

KINGS COUNTY



University of California

Agriculture and Natural Resources | 4-H Youth Development Program



YOUTH TALK

August 2018

Also in this Edition

Date	August Events	Page
1	Officer Books DUE to UCCE Office	
1	Club End of the Year Reports DUE to UCCE Office	
5	Scholarships for Higher Education Applications DUE	7
7	4-H Council Meeting @ 7pm, UCCE Office—MP Room	2
24	Articles DUE for the Youth Talk	
25	Countywide Dog Care Meeting, 9:00am-Fairgrounds (No Dogs)	
26	4-H State Management Board Committee Applications DUE	7

Kings County 4-H News
 Next Council Meeting
 Up Coming Events
 Member Enrollment
 Volunteer Enrollment
 Judging Day
 Achievement Night
 Leaders/Sponsors Dinner
 4-H Madness
 Council BBQ
 Community Clubs
 Judging Day Practice
 SLC News
 Project News

CA State 4-H News
 Management Board
 Advisory Committees
 Fashion Revue 2019
 High Educ. Scholarships

Pumpkin Grow Contest
 Caring Counts
 Cases for Kids

Welcome to the 2018/2019 4-H Program Year

What is 4-H?

4-H is delivered by Cooperative Extension—a community of more than 100 public universities across the nation that provides experiences where young people learn by doing. Kids complete hands-on projects in areas like health, science, [AGRICULTURE](#) and citizenship, in a positive environment where they receive guidance from adult mentors and are encouraged to take on proactive leadership roles.

Why choose 4-H?

In 4-H, we believe in the power of young people. We see that every child has valuable strengths and real influence to improve the world around us. We are America's largest youth development organization—empowering nearly six million young people across the U.S. with the skills to lead for a lifetime. 4-H empowers young people with the skills to lead for a lifetime. It's a research-based experience that includes a mentor, a hands-on project, and a meaningful leadership opportunity.

4-H participants are **1.9 times** more likely to have higher levels of positive youth development.

SELF-REFLECTION SPARK
THRIVE
 MINDSET GOAL MANAGEMENT

*The Positive Development of Youth: Comprehensive Findings from the 4-H Study of Positive Youth Development, 2012. <http://www.4-h.org/about/youth-development-research/positive-youth-development-study/>



Deadline
 4-H News articles due for *Youth Talk* - August 24th
 Please send all articles to tawatkins@ucanr.edu

It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at <http://ucanr.edu/sites/anrstaff/files/215244.pdf>) Inquiries regarding ANR's nondiscrimination policies may be directed to John I. Sims, Affirmative Action Compliance Officer/Title IX Officer, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1397.



Up Coming Events—Save the Date



Council News

The next council meeting will be:



**Tuesday, August 7th
@ 7pm, UCCE Office—MP Room**

Please review the following minutes:

[May Minutes](#)

[July Minutes](#)

Up Coming Events

Achievement Night & Leaders/Sponsor Dinner
Saturday, September 22nd, 2018

Judging Day—September 2018 (Qualify for the
Livestock Quiz Bowl in October)

****2019 Kings Fair Dates are set for
May 30th—June 2nd, 2019****

The 2018 / 2019 4-H Program Season is HERE!

4-H Enrollment for 2018-2019 is Open!

July 1st marks the start of a brand new 4-H year, and it is time to think about re-enrolling in 4-H! The California 4-H Online enrollment system is now open. Please click on the 4hOnline picture below to enroll for the 2018-2019 year, or visit our website for the link.



Returning Members:

- 1). Enroll for the new year on [4hOnline](#). Update any information and/or projects. (Use the same email and password as before)
- 2). Pay your program fee to your club. You are then ready to start participating in 4-H Events!

New Members:

- 1). Choose a Club and a Project (Projects can be changed or added later also)
- 2). Sign up and enroll on [4hOnline](#).
- 3). Pay your program fee to your club. You are then ready to start participating in 4-H Events!

