

# HORSEMAN

## Sonoma County 4-H

Name: \_\_\_\_\_ Date: \_\_\_\_\_

### Guidelines for Project Proficiency Award

#### Beginner:

Date

Leader's

Completed

Initials

To accomplish this level, a Light Horse member will need to have or acquire a basic knowledge and experience relating to handling and riding horses. A project leader should emphasize correct and safe principles for this level. Developing good hands and seat from the beginning is most important. All information in the 4-H book "Horses and Horsemanship" and the 4-H Light Horse Manual should be studied.

#### HANDLING:

1. Demonstrate how to catch a horse.
2. Demonstrate how to tie rope around neck properly with bowline.
3. Show how to lead a horse to post.
4. Show how to tie to a post using stable knot.
5. Demonstrate simple grooming.
6. Demonstrate how to clean one front foot.
7. Demonstrate how to saddle and bridle.
8. Know proper adjustment of equipment to fit horse and rider.
9. Demonstrate safety at all times.

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#### IDENTIFY:

1. Parts of saddle and bridle.
2. Parts of horse.

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#### RIDING:

1. Show proper care of riding equipment when not in use and how to clean it.
2. Demonstrate how to mount and dismount correctly (members who are too short can explain correct method).

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Project Leader's Signature of Completion: \_\_\_\_\_

Date: \_\_\_\_\_

Club Leader's Signature of Completion: \_\_\_\_\_

Date: \_\_\_\_\_