



UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources

4-H Youth Development Program

Monterey County 4-H Fantastic Field Day



Baking Contest Presented by Natividad Club

February 22, 2025 Salinas Valley Fairgrounds, King City

Check in opens at 8:45am

Natividad 4-H will be presenting the Fantastic Field day Baking contest. The contest is open to all Monterey County 4-H members except for those who are on the judging committee. Members do not need to be enrolled in a food or baking project to enter, but members must do all baking themselves.

Members can enter each category. Please pre-register your baked good here:

<https://surveys.ucanr.edu/survey.cfm?surveynumber=44018>

Please bring your best dessert entry no later than 8:30 am on February 22, 2025 to the kitchen check-in at Salinas Valley Fair Grounds Orradre building.

- Please bring your entry in a non-returnable container or on a disposable plate.
- Please tape your name, club, age, item name and category on the bottom of your entry on a piece of paper. A list of ingredients must be included on the paper.
- **IMPORTANT NOTE:** Please **NO PEANUTS OR PEANUT BUTTER!** (Due to allergies any entry with peanuts will be refused)

Age Categories: Cloverbuds 8 years and under, Junior 9- 10 years, Intermediate 11-13 years and Senior 14 years & over.

Dessert Categories: Amount: • **Muffins** – (tree nuts ok) 2 dozen mini muffins • **Sugar Cookies** – (decorated to Spring/Flower theme) 2 dozen small cookies • **Chocolate Chip Cookies** (tree nuts ok) 2 dozen small cookies • **Sourdough loaf** (may be flavored or plain)

Prizes & awards: All items will be judged in an American Style of contest by the Natividad 4-H committee. This includes Blue, Red and White placings. In addition, the members who attend will take part in a People's Choice in which they will select their favorite. The dessert contest is included in the rotations. Winners are announced at the end of the event. Cloverbuds will receive participation ribbons only. Please bring the amounts listed so everyone can try your fantastic dessert!

Members- please use all food safety measures when baking for this contest.

Here is a resource to consider: <https://extension.purdue.edu/news/county/lagrange/2021/02/4-HFoods-project.html> It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at <http://ucanr.edu/sites/anrstaff/files/215244.pdf>) Inquiries regarding ANR's nondiscrimination policies may be directed to John I. Sims, Affirmative Action Compliance Officer/Title IX Officer, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1397.

4-H Competition Philosophy for members and Parents: 4-H programming with youth is guided by an experiential learning process that includes goal setting, cognition, practice and performance. A 4-H contest is when members demonstrate what they have learned through 4-H project work, team events, activities and outside of 4-H events.

Competition can be:

- an individual event against a standard (Danish System)
- an individual event against peers (Standard System)
- team vs. team competitions (Vegetable Judging, Livestock Judging, Avian Bowl, etc.)

For competitive contests in which there is a “prize” or award, a scoring system (or rubric) must be used in the 4-H contest. A committee of adults and youth must be formed to administer the contest that is fair and equitable to all.

All criteria must be listed in written form prior to the event. Age categories should be considered when appropriate. All study materials must be widely publicized. The scorecard and the scoring must be kept at the level as it was set (cannot lower the score). Prizes or awards would be reasonable to the effort such as plaques, trophies, buckles and, or ribbons (no cash).

The same is used for Team competitions. These events provide opportunities for youth to develop the interpersonal, leadership and cooperative skills necessary to be successful in the interdependent, global society of the 21st century.

Youth must be developmentally ready to handle competitions. Being recognized for performance in comparison to others can be a strong motivator for many older youth, but a deterrent to younger youth.

When planned and conducted appropriately, 4-H competition experiences enhance positive youth development and prepare youth with positive competitive knowledge, skills, attitudes, and aspirations that can lead to success through life.

Adults should be aware of when and where a contest is appropriate during a 4-H event. If a club event or activity doesn't have the resources or time to conduct a fair and equitable contest using the process listed above, then a solution would be a “People's Choice” or a ballot process.

These types of contests don't require a set criteria or rubric. An example would be a dessert contest in which youth would have a broad criteria with some guidelines. Members would vote for their favorite based upon their likes or preferences. Adults would be responsible for gathering the ballots or counting the votes. Prizes or awards would be smaller or have less monetary value than those associated with the competition process.

This method could also be used in costume contests, decorating contests and food contests in which there are all ages levels and the rubric would be too vague.

Relevant to the judging of contests : 4-H members are more important than 4-H contests • Learning how to do a project is more important than the contest itself. • There is more than one good way to do most things. • Every 4-H Youth needs to be noticed, to feel important, to experience success and to be praised.

For more information on 4-H competitions, incentives and recognitions, visit the California 4-H program website and review Chapter 13 policy <http://4h.ucanr.edu/Resources/Policies/Chapter13/#1>