2018-2019 4-H Program Fees

**\$12.00 per leader (instead of \$18.00)
\$44.00 per member (instead of \$54.00)**

Fee waivers are available for those members who need assistance with the program fees. A fee waiver form must be completed and submitted to the UCCE Office for approval. [Click here for the fee waiver form.](#)

We are thankful for the Kings County 4-H Sponsoring Committee's contribution towards lowering the program fee cost for our members and leaders. Thank you!

Primary Members - 4-H Ages* 5 to 8
Youth Members - 4-H Ages* 9 to 18

* Your "4-H Age" is your age by December 31, 2018



Having trouble with any of the 4-H county or state websites??? Try switching your server to Google Chrome or Firefox. These are the recommended servers for 4-H sites.



Volunteer as a 4-H Leader!

As a 4-H volunteer, you are important to our youth with "learn-by-doing" instruction. You will work side-by-side with 4-H youth, where you grow together in shared responsibility and decision-making.

The Volunteer/Leader Training is back this year. This training is not our favorite way to spend our time, but is important for the development and safety of our youth and our leaders.

The Returning Volunteers will have a 25 minute refresher training and New Volunteers will have to complete the entire training session (approx. 2&1/2 hrs)

Returning 4-H Leader Process

- 1). Enroll for the new year on [4HOnline](#). (Use the same email and password as before)
- 2). Complete the Returning Leaders Training. An email with the link will be sent to your email after you have enrolled.

Returning Leaders Training will include:

- A. Maintaining an Inclusive 4-H Experience (10 minutes)
- B. Abuse Risk Management for Volunteers (15 minutes)

- 3). Pay the \$12 leader fees to your club.

New 4-H Leader Process

- 1). Complete the [New 4-H Adult Volunteer Leader Interest Survey](#)
- 2). Create a profile and enroll on [4HOnline](#).
- 2). Complete the Live Scan/Fingerprint process. ([4-H Live Scan Form](#))
- 3). Complete the New Leaders Training. An email with the link will be sent to your email after you have enrolled.

New Leaders training will include:

- A. Orientation (40 minutes)
- B. Foundations of Positive Youth Development (20 minutes)
- C. Toward an Interculturally Connected 4-H (60 minutes)
- D. Abuse Risk Management for Volunteers (15 minutes)

- 4). Pay the \$12 leader fees to your club.



****If you had a break in service or were not active last year, please follow the "New 4-H Leader Process". (The trainings will need to be completed by December 31st to be listed as an active volunteer leader for the 2018-2019 4-H year.)**



Having trouble with any of the 4-H county or state websites??? Try switching your server to Google Chrome or Firefox. These are the recommended servers for 4-H sites.

Be on the Lookout for Kings County 4-H Events Happening Soon!

Judging Day

Come on out at practice your judging skills on livestock, home economic, and general categories

Why is this judging day an important event?

- Judging enhances decision making capabilities and also provides the opportunity to defend those decisions through presenting oral reasons to a judge.
- Oral reasons provide the framework for public speaking skills that are needed in youth development
- Judging builds character, integrity, and honesty
- It instills confidence needed in those people who may be timid to voice their opinion and enables them to strive for success

4 Steps to Judging:

- * Information (know the intent of the class)
- * Observation (observe and note how it meets or fails)
- * Comparison (establish differences and similarities)
- * Conclusion (arrive at a logical placing for the class)

Look for our county Judging Day in September!

(Practice your judging skill with the contest on the next page!)

Achievement Night

This is a fun event that acknowledges all the hard work that the member have completed in the 2017/2018 4-H Program Year. Year End Awards will be given out at the event!



This event is scheduled for September 22, 2018

Leaders and Sponsors Recognition Dinner

We could not do what we do without our Leaders and Sponsors. We would like to say "Thank You" to each of them by providing dinner. An invitation will be coming your way soon. This event is scheduled for September 22, 2018.

Thank You!

