



FFY2021 UCCE Kern

SUCSESSES

- In FFY 21, CFHL, UCCE Kern delivered food resources management nutrition classes to 27 sites.
- CFHL, UCCE Kern reached 527 SNAP- Ed participants.
- 2 teacher extenders provided CATCH ECE reaching 25 youth participants ages 3-5.
- Continued implementing walking group with 7 adult participants.



RESULTS

Youth

- 25 students increased structured physical activity.

Adult

- 90% reported they would read the nutrition facts label during their next trip
- 91% reported that they will compare unit prices the next time they shop

Organizational

- 2 PSEs (policy, systems, and environmental changes) were achieved: CATCH ECE and walking clubs

IMPROVING CALIFORNIA'S HEALTH THROUGH SNAP-ED

County Statement:

CalFresh Healthy Living, UCCE Kern helps alleviate pressing economic and health concerns faced by Kern County residents by providing knowledge and skills they need to manage their resources, thereby improving their ability to purchase healthy food.

Serving Individuals and Communities

- Food security rate was 13%
- 27% of children are living in poverty
- 32% of Kern County adults are obese
- Kern County physical inactivity rate of 22%
- CFHL, UCCE Kern reached 383 eligible participants through direct education and 144 participants through indirect activity.

Providing Education

- Direct education using researched based curriculums:
 - Plan, Shop, Save, & Cook
 - Healthy Happy Families
 - UCCE Connects to You
 - Coordinated Approach to Child Health Early Care Educations (CATCH ECE)

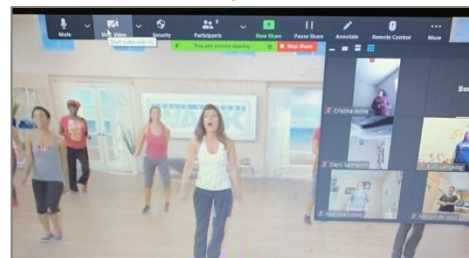
Helping to Make Organizational and Environmental Changes

- Provided resources and support to continue implementation of CATCH ECE
- Virtual walking group members were received support to start and sustain their physical activity efforts.

Building Partnerships

- Bakersfield City School District
- Kern High School District
- Dignity Community Wellness
- Southeast Neighborhood Partnership Family Resource Center
- Community Action Partnership of Kern
- Community Action Partnership of San Luis Obispo

“Workshops help to learn ways to save money on grocery bill.”
-Kern participant



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