

CLOTHING AND TEXTILES

Sonoma County 4-H

Name: _____ Date: _____

Guidelines for Project Proficiency Award
Intermediate (3rd and 4th years)

	<u>Date</u> <u>Completed</u>	<u>Leader's</u> <u>Initials</u>
1. Learn to take accurate body measurements and alter a pattern for a better fit.	_____	_____
2. Coordinate the fabric, pattern and all notions for a garment that you will make.	_____	_____
3. Learn to read fabric and clothing labels and how to take care of various fabrics.	_____	_____
4. Identify various types of fabrics, satins, wool, denim, etc.	_____	_____
5. Complete a wardrobe inventory list to assess needs.	_____	_____
6. Select & buy an article of clothing that is needed in your wardrobe.	_____	_____
7. Learn to recognize fitting problems & correct them.	_____	_____
8. Learn at least 3 new construction methods:	_____	_____
* set in sleeves		
* new seam finish		
* darts tucks or pleats		
* collar		
* waist band		
* zipper center, fly, invisible		
* button holes		
* new hem stitch or finish		
* cuffs		
* other, approved by leader _____		
9. Learn to clean, care for and adjust sewing machine.	_____	_____
10. Identify & use pressing equipment; pressing cloth, clapper.	_____	_____
11. Learn to recognize good construction techniques in store bought clothing.	_____	_____
12. Learn to layout a pattern on napped, repeat design or plaid fabric.	_____	_____
13. Learn sewing techniques for working with knits.	_____	_____
14. Use at least two decorative details:	_____	_____
* trim or lace		
* yokes		
* contrasting materials, colors, or prints		
* pockets		
* other, approved by leader _____		
15. Select make or buy accessories for a garment made.	_____	_____
16. Learn mending techniques.	_____	_____
17. Keep record on cost on cloths & accessories you buy and make.	_____	_____
18. Learn to launder a sweater.	_____	_____
19. Give demonstration on clothing.	_____	_____
20. Exhibit clothing Project at fair, exhibit night, etc.	_____	_____
21. Participate in two divisions at the County Fashion Revue.	_____	_____

Project Leader's Signature of Completion: _____

Date: _____

Club Leader's Signature of Completion: _____

Date: _____