4-H Madness

4-H Madness is a fun event. This event takes place at Hanford Farmer's Market. 4-Her's from all club come together and showcases all that 4-H has to offer within our County! This event is the last Thursday in September.

Council Annual BBQ Fundraiser

This annual fundraiser is scheduled for November 1st. Look for tickets soon!

The 4-H Community Clubs of Kings County (and their meeting locations)

Corcoran 4-H Club
~John Muir Middle School, Corcoran

Delta View 4-H
~ Hanford High School, Hanford

Grangeville 4-H
~ Pioneer School, Hanford

Island 4-H
~Island School, Lemoore

Kings Harvest 4-H
~Kings Fairgrounds, Hanford

Kings River 4-H
~Kings River-Hardwick School, Hanford

Lemoore 4-H
~Cinnamon Elementary School, Lemoore

Mid Valley 4-H
~ Kit Carson School, Hanford

Oakvale 4-H
~ Burris Park Fire Station, Kingsburg



Practice your judging skills and then participate in our Judging Day Event (Coming in September)!

Good Luck!!



Market Goats Wethers

**Judging practice provided by Sure Champ



Mark that Card _____

Hampshire Boars Hogs

**Judging practice provided by Sure Champ



Mark that Card _____

List the Sewing Stitches from Beginner to Advance learning Order

**Judging practice provided by Red Ted Art



1
Back Stitch



2
Blanket Stitch



3
Overcast Stitch



4
Running Stitch

Market Goat Results and Reasons:

3-4-1-2 Cuts: 2-4-4

This has a strong top pair of wethers. The profile of the winner is stronger behind his shoulder, leveler out of his hip and plants the more attractive hind leg. He has the most muscle mass. The 2nd place winner looks to be the widest chested and boldest ribbed. However, he is weaker behind the shoulder and has a shorter, rounder hip. The 3rd place goat is longer sided with a shallow chest, but youthful look. He just gives up too much mass. He gets flat in his forerib and narrower down his top. The bottom goat has the length and is stout in his bone work, but unfortunately he is the flattest bodied and plainest muscled goat. He needs to be wider all around.

Hampshire Boar Results and Reasons:

4-2-1-3 Cuts: 4-2-5

The top boar has a unique look and mass. He is stout featured, wide constructed, and bold in his ribs. His is also massive up high and square built. The boar in 2nd is also powerful, but compared to the winner, he is a rounder hipped hog and does not have as much power as the winner. However the 2nd place hog wins over 3rd because he is wider and more square from the ground up. He is more laid back in the angle to his shoulder allowing his spine to hook up more correct to the back side of his blade. The 3rd place hog is a bit straight up front and closes up at the base of his ribs. The #3 hog comes in at the bottom. He has a lot of mass and power, but at the same time it need to look more comfortable on his skeleton. He is the straightest at either end of his frame work, restricting his range of motion.

Clothing and Textile—Sewing Stitches Results and Reasons:

4-3-1-2 Cuts: 3-4-2

Used as a decorative stitch or for seams, the running stitch is the easiest to learn, but not very strong. The overcast stitch comes in as second with being easy to learn stitch. You do need to sew a little neater, but this it does looks more advance as you sew two fabrics together. In 3rd comes the back stitch. This stitch is very strong, but requires you to insert the needle back in the end of the previous stitch. Last is the blanket stitch. This requires you to wrap the thread around the exposed needle as you stitch. This stitch looks great, but may take you a little bit of practice to master.

California State 4-H News



Join the CA 4-H State Management Board!!

We need you! Apply for **committee** openings on the CA 4-H Management Board.

Want to make an impact? We need youth and adult volunteers to serve on Management Board committees for the 2018-2019 program year. Committee applications close on August 26, 2018.

