursdays - 9am to 4pm**

Veteran's Memorial Senior Center  
1455 Madison Ave., Redwood City

#### **Wednesdays\* - 10:30am to 2pm**

\*starting Oct. 24th, 2018 at the  
San Francisco Botanical Garden Library  
1199 9th Ave. San Francisco



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Inquiries regarding ANR's nondiscrimination policies may be directed to UCANR, Affirmative Action Compliance & Title IX Officer, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1397.



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