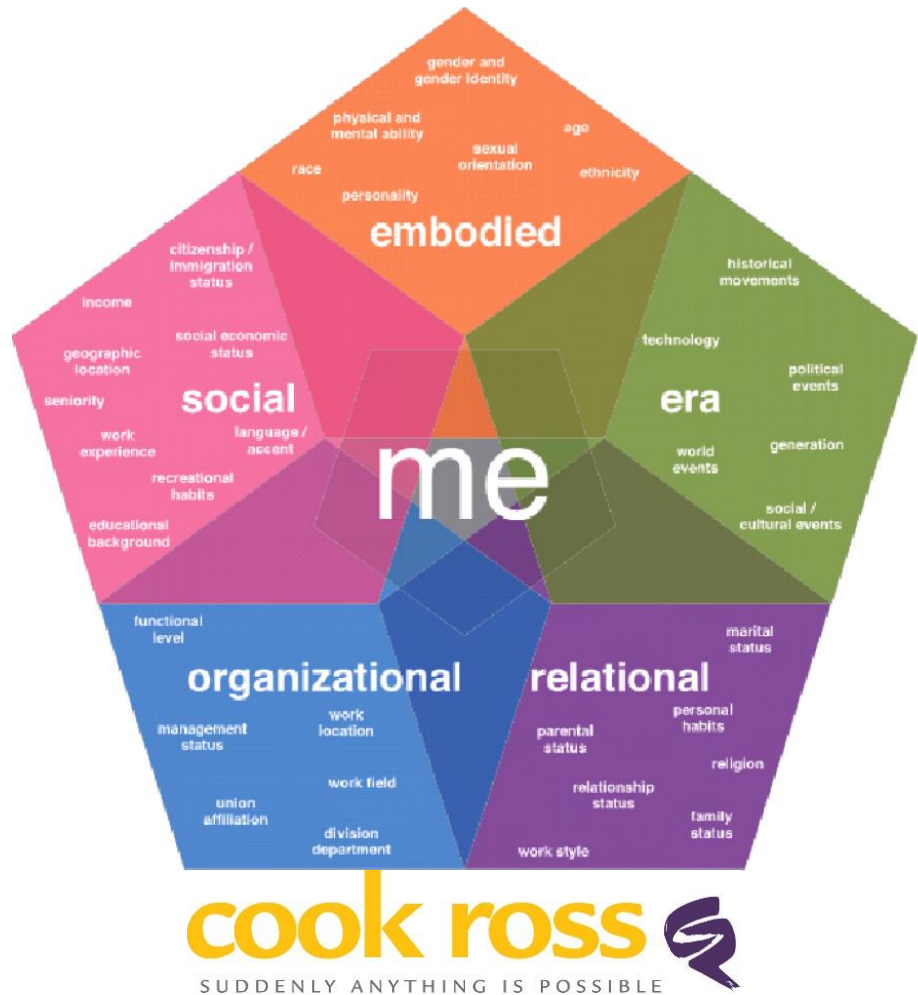


# Cultural Awareness Worksheet

The nature of individual identity consists all of the different parts of a person's life they identify with and/or influences them. A person's identity is a complex network of individual personality characteristics, various roles they identify with, life experiences and of course-all of the various cultural groups they personally identify with.

However, how people identify-the parts of their identity they choose to identify with at a specific time and place-is as complicated as their identity.



On the list below, choose five (5) aspects of your cultural identities that reflects a connection to a cultural group.

Example:

Category	Personal Cultural Identity Notes
Relational	Single Dad
Organizational	4-H Project Leader
Social	Backpacking
Embodied	Caucasian
Era	Technology Geek

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Category	Personal Cultural Identity Notes
Relational	
Organizational	
Social	
Embodied	
Era	

1. Share a story about a time you were especially proud to identify yourself with one of the descriptors you used above.
  
2. Share a story about a time it was especially painful to be identified with one of your identifiers or descriptors.
  
3. Name a stereotype associated with one of the groups with which you identify that is not consistent with who you are. Fill in the following sentence: I am (a/an) \_\_\_\_\_ but I am NOT (a/an)\_\_\_\_\_.

For example: I am 4-H project leader but I do not lead an animal project.