- Application closes: August 26, 2018
 - Contact: Curtis Ullerich, cullerich@ucanr.edu or Sarah Lloyd, selloyd@ucanr.edu
- Management Board Committee openings: Communications, Finance, Marketing and Public Relations, Resource Development, Bay/Coast Area, Central Area, Northern Area and Southern Area Committees

Online registration link:

<http://ucanr.edu/survey/survey.cfm?surveynumber=20751>

Leadership Opportunities within State 4-H Advisory Committees

We are looking for a few 4-H youth and volunteers to participate in the 2018-2019 CA 4-H Youth Development Program Advisory Committees.

The State 4-H Advisory Committees provide leadership and provide input to the Statewide 4-H Director for the operation and management of the 4-H Youth Development Program.

For more information on the committees, please visit the [Advisory Committee site](#).

Committees still open:

- Civic Engagement - Youth members & Adult volunteers
- Educational Technologies - Adult volunteers
- Incentives & Recognition - Youth members
- STEM - Youth members
- Policy - Staff members
- Volunteer Development - Youth members

[Apply Now!](#)



Announcing the 2019 State Fashion Revue Categories

Traditional with \$40 limit

(unchanged from 2018); only open to 4-H Clothing and Textiles, aka Sewing project members.

Consumer Science Purchased with \$40 limit (unchanged from 2018); open to all 4-H members

Retro/Historical Challenge (formerly the Retro Challenge) - garments inspired by styles from before the year 2000; only open to 4-H Clothing and Textiles, aka Sewing project members.

Box Challenge (*our first NEW challenge!*) For 2019 it is red/white/blue fabric and incorporates a list of items in your "box." Only open to 4-H Clothing and Textiles, aka Sewing project members.

Make it Mine Challenge - altering a pattern or making your own pattern to achieve the fit and style you desire; open to all 4-H members

NOTE: The Upcycled category will **NOT** be offered at the 2019 State Fashion Revue, due to limited interest. As always, this category and others may be included in county fashion revues, but entries will not advance to the State Fashion Revue. Full guidelines for the Challenge categories are on the [State Fashion Revue](#) website.

2018 4-H Higher Education Scholarship Applications DUE August 5, 2018

The UC 4-H Youth Development Program is committed to promoting higher education. With help from donors, statewide scholarships are available for graduating high school seniors and college-attending students.

7 Scholarships Available through UC 4-H

Award notification is typically sent out late October with award money dispersed in January. Applicants may apply for multiple scholarships but are only eligible to receive one scholarship per year. Previous scholarship recipients may reapply. Gather your materials and read the [essay prompts](#) BEFORE starting the online application.



For more information, visit the [4-H Scholarship webpage](#)

State Leadership Conference (July 26th—29th, 2018) @ UC Davis



The 2018 California 4-H State Leadership Conference was held at University of California, Davis on July 26-29. They welcomed 4-H members of the ages 13-17 from all over the state of California. Members were allowed to arrive Thursday, July 26, and Friday, July 27. Members that arrived on Thursday had the choice of going on a tour of various locations. On Friday, after all the members arrived, we met up in our PA groups. Each group had a team bridge name. In the groups, there were members from all over the state so it was easier to make friends from other parts of California. After meeting our PA group, SLC had an assembly, which included Trinket Trade; each present county had small items that represented their county, then when two different people met they traded their trinkets. Once Trinket Trade ended, SLC put on an ice cream social. Then Friday was finished.

Saturday morning of SLC included Paul Wesselmann, The Ripples Guy. His session lasted three hours, but we learned how to focus on the moment, how compliments are the best happiness, and we got to meet a lot more people. From the assembly hall, we went to lunch and had a PA group meeting. The afternoon workshops were bundles of fun. There was many to choose from. Mostly all of them taught leadership and teamwork. After being in sessions and workshops all day, SLC held a dance in “Candy Land.” You got to dance with your friends or any new friends you’ve made and it was an all-around good time.

