## **CLOVER SAFE #57**



## HEARING PROTECTION

According to information from the National Institute on Deafness and Other Communication Disorders, about ten percent of Americans between the ages of 20 and 69 (22 million people) may have suffered permanent damage to their hearing from excessive noise exposure. Exposure to sounds that are too loud (like an explosion) or loud for long periods of time (like machinery or engine noises) can cause noiseinduced hearing loss. Sound is measured in units called decibels (dBA). The hum of a refrigerator is about 40 dBA, normal conversation is at about 60 dBA, and traffic noise on a busy street can be about 85 dBA.

For additional information about hearing protection, go to the Clover Safe note at: http://ucanr.org/cloversafe.

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