On the final day of SLC, Sunday, we had to pack and check-out. We then were playing games like “Honey, I love you, but I just can’t smile” or “Concentration” and many others. Morning mindfulness took place after the games. There were 3 stations with many activities in them. Arts and Crafts was one station; making stress balls, coloring, painting, or collage art. Another station was gratitude; making gratitude cards, drawings, or letters. And the final station was meditation; a body scan or yoga. The ending assembly of SLC was very good. They had a News team, and on the News they had videos of members talking about attending Central Youth Summit. The California State Ambassador team awarded members that earned the Diamond or Gold clover. The new State Ambassador team was installed. And they ended the 2018 California 4-H State Leadership Conference with a slide show of photos taken over the course of the past few days. I highly recommend any member of California 4-H to attend this event in the future, because they truly strive To Make The Best Better.

Ashley Eller
2018 Kings County Ambassador

**“To Make the
Best Better”**

Projects

Countywide Dog Care Project

Heather Thomas—
hnthomas.2002@gmail.com

Next meeting is August 25th @
9:00am, Kings Fairgrounds

Countywide Dog Care Project—Do you have a dog? Would you like to train your dog and spend more time with it? Or would you like to learn how to better care for your dog? I would encourage you to look at our countywide dog care project. This project takes your household dog and teaches you how to care for your dog, practice training with your dog, and allows you to participate in some fun events. For more information, please contact Heather Thomas.



Want to add to your project list this year??

Ask for a list of projects that your club offers.
OR find an expert in that field and have them sign up to be a leader and add the project to your club. For more information, contact your club leader or the county 4-H office. Here is a list of the 4-H projects being offered in our county.

Animals

- Beef, Swine
- Sheep, Goats
- Dog Care
- Horses & Ponies
- Rabbits, Poultry
- Dairy Cattle
- Livestock Judging
- Reptiles, Bees
- Vet Science

Civic Engagement

- Community Pride
- Citizenship

Communications & Expressive Arts

- Arts & Crafts
- Cultural Arts
- Dance
- Leathercraft
- Photography
- Public Speaking
- Scrapbooking
- Sign Language

Leadership & Personal Development

- Service Learning
- Beginning 4-H
- Leadership
- Primary Members
- Record Keeping

Health

- Cake Decorating

- Foods & Nutrition
- Food Preservation
- Health

Consumer & Family Sciences

- Clothing & Textiles (sewing)
- Fashion Revue
- Home Arts
- Quilting
- Table Setting

Environmental Educations & Earth Sciences

- 4-H Camping
- Astronomy
- Fishing and Fly Tying

Plant Science

- Fruits, Nuts, and Berries
- Field Crops
- Floral Arranging
- Indoor & Mini Gardens
- Ornamental Hort.
- Vegetable Gardens

Technology & Engineering

- Archery
- Computers
- Electricity
- Metal Working
- Rifle
- Rocketry & Aerospace
- Shooting Sports (Rifle, Pistol)
- Small Engines
- Tractors
- Woodworking

Do you want to start a new project in your club? Do you need help to organize your meetings and lessons. I am placing an order for 4-H Curriculum. Send me any information on what you need or any project that you want to start up and I will be sure to add the curriculum to my order. Thanks ~ tawatkins@ucanr.edu

University of California Cooperative Extension Kings County 4-H Contacts

Tiffany Watkins	UCCE 4-H Program Representative (50% time)	852-2743	tawatkins@ucanr.edu
Kayla McGrew	4-H Support Staff (50% time)	852-2731	kayla.mcgrew@co.kings.ca.us

OFFICE HOURS: 8am-12 noon and 1pm-5pm Monday-Friday



New Contest for 2018 ~ Time to get your pumpkins planted!!



Kings County 4-H ~ Pumpkin Growing Contest

4-H Horticulture Project ~ Horticulture involves the science and art of cultivating flowers, fruits, vegetables or ornamental plants in a garden, orchard or nursery. The 4-H horticulture project helps you discover the magic of plants, whether for food, engineering or pure enjoyment.

Every Fall thousand of pumpkins are harvested to deliver for Fall Celebrations. This year Kings County 4-H is hosting a Pumpkin Growing Contest. Do you think you have what it takes to grow a pumpkin? Enter our contest this year and put your (new or advance) skills to the test!



Four Contests: Heaviest Weight, Most Round, Most Odd Shape, and The Biggest Stem

Pumpkin Growing Contest Entry Form

To enter the contest, Please Submit this Entry Form OR Register online by September 1st, 2018

Online Registration Link: <http://ucanr.edu/survey/survey.cfm?surveynumber=25167>

(Select): 4-H Member Competition _____ Kings County Open Competition _____ Class/Group Competition _____

Name: _____

4-H Club or Class/Group Name (If Applicable): _____

Address: _____

Phone: _____ Email Address: _____

I want to enter the Kings County 4-H Pumpkin Growing Contest and I agree to follow the contest rules. I understand that this is a fun competition and that I am excited for the experience and all that I will learn through this process.

Signature: _____ Print Name: _____

Contest Rules:

1. 4-H'ers must be enrolled in 4-H and be between 5 to 19 yrs old. The Open Competition is open to any Kings County Resident. The Class/Group Competition is a group entry.
2. You must submit only 1 pumpkin into each category. Pumpkins will be judged on 4 categories. Heaviest Weight, Most Round, Most Odd Shape, and the Biggest Stem
3. Deadline to enter is September 1st. All Weights and measurements must be submitted by Friday, October 26th (National Pumpkin Day). Please submit a photo of your pumpkin. It is also encouraged to submit a photo of yourself with your pumpkin. Pumpkins weights and measurement, along with proof of farming your own entries, may asked to be verified by the Kings UCCE Office.
4. Any variety of pumpkin may be used.



Please submit this entry form to the UCCE Office: Email tawatkins@ucanr.edu

680 N. Campus Drive Suite A, Hanford, CA 93230



CARING COUNTS

My name is Angelina Raulino, I am 13 years old and this is my 5th year in 4-H. For my Emerald Star Project, I am making starter bags for the Barbara Saville Women Shelter in Hanford. It is a difficult time for the women and children as they enter the shelter and I would like to create starter bags with the basics, to help get them started.

Some of the items that I would like to include in the bags are:

- Toothpaste
- Toothbrushes
- Soap
- Travel size shampoo
- Travel size conditioner
- Travel size hand lotion

Ways you can help:

- Donate items, this is a great way to go through and find good uses for the hotels items.
- Donate cash to purchase the items
- Share this flyer with others

Donations can be dropped off at:

- UCCE office, 680 Campus Drive, Suite A, Hanford CA 93230
- Call 559-362-1059 or email: caringcounts2018@gmail.com to make arrangements for pick up
- Bring to the Make Starter Bag Day on June 23, 2018 at 1:00 pm at Lemoore Trinity Small Hall, 425 Champion St, Lemoore CA 93245. This is the final day for this project.

Cases for Kids

Hi! I'm Amanda Curtis and I'm a 5th year 4-Her from Corcoran. Eight years ago, I was adopted. When I first came to live with my family, I didn't know they would be my forever family. I didn't know what would happen to me. Now life is a lot different, but I want to help kids going through what I went through.



I am making and collecting pillowcases for Kings County Foster kids. How you can YOU help? It's easy! You can:

- 1) Sew a pillowcase* or cases to donate.
- 2) Donate fabric or funds for fabric.
- 3) Share this flyer with others.

*Directions for the pillowcases can be found here:

<http://www.allpeoplequilt.com/millionpillowcases/instructions/RollItUp.pdf>

There are about 300 children in foster care in Kings County – they need support and hope and I want to help with my project.



Donations can be dropped off at the Kings County UCCE/4-H Office, or at Sawtelle & Rosprim Machine Shop in Corcoran. For more information, contact Amanda Curtis at: cases4kidsproject@gmail.com or 559-759-8251